

TEN

A SPRING TONIC

Old Reliable Hood's Sarsaparilla is Pleasant and Effective.

Your close confinement indoors and heavy living during the winter, and the torpid condition of your system brought about by cold weather, have made your blood impure and weak, so that now eruptions appear on your face and body, you lack vitality, strength and animation, your appetite is poor and you feel all tired out.

From any druggist get Hood's Sarsaparilla. It combines just the roots, barks, herbs and other substances that you need. It purifies and strengthens the blood—makes the rich red blood that you must have to feel well, look well, eat and sleep well.

Hood's Sarsaparilla is not simply a spring medicine—it is an all-the-year-round blood purifier and tonic—but it is the best spring medicine. Remember it has stood the test of forty years. Be sure to get Hood's.



CANADIANS AT OPENING OF CATHOLIC CLUB IN LONDON. The opening ceremonies for the Catholic Club in Grosvenor Gardens, London, by Cardinal Bourne, Overseas Minister of the Vatican, and at the right, High Commissioner, Sir George Perley; Cardinal Bourne in centre.

THE ROYAL AND ANCIENT Women's Institute

At the Royal Montreal Golf Club at Dixie it is the custom for the captain of the club always to preside over golf dinners and at functions of a golfing nature. This is along the line of the best traditions of the game and the example of the premier club of Canada might very well be followed by clubs generally.

It is quite possible that after all Harry Vardon, the greatest golfer of all time may be seen on the links of the United States and Canada this season. The champion of champions wrote me sometime ago that he would not visit this country again until after the war, but the United States golfers who are working on the half million dollar Red Cross Campaign on the links there, have persuaded him to come over this year for the purpose of taking part in exhibition matches. If Vardon can get a suitable running mate he will most likely make the trip.

Mr. Arthur P. Sladen, private secretary of the Governor General writes that "His Excellency will be delighted to become Patron of the 'Canadian Seniors' Golf Association as so kindly and unanimously desired by the delegates at the various rounds of the Organization meeting."

That the Calkins System of Handicapping bids fair to be universally adopted by the golf clubs of the Dominion is proved by the fact that over 50 clubs have reported its adoption this year. The Calkins Form is easily understandable. In brief a player's best average three scores are taken. Say these are 87, 85, 86. This would give an average best score of 86. If the par of the course on which they are made is 72 this would entitle the 86 player to a handicap of 14. Every club should introduce this "corking" Calkins system.

The beautiful Banff course "on the roof of the world" is now under the jurisdiction of the Dominion Government the Interior Department having taken it over from the C. P. R. The Government intends to make this the National links of Canada, and already have started in to spend considerable money upon the course which will be extended to 18 holes with a length of 6375 yards. It is an exaggeration to say that Banff is one of the most ideal golfing propositions in the world. Nowhere else are the conditions necessary for good golf and the enjoyment of natural beauties superior to Banff. It would be impossible

anywhere to find a course the environments of which are so magnificent and unique surrounded as it is on every hand by mountain barriers rearing their stupendous peaks 10,000 feet and more into the clouds. The flat in which the course is laid out seems to have been at a new channel through the mountains of the world's history; Bow River, which runs through the lake and left the great flat high and dry as if it had been cleared of its water by Nature's specific intention to make it a magnificent rendezvous for man to disport himself. The new nine holes which are being laid out by the Government will be open for play in 1919 extend eastward through the valley and along the right bank of the Bow River. The new course has already been cleared of trees and roots and everyone of trees and shrubs without exception has been removed and the view of the fairway is a physical beauty and exquisite scene in its own right. The fairway is a view of the Royal and Ancient game might well have her abiding place in Banff with its Bow and Spray rivers, encircling green and spluttering oaks, and the perfume of an air laden with the perfume of pine. In the years to come Banff should be the golfing mecca of the Continent.

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It was rubbing it in with a delicate but firm touch with a silver cup at Lenox Mass. donfield, Bernstorff, German Ambassador to the United States sent the bauble into the war Savings Metal Market in New York, to be against the country of his donor. That silver cup was worth probably \$100 and will buy average 6 inch shells afloat. May every one "score heartily in the big game at the front."

