

Do you take pleasure in Housework?

"I NOW go about my daily work with pleasure," says Mrs. Scott of Guelph. In spite of tiring domestic tasks and family cares, that is the way every woman should feel. But how many do?

Thousands of women all over the world have regained strength and nervous energy by taking Dr. Williams' Pink Pills, and write to tell us so. Mrs. Scott is one of these. "I was very much run-down, nervous, tired. I took Dr. Williams' Pink Pills and am as well as ever again. Now I go about my work with pleasure; in fact, feel 10 years younger."

Buy a box of Dr. Williams' Pink Pills at all druggists and dealers in medicine or, post-paid, by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ontario.



Greatness

There is always something great in that man against whom the world exclaims, at whom every one throws a stone, and upon whose head all attempt to fix a thousand crimes.

Women have all the advantages these days. It takes an income of six figures to get a man in the rotogravure section. One figure will get a girl there.

Are You Ready



When your Children Cry for It

Baby has little upsets at times. All your care cannot prevent them. But you can be prepared. Then you can do what any experienced nurse would do—what most physicians would tell you to do—give a few drops of plain Castoria. No sooner done than Baby is soothed; relief is just a matter of moments. Yet you have eased your child without use of a single drop of drug. Castoria is vegetable. So it's safe to use as often as an infant has any little pain you cannot put away. And it's always ready for the crueler pangs of colic, or constipation, or diarrhea; effective, too, for older children. Twenty-five million bottles were bought last year.

WATERBURY'S CASTORIA

FERTILIZERS FOR FALL WHEAT

Carefully compounded to promote proper growth, Fall and Spring. Every carlot and less carlot buyer should have our prices. Write Now. Agents Wanted. Minimum car 15 tons. No reason to complain of high prices if you buy from us. Write today.

FERTILIZERS AND FEEDS LIMITED
R. M. GROSE Pres. 2980 Dundas St. West, Toronto 9, Can.
Our Motto: Quality—Service —Satisfaction.

Rouen Is Unique

With Rouen we must start our survey of Normandy, for Rouen is not only the ancient capital of the province, but it is the French town which contains the most marvellous collection of ogival architecture and the most exquisite examples of Renaissance construction. It is a compact city, and its chief sights are to be found in a small square area round the cathedral.

The plan is simple, and, in spite of the rich and varied spectacle that Rouen furnishes, a glimpse of it can be obtained in a few hours. Its steeples rise high into the air, but all of them are overtopped by the cathedral. One can contemplate this incredible group of buildings from the Cote Sainte-Catherine or from the height of Bonsecours. There at one's feet is the winding river, in a series of deep loops as it swells to the sea, with the masts of great ships by the transporter bridge, succeeded by older bridges which lead to the industrial suburbs, from which rise gigantic chimneys. There are the modern boulevards, clean and pleasant, and planted with trees. And there in the center is the old town, in which is concentrated this marvellous cluster of edifices, each of them a gem polished by the centuries.

Rouen is the Gothic queen of France. There are those who complain because it has grown into a town of one hundred and twenty-five thousand inhabitants, and has taken on, in parts, an aspect of brightness and of animation. I do not so complain; Rouen remains unspoiled. Rouen preserves a civic pride, and, though it be true that certain monuments have disappeared, the best have been preserved, and for perfection and for elegance they are unequalled. Piled by human hands, these stones, daintily disposed, have been soaked not only by the sun and the rain, but by the soul of Normandy. They are not... pieces of a museum. They are alive to-day for all their venerable age. They are stones which speak—or, rather, sing. They remind us of a time when men worked with faith and with devotion, and when the anonymous artisan was an artist. Rouen is unique: if one has not seen Rouen one has missed one of the most significant sights that France has to offer. There are many quaint and narrow streets with wooden facades and shops which, lighted as they are by electricity, still seem to belong to the Middle Ages.—From "Normandy," by Sisley Huddleston.

