

Most Famous Bob Slide.

The most famous bob-sleigh slide in the world is the Cresta Run at St. Moritz, Switzerland. Here thousands of sport lovers play every year.

Dr. and Mrs. L. Moffat Entertain at Country Home

One Hundred and Thirty Guests Make Merry at the Beautiful Residence of Londoners Near Varna.

Dr. and Mrs. L. Moffat of this city recently entertained 130 guests at their beautiful country residence near Varna, Ontario. The guests, who came from all over the country, were entertained at the country-side to assist Dr. and Mrs. Moffat in their housewarming, have known Dr. Moffat since he was a small lad living on the same farm, at that time owned by his parents. A few years ago Dr. Moffat purchased the farm, which had passed out of the hands of his family, and since that time has been energetically remodeling the house and beautifying the grounds. The house was beautifully decorated with flowers for the occasion of the housewarming. Rose carnations were used effectively in the living-room, where a huge cobblerstone fireplace and lovely panelling in black and gold are featured. In the dining-room, which served as a dance room, yellow daffodils were used with

pretty effect against the black, gold and gray of the furnishings. Eulogistic panels are placed against a background ivory woodwork in the billiard room, where nine tables of euche were in progress. Assisting Dr. and Mrs. Moffat in receiving the guests were the former's parents, Mr. and Mrs. S. A. Moffat, Mrs. H. E. Fair, and Misses Helen and Marjorie Fair, all of London. Ed. Foster and Joseph Richardson carried off the highest honors in euche while Mrs. Nelson Reid was successful in winning the crokinole prize. Consolation prizes went to Andrew Foote and George Beattie. Dancing also formed part of the program, excellent music being provided by John McBride's orchestra of Zurich, assisted by Mrs. Fair, Mrs. S. A. Moffat, and William Hayter. At the conclusion of the evening, Charles Stokell offered a vote of thanks to host and hostess.

THE GRENFELL MISSION PLANS FOR JUNE BALE

Meets Tuesday in Wesley Hall—Issues Appeal For Warm Clothing.

The local branch of the Grenfell Mission meets on Tuesday next at 3:30 o'clock in Wesley Hall to make arrangements for the filling of the bale to be sent to Labrador at the first of June. There is special need this year on account of the burning of the hospital at which Dr. and Mrs. Paddon have their home ever since they were married. All of Dr. and Mrs. Paddon's personal belongings were destroyed as well as the equipment of the hospital.

Mrs. Arthur Little, president of mission, will be in the chair. An appeal is being made to knitters to take the wool for the work which they intend to accomplish this year, as there are but six weeks left for knitting. Friends of the mission are also being asked to set aside warm clothing for the Grenfell Mission bale.

Recent donations to the mission are as follows: Mrs. T. P. McCormick \$5; Mrs. W. S. Westland \$5; Mrs. E. B. Smith \$5; Mrs. John Marr \$5; Mrs. Janet Vining \$5; Mrs. D. S. Perrin \$25; a friend \$10; Princess Patricia Chapter L.O.D.E. \$10; Mrs. Wardner, knitting a child's suit, cap and mitts. Sir George Ross Chapter, seven scarves and a pair of mitts.

H.P. sauce
means enjoyment with economy. The plainest food becomes appetizing and delicious with H.P. sauce.
Be sure you ask for H.P.

KITCHENER CITY PLAN EXHIBITED AS MODEL

Will Be Sent To British Empire Show—Council To Give Consideration.

Special to The Advertiser. Kitchener, April 4.—The local City Planning Commission at a meeting this evening received the final report on the new city plans from the expert, Thomas Adams, and his associates. An announcement that the plans would be produced at the British Empire exhibition as a model in city planning was received with interest.

In view of pending legislation on control of the uses of land, the suggestion will be made to the council that the plans be laid on the table for the time being. While the plans, without amendments to the act, would be practical, certain proposals, for example zoning, could not be given effect without further legislation.

Level Crossing Problem.
One of the features of the report by the expert in his suggestion that the level-crossing problem be solved by the construction of sub-ways under the Canadian National Railway tracks at Lancaster, King and Park streets, and that the city keep in view the practicability of constructing a sub-way, in future years, at each end of the city. It is the intention to settle Kitchener's level-crossing problem shortly.

The expert complimented the citizens for the fair consideration given the plans and the co-operation that is shown by individuals, who are governing themselves by the plans in the laying out of streets and in making extensions.

