rards of the raise.
If religion has done nothing for your tem-
per it per it has done nothing for your soul.
Clayton.

Won
We attract hearts by the qualities we dis-
play; we retain them by the qualities we play; we retain them by the qualities we
possess. The laid uponing head may cease to throb when "God that softest pillow for human pain
Fruitless is
amiss if it issue not in resolution to do so no more.-Bishop Horne.
We must lend an attentive ear, for God's voice is soft and still, and is only heard of those who hear nothing else.
Slippery places may fing up the heels of throw well-grown Christiant -
Wouldst thou have thy fet
spirit? Then thou have thy flesh obey thy spirit? Then let thy spirit obey thy God.
Thou must be governed that thou may'st govern.-Aust be govestine:
Children sometimes washes the eyes of His children with tears, in order that they may mandments. His providence and His com-
Do not wait till you be holy ere you cast
your confidence on the Saviour. but cast your confidence on the Saviour, but cast
your confidence on Him now, and you shall bur confidence on Him now, and you shall
be made holy.-Dr. Chalmers. As the goodness of our God hath been more than sufficient for all our need during the year that is past, so is His grace more than equal to our shortcomings.
Half $_{\text {ALF }}$ the force and consequent success of
many of many of our religious movements is lost because we are not ready to begin till a lagge
part of the part of the time for action is past.
IN all things throughout the world, the crooked, and the men who look for the Straight can see the straight.-Ruskin. be, quite living get credit for what they might terity judges much as for what they are. Posthe average of his attainment - best rather than $\mathrm{K}_{\text {Nowledge }}$ must be made vital in the the continual it can blossom into conduct, and right antinual passing of right feeling into
acter alone can form a worthy character.
Use sacred diligence to be with God, and will wall in all things speak to thee. He When make a secret cell in thine heart; and,
Him thou enterest, there shalt thou find MB lected.
inequalities complain most loudly about the little blind of the human lot are generally a blessings tho those great stores of wealth and no wealth can no class can monopolize, and wealth can buy.
Heaven is the day of which grace is the dhe ; the rich, ripe fruit of which grace is
the lower; the inner shrine of that most gloly flower; the inner shrine of that
ance temple to which grace forms the ${ }^{\text {approach and outer courts. }}$
The Word of God is practically lost to
many to-day many to-day. It is hid away in the rubbish of their sinful lives. They will find it by prayer and meditation and attendance upon Satan ref God's house.
Christ's twelve chosenks from the vagrants. men. The tive chosen men were working.
strea stream. Young aimlessness is the beginning old iniquity.-Dr. Parkhurst.
IF a crooked stick is befors you, you need
not explain ho one down by the crooked it is. Lay a straight well cown by the side of it, and the work is stand abashed in its the truth, and error will I Expect to pass through this world but
once: if, can show, if therefore, there be any kindness I tellow human any good thing I can do to any me not human being, let me do it now. Let
this defer or neglect it, for I shall not pass way again.
So ${ }^{\text {Dicherving of }}$ Confidence.-Noarticle so richly deserves the entire confidence of $\mathrm{T}_{\text {ROCHES }}$, the well-known as Brem Bronchial and throat troulles.
"Theyn remedy for coughs "They are exxecllent for the relief of hoarse-
ness or sore throat. They are exceedingly
effectives effective."-Christian World, London, Eng. Whatever tends to make us think much
of our poor selven of our mind. porves also destroys the spirituality too. Chind. You cannot serve God and self Service you wou this day, therefore, in whose devote you will employ your energies and keep your life. If to self, the devil will righteousness to Christ, your reward shall be GOOD

rearegegniatorena good blood purifiet

## A TERRIBLE CONFESSION.

a physician presents some startling facts.
can it be that the danger indicated
The following story-which is attracting wide attention from the press--is so remark-
able that we cannot excuse ourselves if we able that we cannot excuse ourselves
do not lay it before our readers entire:
To the Editor of the Rochester (N. Y.) Democrat.
SIR,-On the first day of June, 1881, I lay at my residence in this city surrounded by my friends and waiting for death. Heaven only knows the agony I then endured, for words can never describe it. And yet, in a Iew years previous any one had told me that
I was to be brought solow, and by so terrible a disease, I should have scoffed at the idea a disease, I should have scoffed at the idea.
I had always been uncommonly strong and healthy, and weighed over 200 pounds, and hardly knew, in my own experience, what pain or sickness were. Very many people who will read this statement realize at times they are unusually tired and cannot account for it. They feel dull pains in various parts of the body and do not understand why. Or they are exceedingly hungry one day and entirely without appetite the next. This was just the way I felt when the relentless malady
which had fastened itsclf upon me first began. Still I. thought nothing of it ; that probably I had taken a cold which would soon pass away. Shortly after this I noticed a heavy, and at times neuralgic, pain in one side of my head, but as it would come one day and be gone the next, I paid little attention to it. Then my stomach would get out of order and my food often failed to digest, causing at times great inconvenience. Yet, even as a physician, I did not think that these things meant anything serious. I fancied I was suffering from malaria and doctored myself accordingly. But I got no better. I next noticed a peculiar colour and odour about the
fluids I was passing-also that there were fluids I was passing-also that there were large quantities one day and very little the next, and that a persistent froth and scum appeared upon the surface, and a sedimen ger, for ind ger, for indeed, seeing these symptoms con tinually, I finally became accustomed to
them, and my suspicion was wholly dis them, and my suspicion was wholly disaffected organs or in their vicinity. Why I should have been so blind I cannot under should
stand