Lacquered Islands

Caribbean waters are never just plain sea-color—nor are they ever spread with one color only. The silken sheen of those seas is always a gorgeously shot silk—a watered silk—striped and ringed and zig-zagged with orange, grass-green, lemon-yellow, plum-purple. The colors of sea and sky do not wait for sunset there, or conform to the probabilities. And these endless, jewelled surfaces are studded with polished platinum islands fringed with jade palms.

I forget how many Bahamas there are—something like seven hundred, I believe. Every Bahama gazes out with delight upon its bright brothers, large and small, crowded exquisitely upon its horizon. It is a sort of Mutual Benefit Society of Islands—"I'll decorate your skyline, if you'll decorate mine..." Even a little button of an island can take its place in the brilliant little scheme, so long as it can lacquer its sands with silver and wave a grove of thin, shock-headed palms.

Every Bahama Island is a potential treasure island. The pirates—who must have been men of excellent taste in islands—made the Bahamas group their headquarters and are said to have sown a crop of treasure that has not yet all been reaped. I have myself crawled down rough seaweed steps into several pirates' caves—steps that dip down abruptly between one bright shrub and another into a hole on the edge of the low coral cliffs, and lead into wide caves that look out through natural cliff windows on to the gorgeous sea.—Stella Benson, in "Worlds Within Worlds."

Retaliation

Vancouver Province (Ind. Cons.): The "brick for brick" policy is no good, because it is not going to help the people who will be injured by the American tariff. If anything, it will do them more harm. It is dangerous because it will lead to a tariff war, and in a tariff war between a nation of 100,000,000 and one of 10,000,000, the chances are just about ten to one that it is the smaller that will get hurt.

Papa—"Is that young man waiting for Elsie to come home?" Mama—"Yes, and if she doesn't come soon we'll have to invite him for breakfast."

Hands Up!



Edna E. Christoffsen, world's champion (38) pistol shot, photographed in the grounds of the Empress Hotel, Victoria. She is a member of the Portland, Ore., police force and won the women's revolver shooting contest at the police sports at Victoria and Esquimalt recently. Competing with Seattle, Portland and Vancouver police three years ago, Mrs. Christoffsen was within a mark of the open championship and easily "ops" all women revolver shots in the world.

KEEP CHILDREN WELL DURING HOT WEATHER

Every mother knows how fatal the hot summer months are to small children. Cholera infantum, diarrhoea, dysentery, colic and stomach troubles are rife at this time and often a precious little life is lost after only a few hours illness. The mother who keeps Baby's Own Tablets in the house feels safe. The occasional use of the Tablets prevent stomach and bowel troubles, or if trouble comes suddenly—as it generally does—the Tablets will bring the baby safely through. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



Not Nearly Enough to Go Round

Ottawa Journal (Cons.): Washington figures published recently estimate that \$30,000,000 worth of Canadian liquor entered the United States last year. This, no doubt, will be seized upon as an argument that if it weren't for Canadians, who are pandering to the appetites of poor thirsty Americans, there would be no trouble at all in enforcing the Volstead law. But it will be a stupid argument. Thirty million dollars worth of liquor at current prices represents, roughly, about eight million bottles. Considering, therefore, that there are 120,000,000 people in the United States, how far would 8,000,000 bottles go—in a year? Actually, they would supply about two drinks in twelve months for each American adult.

Upper Canada Centennial

At the centennial celebrations of Upper Canada College in September there will be present the descendants of two of the men most concerned in the first days of the College. The Hon. Ulrick Colborne-Vivian is a grandson of Sir John Colborne (later Lord Seaton) who, when Lieutenant-Governor of Upper Canada, was active in founding the School. Mr. Montague Harris, who is also coming from England for the occasion, is a grandson of the first Principal. A further link with the past will be the unveiling of a tablet near the corner of King and Simcoe Streets—the site of the original College buildings in the days of Muddy York.

