Join Hands To Improve Health And Promote Peace of World

used for sugar and things. The les-

son is taught that elaborate equip-

This poster, according to Mr. Mc-

Cready, on evidence of teachers, is one of the most popular which has

seven Junior Red Cross branches:

Ekfrid, "I. K. C. Club," Irene Roe-mele, R. R. No. 3, Appin, president.

circle and neighborhood. Their in-

for crippled children.

them, where this is feasible.

They won't ever forget that there are

Of course, the War Memorial Chil-

dren's Hospital in London was in-

was this money was not given by

Pave Way To Peace.

and Genoa, and scheme and worry to

promote the peace of the world and

ment is not needed for gauging de-

With "Tooth Brushes Handy" Ontario Junior Red Cross Branches, Including Seven in Middlesex, Keep Step With Children in Twenty-Eight Countries Around Globe-Aid Less Fortunate Children-Sir Philip Gibbs Pays Tribute.

BY ISABEL C. ARMSTRONG. Handy Spandy, Jack-a-Dandy, Always have your toothbrush handy, For if you let your teeth get bad, You will be a foolish lad."

This, and ever so many more catchy and educational verses, have tickled the funnybones and appealed to the commonsense of cready, one of and down the length and breadth of Ontario who are enrolled in the 110 it, and it hurts their pride if they funior Red Cross branches which do not conform to the average. They have been organized in the past year. promptly drink more milk, go to bed "How is the Junior Red Cross getting along?" the Women's Depart-open, brush their teeth with greater ment of The Advertiser asked the provincial organizer, S. B. McCready, butter and shun pickles and cakes. of Toronto, formerly of London, when he paid a brief visit to the well and growing properly. "It works!" he exclaimed, a ring | Middlesex County has already

triumph in his voice. And isn't that the supreme test S. S. 7, Biddulph, "Cheerful Worker any machine or organization?" ers," Thelma Westman, R.R. No. 3, for any machine or organization? The Junior Red Cross, as a good many people know, has been organized to educate children along the No. 4, Mount Brydges, president; S. S. 5, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R.R. No. 4, Mount Brydges, president; S. S. 6, Caradoc, "Wide Awake," Agnes Huckett, R. 6, Caradoc, "Wide ines of good health and good citi-zenshin.

What, try to cram in more subjects to an already bulging curriculum, and wedge in more learning to the control of the control to packed - to - cracking youthful minster, "Little Helpers' League,

traniums?

Not a bit of it. The Red Cross is much too sane an organization to think of inflicting such torture on the control of the control

The whole idea of the Junior Red Cross is to get the boys and girls "Little Helpers' League" got the idea Ihinking about keeping themselves that a hot dish at noon, soup or healthy and strong in order that they cocoa, or something of the sort, nealthy and strong in order that they cocoa, or something of the sort, may take their places proudly in their classes, measure up with others ing the linches carried from home more palatable, themselves stronger for all kinds of sports. It has a more for noon hour play, and more effectively. subtle purpose as well, to develop a ficient for afternoon tasks. They health conscience," when it comes held a bazaar some time ago and to others. And isn't that the basis with the proceeds have purchased of good citizenship, to consider the equipment to make possible the hot

relfare of others?

The objection has been raised to But the sympathies of the Junior organizing the Junior Red Cross in Red Cross children are by no means manity." schools that hygiene is already confined to themselves or their own

Isn't the rhyme which heads this terest goes out to children less for-story much more gripping to the im-tunate. In Saskatchewan and Al-heination than wedges out of text-berta the branches have done much

school walls. One of these, which Cares," telling all about the hospitals has been extensively borrowed and for crippled and sick children, the has been extensively borrowed and for crippled and sick crimeren, the copied in the United States, has been printed in black, white and red, and from information furnished by emi-tem information furnished by emi-tem in the world, those of Ontario, wanted to do some helping. A numfrom information furnished by emihent'specialists in children's diseases,
presents a table which shows exlactly how much girls and boys
should weigh and measure at certain was excellent in its way, the organn the upper left-hand corner a boy felt it was much better for the in the upper left-hand column by a children to get the personal touch handy, home-made method of stand- and consequent reactions coming ng against the well, a ruler over his from kindness done. ead. Measurement will be taken The branches are encountered. Send their offerings direct, or take

