

World of Missions.

Rev. James Chalmers of New Guinea.

A telegram from Sydney, N. S. W., on April 21, announced the sorrowful news that Revs. James Chalmers and Oliver Tonkins had been murdered by natives on the Fly River, New Guinea. We mourn the injury thus inflicted upon one of the best fields of the London Missionary Society. Mr. Tonkins only joined the mission about two years ago. Mr. Chalmers is one of the best known missionaries in the Southern hemisphere, receiving his first appointment as long ago as 1866.

Mr. Chalmers was born at Ardrishaig, Argyleshire, and became a member of the United Presbyterian Church in 1860. He was appointed to Rarotonga, and sailed from London in the *John Williams* in January, 1866, where he arrived in May, 1867. Having been appointed to New Guinea he left Rarotonga in May, 1878.

After some preliminary labors, Mr. Chalmers (accompanied by his brave young wife) began his now famous journeys among the hostile tribes of the great island. He travelled unarmed, trusting to Him in whose work he was engaged. Many years afterward he was able to say: "Only once in New Guinea have I carried a weapon, and then we had spears thrown at us." Mrs. Chalmers had the happy art of drawing the savages to her, and thus inspiring confidence and personal regard. As the months passed, native lips, failing to pronounce the missionary's name, called him "*Tamate*" (Teacher); and as they came to love and trust him, they spoke of "*Maino*" (peace) as following his steps. At length he was called in to settle native quarrels, and to arbitrate in matters of difference between contending tribes. Hence an English naval officer was able to testify: "Everywhere '*Tamate's*' influence is supreme;" and the conceptions of Teacher and Peacemaker were combined in the native ideas of the missionary and his message.

Sunday in the South Pacific.

This narrative from an eye-witness is both interesting and significant: "On Sunday morning June 25th, at day-break we reached Fakaofu, one of the Union group. After the morning service we held a Christian Endeavor consecration meeting. They call themselves the 'Company of Endeavorers for Jesus.' Over one hundred were present, all seated on mats on the floor, with their bibles and hymn-books before them. After the opening hymn 2 members, middle aged men, led simply and reverently in prayer, and then we had the roll-call of 96 active members. One old woman I remember well. Her face was lit up with Heaven's own brightness as she spoke of the love of Christ for her and her desire to follow Him closely. There was an old chief, too, who, when his name was called, humbly and simply said, 'God be merciful to me, a sinner.' Many took part in the prayer-chain, and the whole meeting was characterized by a reverence and earnestness I have not seen excelled anywhere."

Protestantism in Italy is increasing. There are now over 20,000 communicants in the Waldensian churches. The Free Church has about 3,000 members; the Wesleyans have 1,800; the Methodist Episcopal, 1,500, and the old Catholics about 600. All of these bodies own church buildings in different cities in Italy, and spend large sums for buildings and schools.

Health and Home Hints.

COOKING aprons, with sleeves to match, are some of the things which always sell well at a bazaar.

TO CLEAN A SPICE MILL grind half a teaspoonful of raw rice through it, and all traces of spice will be removed.

LESS fat and sugar are required for the child's summer diet than for his winter diet. Both fat and sugar are heat producing.

You can improve watery potatoes by scoring them with a knife round and across, and boiling them in their skins in plenty of salted water.

POTATO BISCUIT.—To six nicely mashed potatoes add one pint warm milk, one tablespoon butter, one tablespoon salt, one quart sifted flour, and one-half cup yeast. When light, knead until like biscuit dough, cut out and stand in a warm place until light enough to bake. Bake ten minutes in a quick oven. Serve hot.

FRENCH BLANC MANGE.—Boil one and a half ounces isinglass, three ounces of sweet and six of bitter almonds, skimmed and well pounded, in a quart of milk. Let it simmer until the isinglass is dissolved; add a little orange-flower water, or boil in it a stick of cinnamon, or a piece of lemon peel; stir until nearly cold; pour into a mold and set in rough ice.