REMOVED TO LONDON.
Special to The Advertiser. Listowel, April 4.—William A. McDonald was yesterday afternoon taken from the Memorial Hospital here to Victoria Hospital, London, to receive special treatment. He was accompanied by Dr. A. G. Sheil and William Clime, John McDonald's Winnipeg, who came here because of his brother's illness, returned home today.

For use in a Washing Machine there are few soaps that can be compared with Sunlight. Its natural cleansing oils make your clothes spotlessly clean, giving every thread of the fabrics new life and beauty.

Sunlight is all soap—its purity means economy.

SUNLIGHT SOAP

Lever Brothers Limited, Toronto

WOMEN and THE HOME

Dorothy Dix's Letter Box

The Father Who Persistently Discourages His Children—Shall She Marry a Foreigner Against Her Parents' Wishes—The Poor Young Man Who Is Attracted by a Girl Who Possesses Luxurious Tastes.

Dear Miss Dix—What do you think of a father who is always telling his children that they have no sense, and will never amount to anything? In spite of his discouraging remarks, his daughter, who had to listen to his croaking all during her school years, has a splendid position, and is thought highly of in her place of business. The son, a splendid boy of sixteen, has not only this same croaking to contend with, but the father is always threatening to send him to the reform school, for no other reason than that the boy occasionally goes to a movie or a school dance, and presses his clothes to make them look neat. Ought not the father to thank God for having children who have never troubled him with a bit of worry or trouble, and who have practically supported themselves since they were fourteen, by working in a vacation, and doing odd jobs in school time?



Answer: I think this man is not only a cruel and unattractive father, but that he is a fool as well. He has failed to do a father's part in cherishing his children, and he has deliberately been sapping their courage.

One of the greatest forces in the world for good or evil is the power of suggestion. With it you can almost make success or failure, and these children must have had exceptionally strong minds and wills, or else they would have succumbed to their father's tactics, and become the nonentities he tried to make them.

In former times, it was thought good for a child's soul to keep before his mind all of its defects, and to tell it continually how dull and stupid it was, and what a humble place it was destined to take in the world, or how homely and awkward it was, and to make it generally feel that it was such a hopelessly unpromising specimen of humanity that its parents would have taken it out and drowned it as we do the runt of a litter of puppies.

But intelligent people know better than that now. They know that you can get the fixed idea of its stupidity so firmly implanted in a child's mind that it will never make an effort to exercise its intelligence at all. We know that the more we speak of a child's awkwardness the clumsier it gets. The more you convince a girl she is homely, the homelier she will be.

And, on the contrary, by praising a child's intelligence you can fire it with an ambition that will keep it at the head of its class. You can create a child's self-confidence, which is only self-consciousness, by flattery, or by making it feel that it is a natural genius. And you can make almost any woman pretty by dressing her up and making her vain enough to carry herself like a beauty.

We all unconsciously live up to our blue china and try to be what people expect us to be.

Dear Miss Dix—I am twenty years old, and very much in love with a young man who is in business for himself. He is a fine character, and has proved himself very much of a gentleman in every way. My parents refuse to let me marry him because he is a foreigner by birth, but he has been in this country nearly twenty years, is a naturalized citizen, and was an officer of high standing during the war. Still, in their eyes, he is a foreigner. That is their only objection to him. I have decided to marry him anyway, but thought I would ask your advice first. What shall I do?

Answer: Wait another year, Heartbroken. If your father and mother have no other fault to find with the young man except that he is of foreign birth, they will be almost sure to come around when they find that your happiness is really at stake and that your love is not just a passing girlish fancy. Certainly, they are very unreasonable to stand between you and your happiness for the sake of a silly prejudice against foreigners.

That is the result of provincialism and ignorance, because the Anglo-Saxons have no monopoly on virtues. The people of every nation have the same good qualities and bad, and there are just as many kindly, honest, well-meaning people in one country as in another.

International marriages are nearly always unhappy when a girl has to go to her husband's country to live, because women do not easily adapt themselves to the customs of other countries, and women on this continent have much freer and broader lives than do the women of foreign countries that they feel as if they were imprisoned by the social usages of other lands.

But when a girl marries a foreigner who lives in this country this danger is eliminated and the marriage stands just as much chance of being happy as any other one. Indeed, many foreign husbands have qualities that Canadian husbands might well emulate, for the foreigner is often more of a lover to his wife, more domestic and more interested in his home than is the Canadian husband.

