

measles, and scarlet fever, and my results seeming to fulfil my expectations, I three years ago laid my views and the results I seemed to have obtained before the late Dr. John Syer Bristowe, whom I had the happiness and privilege to number in the list of my personal friends. Dr. Bristowe, in reply, informed me that, as far as he was aware, the line of inquiry I was pursuing was entirely new, and that the results I appeared to have attained, he considered, demanded investigation, and that he had written to Dr. Caiger requesting him to carry out a series of experiments, to test the value of my work, at Stockwell Fever Hospital. This Dr. Caiger has done, and the result is stated above; and I desire to take this opportunity of expressing my deep sense of the obligation I am under to Dr. Caiger for his kindness in thus carrying out Dr. Bristowe's suggestion.

With regard to these experiments, however, I would point out that the conditions met with at a fever hospital make it impossible to carry out the treatment perfectly, for patients rarely come under observation at such institutions till they have been ill for a good many hours; and, though a reduction of fifty per cent. in the incidence of the complications of scarlet fever above named is a satisfactory result, still, judging from cases of scarlet fever treated within the hours from the onset of disease, and also judging, by analogy, from what I have seen in cases of influenza treated within five hours from the onset of the disease as compared with those treated where twenty-four hours from the onset had elapsed, I believe it will be found that in camps, or in schools where careful supervision obtains, and where patients consequently might be subjected to treatment almost immediately after the onset of the first rigour, a much better result than a reduction of fifty per cent. in the incidence of adenitis, rheumatism, nephritis, and albuminuria might be looked for, though that reduction for the present is good enough as it stands.

I elect to stand or fall by the results of my treatment in scarlet fever, and, therefore, I refrain from speaking of the satisfactory results I seemed to have obtained in the treatment, by cinnamon, of measles and influenza; but with regard to the latter disease, I would merely say that during the last four years, I have never had occasion to pay more than four visits to any patient suffering from influenza who was subjected to treatment within twenty hours from the onset of the disease, and in not a single case have any complications occurred. The treatment is perfectly simple. I give half an ounce of decoction of cinnamon every hour for twenty-four hours; at the expiration of this period the same dose is repeated every two hours till the temperature falls to normal: when the temperature has fallen to normal, the same dose is repeated four times daily for three days.

If there is any sore throat, gargle or swab the throat every two or three hours with decoction of cinnamon; in children the dose to be reduced according to age, but the same method of administration to be observed.