THE PROPERTY OF THE PARTY OF TH

Holt." he said.



## I'm the Cream of the West Miller, and I'll tell you what I'll do-I'll guarantee your next batch of bread

WILL guarantee it to rise away up out of the pans, and make as delicious bread as you ever tasted. The loaves will be the biggest and most wholesome you ever baked with the same amount of flour. I'll guarantee it or you get back the money you paid for the flour! Now see:

Go to your grocer and buy a barrel of Cream of the West Flour. Take it home and bake it up.

Give it a trial.

Give it a couple of trials. Your oven or yeast might not be just right the first time.

Now when you give it a fair trial, if you honestly feel that you have not had splendid satisfaction with Cream of the West Flour, return the unused portion of barrel and get your money

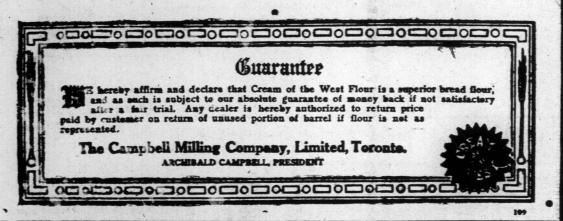
Just tell the store man your bread didn't come out right and you want your money back as guaranteed.

It's not the grocery man who loses. It doesn't come out of his pocket. It is the Campbell Milling Company, Limited, of Toronto, who pay, and they are satisfied to pay if you'll be satisfied to try Cream of the West

Ask your store-keeper about this guarantee. He knows. He will tell you. Try a barrel.

## Cream the West Flour

The hard wheat flour that is guaranteed for bread



R. C. ASH & Co., Wholesale Distributors, St. John's

# THE BELLE

CHAPTER IV.

signed himself to his after-dinner nap. leaned her head upon her hands and looked down the vale. She was think- bad! I really think you do it on pur- know; but I have forgotten it. Oh, no.

### Muscles Useless Without Nerve Force

of the body. Through the nerve fibres which extend through countless the human system is conveyed the

various organs.

There could be no breathing, no beating of the heart, no flow of the digestive fluids, no action of any muscle or organ of the body without nerve force. Consequently, when the there is complete collapse of the body, the different stages of which are described as nervous prostration, locomotor ataxia and paralysis.

The time to use such restorative reatment as Dr. Chase's Nerve Food is when the headaches, sleeplessness, indigestion and other warning symptoms first appear. A few weeks persistent treatment is then sufficient to revitalizable wasted nerve cells and restore health and vigor.

Dr. Chase's Nerve Food, 50c a box,

tic narrative of the old shepherd. How lonely he must feel! How sad His mother and father just dead, his

estate lost, and himself alone and In this mood, Mr. Vandike, tripping with the gait of a Hyde Park dandy

up the well-kept gravel path, was no well as unsophisticated innocence, and

smile in answer to his sudden start and evident glances of artistic admir-"Now, really, Miss Holt, it is too

lean there, framed in that delicious n't walk about, because you will

must put them in broader-light and

have ever seen, Miss Holt."

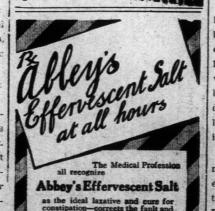
but with a merry smile. "That's feit of truth.' You should remember that definition, Mr. Vandike. 'A falsehood wrapped in counterfeit truth! He laughed with her, and rather

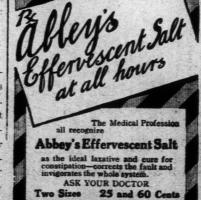
ouder. She held up her finger. "Hush! father is asleep; please do

like, a glamor gotten from the path- I not wake him; he enoys his nap after

lay, too. Why, Miss Holt, it's per

"Oh. no. it's not! Look at that cov here, and the two pigs, and the calf. thing is asleep after dinner except oolish people. I ought to be asleep. "Thank you," said Mr. Vandike 'that's a pretty plain conge. Did





dings don't turn out right. I shall be serious enough then; and now goodby"; and she raised her hand to the