Is There a Baby In Your Home? In one of the less prosperous district schools in the city of Toronto, the Junior Red Cross saved up a whole dollar and decided to give this

home remedy. They regulate the bow-els, sweeten the stomach, banish concolds and simple fevers—in fact, they and families of their own. Concerning them Mrs. Moise Cadotte, Makamik, Que., writes: "Baby's Own cluded in that list, "How Ontario Tablets are the best remedy in the world for little ones. My baby suffered terribly from indigestion and vomting, but the Tablets soon set her ight and now she is in perfect The Tablets are sold by dealers or by mail at 25c a dealers or by mail at 25c a medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine mpany, Brockville, Ont .- Advt.



the brotherhood of man, the school children are paving the way as a part of the League of Junior Red cross Societies, which now is organged in 28 countries around the globe. Hands up who know were Czecho-

lovakia is? That's one country where public

THE CHEAPEST LAUNDRY SERVICE IN THE WORLD!

Wet or Damp Wash—Entire family washing (dainty garments washed hand) is washed carefully in slowly revolving cylinders in creamy s, and rinsed in five to eight clear, sparkling soft waters; 80 per cent the moisture removed, and sent home to you next day to blue, starch MINIMUM-15 Pounds, 75c; 5c for each excess pound

SOMEWAY AND SOMEHOW

THE PARISIAN SEOULE LAUNDRY

Launderers, Dry Cleaners, Dyers and Rug Cleaners.

"Forget the rest—
it is
Hunt's

Best"



Married Today



MISS GLADYS M. WRIGHT.

EARLY in the procession this year of London's lovely June brides is the fair daughter of Mr. and Mrs. T. A. Wright, 869 Miss Wright and Mr. Arthur Browning Pakenham of Toronto, at 2 o'clock in the Cronyn Memorial Church, is a smart event

where the school boys and girls measure and diet and drink up lungsful of fresh air to be sturdy

The Czecho-Slovakia Junior Red laid for 60. Cross, just like the one in Ontario, has an official organ. The picture cover of a recent edition told the

The children of the Westminster cross was the globe in blue tones, eph's Hospital staff in this city. the map of the Eastern Hemisphere Canuck, hand-in-hand, dancing ring- nent. around-a-rosy around the earth.

"Boys

way, in the same stupidities.

The possibilities of better things to come is shown by the work of the Junior Red Cross, and it is, in my opinion, so inspiring a lesson to the world that it ought to fire the imagination of every civilized people so that there will be a world-wide league of children on this model."

FORTY CIRCLES, BANDS

Lambton-Middlesex Baptist Women and Children Raise \$4,089 For

Is there a baby or young children to an orphanage. The children had in your home? If there is you should hot be without a box of Baby's Own Tablets. Childhood ailments come tale of the way they were received, here conducted they had made the gift, and the pleasure of bestowing it them solves, and carried back a glowing sixteen Bands reported at the conducted they had made the gift, and the pleasure of bestowing it them four Women's Mission Circles and sixteen Bands reported at the conducted they had made the gift, and they had made the gift and they had made they had made they had made they had m ckly and means should always be how they had made the gift, and hand to promptly fight them, been conducted through on a tour of connection with the annual meeting and Mrs. Everett Hall, Dean happy conclusion by class songs and connection with the annual meeting and Mrs. Pakenham, Mr. A. B. Cole-yells and expressions of best wishes Baby's Own Tablets are the ideal inspection, just as if they were the most important people in the land. tist Association. tist Association. During the past year the circles

Cares." From the Junior Red Cross of the province came at Christmas time an offering of \$20 towards the building fund. And the beauty of it minating feature of the program was a "telephone talk" from Miss Allyn, a dialogue arranged by Miss Alice st churches in the city of New York.

Chapel on Broadway, one of the old-retary; Marshall Graydon, George Robinson Memorial Methodist choir Little and W. G. Webster. They will of London under the band's auspices stay out at the Rosedale Golf Club was given in the Baptist Church, a dialogue arranged by Miss Alice Clarke and Miss Kathleen Moore of the coins saved by sacrifice of treats. While statesmen and other wise-acres hold parleys in Washington

work in which she is engaged. Ruth Eastman, Arkona, ably pre- Learn, soloists. sented the subject of circle and mission band helps.