And here is a good tip from James C. Ferguson, the pro of Spring Lake, N. J. "To get direction in putting, get about three or four feet behind ball; look from ball to hole; get a mark about in front of ball (between ball and hole) club down behind ball, keeping your eye on mark. Now look at the ball to judge distance from ball to hole; aim to send ball over mark and let club swing easily on ball."

DON'T DRIVE TOO FAST

Fast Motorists Have Nothing to do When They Get There

From the Contract Record, Toronto "The majority of fast drivers have nothing to do when they get there," a trite expression of W. A. McLean, in a little pamphlet he has just written for the Ontario Safety League, could well be made the text of a sermon not only on the "danger" feature of reckless driving, but also on the "expense" feature, to say nothing of the annoyance and inconvenience this disregard for the rights of others entails. By "expense" he meant expense of building the roads and expense of maintaining—chiefly the latter, which is greatly increased by unnecessarily fast driving.

There is not nearly so great a demand by motorists for uncontrolled license in the way of speeding as was formerly the case. Perhaps the craze for scorching has expended itself. Perhaps—and let us be generous enough to believe it—the average motorist has remembered what he forgot in the first ecstasy of his new motor—that there are still pedestrians who thrive as little as ever on a dust diet. Perhaps it is out of consideration for the ratepayers who maintain the roads, perhaps he has sat down and communed with himself along the line Mr. McLean suggests and has realized that there is really no such urgent need that he should reach his destination.

This being the case the law is no made, as laws should always be, for the irresponsible, the individual prominently with no objective in place or time or work. Such people are a menace and a nuisance. The preservation of our roads and the safety of the travelling public is of much more importance than the pleasure of this minority class.

ECHO PLACE WOMAN'S INSTITUTE

Echo Place Woman's Institute held their monthly meeting June 6th, 1918. Mrs. C. Edmanson, president, in chair. Meeting opened by singing Institute Ode, Mrs. J. Lewis read the motto.

Last month's minutes were read by the secretary, Mrs. A. Williams. Roll call was answered by payment of fees for present year.

Letters of thanks were read from boys overseas for parcels received: Mr. Bennett, Raymond Tear, J. Singleton, P. J. Kirkpatrick, A. C. Heath.

Woman's Hospital Aid sent a letter stating the money collected in our district would be credited to our Institute. The musical part of the programme was kindly contributed by Mrs. Feldman, solo; Miss Davison, piano solo; Miss Davison and pupil, Miss Margaret Thomas, Miss A. Graham delighted Mrs. Coats, the government delegate, gave a very interesting talk explaining the statutes of our country as regards women. By law we mean that which regulates our conduct one towards another. Of course the law making bodies always make the laws to favor themselves, hence the laws so far have been seventy-five per cent. in favor of the men and women had no redress. Law books fairly bristle with discrimination against women. Common law was not written, decision once given became law, so a poor decision became law, no matter how the women suffered.

Statute law is passed by legislature and many of them are to repeal old laws which in our enlightened time are considered unfair. Law is an attempt to follow the best ideas of justice. Blackstone has in marriage a woman as an individual with rights and duties of existence, the law makes them one and of course man thinks "he is the one."

Years ago a woman's property became her husband's, now she may retain her own and any she inherits or earns outside of the home. In former years a man could compel his wife to live where he chose or to marry whom he chose. Now she may refuse and he must still support her. Where in the past a man could appoint other guardians for the children, now a mother retains the right to be her own children's guardian. A father still has a right to settle a child's religion, no matter if he has promised before marriage not to claim that right, the law allows him to break his word.

A widow with children may homestead in Ontario, not otherwise.

There is a double standard of morals for men and women. The penalty for violating the chastity of a young girl is the same as for destroying a shrub, and many times is not made more than six months in jail. Not until women are on the jury will this crime be punished as it should be. Our man-made laws are not for women's protection. In former years a man could compel his wife to live where he chose or to marry whom he chose. Now she may refuse and he must still support her. Where in the past a man could appoint other guardians for the children, now a mother retains the right to be her own children's guardian. A father still has a right to settle a child's religion, no matter if he has promised before marriage not to claim that right, the law allows him to break his word.

On July 18th the ladies will serve a 25 cent tea on the school lawn. At this tea the mothers or wives of our boys overseas will be the guests of the Institute, each wife or mother in the district to be invited.

