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"Benger's Food has, by its excellence,  
established a reputation of its own."



**Benger's Food** is soothing and satisfying. It contains all the elements of a natural food in a condition suitable for immediate absorption.

When milk alone is heavy and unsatisfying, Benger's Food, *made with milk*, is appetising and nutritive.

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**For INFANTS,  
INVALIDS,  
AND THE AGED,**

for healthy development in infancy, for rebuilding strength in weakened systems, and for the preservation of old age in usefulness and vigour.

Readers can obtain a 48-page booklet, "Benger's Food and How to Use it," which contains a "Concise Guide to the Rearing of Infants," and practical information on the care of Invalids, etc., on application to Benger's Food Ltd., Otter Works, Manchester, England.

Benger's Food is sold in tins by  
Druggists, etc., everywhere.

Division 9.—Miss M. Hotson, Parkhill;  
May 29 to July 4; Mrs. E. B. McTurk,  
Lucan, May 29 to June 6.

**WEST HURON—**

Goderich .....aft. May 29  
Holmesville .....eve. " 30  
Londesboro .....aft. " 31  
Blyth .....eve. June 1  
St. Augustine .....aft. " 2  
Wingham .....aft. " 3  
St. Helen's .....aft. " 5  
Kintail .....aft. " 6

**SOUTH BRUCE—**

Lucknow .....aft. June 7

**CENTRE BRUCE—**

Ripley .....aft. June 8  
Bervie .....aft. " 9  
Kincardine .....aft. " 10

**EAST HURON—**

Belgrave .....aft. June 12  
Brussels .....aft. " 13  
Walton .....aft. " 14  
Ethel .....aft. " 15  
Molesworth .....aft. " 16  
Iamestown .....aft. " 17  
Bluevale .....aft. " 19

**SOUTH BRUCE—**

Teeswater .....June 20

**EAST HURON—**

Gorrie .....June 21  
Fordwich .....aft. " 22

**SOUTH BRUCE—**

Mildmay .....aft. June 23  
Walkerton .....aft. " 24

**CENTRE BRUCE—**

Paisley .....aft. June 26  
Chesley .....aft. " 27  
Williscroft .....aft. " 28

**WEST BRUCE—**

Port Elgin .....June 29  
Arkwright .....aft. " 30  
Tara .....July 3  
Allenford .....aft. " 4

Division 10.—Miss B. Gilholm, Bright

**CENTRE GREY—**

Dundalk .....aft. May 29  
Hopeville .....aft. " 30  
Badjeros .....aft. " 31  
Maxwell .....June 1  
Eugenia .....aft. " 2  
Flesherton .....aft. " 3  
Priceville .....aft. " 5  
Vandeleur .....aft. " 6  
Kimberley .....aft. " 7  
Markdale .....aft. " 8  
Williamsford .....aft. " 9  
Walter's Falls .....aft. " 10  
Rocklyn .....aft. " 12  
Heathcote .....aft. " 13  
Clarksburg .....eve. " 14

**NORTH GREY—**

Meaford .....aft. June 15  
Annan .....aft. " 16  
Brookholm .....aft. " 17  
Kemble .....aft. " 19  
Desboro .....aft. " 20  
Keady .....aft. " 21  
Kilsyth .....aft. " 22

**NORTH BRUCE—**

Hepworth .....aft. June 23

**NORTH GREY—**

Clavering .....June 24

**NORTH BRUCE—**

Park Head .....June 26  
Warton .....aft. " 27  
Colpoys Bay .....aft. " 28  
Mar .....aft. " 29  
Hope Bay .....aft. " 30  
Lion's Head .....aft. July 3

Division 11.—Miss E. Smillie, Toronto,  
May 29 to July 6; Dr. L. S. M. Hamil-  
ton, Toronto, May 29 to June 5.