I consulted the best medical skill in the land. I visited all the famed mineral springs in America and travelled from Maine to Call
fornia. Still I grew worse. No two cians agreed as to my malady. One said was troubled with spinal irritation, another, dyspepsia; another, heart disease ; another, base of the brain. and so on through a long list of common diseases, the symptoms of many of which I really had. In this way several years passed, during which time I was steadily growing worse. My condition
had really become pitiable. The slight symptoms I at first experienced were deve loped into terrible and constant disorders. My weight had been reduced from 207 to 130 pounds. My life was a burden to myself and friends. I could retain no food on my stomach, and lived wholly by injections. I was a living mass of pain. My pulse was uncontrollable. In my agony I frequently fell to the floor and clutched the carpet, and prayed for death! Morphine had little or no effect in deadening the pain. For six days and nights I had the death-premonitory hiccoughs constantly! My water was filled with tubecasts and albumen, I was struggling with
Bright's Disease of the kidneys in its last stages:
While suffering thus I received a call from my pastor, the Rev. Dr. Foote, at that time rector of St. Paul's Episcopal Church, of this in the course of conversation Dr. Foote de in the course of conversation Dr. Foote de tailed to me the many remarkable cures of cases like my own which had come under his graduate of the schools, I derided the idea of any medicine outside the regular channels any medicine outside the regular channe in the least beneficial. So solicitous, however, was Dr. Foote, that I finally promised I would waive my prejudice. I promised I would waive my prejudice, and took it according to directions. At first it sickened me; but this I thought was a good sign for one in my debilitated condition. I continued to take it ; the sickening sensation departed and I was finally able to retain food upon my stomach. In a few days I noticed a decided change for the better, as also did my wife and friends. My hiccoughs ceased and I experienced less pain than formerly. I was so rejoiced at this improved condition that,
upon what I had believed but a few days
before was my dying bed, I vowed, in the presence of my family and friends, should I recover I would both publicly and privately make known this remedy for the good of humanity, wherever and whenever I had an opportunity, and this letter is in fulfilment
of that vow. My improvement was conof that vow. My improvement was con-
stant from that time, and in less than three stant from that time, and in less than three
months I had gained twenty-six pounds in months I had gained twenty-six pounds in
flesh, became entirely free from pain and I flesh, became entirely free from pain and I
believe I owe my life and present condition believe I owe my life and present condition
wholly to Warner's safe cure, the remedy wholly to W
which I used.
which I used.
Since my recovery I have thoroughly rein-
vestigated the subject vestigated the subject of kidney difficulties and Bright's disease, and the truths develiberately, and as a physician, that I believe liberately, and as a physician, that I believe
more than me-half the deaths which ocuer in America are caused by Bright's disease of ta kidneys. This may sound like a rash statement, but I am prepared to venify it
fully. Bright's disease has no distinctive features of its own (indeed, it often develops without any pain whatever in the kidneys or their vicinity), but has the symptoms of nearly every other common complaint. Hundreds of people die daily, whose burials are authorized by a physician's certificate as occur"ing from " heart disease," "apoplexy," ism," "pneumonia" and the other common complaints, when in reality it is from Bright's disease of the kidneys. Few physicians, and or its people, realize the extent of this disease steals into the system like a thief, manifests its presence if at all by the commonest symptoms and fastens itself in the constitution before the victim is aware of it. It is nearly as and fully as consumption, quite as comm. from fully as fatal. Entire families, inheriting it of the number knew have diedized the mysterious power which was removing them. Instead of common symptoms it often shows none whatever, but brings death suddenly, from convulsions, apoplexy, or heart disease. As one who has suffered, and knows by every experence what he says, 1 implore lect the slightest symptoms of kidney diff culty. No one can afford to harard chances. hances.
I make the foregoing statements based up The welfare of those who may possibly be The welfare of those who may possibly be ment for me to take the step I have, and if can successfully warn others from the dan gerous path in which I once walked, I am willing to endure all the professional and J. B. Henion, M.D.

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DYSPEPSIA,
DROPSY, $\begin{array}{ll}\text { DYSPEPSIA, } & \text { DROPSY, } \\ \text { INDIGESTION, } & \text { FLUTTERING }\end{array}$ JAUNDICE ERYSIPELAS, SALT RHEUM, HEARTBURN, HEADACHE, OF THE HEART ACIDITY OF THE STOMACH, DRYNESS OF THE SKIN, And every specles of diseases arising from
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