Last year Mr. J. J. Burke offered a prize to the member bringing in the most new members, this gift, a beautiful hand bag was presented at this meeting to Mrs. M. W. Smith.

CONSTIPATION CHILDREN

Mothers if your little ones are constipated; if their little stomach and bowels are out of order; if they cry a great deal and are cross and peevish, give them a dose of Baby's Own Tablets—the ideal medicine for little ones. The Tablets are a gentle but thorough laxative and never fail to right the minor disorders of childhood. Concerning them Mrs. Noble, P. R. Eucum Secum, N.S., writes:—"My baby was terribly constipated but Baby's Own Tablets soon relieved her and I now think them a splendid medicine for little ones." Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brookville, Ont.

THRASHING IN ONTARIO

Gangs Available This Year to Relieve Situation.

A Proposed Plan of Organization—How to Overcome the Difficulties—Applications to Be Filled at Once.

(Contributed by Ontario Department of Agriculture, Toronto.)

THE thrashing gang is not an untried experiment in Ontario. In certain counties, Lambton for instance, these gangs have been employed and have proven very successful. Neither the thrasher nor the farmer in these cases care to return to the old methods of changing help with neighbors where men for the thrashing gangs can be secured. The Ontario Department of Agriculture and the Ontario Trades and Labor Branch are now co-operating to make arrangements to ensure an ample supply of labor for as many thrashing gangs as are likely to be organized this fall, and suggest herein methods of organizing a gang and a plan of organization.

The Difficulties—Overcome Them.

(1.) In the early part of harvest when many moves must be made and when comparatively small amounts of grain are threshed, the thrasher finds it difficult, often, to make a profit even under present methods. If he employs a gang his expenses will be much heavier. His charges therefore must be high enough so that later in the season he may regain what is lost at this time.

(2.) But at any time during the thrashing season there may be considerable idleness during the frequent changes from farm to farm caused by the comparatively small amount of grain to be threshed on the average farm. By good organization this lost time may be limited to the minimum, however, by having the majority of the changes made at night.

Thrasher Board Men.

(3.) If the farmer were obliged to board the gang a certain element of unfairness could not be avoided. It would seem, therefore, that the thrasher should be responsible for this. The most convenient way in Ontario, perhaps, would be for the thrasher to make arrangements with each farmer to provide meals for the men, the thrasher to pay for the same.

(4.) It would seem necessary for each thrasher to provide a sleeping bag for his gang and the men to provide blankets, as is done in the Northwest. These things are home-made and one can be constructed for the average Ontario gang for about \$100. If the thrasher does his own building, nothing ornate is required. A structure 10 feet wide by 12 feet long, built on trucks, wind-proof and rain-proof and with two tiers of bunks on each side would afford ample sleeping accommodation for an Ontario gang.

(5.) As several men constitute a gang the weekly wage sheet would run fairly high. This would involve a considerable regular expenditure on the part of the thrasher, which in turn would necessitate prompt payment by farmers. Where gangs are employed it is necessary for farmers to give cash or 30-day notes immediately the job is done.

(6.) Probably the most important factor of all is the rates which the thrasher will charge. These must, of course, be much higher than those charged formerly. This would make the thrashing bill a fairly large sum. Yet the farmer could still make a profit by the transaction. If, by employing a gang, he were enabled in the two weeks thus saved to prepare an additional 10 acres, say for wheat, he would have from 250 to 350 extra bushels of this crop to sell in 1919.

Size of the Gangs.

(7.) The most problem is that of securing men. The average gang would probably consist of eight men as follows: Engineer, blower man, feeder, grainman and four mow or stackmen. This would leave the farmer to take care of his straw and to supply another man to carry grain if one were not sufficient. A team of his horses would also be required to draw water. He would supply fuel, of course, as is now done.

In organizing a gang of this nature possibly not more than two or three could be secured in the locality where it was desired to operate. The Ontario Trades and Labor Branch will undertake to supply as many men as can be secured for this purpose. It is thought there will be no insuperable difficulty in securing sufficient men for this purpose at reasonable wages during the thrashing months.

Where the silos are to be filled the same gangs, or as many men as are required, may be utilized for this purpose.