McIntyre, Strathroy. ing, which was Special speakers of the evening buffet supper. session were Miss Lottie McLeod, a former Londoner, who is home on furlough from India, and is returning Therrien, who told an inspiring story in Quebec. A tribute to Miss McLeod D. C. MacGregor, who goes by C. P. was a beautiful bouquet presented R.; Rev. W. R. McIntosh, Rev. T. A. on behalf of the association.

have returned home after attending the convention are Mesdames J. Bald-G. A. Leichliter, W. Peglar. Rowley, E. L. Brown, Bissett, J. W. Jones, W. J. Stewart, George Grose J. Brown and Misses Elsie Dix, Cora Carson, Alice Clarke and Kathleen Moore.

SNELL-LAING.

A quiet house wedding took place at the home of Mr. and Mrs. Thomas Laing, Exeter, on Thursday at high noon, when their only daughter Hazel was united in marriage to Mr. Ulrich Snell. The ceremony was performed by Rev. J. Foote in the presence immediate relatives and friends the bride and groom,

WOMEN'S HOME AND MAGAZINE PAG

street, is visiting in St. Marys.

Mrs. Willard Malone is visiting her brother in Toronto, Mr. Richard

Miss Ethel Goodland and Molly Wier are spending the week-end with friends in Detroit.

Thomas, Beaconsfield avenue.

friends in Komoka and London.

In honor of Miss Isabel Cowan, a McCrimmon is entertaining at a

Mr. W. J. Hodder, 243 Pall Mall street, is in New York for a week as the guest of Mr. Charles Tutt, who is pursuing graduate work at Columbia

Dr. and Mrs W. F Whittaker and small son of Edmonton have returned after visiting with the former's parents, Mr. and Mrs. E. G. Whittaker, 66 Wharncliffe road.

players who are taking part in the and strong to serve the nation and golf matches at the Kennels Saturpromote the peace and welfare of the day, a luncheon has been arranged by the London members, with covers

Miss K. C. McDonnell, for the past year resident nurse at Loretto Abbey whole story of the Junior Red Cross College, Toronto, has returned to the city for the summer months. Miss Against the background of a red McDonnell was formerly on St. Jos-

showing, and circling it in the center, not the equator, but a band of chil- Miss Lenore of Calgary, are visiting dren in national costumes, Chinese, the former's sister, Mrs. A. Niven, Japanese, European peasant, Eskimo, 312 Wharncliffe road, before leaving Indian, little Johnny Bull and Jack for an extended trip on the conti-

Mrs. Stanley Robinson of Hamilton and girls of the world united for hu- and daughter, Miss Marjorie Hewson, motored up this week and have By the way, so famous a personage been spending a few days in London, as Sir Philip Gibbs, war correspond- guests in the home of Major Frank ent, has devoted a chapter of his Spry, and Mrs. Spry, Norwood House,

Rev. J. McKillop, B.A., of Hyde Washington. Red Cross, which he saw helping to "heal the sores of Europe." In this he says: "Civilization, as I see it, can day for Winnipeg, where he will athe says: "Civilization, as I see it, can only be saved by the children, and not by them if they are brought up of the booklets entitled, "How Ontario" like their elders in the same narrow absence Rev. James Foster will contain the containing was a supper given by the girls of the Opheleso Class of New St. like their elders in the same narrow absence Rev. James Foster will oc- James' Sunday School, in honor of cupy the pulpit.

> The visit from the Brantford men Gugan, a member of the class. interest to the week-end doings at

and Mrs. Harrison of Windsor.

An invitation recital, which prom- during the matches. this city in which one personated ises to be exceptionally attractive, is Among the London Hunt's most also held. the missionary nurse, telling of the to be given Saturday evening in the experienced and sure women players, Discussions were a profitable fea- 8:15 o'clock by Misses May Atrill, about bringing home any laurels. In tist Church was the only one. ture of the gathering, Mrs. H. F. Irene Foster, Constance Masuret and the first place, the Rosedale links | Thank you for the Matthews of Penfield, the new pre- Kathleen Yeates, pupils of Mrs. A. are unfamiliar territory. "We have necessitated because the facts were sident, leading the practical work D. Jordan, assisted by Marion been over them about once," stated not made clear in press notices sent hour and Mrs. Peglag, London, a Sharpe, Leona Murphy, violinists, the captain to The Advertiser, "and in by correspondents. conference on mission bands. Miss and O. Leo Herbert and Carman not much time will be offered to

