

hand. Behold, the Lord has gone out before thee."

Barak called together his soldiers. He led them to the plain. On came the soldiers of Sisera. Their spears flashed, their arrows flew. On came the horses, with the chariots of iron. But the Israelites had cried to God, and God was with them. They learned that day how true are the beautiful words of the Golden Text: "THE RIGHTEOUS CRIED AND THE LORD HEARD, AND DELIVERED THEM OUT OF ALL THEIR TROUBLES."

A storm came up. The clouds gathered; the rain poured down. The chariots of Sisera sank in the mud. On went the Israelites. The soldiers of Sisera were stopped, they turned, they ran. Sisera jumped from his chariot and fled. God's children had won the battle.

Sisera's army was gone and he fled alone to the mountains. He ran to hide in a tent. As he lay in the tent, a woman named Jael killed him.

After the battle was over there was great joy in the land of Israel. The enemy was beaten. The Israelites were free.

How thankful they were to the heavenly Father! He had shown Deborah and Barak what to do; He had led them through the battle; He had watched and saved them all. With loving hearts they cried, "Praise ye the Lord."

Questions on the Lesson

1. Who was Barak?
2. Who was Deborah?
3. Where did she live?
4. Why did the people go to her?
5. Why did Deborah send for Barak?
6. What did she tell him?
7. What did Barak ask?
8. How many soldiers had Barak?
9. Where did he gather them?
10. Who was the leader of the Israelites' enemies?
11. What did Deborah tell Barak to do?
12. Who did she say had gone before him?
13. Which side won in the battle?
14. Whither did Sisera flee?
15. By whom was he killed?
16. How did the Israelites feel because of their victory?
17. To whom did they give thanks for it?
18. What is the Golden Text?

Lesson Hymn

Simply trusting every day,
Trusting through a stormy way,

Even when my faith is small.
Trusting Jesus—that is all.

*Trusting as the moments fly,
Trusting as the days go by;
Trusting Him whate'er befall:
Trusting Jesus—that is all. Amen.*

—Hymn 293, Book of Praise

The Catechism

PRIMARY CATECHISM—4. Can you see God? No. I cannot see God, but He always sees me. 5. Why can you not see God? Because God is a Spirit, and has not a body as we have.

SHORTER CATECHISM—2. What rule hath God given to direct us how we may glorify and enjoy him? A. The word of God, which is contained in the Scriptures of the Old and New Testament, is the only rule to direct us how we may glorify and enjoy him.

The Question on Missions

2. What is the work of the Board of Home Missions and Social Service? To assist the weaker congregations, and to provide for the preaching of the gospel amongst English-speaking settlers in the newer and needier districts, and amongst the French-Canadians and the Indians and foreigners in Canada, including the Jews; to keep up schools and hospitals where these are needed; and to fight against the many evils found in our land.

AFTER SUNDAY SCHOOL

It was under a palm tree like the one shown in the drawing (copy) that Deborah lived



when the people came to learn from her what God would have them do. Remember that God has sent His Son Jesus to tell us what we should do and to help us to do it.

I Have Learned To-day

THAT I SHOULD BE BRAVE