



This Engraving represents the Lungs in a healthy state.

### THE WAY IT WILL AFFECT YOU.

It excites expectoration and causes the lungs to throw off the phlegm or mucous; changes the secretions and purifies the blood; heals the irritated parts; gives strength to the digestive organs; brings the liver to its proper action, and imparts strength to the whole system. SUCH IS THE IMMEDIATE AND SATISFACTORY EFFECT that it is warranted to break up the most distressing cough in a few hours time, if not of too long standing. It is warranted TO GIVE ENTIRE SATISFACTION, EVEN IN THE most confirmed cases of Consumption! It is warranted not to produce costiveness (which is the case with most remedies), or affect the head, as it contains no opium in any form. It is warranted to be perfectly harmless to the most delicate child, although it is an active and powerful remedy for restoring the system. There is no real necessity for so many deaths by Consumption when ALLEN'S LUNG BALSAM will prevent it if only taken in time. Physicians having

consumptive patients, and who, having failed to cure them with their own medicine, we would recommend to give ALLEN'S LUNG BALSAM a trial.

To prove the efficacy of ALLEN'S LUNG BALSAM for the cure of diseases it is recommended for, we hold hundreds of certificates, and living witnesses to its virtues can be seen in almost every neighborhood in the Dominion as well as in the United States. It is well known everywhere, and wherever known it is highly praised.

If you are suffering with a cough or a severe cold, do not trifle with yourself by trusting to Lozenges and cheap and worthless cough mixtures, but buy at once a bottle of ALLEN'S LUNG BALSAM.

No stronger warranty can be given for the merits of a Lung Balsam than we offer. We say to all who wish to use ALLEN'S LUNG BALSAM, that, unless it gives entire satisfaction, they may return the bottle to us after they have used it 48 hours, and the money will be cheerfully refunded. This same warranty has been offered from the day we offered the Balsam first for sale, and to this time the first bottle has not been returned, and we have received nothing but praise in its favor from those who have used it. The proprietor of this valuable Balsam takes pleasure in calling to it the attention of all medicine dealers, desiring that they procure a supply of it, and recommend it to their afflicted patrons and friends. It will stand the test for merits, as has the celebrated PERRY DAVIS' PAIN-KILLER, which is known throughout the world.

The Balsam is superbly wrapped, with a fine steel engraved label. PRICE: LARGE BOTTLES, ONE DOLLAR, SMALL BOTTLES, FIFTY CENTS, and is for sale by all the leading Druggists in the Dominion.

Mince together with some of and a little sa a dish. When or bread crum hot lard, drop Garnish with

Have

For broiling on the back, the neck, and cook broil them. W Take up on a Chop the gible either by pour

Select a good cold water. M and 1 or 2 eggs skewer well, a turn it occasio When done, re giblets should gravy after the

Slice 2 large these brown in gravy, a teaspoon lemon juice, and separately.

Cook three or readily separate it up fine, remove the liquor in wh four pounds of liquor over it w and set it away

For d

Prepare the c bottom of a bas make the crust a hen's egg, a p pan with crust. pepper and salt. in a moderately