

pleasant, I almost forgot what I was up for. But to work now.

I was well along with the washing when mother came quietly downstairs. 'Why, Josephine!' she said. 'Why, my dear girl!' I thought she was going to cry, and I came very near it, so I said laughingly, 'I couldn't sleep for the heat, mother, and as I was up anyhow, I thought I might as well be doing something.'

Well, we finished the washing together. We were all through before seven. Then we had a lunch. Strange to say, mother and I sat at this lunch longer, and talked more, than we had for weeks before.

When we were well rested, we tidied up the house, and then we both lay down for an hour's nap before dinner. 'Let us get a cool dinner to-day, mother,' said I, after we had shut out the heat by closing all the blinds and letting down the curtains. So we prepared lemonade instead of tea, fruit instead of pudding, cold tongue instead of hot meat, with nice warmed potatoes for our one warm dish; and mother did not look nearly as heated as she generally did at this time of day. We had a pleasant afternoon together after we had 'cleaned ourselves up;' mother read while I sewed, and then I took my turn reading while she sewed. We read Hamilton Mabie's sweet book, 'Under the Trees and Elsewhere,' so appropriate to a day like this. In the evening we took a car ride into one of the suburbs. Somehow we did not feel the heat that day.

This was not the last of our happy days. Every day mother and I invented some new way of forgetting the heat, and when the bright, cool days came, as they come in the most sultry of summers, we took long walks, or sat under our trees with our work and our books.

In the last week of vacation I gave a 'sunrise breakfast' to my girl friends. The idea was mother's. The girls came before five and stayed till eight. We had our table spread under the apple-tree in the back yard, and you never saw a more inviting table. It was trimmed with morning-glories. It was loaded with good things—golden melons, light biscuits and honey, peaches and cream, sponge cake, and I almost forgot mother's 'croquettes.' The girls pronounced our party the sweetest thing of the summer, and so original.

'I almost begin to understand how Dora Snell can enjoy her four o'clock washing,' said Louise laughing. 'But I rather think there is a difference between a washday party and a nice breakfast party like this,' she added.

'Oh,' I remarked, 'mother and I have had four o'clock "washday" parties every Monday for five weeks.'

'You naughty girl,' cried the others, 'and never told us!'

'Well,' I answered, 'you see I was afraid it couldn't last.'

After the girls were gone, mother said in a wistful way, 'Our five precious weeks are almost over, daughter, but I shall never forget them. I shall miss you very much when the school begins.'

'Never mind, mother,' answered I, gaily, for I felt a lump rising in my throat, 'there will be the Saturdays and Sundays, and since we have become acquainted, we can not afford to give up our excursions and our sewing-bees, can we?' And mother was not afraid to kiss me.

Selected Recipes.

Preserved Rhubarb.—Cut rhubarb into inch lengths, wash and allow a pound of sugar to every pound of rhubarb. Put the rhubarb and sugar in alternate layers in the preserving kettle and add a very little water, setting aside over night. In the morning drain off the liquid and boil to a syrup, add the rhubarb and simmer until tender. Remove the rhubarb, pack into jars and boil the syrup until thick, adding at the last the juice of three lemons to every seven pounds of sugar that has been used. Fill the jars to overflowing with the liquid, then seal.

Rice with Tomatoes.—Place a cupful of rice well washed in a double boiler, with two cupfuls of boiling water, adding a level teaspoonful of salt and a saltspoonful of pepper. When the rice is done pour in a scant pint of hot, cooked and strained tomatoes, that have been well seasoned with salt, pepper, butter and a little sugar. Stir the rice and tomatoes well together, arrange as a garnish around roast beef or pork.



RUPTURE CAN BE CURED

at home WITHOUT Pain, Danger, or Time From Work by the WONDERFUL DISCOVERY of an eminent Toronto Specialist. REV. E. D. SHERMAN, Harrow, Essex County, Ontario, whose portrait here appears, is cured at 66 years, by the great Discovery of the Rupture Specialist, Dr. W. S. Rice, 2, East Queen St. (Block 630), Toronto, Ont. To all Ruptured sufferers, who write at once, Dr. Rice will send FREE, his BOOK, "Can Rupture be Cured," and a FREE TRIAL of his DISCOVERY. Do not wait, write to-day.

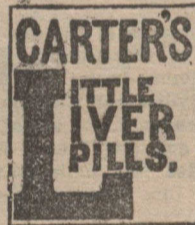
To Make Old Trunks New.

