

# Fishermen! Here's the Boot for You-"Excel"!



"EXCEL"  
Made 'All in One Piece'

## "EXCEL"

### The Fishermen's Friend

All fishermen know from experience what happens to ordinary boots when used in fishing. You've seen how salt water seems to take the life out of rubber and how the uppers crack and the soles wear through in a surprisingly short time.

The "EXCEL" is a different and better kind of boot. It has been made especially to stand up under the unusually hard use a fisherman's boot gets.

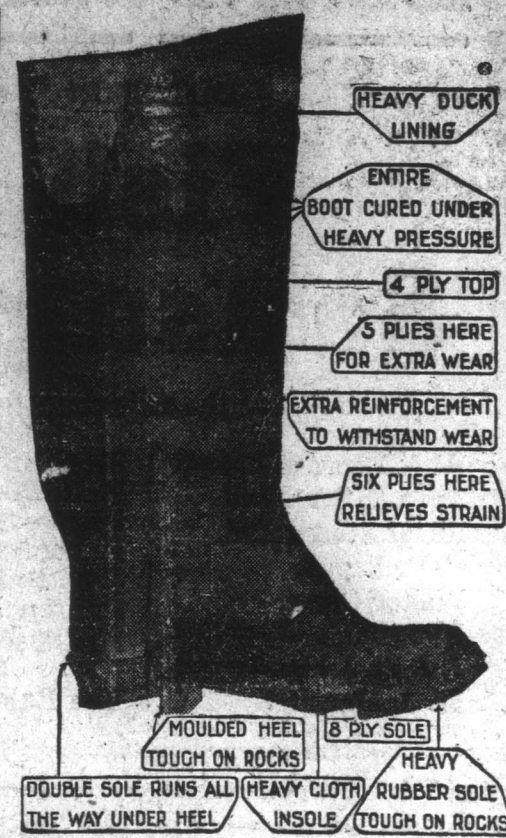
The rubber and fabric in "EXCEL" boots are of the very highest quality. But it is the special method of curing, under tremendous pressure, that makes the "EXCEL" so wear-resisting. The pressure forces the layers of rubber and fabric together so that they are actually "one-piece", without losing the least bit of the

life or resiliency of the rubber. Salt water has practically no effect on "EXCEL" boots. The UPPERS remain pliable and weatherproof, and resist the drying-out action of sun, heat and extreme cold far longer than other boots. Consequently they don't crack anywhere near so quickly. The SOLES are almost wear-proof, because they are made like an Auto Tire, with 8 plies of rubber and fabric welded by tremendous pressure into a "fire-tread" sole that rivals an automobile tire for toughness and durability.

These are exclusive features of "EXCEL" boots. The picture, at the right, of an "EXCEL" boot cut apart, with every detail of construction visible, shows how "EXCEL" boots are reinforced at every point of

strain. There is not a single feature but what has been proved necessary and desirable by tests of severest use. Your own experience will tell you that a boot with these features simply must be a better boot.

Study this picture. Learn these features. Remember them when you compare "EXCEL" boots with ordinary boots. And remember, too, that very important point which the picture cannot show, namely, that "EXCEL" boots are cured under tremendous pressure, which leaves the rubber pliable, weatherproof and wear-resisting. It is only by the use of this tremendous pressure combined with highest quality materials that the best results are obtained.



Pliable Uppers. Weatherproof and Wear Resisting. Tough Tire Tread Soles. Made "All in One Piece."

"EXCEL" Boots are sold by all reliable dealers from Coast to Coast.

**PARKER & MONROE, LIMITED, Distributors**

#### Two Great Runners.

Readers About Alfred Shrub and Tom Longboat.

One of the most novel races of recent times was that between Alfred Shrub, the famous runner, and a specially trained horse.

This race took place near Winnipeg. The runner had found it hard to get spectators, so when someone suggested he might race a horse he took the idea immediately.

The original intention was that one should compete with the other in a five-mile race. But, as the race was about to start, the runner thought the horse might not last the distance. So the race was conducted in relays, a small animal taking up the task at the end of five miles.

Although both animals were drawn by biggies, they gave the runner a hard race. Shrub succeeded in winning the race.

It was Shrub who was successful in winning the ten-mile record in 1904. The affair was staged at Glasgow. The runner had read of the valiant deeds of the Scots inspired by the music of the bagpipes. So he arranged to get a pipe to play at intervals.

From the start, Shrub ran well. He led off mile after mile, and one after another the crowd of delight was punctuated by roars of delight. But at the seventh mile he had fallen behind schedule to the extent of about fifteen seconds.

In answer to frantic appeals, he managed to pull himself together, making up the leeway. Then, as he entered upon the last mile, he caught up and passed the limit-handicap man.

On the last lap he put in a gigantic spurt, and breasted the tape in the record time of 50 min. 40.8 sec.