Mrs. Lorne Menzies, Dundas street Mrs. Thomas Doolittle, Sarnia, led was the hostess Thursday evening that of golfers who, in a number of Straightening out difficulties is an health and the Junior Red Cross are going ahead by leaps and bounds, the ensuing year were: Honorary of Miss Edith Liddicot, whose marthe ensuing year were: Honorary of Miss Edith Liddicot, whose mar-president, Miss Lottie McLeod, In-riage takes place Saturday afternoon. dia; president, Mrs. A. S. Matthews, The gifts were presented to the bride Penfield: vice-president, Mrs. J. R. in a very unique manner, falling from Baldwin, Mount Brydges; director an umbrella suspended from the ceilof circles, Mrs. James Baldwin, Lon- ing into a gayly-decked basket don; director of bands, Miss Maud Music was enjoyed during the evening, which was concluded by a dainty

> Among commissioners to the general assembly of the Presbyterian London Monday for Winnipeg, the

Lumbaço

like rheumatism, is caused by poisons left in the blood by defective kidney action. Correct this condition by using Dr. Chase's Kidney-Liver Pills.

London Visitor's Childhood Home Was Birthplace of Lord French

Mrs. B. C. Golder of Toronto, at sister of the general, who, you re-well-known member of the Canadian member, won fame in the suffrage Women's Press Club, who is in Lon- fight in England. don for a few days in connection with the organization of Canadian Children's Day this year at the Can- Commander French, and we used to in August, had the distinction of about Sir John French when he was being born in the same house in a little boy. Commander French, it Kent, England, in which Lord seems, was a very strict disciplin-Mr. Trevor Thomas has returned French, more easily recognizable still arian, and there was no such thing to Detroit after spending a few days as General Sir John French, was as two helpings of pudding for the with his parents, Mr. and Mrs. D. born many years before. Under the children. The old butler used to say, circumstances she was very specially 'Many's the time I've smuggled up a interested in the visit to Toronto this plate of pudding for Master Johnny. Mrs. C. M. Lofthouse and her week of Earl French.

daughter, Miss Nell Lofthouse, of Windsor, are visiting relatives and near Dover, England, was the home of South African war and was In nonor of Miss Isabel Cowan, a bride-elect of next month, Mrs. Hugh from members of the French family, sold the property, and Ripple Vale particularly Mrs. Despard, an older is now a boys' school."

"My father had an old house ser vant who was a former butler of adian National Exhibition in Toronto delight in hearing from him stories

"Ripple Vale, my old home in Kent, home covered with honors from the the French family at the time Lord tioned at Aldershot, there was talk French was born," she said in reply of purchasing our home, Ripple Vale, The many friends of Mrs. Charles
Fitzgerald will be pleased to hear that she is recovering after undergoing an operation in Victoria Hospital.

French was born, she said in reply to a question from The Advertiser birthplace of the hero, as a national birthplace of the hero, as a national gift to him. The distance from Alfather bought it from Commander fershot was considered too great, however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French, and however, and the plan did not many father of Earl French father of Earl as a little child, I remember visits terialize. Some years ago my father

Leaves Generous Sums For Good Works.

UNDER the will of Mrs. Helen Marshall, 230 Central avenue, who died on May 16 last, generous bequests have been made to the home and foreign mission work of the Presbyterian Church in Canada, and also to the Women's Christian Association of London, of which she was for many years president. A legacy of \$1,000 bequeathed to the Women's Christian Association, which has as its two special charges the Victoria Home and the Aged People's Home. To the last, Mrs. Marshall's chief thought was not for her own

these institutions. The sum of \$2,250 has been left to the Home Mission Fund of the Presbyterian Church in to the Foreign Mission Fund.

health, but for the welfare of

the patients and inmates of

ronto, going by special train on the National Railways line. . After the assembly, Dr. McGregor goes to the coast to visit relatives in Spokane,

A happy event of Thursday mornthe bride-elect, Miss Marjorie Mc-

golfers Saturday is adding a fillip of Supper was served in the classthe Hunt Club, matches with outside players always insuring a number of spectators and arrangements for tea ed with a set of cut glass sherbet

was played by Miss Laura Kirkwood, Pink. Mrs. J. Among the out-of-town guests at-tending the Pakenham-Wright wed- "Here Comes the Bride." The ring

