

go aboard our steamer. This time we sail southward, and land at Beira, in Portuguese East Africa. From here we take a railroad leading into the interior, for we are going to visit Livingstonia, the scene of the life and labors of that great missionary-explorer, David Livingstone. Here we find the old Scottish names, Blantyre, Alisa Craig, and see the natives gathered in schools and churches, being taught to lead useful and happy lives. What a wonderfully encouraging thing to think that one man was the instrument, in the hands of God, to begin this great work that is touching so many lives.

IN THE REGION OF THE SLAVE TRADE.

Returning to Beira, we sail south again, and round the Cape of Good Hope. We call for a short time at Cape Town, the metropolis of Cape Colony, but we shall not have time to land, for we have other places to visit. Away to the north is the mighty Congo River, and it is in this district that the terrible slave trade has been carried on. We are all proud to know that Britain was the first nation to take steps to put an end to this terrible traffic.

THE HOME OF BISHOP CROWTHER WHO WAS ONCE A SLAVE BOY.

The next place we shall call is Nigeria. Did you ever hear of Samuel Crowther, the slave boy who became bishop of this great territory? He was rescued from Portuguese slavers by the English, and placed in a mission school at Free Town. After completing his education in England he was sent as a missionary to his own people, and in 1864 was consecrated Bishop of the Niger, in Canterbury Cathedral—the only African who has had such an honor. This great man passed to his rest in 1891.

LIBERIA—THE HOME OF THE FREED SLAVES OF THE UNITED STATES.

One place more we must visit, and that is Liberia. Liberia is interesting to us because here a great many of the liberated slaves were brought after the Civil War in the United States. So in this country to-day there are two classes, the native races and the descendants of these slaves. Canadians are to be found as missionaries, working among these people.

FREE TOWN—WHAT IT MEANT TO THE SLAVES.

We will call at Free Town, in Sierra Leone, as we pass. Do you know where it got its name? It was here the English gunboats used to bring the poor slaves whom they had recaptured from the slave ships, and set them free. How much the name must have meant to the poor Africans!

Away to the north is the great Sahara Desert, across which the Arabs roam. These men are mostly of the Mohammedan faith, and there are many millions of the same religion in Northern Africa. What a great deal of work there is for us as Christians to do!

Nov. 3.—"A FRESH BEGINNING." (Trying again.) Jonah 3. 1-4.

Q. What did God want of Jonah now? A. Jonah 3. 1, 2.
Q. Did Jonah refuse this time? A. No! Jonah 3. 3.
Q. Why did Jonah not refuse?

Draw out your Juniors on this question. You will be able to impress the intended lessons of duty very naturally and easily. Learn chiefly:

1. When God wants work done He looks for some one to do it. He never asks us to do impossible things. 2. Hard things are not made easy by running away from them. 4. If we refuse to do God's bidding we shall surely suffer. 5. It is better to do what God asks of us, at once, and willingly. 6. Even if we have refused God, we may be forgiven. 7. In

all our trouble we may find help from God through prayer. 8. If we do not help for God, he will help and protect us. 9. The great lesson to learn is obedience to God's Word. (Repeat the pledge!)

Nov. 10.—"WHAT GOD EXPECTS OF US." (Our duty to God.) Micah 6. 8.

Here are three things very plainly stated: 1. "To do justly." 2. "To love mercy." 3. "To humble thyself to walk with thy God" (Margin.) These have been lacking in the lives of the people. They are never too common among old or young. As a study for Juniors show the need of every child treating every other according to Right. Boys and girls chat at play, copy at school, tell tales at home, take unfair advantage of parents or teachers, oppress the weak, tease the smaller ones, make a mock of age, steal "little" things, tell "white lies," and in many ways break the laws of Right. God cannot overlook any wrong-doing because we think it small. So if we prefer SELF to GOD, He must condemn. But if we choose Him, He will bless us, and we shall not be satisfied with showing or exacting merely a strict measure of "justice, but will be merciful, kind, forgiving, loving, because we have humbled ourselves to 'walk' with Him. That means to be agreed with Him, to keep His spirit in our hearts, and to show His love in our lives, (1 John 3. 18.)