Nancy, who was only 5, was much impressed when a large bunch of roses arrived for her mother. "Why did you get them, mother?" she asked. "You see, Nancy, seven years ago today daddy and mother were married," explained the mother. "Goodness! He was a long time sending them, wasn't he? You'd think he'd have sent them seven years ago."

Man-Made Gems

Rubies, Sapphires, Diamonds, and Pearls Can All Be Produced Artificially—and are Just the Same as the Real Thing.

Another step in the age-long search by man for a process by which he could manufacture gems artificially has just been taken. Chemists have succeeded in making sapphires and rubies from pure clay.

Specially designed vessels are employed to melt the clay, drops of which are then cooled and turned into the gems. They are already being sold for use in delicate grinding and cutting appliances, in watches, and for personal wear.

It was thirty-six years ago, in 1893, that man first made his own version of that monarch of gems, the diamond, by chemistry. The celebrated French chemist, Henri Moissan, then started the world by producing diamonds obtained by heating iron, which contained dissolved carbon, in electric furnaces of his own invention, and suddenly cooling the molten material.

But in spite of the sensation, the diamonds were unmarketable. They were minute and exceedingly costly. And to this day they have never been made cheaply enough to be a commercial proposition. There seems no reason, however, why some modification of this process, or perhaps an entirely new method, should not make the production of artificial diamonds as successful as that of rubies and sapphires.

The well-known "paste" diamonds are in a different class. They consist of a special kind of glass, but an enormous trade is done in them!

Pearl Trade Secrets

In one direction man-made gems have had complete success. That is the pearl trade. It is well known that a pearl oyster deposits a secretion which eventually forms its pearl. It occurred to men to regularize this production by inserting a foreign body into living oysters, the deposits on which would make fine pearls.

This process, operated chiefly by the Japanese, has proved very efficient, and a very large trade is done in these "cultured" pearls, as they are called.

Other man-made pearls are made from mother-of-pearl, and hollow glass beads filled with wax and coated with a combination of gelatine and minute silvery scales from a little freshwater fish called the bleak. But these, like "paste" diamonds, are mere imitations and have not the same chemical constituents and properties as the originals, as is the case with "cultured" pearls, electrically produced diamonds and the latest German rubies and sapphires.

At the same time, so far as looks are concerned, many of the artificial pearls sold to-day are so perfect that it is impossible to tell them from the real thing.

Minard's Liniment for Earache.

Luck

Luck is ever waiting for something to turn up. Labor, with keen eyes and strong purpose, will turn up something. Luck lies in bed and wishes that the postman would bring him the news of a legacy. Labor turns out at six o'clock and with busy pen or ringing hammer lays the foundation of a competence. Luck whines. Labor whistles. Luck relies upon chance; labor upon capital.—Cobden.

Great Things

Some would be thought to do great things who are but tools and instruments, like the fool who fancied he played upon the organ when he only blew the bellows.

One was remarks that some girls use dumb-bells to get color on their faces and some use color on their faces to get dumb-bells.

LUXO FOR THE HAIR

Ask Your Barber—He Knows



When Pain Comes

What many people call indigestion is often means excess acid in the stomach. The stomach nerves have been over-stimulated, and food sours. The corrective is an alkali which neutralizes acids instantly. And the best alkali known to medical science is Phillips' Milk of Magnesia. It has remained the standard with physicians in the 50 years since its invention. One spoonful of this harmless,

Red Rose Orange Pekoe Tea is truly economical. A half pound makes almost as many cups as a full pound of cheap tea costing 50c to 60c.

RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good

True Life

"How can life be true life without friends?" Constant and solid, whom no storms can shake, Nor death unfix, a right friend ought to be:

And if condemned to survive, doth make No second choice, but grief and memory. But friendship's best fate is, when it can spend A life, a fortune, all to serve a friend.

—Katherine Phillips.

