

So also for the red wine in preference to white. Both are perfectly legitimate; but ancient custom is in favor of red. Nothing but wheat may be used for the bread; it is best ground and baked specially, not too much heat nor too little employed. In the wine, the pure, fermented juice of the grape, mixed with a little water at the time of the celebration, is the only lawful matter.

In the Lambeth judgment it was held that the mixed chalice was not merely lawful but compulsory. Like unleavened bread, mixing the chalice at the offertory seems to be a local Roman custom, which has spread over the west.—The Churchman's Diocesan Kalendar.

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## At the Cradle of the Race.

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The Donkhoborts are but one of many peoples to whom a remarkable interest is attached in that mountainous corner of the world known as the Caucasus. It has been little known and visited in times past, owing to its difficulties and dangers for travellers, and later owing to the jealousies of the Power that watches over it, the difficulty of even entering a country that is Russian. The dangers of its climate have been much modified since the construction of the railway from Batoum on the Black Sea to Baku on the Caspian, for it has brought with it more cultivation and drainage, so that the malarial fevers are less frequent and severe.

The study of the history of the various tribes of Transcaucasia would prove a

mine of wealth to the antiquarian, and unlock some long hidden secrets. The two-fold cradle of the human race—the site of Eden—the range of mountains bounding it on the south, the region of the renewal under Noah—this by itself should attract attention. But there is a third: the mystery of the so-called lost ten tribes of Israel, who were taken captive to “the mountains of the Medes”—that is to the range of mountains north of old Persia, once called the mountains of Asarat, and later the Paropamisian group, which is really an extension of the great Himalayan range.

The land is wonderful and interesting from its extraordinary flora: “The glory of Eden, the pine, the myrtle, and the box tree together shall come unto thee,”\* says the prophet. This is the only part of the world where, as in Lebanon, these three trees exist side by side. The great rhododendrons which clothe the hill sides; the azaleas which cover its heaths; the fruits, grape, melon, quince, plum, etc., growing wild everywhere on the Black Sea slope of drainage, in such quantities that one can hardly speak of any product as wild, for it is all one great garden. Eden mountain is still pointed out, and “Thelassar,” where “The Children of Edeu dwelt;” the modern Telatha, or Telaf, as it is pronounced by Russiaza, who have no “th” sound in their language, and pronounce Theodore as Feodere. The Russians as well as the Persians use a hard “g” for the aspirate. Our knowledge of this country has drifted

\*Compare Ezek. 31:16; Isaiah 66:13; 41:19.—Septuagint Version.