Members of the London Hunt Rev. G. Benson Cox of Trinity Ladies' Golf Club going down to Toand bands of the association have Parish, New York, was in the city ronto Saturday to play in the Ontario raised a total of \$4,089.78, of which this week en route to his home at provincial tournament, which opens \$666 was turned over for the support Hollyrood, Ont., where he will spend at the Rosedale Club Monday, June Advertiser calling attention to the of the association's own missionary a month of holidays. Rev. Mr. Cox, 5, and, perchance compete for the fact that his organization is formed representative in India, Miss Laura who is an alumnus of Western Uni- championship cup, are Mesdames in connection with both the Baptist Allyn, who is attached to a hospital versity and Huron College, is conl. Ronald Harris, president; Frank and Disciple churches, though the staff. In this connection, an illu- nected with the work of St. Paul's Spry, captain; Ernest Williams, sec- cantata recently presented by the

> London Institute of Musical Art at the quintet is not at all confident led readers to believe that the Bapmaster their idiosyncrasies." are going to match their skill against clear as possible in their statements A happy week is antici- phone.

> > BUTCHER-McNEIL.

A pretty wedding was solemnized there in the fall, and Mrs. L. A. Church in Canada who are leaving at the First Baptist parsonage, Lobo, Thursday, June 1, at high noon, when grounds of St. James' Church, St of the work of the Sellar Institute assembly city this year, are Rev. Dr. Marjorie C. McNeil, formerly of Lobo, became the bride of Orland T. Butcher of St. Thomas. Rev. Mr. Symington and Mr. David Ross, who Mason performed the ceremony in Sparks, president; Mrs. D. R. Erb Among the London delegates who join the assembly party from To- the presence of the immediate relatives of the bride and groom. The bridal party then motored to the home Currie, assistant secretary; Mrs of the bride's parents, Mr. and Mrs. Nichol McIntyre, where a dainty luncheon was served. Later Mr. and Mrs. Butcher left on a motor trip amid showers of confetti and good wishes to Niagara Falls, Buffalo and points east. The bride traveled in a handsome suit of navy tricotine with hat to match, and an American fox choker. Upon their return they will reside in St. Thomas, and will be at home to their friends after June 15.

> ROBSON-McDONALD. 31, when Rev. Dr. McDonald united | Sarnia.

CLUB NEWS

In London.

LORNE AVENUE M. C. Holding the last meeting until after the holiday season, the members of the Lorne Avenue Mothers' Club on Thursday evening heard gratifying reports for the year, and made arrangements for the annual picnic, to be held June 27, at Springbank. The club has donated, in all, \$125 to the War Memorial Children's Hospital and, in addition, has done a large amount of relief work during the past winter. A balance of \$23.70 was reported. Mrs. T. Clift, retiring president, was in the chair. The new executive to take over duty in the

PLAN JUNE FETE.

A garden party for June 21, with Scotch music and dancing, refreshments on sale, as well as all manner of articles in attractive booths, was planned by the Ladies' Aid of St. Paul's Presbyterian Church at a meeting held this week, the president, Mrs. Nairn being in the chair. Mr. and Mrs. George H. MacGilliv ray, Bellevue Heights, have generous grounds for the event, a courtes much appreciated by the Ladies' Aid

MISS MUNROE PRESENTS

Piano pupils of Miss D. L. Munoupil of Miss Jean Walker and Jos phine McCarthy, pupil of Mr. A. D. Jorden gave a pleasing recital or Musical Art. The plane program in cluded, in addition to solo work, the RTY CIRCLES, BANDS

REPORT AT CONVENTION

REPORT AT CONVENTION

The engagement is announced of Mile. Angele Pichardo of New York to Mr. William C. Hunt of the same city. Mr. Hunt was for some time connected with the Bell Telephone Company here, and is now with a well-known consolidated stock exchange firm of New York.