Dear Dorothy Dix—I am a young man with a profession, and a bright future before me, but I am making little at present, and will not be in a position to get married for at least four or five years. There is a young girl I am interested in, but not in love with, who cares a great deal for me, and can't help showing it. But she has such big ideas about the way she wants to live that I am afraid she is too extravagant for me and my pocketbook. I don't want to encourage her too much, yet I don't want to get engaged. What shall I do?

Answer: I should think your only safety is in keeping away from the girl, as she evidently fascinates you. That kind of a girl, the girl with luxurious tastes and who wants the best of everything for herself, has a great allure for poor boys simply because she is something that they can't afford. It is one of the same principle that our appetites crave cake instead of plain bread, and we would rather have the luxuries than the necessities of life.

But it is a terrible mistake for a man with a thin pocketbook to marry the girl with millionaire ideas. She always spends more than he can afford. She always keeps him poor, and she is always dissatisfied. No greater misfortune can happen to the man with a near-beer income than to have a wife with a champagne taste.

SICK CHILDREN WILL HAVE TREAT

Hospital Committee Plans Something Special For Easter Season.

The little patients in the Sick Children's Hospital are to have a treat at Easter this year. Such was the decision of the War Memorial Hospital committee at the regular meeting held yesterday afternoon at the Y. W. C. A. residence, King street. Everything at the hospital is now in fine shape. The bronze memorial tablet has arrived and will be put in position in the entrance hall within a few days. The name plates are now ready and will be put in place on the cribs and cots as quickly as those are available.

Mrs. C. T. Campbell, the honorary treasurer, reported that \$8,863.86, out of which several large payments are still to be made. Since Mrs. H. A. Sutherland's linen committee began its work the hospital has received a record of \$463.65, leaving a balance out of the \$500 voted for this purpose. One hundred and seventy-three of these were completed at the last meeting of the committee. The committee has decided to put some of the records in the hospital.

Mrs. E. J. Greenaway's report on the name plates and the records which go with them, was exceedingly interesting. Three copies of each record have been made, one to be filed in the city hall, one with the hospital trust, and one with the hospital committee secretary, so that the records of the endowments will be lost in case of fire.

The nominations of last meeting were confirmed. Mrs. Arthur Smith is chairman of the hospital committee, with Mrs. A. E. Miller, Mrs. Fred White, and Mrs. Hugh McCallum, all vice-chairmen. Mrs. John Gemmell is chairman of the hospital committee, with Mrs. A. E. Miller, Mrs. Fred White, and Mrs. Hugh McCallum, all vice-chairmen.

Committees appointed are as follows: Flower committee, Mrs. W. M. Carlsberg (convalescent), Mrs. Archibute of Lambeth, Mrs. Archibute, Mrs. Frank Butler, and Mrs. McLeod; visiting committee, Mrs. E. J. Greenaway (convalescent), Mrs. G. Edwards of Komoka; automobile committee, Princess Patricia Chapter with power to choose its own members; a membership committee was appointed to revise the membership. The committee which will act in connection with the treat at the hospital at Easter included Mrs. Arthur Smith, Mrs. C. T. Campbell and Mrs. Leach.

EDITH CAVELL L. O. B. A.
A very successful euche was held in Ulster Hall recently under the direction of the ways and means committee of the Edith Cavell Lodge, L. O. B. A. The prize winners were Mrs. G. Sampson and Mrs. Ball, Mr. Ball and Mr. Mead. The consolation prize was awarded to Miss Olney and H. Watson.

Whiskey Jack Makes Himself At Home Around the Sugar Camp

By THORNTON W. BURGESS.

Whiskey Jack, the Northern cousin of Sammy Jay, was making himself very much at home around Farmer Brown's sugar camp in the Green Forest. He followed Farmer Brown's boy from tree to tree as the latter went around collecting sap. No sooner would Farmer Brown's boy empty a pail and hang it back on a tree than Whiskey Jack would fly down and alight on the edge of the pail and look into it. Sometimes he would hardly wait for Farmer Brown's boy to turn his back.

"Did you ever see such boldness," exclaimed Chatterer the Red Squirrel, "that fellow is either so foolish that he doesn't know enough to be afraid or else he is the boldest person I ever saw." Look at that now! Just look at that! He doesn't know what fear is!"

