

Suburban Notes

Outram

Mr. Harry Bray spent a few days last week with friends at Mt. Hanley.

Our pastor, Mr. Solsman, was calling on friends in this place one day last week.

Mr. Hoyt Slocum, from Mt. Hanley, spent the week end with his friend, Edmund Bent.

Rev. M. W. Brown, from Mt. Hanley, was calling on friends in this place one day recently.

Miss Alma Slocum was very successful in obtaining her B certificate, making in all 468.

Miss Edna Grant has returned home after a very pleasant visit with her many friends in Digby Co.

Miss Beatrice Slocum spent a few days last week the guest of her parents, Mr. and Mrs. James H. Slocum.

Mrs. Mary E. Bent and Mr. Edmund Bent were visiting at Mr. Edward Risteen's, Port Lorne, on July 27th.

Mr. and Mrs. Ralph Grant and two children, from Mt. Hanley, were visiting at Mr. Parker Bank's on Sunday last.

Little Miss Malissa Brown, from Port Lorne, has been spending the past few weeks with her aunt, Mrs. Melbourne Sanford.

Miss Pearl Beardsley and Miss Susie Bent returned home last week after spending nearly two weeks visiting friends in Halifax.

Miss Eva Hayes, of Trail, B. C., Miss Celia Hines and Mr. Gerald Hines, Mt. Hanley and Mr. Aubrey Nelly, from Brooklyn, were guests at Mr. James Slocum's on July 27th.

Inglisville

Andrew Gaul has purchased a fine colt of Dudley Beals.

Mr. Chester Beals and family, of Smiths Cove, are spending their vacation with his parents.

Mrs. Robert Rowter will be our teacher next year. As she has had experience we expect great things of her.

Mr. E. Veinot is spending a few weeks with his family in Halifax. Later they will move here as his house is finished.

Mrs. Joseph McKim, of Boston, has made a recent visit at the home of V. D. Beals; also Roy Jackson, of Clarence, has visited the same home.

The "Christian Endeavor" is growing more interesting owing to the united efforts of the active members. Mrs. F. H. Beals honored us with her presence and gave a fine address, two weeks ago.

Sergeant Major Gaul came in two weeks ago. An ice cream social was given in his honor. As it was a busy time not as many got out as usual, but we are all pleased for his return and glad to see him looking so well.

Mr. George E. Beals and family, of Fredericton, motored here by the way of Minas Basin and was present on Sunday at the services, also Mr. John Beals and family, of Boston, visited at Mr. and Mrs. Robert Beals.

Belle Isle

George L. Goodwin, Interstate Sec'y of the Y. M. C. A., who with his family motored from his home in Washington, D. C. to visit their parental homes in Nova Scotia, last week gave his three sisters, Mrs. Frank F. Bent, Mrs. W. B. Crowell and Mrs. George G. Young an auto trip to Yarmouth and from there on down the shore to Cape Sable Island, where they visited a brother, Capt. Bent L. Goodwin. They stopped at many points along the way renewing old acquaintances and reviving bygone memories. Among these were two of their former homes where childhood days were recalled.

Princedale

Mrs. Harold Fish returned from Milford Thursday.

Ervin Dondale returned from overseas Wednesday.

Glad to report Mr. Forman Wright, who has been ill, improving.

Mr. Fred Potter, of Upper Clements, spent Sunday with Mr. Dennis Wright.

Mr. and Mrs. Robert Potter, of Clements, spent Sunday at Mrs. Forman Wright's.

Mrs. Maynard Brown and children, of Clements, are the guests of relatives here.

Mr. and Mrs. Forest Connell and daughter, Ruth, of Bridgetown, are guests of relatives here.

Mr. Leon Wright, of Pleasantville, Lun. Co., is spending a few days with his father, Mr. Forman Wright.

Mrs. Helen Jefferson, of Bear River east, and Mrs. Wallace Peters, of Wilton, New Hampshire, are guests of their sister, Mrs. Forman Wright.

Lower Granville

Mr. H. Dunbar, of Montreal, is spending a few weeks with Mrs. Dunbar at their bungalow.

Rev. Thos. L. Brindley arrived from overseas on Tuesday and is visiting his father Rev. I. Brindley. We are glad to welcome him back.

Capt. Herbert Hudson and wife, of New York, accompanied by their niece, Miss Mildred Hudson, of Kentucky, came last week by auto to visit Capt. Hudson's mother, Mrs. H. Hudson.