The month of merry June brings to mind the interesting fact that holiday time is at hand, and we and our trunks will soon be travelers. If you have a very plain trunk, without many compartments, things are apt to get topsy-turvy in a short time, but one does not want to buy a new trunk just for a few more drawers when the old one is still good. The following is a very modern device for an old-style trunk: Cut large sheets of heavy pasteboard slightly smaller than the bottom of your trunk, cover them with a cheap print, and attach long loops to each end. When you pack a layer of clothes lay upon it one of the trays; then another layer and another tray, until the trunk is full. By lifting out a tray-full at a time you can get the article needed without churning up the contents of the trunk.

Keeping Eggs.

In a test made with various preservatives, the eggs coated with vaseline and kept in lime water at the end of six months were found to be in excellent condition, while those treated in other ways were all more or less spoiled. Those kept in brine were all unfit for use; those packed in wood ashes were good except 20 percent, which were spoiled. Others packed in bran and salt had between 60 and 70 percent spoiled, and those immersed in boiling water for a short time and wrapped in paper had 50 percent loss. The vaseline and lime water were the best methods of the dozen or more tried. The eggs were packed in July and not touched until February.—The Michigan 'Advocate.'

SICK HEADACHE



Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL, SMALL DOSE, SMALL PRICE.



Genuine Must Bear Fac-Simile Signature
Brewster
REFUSE SUBSTITUTES.

NORTHERN MESSENGER

(A Twelve Page Illustrated Weekly.)
To Separate Addresses.
Single copy 40c
Three copies to separate addresses . . . \$1.00
Four copies to separate addresses . . . 1.20
More than four at the rate of thirty cents each.
S. S. Clubs.
Sunday-school Clubs, ten or more copies to one address, twenty cents per copy per annum. Postage.
The above rates include postage for Canada (excepting Montreal City), Nfld., U.S. and its Colonies, also Cuba, Gre at Britain, Mexico, New Zealand, Transvaal, British Honduras, Bermuda Barbadoes, Ceylon, Gambia, Sarawak, Bahama Islands, Zanzibar, Hongkong, Cyprus, Fiji, Jamaica, Malta, Trinidad, British Guiana, Gibraltar.
For Montreal and for eign countries not mentioned above, add 50c a copy postage.
Sample Copies.
Sample package supplied free on application.
JOHN DOUGALL & SON,
Publishers, Montreal.

No Breakfast Table complete without

EPPS'S

An admirable food, with all its natural qualities intact, fitted to build up and maintain robust health, and to resist winter's extremé cold. It is a valuable diet for children.

COCOA

The Most Nutritious and Economical.



Boys' Watch Free

We will give this handsome watch free to any boy for selling only one dozen of our annual comic review of the year entitled "1904 CARICATURED," at ten cents each.

The watch has a beautiful silvered nickel case, handsomely polished, a hard enameled dial, heavy bevelled crystal hour, minute and second hands, and reliable American movement. It will last for years with care.

There is nothing on the market that compares with "1904 CARICATURED," and it is so cheap that it sells at sight.

Delmor E. Workman, Campbell's Bay, Que., writes: Received my watch to-night. Accept my thanks. Am very much pleased with it.

Write for your dozen of "1904 CARICATURED" to-day. Post card will bring them by return mail.
JOHN DOUGALL & SON, Publishers Montreal.

BABY'S OWN

EARN OVER \$10 A DAY.

Agents Wanted all over the world. Experience not necessary. Ten dollars a day easily earned taking subscriptions for 'World Wide.' Write for full particulars and our hints for easy canvassing. Address the Publishers for 'World Wide,' Montreal, Canada.

I WOULD LIKE EVERY WOMAN to write for our

New Styles and Samples of \$4.50 to \$12 Suits in cloth, silk, linen and lustrous; also raincoats, skirts and waists. Manager **SOUTHCOTT SUIT CO.** London, Can. Dept 19
Send for Samples of Shirt Waist Suits, in lawn, linen, etc., from \$2.50 up



EARN THIS WATCH.

With polished silver nickel open face case, the back elaborately engraved, fancy milled edge heavy bevelled crystal and reliable American movement, by selling only 18 Glass Pens at 10c each. These wonderful Pens sell like hot cakes everywhere. They are made entirely of glass, never rust, never wear out and write a page with one dip of ink. Write us to-day and we will mail the Pens postpaid. **THE PEN CO.** Dept. 455, Toronto.

THE 'NORTHERN MESSENGER' is printed and published every week at the 'Witness' Building, at the corner of Craig and St. Peter streets, in the city of Montreal, by John Redpath Dougall and Frederick Eugene Dougall, both of Montreal.

All business communications should be addressed 'John Dougall & Son,' and all letters to the editor should be addressed Editor of the 'Northern Messenger.'