Among the Juniors

The superintendent of the Junior League at Moncton reports as follows:—"Last January a Junior League was organized among the boys and girls of Central Methodist Sunday School, and these Juniors from the first have been very much interested in the work. We have now an enrolment of one hundred and seventy-two. Thirty-seven won silver and blue enamel J. E. L. badges for 'Perfect Attendance' from May 1st to June 1st. At Easter a concert was given by the Juniors, A 'Five-cent Concert and Sale,' we called it, and this was conducted entirely by the boys and girls themselves, who prepared a real enjoyable programme under the direction of our little fourteenth-president, a girl of twelve. The proceeds of this concert amounted to twenty dollars, half of which amount the Juniors gave to the church. We are taking the missionary trip, etc. We have been greatly benefited by a helpful address from Rev. S. T. Bartlett."

At Deloraine, Man., there is a regularly organized Junior League, which in addition to the ordinary work of Topic Study, etc., have made a study of Bunyan's characters to the great interest and profit of the members. The League also constitutes a Junior choir for the Sunday morning Church service. We found the reason for this question and arrange to give part of their time to the children direct, and personally. "See that ye despise not one of these little ones."

The Ottawa Western Juniors "supply flowers for the pulpit every Sunday. They are afterwards taken to the sick along with a Comfort Roll (a text of Scripture rolled up in colored paper). The Juniors take St. Paul's Epistle to the Perley Home for incurables, and scrap-books are constantly being made by the Sunshine Committee for sick children. The collection every second meeting is given to missions and they also have a Missionary Birthday Bank." All

of which goes to show that these Juniors are being taught a very beautiful, because active and practical, religion. The more we do the more we are able to do.

A Recitation

We thank Thee, O Father, for all that is bright:
The gleam of the day and the stars of the night,
The flowers of our youth and the fruits of our prime,
And the blessings that march down the pathway of time.

We thank Thee, O Father, for all that is drear:
The sob of the tempest, the flow of the tear;
For never in blindness, and never in vain, Thy mercy permitted a sorrow or pain.

We thank Thee, O Father, for days yet to be:
For hopes that our future will call us to Thee,
That as our eternity forms through Thy love,
One Thanksgiving Day in the mansions above.

—Will Carleton.

A Word to the Boys

The King of England's famous surgeon, Sir Frederick Treves, has this to say to the rising generation. It comes from one who knows:

"Boys, don't bother about genius, and don't worry about being clever. Trust rather to hard work, perseverance and determination. The best motto for a long march is, 'Don't grumble. Plug on.' You hold your future in your own hands. Never waver in this belief. Don't swagger. The boy who swaggers, like the man who swaggers, has little else that he can do. He is a cheap-luck crying his own paltry wares. It is the empty tin that rattles most. Be honest, be loyal, be kind. Remember that the hardest thing to acquire is the faculty of being unselfish. As a quality it is one of the finest attributes of manliness. Love the sea, the ringing beach, and the open down. Keep clean body and mind."

Encouraging reports have been received from our Junior Leagues named below. We regret that lack of space makes it impossible to give even a condensed report of the work in each case. All the following Leagues have sent in accounts of good things done during the past year, and of better things hoped for in the future: Port Rowan, Owen Sound, Niagara Falls South, St. Paul's St. (St. Catharines), Welland Ave. (St. Catharines), Thorold, Niagara Falls Centre, Kingsville, Hanover, Southampton, South, Strathroy, St. Mary's, Fullarton, Cardinal, Hensall, Stratford, Hampton, Dublin St. (Guelph), Colborne, and Napanee. We wish for all our Junior Leaguers the most successful fall and winter ever experienced in the history of the Epworth League.

An interesting feature of mission work in India is the saving of the children of lepers from becoming lepers themselves. No one knew that this could be done. Doctors said it could not be done; that the disease was hereditary; that there was danger in having anything to do with the children of lepers. But one woman in India could not endure the sight under her very eyes of children as bright and brown and bonny as any in the East becoming lepers one after another as they grew up. She determined to try—to take the children from their parents and see if there was any chance of saving them. She did so and succeeded. Those children have grown up, and they have not become lepers; they have married, and their children are no lepers. The Leaguers have shown the world that the disease is not hereditary, and that the children can be saved.