The engagement is announced of Mile. Angele Pichardo of New York in which Miss Florence Holdsworth, effectively gowned and wearing a corsage of radishes and lettuce, appared as the bride, Miss Mawhinney as the groom and Miss Leona Kirk-wood officiated. The wedding march wood officiated. The wedding march was played by Miss Laura Kirkwood, was played by Miss Laura Kirkwood, Pink. Turkish march from "Ruins"

Western Ontario Women's Activities

Address News For This Column to The Editor of Woman's Page

PLEASE BE EXACT. Ralph Gray, president of the Poplar Hill Mission Band, writes to The stay out at the Rosedale Golf Club was given in the Baptist Church, where the meetings of the club are

Owing to the danger of creating a

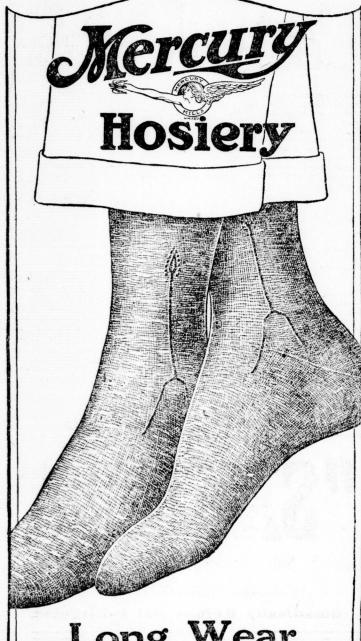
The wrong impression correspondents are London players also realize that they urged to be very accurate and as cases, devote a good deal of time to easy matter in the city, where club improving their game under sound leaders are easily accessible by tele-When outside organizations nated, just the same, even if trophies report, the editor of the department can only take statements at their face value, if communications are duly signed and come from ac-Unsigned reports are not published.

SOUTH PERTH DISTRICT W. I. The South Perth Women's Institute held their annual district convention this week in the beautiful Marys, through the courtesy of the rector and wardens. The following officers were elected: vice-president; Mrs. Geo. Webster secretary-treasurer; Mrs. M. Syple, district representative. Parsons of Toronto was the speaker for the afternoon. She spoke on "Laws Pertaining to Women and Children" and the minimum wage question.

in marriage Mabel A., daughter of Mr. and Mrs. Hugh McDonald, to Gordon Robson of Kintore. bride wore a smart suit of navy tricotine with sand trimmings and hat to match and a corsage bouquet A quiet wedding took place at the of roses. The happy couple left for a Presbyterian manse, Kintore, on May motor trip to Windsor, Detroit and

RHEUMATISM vs. T.R.C.'S

Have you given up? Have you resigned yourself to that old, gnawing pain that nothing seems to relieve? Do you thin't because you can't goto Hot Springs or take some expensive treatment that you have no other alternative? We have many cases considered hopeless, tried everything, baths, serums, electricity, who found recovery in using T.R.C.'s. (Templeton's Rheumatic Capsules). We have thousands of letters that prove beyond doubt T.R.C.'s to be the most practical and successful Rheumatic remedy sold. At druggists. \$1.00 per box. For Free Tried writes sold. At druggists, \$1.00 per box. For Free Trial write



Long Wear

IRST-because they are made of highest quality tested materials

-cashmere, silk, cotton, mercerized, lisle, silk and wool, fancy mixtures.

SECOND—the dyes are fast—they positively will not run. We intend Mercury hose to wear well

and we make certain every pair is right by the strictest tests known in the trade. Mercury Mills, Limited

Canada Hamilton Makers of Hosiery and Underwear for Men, Women and Children.

Phone for it---always Good

Needs no tasting or testing. Always reliable, always delicious and fresh. Causes of rancid butter are removed. Guaranteed.

arbonated Blitter

Silverwood's Limited, London, Canada Makers of Silverwood's Carbonated Ice Cream, famous for delicious quality and flavor.

Double action - Goes farther - Try it and you'll be delighted with the results.

EGG-O Baking Powder

ORDER FROM YOUR NEIGHBORHOOD GROCER

DON'T THROW YOUR OLD CARPETS AWAY

No matter how oid, how dirty, how dilapidated, tie a around them and send to us to be made into The Famous VELVETEX Rugs

Reversible—Will wear a lifetime—Prices reasonable. We have hundreds of recommendations from satisfied SEND FOR VELVETEX LEAFLET.

We pay express both ways on large orders. One way on small orders.

CANADA RUG COMPANY 98 CARLING STREET. LONDON, ONT. Established 1909.