OCCASIONALLY a piece of fancy-work of the lace order does not show silk enough to justify sacrificing its lacy newness to the process of washing. If such work is laid away for a week in a heavy book, between blue tissue paper, having had rubbed into the soiled places calcined magnesia or pipeclay, it will come out cleaned and brightened by the process. This is a good way to treat Battenberg and point lace work which has become dingy or yellow.

SNORING is a symptom that should not be neglected in children. It shows that there is some obstruction to the free passage of air from the nose to the throat. The tonsils may be enlarged, and so partially close the passage at its lower opening. There may be a polypus or some small tumor in the nasal passage itself, or catarrh of the throat or nose, or both. A physician should be consulted.—*May Ladies' Home Journal*.

Perils of the Deep.

GREAT HARDSHIP AND EXPOSURE ENDURED.

CAPT. ADNAB BURNS, OF DAYSPRING, N. S., TELLS AN INTERESTING STORY FROM HIS OWN EXPERIENCE.

From The Progress, Lunenburg, N.S.

Capt. Adnah Burns, of Dayspring, Lunenburg, Co., N. S. is a prominent representative of a large class of men in Nova Scotia, who, during much of the year, follow the dangerous occupation of deep sea fishing. When not at sea Capt. Burns' avocation is that of ship-carpenter. He is 43 years of age, and is to-day a healthy, vigorous representative of his class. Capt. Burns, however, has not always enjoyed this vigorous health, and while chatting recently with a representative of the Lunenburg Press, he said he believed that but for the timely use of Dr. Williams' Pink Pills he would have been a chronic invalid. "From 1895 to 1898," said Capt. Burns, "I was

the victim of a complication of troubles. I suppose they had their origin in the hardship and exposure I so frequently had to undergo. My illness took the form of dyspepsia and kidney trouble. The foods which I ate did not agree with me, and frequently gave me a feeling of nausea and at other times distressful pains in the stomach. Then I was much troubled with pains in the back due to the kidney trouble. Finally I took a severe cold which not only seemed to aggravate these troubles but which seemed to affect my spine as well, and I became partially rigid in the arms and legs. I was forced to quit work, and doctored for a time with little or no benefit. Then I dropped the doctor and began taking other medicines, but with no better result. By this time I was run down very much, had no appetite, and was depressed both in mind and body. While in this condition I chanced to read in a newspaper the testimonial of a cure made by the use of Dr. Williams' Pink Pills, which in some respects presented symptoms like my own. The straightforward manner in which the story was told gave me new hope and I determined to try these pills. I sent for three boxes. Of course I did not expect that this quantity would cure me, but I thought it would probably decide whether they were suited to my case. I must say they seemed to act like magic, and before the pills were gone there was a decided improvement in my condition. I then got a half dozen boxes more and before they were gone I was back again at work in the shipyard, and enjoying once more the blessing of vigorous health. This was in the spring of 1898, and since that time up to the present I have not been laid up with illness. Occasionally when suffering from the effects of exposure or over work I take a box or two of Dr. Williams' Pink Pills and they always put me right. Since my own marvellous rescue from premature uselessness and suffering I have recommended these pills to many persons variously afflicted and have yet to hear of the first instance where they have failed to give good results where they were fairly tried."

It is such endorsements as these that give Dr. Williams' Pink Pills their great popularity throughout the world. Neighbors tell each other of the benefits they have derived from the use of these pills and where a fair trial is given the results are rarely disappointing. Dr. Williams' Pink Pills go directly to the root of the trouble, they create new, rich, red blood, stimulate the nerves to healthy action, thus bringing health and strength to all who use them. Sold by all dealers in medicine or sent post paid on receipt of 50 cents a box or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

INDIGESTION IN CHILDREN can be cured by diligent watchfulness and continuously insisting that every morsel of food taken is to be properly chewed. The child must learn that every scrap of food which he swallows, without chewing it, is so much poison to his body. He will believe what you say, but you must watch till he has formed the habit of eating slowly, for, though he will mean to do so, he will often forget. Another point to be remembered is that the child should not be allowed to eat between meals. Sweets and fruits may be eaten with meals, but between one meal and the next the child's stomach should be allowed to rest, for it cannot possibly be healthy if it is always working.