Whiskey Jack had alighted almost at the foot of Farmer Brown's boy, and when Farmer Brown's boy stepped toward him he hardly moved. He didn't move until he had to keep his feet from stepping on. Then he flew up on a branch just above the head of Farmer Brown's boy, cocked his head on one side and his black eyes snapped in the most impudent way. "I hear he is a cousin of yours," said Chatterer to Sammy Jay. "He certainly has impudence enough to be a cousin of mine."

Whiskey Jack said nothing, but his eyes sparkled more than ever, and he flew out of the open door to a tree, where he ate the piece of bacon without hurrying in the least.

Sammy Jay had seen it all. Sammy is himself something of a thief, as everybody knows. But Sammy wouldn't think of stealing in any such bold fashion as this. He is too suspicious. "Well, I never!" exclaimed Sammy. "I never did!" And right then, although he wouldn't have admitted it and although he didn't really want to do it, he began to admire that cousin of his from the Fur North. Boldness always wins admiration.

(Copyright, 1924, by T. W. Burgess.)
The next story: "Whiskey Jack Gets Something He Didn't Want."

CLUB NEWS

EGGS FOR SHELTER.

Over twenty dozen eggs were brought to the Ryerson School yesterday afternoon by the pupils, to be delivered later to the Children's Shelter, South London.

HARRIETT BOOMER CHAPTER.

Two dollars was voted towards the fund to secure uniforms for the cadets at the regular meeting of the Harriett A. Bomer Chapter, I. O. E. held yesterday afternoon, at the home of Miss William Douglas, Central avenue. The regent, Mrs. W. H. Line will represent the chapter at the provincial meeting being held in Hamilton the latter part of April. Following the meeting tea was served. Mrs. Dean Russell presided over the tea cups and Miss Eleanor Chandler assisted the hostess.

RUTH CHAPTER EUCHE.
Forty tables of euche were arranged at the euche party given last evening in Ulster Hall under the auspices of the drill team of Ruth Chapter, O.E.S. Mrs. Calvin Zeigler and Mrs. M. Malone acted as convener of the affair. The proceeds were in aid of the building fund.

ORCHID CLUB MEETS.
Miss Leota Dale was the hostess of this week's meeting of the Orchid Club at her home 334 Dundas street. The members spent a busy evening sewing, and later dainty refreshments were served by the hostess. Those present included, the president, Miss Marjorie Powell, Mrs. S. Nichol and Misses. Anita Graham, Louise Hill, Flossie Coleman, Lulla Coughlin and Agnes McEwen.

SIMCOE ST. RED CROSS.
Representatives to attend the meeting of the Humane Society were appointed yesterday afternoon for a meeting of the Junior Red Cross Society held in Principal Wallis' room of the Simcoe street school. The program given at the meeting included a paper on "The Effect of Tobacco on Growing Boys," by Doris Smart, and a reading by Dorothy Whitehead.

A Red Cross meeting was also held by the pupils of Miss Buckle's room, at which T. Gilmour gave a paper on "Vaccination." Reports were given at the hot-bed, which is being cared for by the senior classes, who are receiving valuable instruction in agriculture through this medium. The frame for the bed was constructed by the boys of the school.

MAY QUEEN REBEKAHS.
The May Queen Rebekah Lodge is arranging a euche to be held in Alma Block on Monday night, with Mrs. S. C. Parsons as convener. Other members of the committee in charge include: Mrs. Edwards, Mrs. Arthur Borland, Mrs. Wm. Proctor, Mrs. May Haldrup, Mrs. Dundas, and Mrs. Birch.

MIZPAH COMFORT CLUB.
Mrs. T. Collett, 29 Beaconsfield avenue, was the hostess of yesterday afternoon's meeting of the Mizpah Comfort Club. The afternoon was spent in sewing with the result that several nightgowns and undershirts were completed for children in hospital. The mystery prize was won by Mrs. E. Hain, having been donated by Mrs. Patterson. At the close of the meeting tea was served by the hostess.



"Did you ever see such boldness," exclaimed Chatterer the Red Squirrel.

Sammy opened his mouth to deny that Whiskey Jack was a relative of his. But just then Whiskey Jack screamed harshly. It was so like the voice of Sammy's boy that he began to believe that it was not Sammy's voice. Sammy closed his mouth without saying a word. It was useless to deny that anyone with a voice like that was related to him. No one but a Jay could scream like that.