But Shrub wasn't finished. Encouraged by the spectators' calls to "go for the hour record," he continued for the few minutes that remained to complete the hour.

He was suffering from reaction, however. The strain was beginning to tell. But just at the right moment he heard the shriek of the pipes.

Spurred on to greater efforts, he completed the task, and laid low the world's amateur record for the hour. He completed eleven miles 1,137 yards.

Although Shrub does not believe in Marathon races, he once competed with Tom Longboat, the Indian, at Madison Square Garden, New York.

Straight away Shrub made the pace, steadily increasing his lead until at the end of twenty miles he was nine laps ahead.

But Longboat was a most impetuous runner, and, as he said after the race, he was certain his opponent could not last it out. He was right. At the twenty-third mile Shrub became sick and collapsed. The Indian finished the distance, and won. In the course of his career Shrub trained many amateurs by mail. This once resulted in a rather humorous situation.

On a visit to Harvard University, Boston, he volunteered to pace a young man on the track.

Some words of advice were given to the young man, who turned and smiled rather sardonically. "You seem to know something about the game. Have you ever taken lessons from Shrub of England? I have."

Shrub laughed outright, and the youth was obviously annoyed.

"Don't you think this man Shrub is any good?" he asked.

"Well," Shrub replied, "I have heard a good deal of him. But before we go any further, may I ask what your name is?"

"My name," he answered, "is J. W. Johnson, of Rochester, N.Y."

"And mine," Shrub added, "is Alfred Shrub, of England, the man who has been giving you written tuition."

Plain Facts for Stomach Sufferers

Digested food makes us strong, vigorous, healthy. Dyspepsia is invariably weak and ailing. All they need to make them strong and well is the power to digest food, and that is just what Heber's Syrup gives. It helps the stomach, liver and bowels to do their work efficiently. Sold in 50c. and \$1.00 bottles in drug stores.

#### Gems That "Go Sick."

Most people are aware that pearls are very apt to "go sick" and lose their lustre, and some know that the cause of the opal's ill-luck reputation is the fact that these stones so often crack, or else shrink and drop out of their settings. What the public at large does not know is that practically all gems, with the exception of the diamond, are liable to go wrong.

The action of light on the coloring matter of any colored gem produces a slow but sure deterioration. The semi-precious stones, such as the garnet and the topaz, change rapidly, the garnet growing lighter and losing its rich hue, while the topaz goes dull, losing the brightness and beauty of a newly cut gem.

The Brazilian topaz, which is of a bright yellow, becomes reddish. Heat affects its color seriously—even a moderate degree of heat.

The ruby and sapphire do not change so rapidly, yet, both, by degrees, lose their original brilliancy and, consequently, their value. A ruby kept for two years in a shop window was found to be very perceptibly lighter in color than another, cut at the same time, which had been kept in a case.



THE FAMILY DOCTOR. I've tried the high-toned specialists, who doctor folks to-day. I've heard the throat man whisper low. "Come on now let us spray."

I've sat in fancy offices and waited long my turn. And paid for 15 minutes what it took a week to earn. But while these scientific men are kindly, one and all, I miss the good old doctor that my mother used to call.

The old-time family doctor! Oh, I am sorry that he's gone. He ushered us into the world and knew us every one. He didn't have to ask a lot of questions for he knew our histories from birth and all the ailments we'd been through. And though as children small we feared of the medicine he'd send the old-time family doctor grew to be our dearest friend.

No hour too late no night too rough for him to heed our call. He knew exactly where to hang his coat up in the hall. He knew exactly where to go, which room upstairs to find. The patient he'd been called to see, and saying: "Never mind, I'll put up there myself and see what's causing all the fuss."

It seems we grew to look and lean on him as one of us. He had a big and kindly heart, a fine and tender way. I've wished that I could call him in to-day. And more than once I've wished that I could call him in to-day. The specialists are clever men and busy men, I know. And haven't time to doctor as they did long years ago. But some day he may come again, the friend that we can call. The good old family doctor who will love us one and all.

COWAN says Calendars will be cheaper next year. Why book your order for 1923 Calendars now? Don't promise your order until you see his Samples.

#### CANNED KINGS.

The man who's once held down a throne is good for nothing else, it seems, and though he's exiled and alone, the reigning great still fills his dreams. King Carl tried twice to nail the crown that war had lifted from his brow; his former subjects turned him down, and he is on the hogtrain now. And people say Ex-Kaiser Bill yet dreams of going back once more, to

ply a scepter with the skill that got him in the soup before. And doubtless Kronprinz William hopes to be a monarch, wearing bells, as he is sliding down the slopes of that far island where he dwells. To be a king these days and reign, and wear a brass, machine-made hat! Oh, no one can be safe and sane and long to hold a job like that. Once kings could sit around in state and watch the palace maids scurry, but that bright day has pulled its freight and monarchs now are cheap as dirt. Once kings were proud and haughty, with courtiers kneeling at their feet, but now they look like thirty cents, and wish they had enough to

eat. Far better saw five cords of elm, with moisture on the regal brow, than try again to rule a realm, the way all kingdoms stack up now.