Minard's Liniment for aching joints.

Doubts

Doubt of any sort cannot be removed except by action.—Thomas Carlyle.

Simplicity of Heart

Genuine simplicity of heart is a healing and cementing principle.

AEROXON With The Pin The Honey Fly Catcher

You Must Do Your Bit

in the war against the fly, carrier of germs and breeder of disease.

It is proven that AEROXON is one of the most convenient and most efficient means of combating this fly evil. It is convenient, because of the push-pin. It is hygienic; flies never get away when once caught. Each spiral gives three weeks' perfect service.

BEWARE OF IMITATIONS Sold at drug, grocery and hardware stores

La Cie C. O. Grant & Fils, Limited BRIDGEVILLE, QUE.



Direct New York for Ontario 56 Front Street East, Toronto

College Girl Tells How She Cleared Skin, Gains 12 lbs.

"I am a student at Columbia University," writes Miss Arden Ambrosian, "and I am writing to inform you of the benefits derived from Ironized Yeast. It helped to clear away with some unsightly pimples that were so hard to get rid of. Before taking Ironized Yeast my weight was 103 lbs. Now I weigh 115 lbs. My face and neck are rounding out, my digestion is better, I eat and sleep well and my health is excellent."

Letter after letter tells this same wonderful story. Five to 15 pounds gained in a few weeks. Bony limbs rounded. Blemished skin cleared.

Only when Yeast is Ironized is it more effective—for Iron is needed to bring out the weight-building and strengthening values of Yeast. Get these pleasant tasting tablets to-day. Never cause gas or bloating. Safe—no harmful drugs.

Go to any drug store to-day and get a full size treatment of Ironized Yeast. If after this generous trial you are not delighted, get your money back from druggist or manufacturer. If inconvenient to buy from druggist, send \$1.25 to Canadian Ironized Yeast Co., Ltd., Fort Erie, Ont. Desk 425-BT.

Classified Advertisements

BABY CHICKS

BABY CHICKS: JULY AND AUGUST Rocks 12c. Brown Leghorns and Anconas 11c. White Leghorns 10c. as-rised chicks 8c. Express paid on 100 or over; free catalogue. A. H. Switzer, Granton Ontario.

Manners

Manners are the happy ways of doing things—each one a stroke of genius or of love—now repeated and hardened into usage.—R. W. Emerson.

One reason a few people can buy what they need is that so many are busy buying what they want.



Beecham's Pills
Try a regular daily course for a short period. Your eyes will tell the story. Read about Character from the Eyes in future Beecham Advertisements. Sales Agents: Harold F. Nichol & Co., Limited, Toronto

Cuticura Soap
restores the normal action of the pores by its wonderfully effective cleansing and purifying qualities. Fifty Years of Service Soap 25c. Ointment 25c. and 50c.

MINARD'S "KING OF PAIN" LINIMENT

restores the normal action of the pores by its wonderfully effective cleansing and purifying qualities. Fifty Years of Service Soap 25c. Ointment 25c. and 50c.

Dandruff

Rub Minard's into your scalp four times a week. Prevents falling hair.



restores the normal action of the pores by its wonderfully effective cleansing and purifying qualities. Fifty Years of Service Soap 25c. Ointment 25c. and 50c.



Was In Bed All Summer

"I have to work in the store and do my own housework, too, and I got nervous and run-down and was in bed nearly all summer. The least noise would make me nervous. I was told to take Lydia E. Pinkham's Vegetable Compound and I have taken seven bottles. It has made me stronger and put more color into my face. I am looking after my store and housework and my four children and I am getting along nicely now." —Mrs. J. Malin, R. R. No. 5, Barton St. East, Hamilton, Ontario, Canada.

Lydia E. Pinkham's Vegetable Compound
Lydia E. Pinkham Med. Co., Lynn, Mass. U. S. A. and Canada, Ontario, Canada