Recent guests at River View Cottage, our popular Summer Hotel, are: Mr. Warren M. Lettency and daughter Frances, of Salem, Mass.; Mrs. Keith Oliver and son of Lynn, Mass.; Miss Susan Ganong Rothsay, N. B.; Miss Ethel Tufts, Wolfville, N. S.; Mr. and Mrs. G. O. Theis, Mr. and Mrs. Ashley, Miss Black, of Bridgetown, N. S.

THE CAUSE OF SICKNESS

Almost Always Due to Weak, Impoverished Blood

Apart from accident or illness due to infection, almost all ill health arises from one or two reasons. The great mistake that people make is in not realizing that both of these have the same cause at the root of them, namely poor and improper blood. Either bloodlessness or some trouble of the nerves will be found to be the reason for almost every ailment. If you are pale, suffer from headaches, or breathlessness, with palpitation of the heart, poor appetite and weak digestion, the cause is almost always bloodlessness. If you have nervous headaches, neuralgia, sciatica and other nervous ailments, the cause is run down, exhausted nerves. But run down nerves are also a result of poor blood, so that the two chief causes of illness are one and the same.

This accounts for the great number of people, once in indifferent health, pale, nervous and dyspeptic, who have been made well and hearty by Dr. Williams' Pink Pills; for no other medicine ever discovered is so valuable for increasing the supply of rich red blood and giving strength to worn out nerves. Men and women alike greatly benefit from a course of the splendid blood builder and nerve tonic. If your dealer does not keep these pills you can get them by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Another Popular Hotel
The Middleton Outlook says: In looking over the register of The American House this week we note that this hotel is enjoying a generous patronage. Mr. Shaffner informed us that the auto travel this summer is larger at his hotel than the railway travel.

Kentville Chronicle: Miss Marjorie Phinney, of Lawrencetown is visiting her aunt, Mrs. F. M. Whitman.

A. Big Subscription To British Victory Loan

Now that the British Victory loan lists have been closed, a big rush of new capital issues is expected including one of \$5,000,000 for the British Dyestuffs corporation and one of \$1,000,000 for the British Overseas Bank and many industrial issues for smaller amounts.

No data are available to indicate the result of the Victory loan, but general conditions proved hardly favorable to huge success such as that of the 1917 loan, which produced over two billions in cash and concessions, or the 1916 loan, which totalled over \$900,000,000. The present campaign lacked enthusiasm until the final week, owing to insufficient preliminary preparation.

The closing house of the Victory loan witnessed a tremendous rush of investors. The final figures are not yet available, but estimates indicate a total of \$1,500,000,000, including \$750,000,000 new money.

Manchester heads the list of provincial towns with \$30,000,000, and Liverpool is second with \$25,000,000.

The largest personal subscription was one of a million pounds from "Private T." whose identity has not been disclosed. Sir Edward Sassoon subscribed \$400,000.

Running For Office

Don't let your husband run for office. Away down in Georgia a candidate for country commissioner filed his statement of campaign expenditures as by law required, which contained among other things the following items:—Lost 1,349 hours sleep thinking about the election. Lost two front teeth and a whole lot of hair in a personal encounter with an opponent. Donated one beef, four shoats and five sheep to a country barbecue. Gave away two pairs of suspenders, four calico dresses \$5 each and thirteen baby rattles. Kissed 126 babies. Kindled fourteen stoves. Walked 4,076 miles. Shook hands with 9,508 persons. Told 10,101 lies and talked enough to make in print 1,000 volumes. Attended sixteen revival meetings and was baptized four different times by immersion and twice some other way. Contributed \$50 to foreign missions, and made love to nine grass widows. Hugged forty nine old maids. Got dog bit thirty nine times and was defeated.

Fell 380 Feet and Lived

(From the London Chronicle)

The miraculous escape from death of the boy who fell 380 feet over the North Foreland cliffs recalls perhaps the most wonderful of such happenings. It is recorded on a board on the beach at Lulworth Cove, Dorset, as follows:—"This marks the spot where E. H. L., aged eleven years, fell from the summit of the cliff, a descent of 380 feet, September 7th, 1892. She miraculously escaped without sustaining life long injury." The girl fell with her back to the cliff, and Sir Fredk. Treves, who was on the beach at the time and attended to her injuries, stated afterwards that she owed her life to her clothes being caught by projecting rocks, which checked the fall, though all clothing was torn to ribbons.