#### Household Notes.

Stainless steel knives for cutting fruits should be in every housewife's outfit of cutlery.

Oatmeal macaroons are made with sponge cake, batter, thickened with rolled oats.

Chopped raisins mixed with maple syrup are delicious with graham crackers.

Do not stir cake batter. That pushes

es the air out. Beat it, lifting each stroke high.

If the Christmas tree balls have a faded appearance, wash them in warm soapy water.

Lukewarm water is best for washing vegetables. Crisp them, if necessary, afterwards.

A teaspoonful of baking powder makes your icing fluffy and keeps it from getting too hard.

Cakes containing fruits should be put into a hot oven to prevent fruit from sinking to bottom.

To poach eggs successfully, put a teaspoonful of vinegar in the water with salt and powdered sugar.

## Lower Price Levels on BOOTS AND SHOES

at the

### FAMILY SHOE STORE

#### MEN'S BOOTS.

HEAVY WORK BOOTS, \$5.00

HEAVY TAN WORK BOOTS, \$5.50

BOX CALF BLUCHER BOOTS, \$4.50

BOX CALF BOOTS, \$5.50

DARK TAN BOOTS, \$6.00

BLACK BUTTON BOOTS, \$5.00

PATENT LEATHER BOOTS, \$5.00

DARK TAN BOOTS, with Rubber Heel, \$7.50

BLACK KID BOOTS, \$7.50

(Formerly \$9.00)

BOX CALF BLUCHER BOOTS, \$7.50

(Formerly \$13.50)

GIRLS' BOOTS.

(Sizes 11 to 2)

BLACK KID LACED, \$2.50

BLACK KID BUTTON, \$2.50

\$2.75

BOX CALF LACED, \$2.95

BOX CALF BUTTON, \$2.95

TAN HIGH CUT LACED, \$4.50



#### CHILDREN'S BOOTS.

(Sizes 5 to 10)

BLACK KID LACED, \$2.25

BLACK KID BUTTON, \$2.30

BOX CALF LACED, \$2.50

BOX CALF BUTTON, \$2.50

\$2.75

INFANTS' BOOTS.

(Sizes 3 to 6)

INFANTS' BUTTON BOOTS, \$1.40

INFANTS' LACED BOOTS, \$1.30

#### WOMEN'S BOOTS.

BLACK KID BLUCHER BOOTS, \$4.00

BLACK KID BUTTON BOOTS, \$4.50

HIGH CUT LACED BOOTS, \$5.00

HIGH CUT BUTTON BOOTS, \$5.00

DARK BROWN LACED BOOTS, \$4.50

DARK BROWN HIGH CUT BOOTS, \$5.75

COMMON SENSE BOOTS, Laced, medium toe, \$4.50

BOX CALF LACED BOOTS, \$4.00

WOMEN'S BUTTON GAITERS, \$3.30

WOMEN'S BUCKLE GAITERS, \$3.50

#### BOYS' BOOTS.

BOX CALF BOOTS, \$3.85

(Sizes 1 to 4)

BOX CALF BOOTS, \$3.30

(Sizes 9 to 13)

GUN METAL BLUCHER, \$3.50

(Sizes 1 to 4)

BLACK KID BLUCHER, \$3.50

(Sizes 1 to 4)

BLACK KID BOOTS, \$3.00

(Sizes 9 to 13)

## PARKER & MONROE, Ltd.,

The Shoe Men.

Store Open Every Night.

### SUMMERS

The Store that Gives Big Values

"The Store of Greater Service."

#### Men's White Overall Pants and Jackets.

Men's Negligee Shirts.	TWO SPECIALS: Black Wool	Heavy Wool Work Shirts.
Men's Striped Negligee Shirts, made of a new serviceable print shirting material, soft double cuffs, double stitched seams. Splendid value.	4 and 5 ply Fingering Wool	An especially low-priced Grey and Khaki Shirt, made with attached collar, one pocket, good roomy pocket and sleeves and double stitched seams.
\$1.70	14c. slip.	\$1.90.
Men's Leather Mitts.	Striped Flannelette.	Ladies' Black Cashmere Blouses.
Made of strong horsehide, palms split hide, back, warm fleece lining.	Made of a good grade cotton with a nicely napped surface. Good value.	Made of good quality Black Cashmere, exceptional value.
99c.	22c. yard.	\$2.70.

See Our Remnants Shirting, Khaki & Quilt Cotton.

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