"Stop a minute!" said Mr. Vandik -. Do you know that Mr. Wynter Leigh

"Yes," said Muriel, almost impa-

She was beginning to be angry with herself for being so interested in the how much good Lydia E. Pinkham's Vegstringer, and angry with all who

With the window closed, and the picture vanished from the frame, there was nothing for Mr. Vandike bat

Farmer Holt dined early, at halfpast one, napped afterwards, strolled round the farm, and came in at halfpast five ready for a substantial tea of ever without it in the bouse. pulp of sweetness-and piles of fresh-

That night just as they sat down t ea, in came Mr. Heatherbridge. He looked shyly at Muriel and hesitated. Indeed he was intruding; he knew he was, indeed!

But the farmer gave him a genia and marked welcome, and very shyldaughter and unfolded his news.

"I've been on to Hopwood, Farme: Holt," he said, "and I've seen a most uncommon sight."

"What's that?" said the farmer. " pig-headed lady or a double-tails

"Neither." said young Heather ridge, "but a pair of steam engines." Farmer Holt held steam, and the nachinery it sets in motion in utte contempt and abhorence.

and certainly they weren't handsom they'll do, why they're wonderfr things. There were plowing, reaping and threshing machines, and I canno

outrageous notions! Your fathe would have snapped his fingers at 'er

And the farmer did snap his finger:

Steam! Steam plows, and harrow and flails, and mowers! Nonsense it's downright wicked! What d'y to till the ground and sow and rea; the crops? If it had been meant that we should go puffing across the fields with a couple of iron elephants, ranand dropping coal and cinders. w should 'a' had a first-class set of steam

and evidently reluctant to run coun there they are, and a great fuss

"I saw young Leigh there." said

Young Heatherbridge opened his that Mr. Leigh wanted a word with

er, and Jane, stepping aside, there, en

## MOTHER OF LARGE FAMILY

Tells How She Keeps Her Health - Happiness For Those Who Take Her Advice.

Scottville, Mich. - "I want to tell you Sanative Wash have farm and have worked very hard. I am forty-five years old, and am the mother of thirteen children. Many people think

with hard work and pound, and that there will be no backache and bearing down pains for them if

"I will say also that I think there is whole strawberries, luscious and irresistible, not an indistinguishable Lydia E. Pinkham's Vegetable Compound for painful periods and irregularity, and it has helped her.

"I am always ready and willing to speak a good word for Lydia E. Pinkham's Vegetable Compound. I tell every one I meet that I owe my health and happiness to your wonderful medicine. -Mrs. J. G. Johnson, Scottville, Mich.,

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs. and today holds the record of being the

Mr. Heatherbridge rose, as did

Muriel sat still a moment, then. country fashion, dropped a little state ly courtesy, and drew a chair forward

Farmer Holt shook hands with the newcomer, and Mr. Heatherbridge

"That's my daughter, Mr. Leigh," said Farmer Holt, waving his pir with pardonable pride at Muriel, paland beautiful as a white rose.

Mr. Leight bowed gravely, and smiled almost as gravely.

"I have had the honor of meeting Miss Holt before, sir," he said, seatng himself. "At the stile in the

"Oh. it was you." said the farme. was it? She said she thought i

Mr. Leigh looked at Muriel an Muriel, for no earthly reason blushed turned his face to the light, and Mu el, who could con his face withou being observed, decided that it was gravity and its sadness. It was pai and there were dark shadows, as ears, beneath the eyes, but the ey themselves were fine, deep, frank, an earnest ones, and the mouth, though

"I came at this unseasonable hou dr. Holt, to ask you a favor," he said s quietly as he had spoken in the ane. "Your cattle have broken down the hurdles at the end of the avenuthem. I thought it only right to wal-

# A WONDERFUL DISCOVERY.

## THERAPION.

## THERAPION,

Therapion may now also be

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