Whiskey Jack had followed Farmer Brown's boy over the sugar house. The door stood open. Whiskey Jack flew to the table inside. His bright eyes sparkled as he satisfied his curiosity about all the strange things in there. Farmer Brown's boy began to fry some bacon for his dinner. Whiskey Jack's eyes sparkled more than ever. Farmer Brown's boy finished frying the bacon, and put it on a plate on the table. Then he turned to get something else he needed. Whiskey Jack hopped onto the edge of the plate and helped himself to a piece of bacon. Farmer Brown's boy turned just in time to see him do it.

"Hi, there, you robber!" he shouted.

Largest Brood of Chicks?

What is thought to be the largest brood of chicks ever hatched in the south is that of 15,000 at Griffin, Ga. Quite a family, when all is said and done.

EXERCISE IN THE OPEN AIR ADDS TO WOMAN'S SPARKLE

"Life Always Seems Much More Difficult To Cope With If We Are Not Physically Fit—Exercise Has a Lot To Do With Our Mental Attitude."

THE WOMEN OF TODAY NEED MORE VIGOR

By JULIA HOYT.

I can remember, as a girl, being seriously warned by an older lady of the harm that was going to come to me from my tennis, my horseback riding, and other sports. I think, however, that I constitute a good proof of the fact that athletics, instead of being harmful, are extremely beneficial to women as well as men. Since I have gone on the stage it has been impossible for me to exercise to the extent I used to. But as a girl all the year round, winter as well as for women, riding, tennis, and summer, I have been extremely healthy and have had none of the troubles that were prophesied for me by my older friend.

Undoubtedly exercise can be overdone, but this holds good for men as well as for women. Riding, tennis, and more than just walking, has meant much for the bodily vigor of modern women. It is excellent for the skin for it keeps one's circulation in good condition. It is good for the figure. It keeps one supple and generally harder and better able to fight off any illness.

Of course exercise does no one good when she is really tired. But being tired is quite a different thing from being merely lazy from sedentary habits. And that is what a large number of women of today are.

I can think of many days when I was hunting when I would be waked at 6 o'clock in the morning feeling very sleepy. I would say to myself on first waking, "What a fool you are to do this!" Yet I had only to get out on my horse and ride a wonderful autumn morning and ride for a few minutes not only to be glad that I had ridden early but to feel as if I owned the world. Exercise in the fresh air really seems to clear one's mind and make one much better able to cope with trials and worries. We all know that physical condition has

an enormous amount to do with our mental attitude and our general health. It allows ourselves to get in bad health, life always seems much more difficult to cope with than if we are well. On the average the women I have known who have been constant "outdoor girls" have been extremely healthy specimens all through their lives, and have had few of the troubles of indoor life.

I am not a great believer in exercising in gymnasiums or any indoor places. It is the fresh air in one's lungs that makes exercise really beneficial. I have never seen a winter to cold to prevent one's really outdoors, or walking rapidly three or four miles a day.

If you cannot afford to ride, and if you do not care for walking, it is a good plan to play tennis indoors during the winter two or three times a week. If you do this it is wise, of course, to have all the windows open, to have the air fresh and clear.

We women of today live more active lives than our mothers and grandmothers allow ourselves to get in. We need vigor, and to have this we need more exercise. If you do not get regular exercise, try it daily for a week or two. See how much it adds to your sparkle, physical and mental. It is cheap, yet it pays large dividends. (Copyright, 1924, in U. S. and Canada by North American Newspaper Alliance. All rights reserved.)

NORMAL SCHOOL "LIT."

A very fine program was presented at the meeting of the Normal School Literary Society held yesterday afternoon at the school. The numbers included "Dixie," a chorus composed of oldtime southern songs; reading, Miss McPherson; "Old Black Joe," a chorus; solo, E. Wilson; "John Brown's Body," a chorus; piano, mouth organ and violin numbers by Clayton Martin; reading on "The Life of Joe Chandler Harris," composer of many songs, featured on the program, by Miss Edith; "Swanee River," a chorus; reading by Campbell Webster; "Tenting Tonight," chorus by a group of male voices about a camp fire.

"Best Thing in the World For Delicate Girls"

Mrs. John Bennett, Boggy Creek, Man., writes: "My little girl had organic nervous trouble, could not sleep, had severe headaches and fainting spells. This went on for three years, and three doctors helped her very little. After reading of what Dr. Chase's Nerve Food had done for others, I got some for her. She is now so well that she is like a different child. She is fourteen years old and looks the picture of health."

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