**DUFFERIN—**

Orangeville .....aft May 29  
Blount .....aft. " 30

Camilla .....aft. May 21  
Whittington .....eve. June 1  
Laurel .....aft. " 2  
Bowling Green .....aft. " 3  
Shelburne .....aft. " 5  
Keldon .....aft. " 6  
Corbetton .....aft. " 7  
Hornings Mills .....aft. " 8  
Honeywood .....aft. " 9

**WEST SIMCOE—**

Everett .....June 10  
Avening .....aft. " 12  
Creemore .....aft. " 13  
Duntroon .....aft. " 14  
Singhampton .....aft. " 15  
Batteau .....aft. " 16  
Sunnidale Corners .....aft. " 17

**SOUTH SIMCOE—**

Stroud .....June 19  
Churchill .....aft. " 20  
Coulson's Hill .....aft. " 21  
Bradford .....aft. " 22  
Newton Robinson .....aft. " 23  
Ivy .....aft. " 24

**EAST SIMCOE—**

Crown Hill .....June 26  
Shanty Bay .....aft. " 27  
Hawkestone .....eve. " 28  
Orillia .....aft. " 29  
Ardrea .....eve. " 29  
Warminster .....aft. " 30  
Coldwater .....aft. July 3  
Waubashene .....aft. " 4  
Victoria Harbor .....aft. " 5  
Midland .....aft. " 6

Division 12.—Mrs. F. W. Watts, Clin-  
ton.

**CENTRE SIMCOE—**

Randolph .....aft. May 29  
Wyebridge .....aft. " 30  
Wyevale .....aft. " 31  
Elmvale .....June 1  
Allenwood .....aft. " 2  
Silver Maple .....aft. " 3  
Crossland .....aft. " 5  
Phelpston .....aft. " 6  
New Floss .....aft. " 7  
Edenvale .....aft. " 8  
Minesing .....aft. " 9  
Dalston .....eve. " 10

**SOUTH MUSKOKA—**

Port Carling .....June 12

**CENTRE MUSOKA—**

Ufford .....June 13

**SOUTH MUSKOKA—**

Bardville .....June 14  
Bracebridge .....aft. " 15  
Muskoka Falls .....eve. " 16  
Reay .....aft. " 17  
Zephyr .....eve. " 19  
Baysville .....aft. " 20

**CENTRE MUSKOKA—**

Utterson .....eve. June 21  
Allansville .....aft. " 22

**NORTH MUSKOKA—**

Aspin .....aft. June 23  
Ashworth .....aft. " 24  
Ravenscliffe .....aft. " 26  
Silverdale .....eve. " 27  
Brunel .....aft. " 28  
Birkendale .....aft. " 29  
Dwight .....aft. " 30

**CENTRE SIMCOE—**

Lafontaine .....July 3

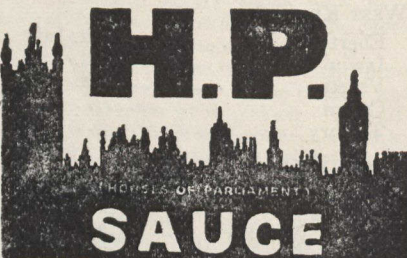
Division 13.—Miss B. Millar, Guelph.

**NORTH YORK—**

Nobleton .....aft. May 29  
Schomberg .....aft. " 30  
Laskay .....aft. " 31  
King .....aft. June 1  
Newmarket .....aft. " 2  
Queensville .....aft. " 3  
Keswick .....aft. " 5  
Mount Albert .....aft. " 6  
Vandorf .....aft. " 7  
Aurora .....eve. " 7

**EAST YORK—**

Thornhill .....aft. June 8



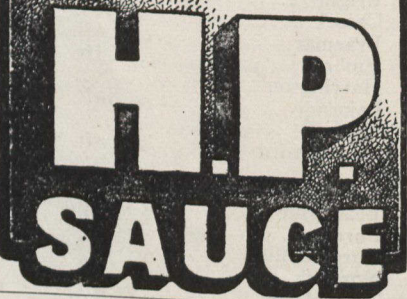
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well as the Canadian  
Houses of Parliament

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a great help to digestion—

*and one bottle  
will prove it!*



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CHAMPION**

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