thyself, etc., etc." When we read of the simple, self-sacrificing life He led, and that the "Son of man had not where to lay His head," and then look at the comfort, aye, luxury with which many of His would-be followers surround themselves, does there not seem many ways in which we could deny ourselves all the year round and have more to send the good tidings to those at home and abroad, who are dying daily without even hearing of Jesus.

The following message just received from our Provincial President, Mrs. Tilton, doubtless will be well thought over and acted upon by all our members: The week suggested as one of special Self-Denial is close at hand. How many of our Woman's Auxiliary members are thinking out the many ways in which truly consecrated women can deny themselves, in order to be better prepared with offerings for the work committed to us? Let us, in observing the week, endeavour to be faithful, and do it with joy in the heart, and a loving communica with our dear Lord and Master. His "service is perfect freedom," the only bonds are those of "the love which constrains" all loyal soldiers of the Cross.

The latest from our Japanese Mission at Nagano, is from Mr. Waller, September 30th. If Christian workmen in America and Europe require constant overlooking, much more do heathen workmen in Japan, and this I have to do myself, as brick building is as yet little understood in Nagano. If I left them for even a short time. when I returned I found the workmen making mortar, perhaps with almost pure sand and water, or more frequently found that the brickwork put up in my absence, either because carelessly done or of wrong design had all to come down again. So since July 1st, from early morning till after sundown, I have acted as clerk of works, and the blazing sun seemed to try me so much that when I returned I had little energy left to act as clerk of Missions and write. The brickwork is now almost finished, and we hope our church will be opened by January. It will cost probably upwards of \$2,500, about twice the original estimate, but besides being a building of which our Christians are and will be proud it will, I trust, prove a centre and spiritual home for this whole district. I regret much that we were not able to build three years ago when everything in that line was so much cheaper than it is now.

DEAR MISS HALSON,—I do hope something can be done for us. Our Indians are still far from being self-supporting, and therefore no help can be looked for from them in the way of money for several years to come. The crops this year are also a failure at this place, owing to the want of rain in the spring and early part of the summer. I was hoping that I would be able to take up a small collection of grain this fall, but the poor Indians require all the grain they have, in fact, the Government will have to feed them from mid-winter until the harvest