Minard's Liniment Co, Ltd., Yarmouth, N. S.

Dear Sirs:
Since the start of the Baseball season we have been hindered with sore muscles, sprained ankles, etc., but just as soon as we started using Minard's Liniment our troubles ended. Every baseball player should keep a bottle of liniment handy.

Yours truly,
E. E. ARMSTRONG
Secretary Armstrong High School Baseball Team.

"What is that town on the D. A. R., just before you come in sight of Blomidon?" asked the tourist. "Why," replied the Irishman, "before you get on to Blow-me-down you get Wind, sor."

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We Are As Full of Deadly Poisons As A Germ Laboratory.

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"FRUIT-A-LIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rashes, Eczema and other Skin Affections disappear when "Fruit-a-lives" are taken to correct Constipation.

"Fruit-a-lives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

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Next term begins October, 10, 1919.

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The Equipment.—Modern and First Class in every respect.
A Junior School for Younger Pupils.
Information.—Write for illustrated book to Rev. H. T. DeWOLFE, D.D., Principal.
Next term begins September 3rd, 1919.

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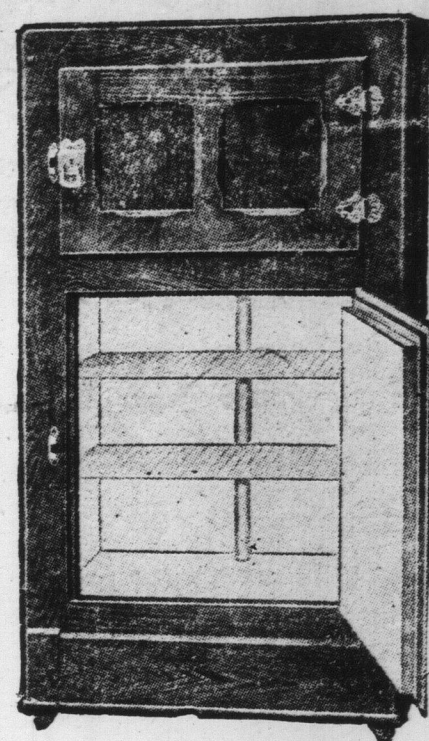
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Often bring rain showers before night. Don't be caught away from home without a raincoat or an umbrella.

I have a new supply of both on hand and can fit you out.

I also have a fresh supply of Men's and Boys' Suits on hand and arriving daily. These goods are advancing in price so you had better buy early and save money.

I still have a few Boys' Linen Wash Suits on which I will give 20 percent discount this week only to clear.

I still have a few trunks on hand which was bought before the advance in price. Don't miss your chance if you need one.

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Stop and consider the price of an inferior ready-made suit of clothes with one of our Snappy, Up-to-date Custom-Made Suits

A suit of clothes that is made well, fits well, and cloth of your own choice, and the cost a trifle more.

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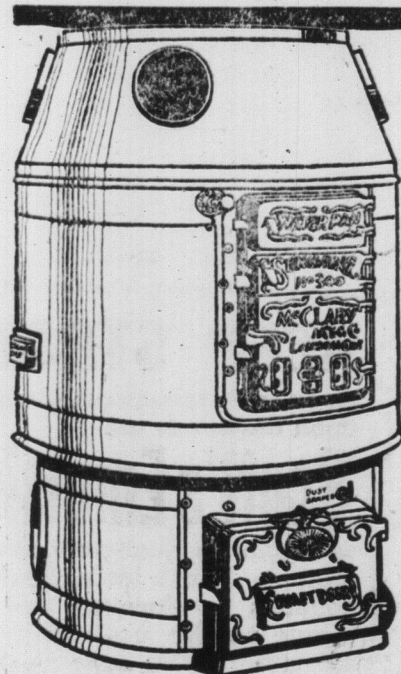
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Fresh Fish every Thursday.

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Don't take a chance on it.

You can be sure of it under the McClary's guarantee. McClary's engineers will plan your heating system without charge. They will guarantee that the Sunshine furnace, installed according to those plans, will heat your home comfortably.

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Will send a team through the
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LINGARD'S Orange Quinine
—splendid new remedy for the
Neuralgia, Rheumatism, and
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