Organize a Gang in Your District. It is suggested that farmers' clubs, other farmers' organizations or groups of farmers without definite organization, consider at once the advisability of employing a thrashing gang this fall. Call the local thrasher to the meeting and confer with him regarding ways and means. Then, having reached a definite agreement, write Dr. W. A. Riddell, Superintendent, Ontario Trades and Labor Branch, 15 Queen's Park, Toronto.

Inversely any thrasher who wishes to organize a gang should write Dr. Riddell also. In every case it will be necessary for a thorough understanding to exist between the thrasher and his patrons. When such is the case everything possible will be done to supply sufficient men for all thrashing gangs required this year in Ontario. Apply to Dr. W. A. Riddell not later than July 10th. — Justice Miller, Assistant Commissioner of Agriculture.

Senator LaFollette's counsel is asking that the charge of disloyalty preferred before a Senate committee be dismissed.

WHY SUFFER FROM DYSPEPSIA, INDIGESTION OR CATARRH?

You Can Find Ready Relief and Cure by Taking

Dr. Bantas' Dyspepsia Tablets

Assists Digestion, Prevents Acid Fermentations and Catarrh of the Stomach--A Sure Preventive of that Dread Disease DYSPEPSIA!

Take Care of Your Stomach and You will Avoid Dyspepsia

Dyspepsia is an advanced stage of indigestion, arising from the stomach refusing to perform its normal functions--Digestion consists in the changing of foods from an insoluble form, so that they may pass through the walls of the alimentary canal and become part of the blood. The stomach keeps the food in almost constant motion for a considerable time to accomplish this purpose, and should this organ not be kept in good condition, indigestion results, to be followed in due course, if not relieved, by dyspepsia. You can keep the stomach performing its functions, and even relieve and cure dyspepsia if you

Take Dr. Bantas' Dyspepsia Tablets

50c Per Box

Take Care of Your Stomach and You will not have Catarrh

Catarrh is an inflammation of the mucus membranes, many people associate it solely with their nose and throat as if catarrh were a local trouble, as a matter of fact, to treat this dread disease it is necessary to go into the stomach, the root of the trouble, to weed out the poisonous acids, and allow nature an opportunity to repair the formation of poison and those symptoms which culminate in catarrh of the stomach, and spreads to throat and nose. You can keep the stomach in normal condition and relieve and cure catarrh therein.

Don't Suffer any Longer from Dyspepsia, Indigestion or Catarrh of the Stomach--Go at once to



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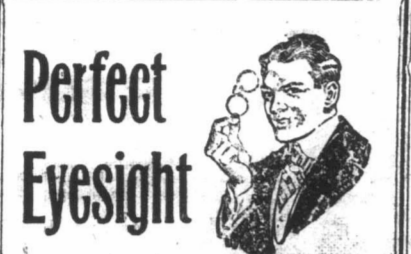
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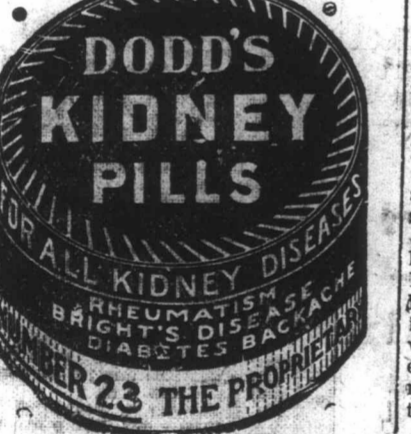
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Poor eyes throw the whole nervous system off balance. Our glasses will positively correct this fault and give you relief from eyestrain.

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Eat less Bread



LADY'S ONE PIECE COMBINATION.

This combination is so simple that it requires very little explanation, for the diagram shows just how it is made. It is all in one piece, with perfectly straight sides, and there is a sort of deep notch at each side which forms the opening for the knees when the combination is sewed up. There is a straight hand top, which may be embroidered or finished with a wide banding run with ribbon. The shoulder straps also are of ribbon. The simplicity of this garment makes it a splendid model for crepe de Chine, washable satin or glove silk.

The lady's one piece combination pattern No. 8754 is cut in three sizes--36, 40 and 44 inches bust measure. As on the figure, the 36 inch size requires 1 1/2 yards 27 inch or 1 3/4 yards 36 or 40 inch material, with 1 1/4 yards banding and 2 1/2 yards ribbon.

To obtain this pattern, send 15 cents to the Courier, Brantford. Any two patterns for 25 cents.

