## Lady Gregory to Tour the Canadian Cities

Chief Figure in the Irish Literary Revival to Make Atlantic Crossing-Will Lecture to Sympathizers on Modern Irish Movement-Scorns Dollars, But Enthuses Over Ireland's



## Here's a New Fish-Dainty

"It's simply delicious - that's what you'll say after you've tasted this Norwegian delicacylittle, fat, summer-caught herring, delicately smoked and packed in rich, tasty bouillon.

## Coolness and Comfort for a Summer Day

Don't make a fire in the kitchen. A hot kitchen means a hot house and a hot temper. It doesn't promote domestic happiness nor does it encourage sweetness of disposition. Here's freedom from kitchen worry and work: Have a deep dish for each member of the family; place in each dish two

# SHREDDED WHEAT BIS

(whole or crushed) and cover with berries of any kind—raspberries, blackberries, huckleberries or other fresh fruit, then pour over them milk, adding a little cream

You will find it deliciously appetizing and nourishing, supplying all the strength needed for work or play. Shredded Wheat is ready-cooked and ready-to-serve. It is the whole wheat steam-cooked, shredded and baked—nothing added, nothing taken away. A food for the Summer days when the stomach is tired of heavy

MAKE YOUR "MEAT" SHREDDED WHEAT





### ForWomen-Lydia E. Pinkham's Vegetable Compound

Belleville, Ont.—"I was so weak and worn out from a female weakness that I concluded to try Lydia E. Pinkham's Vegetable Compound. I took several bottles of it, and I gained strength so rapidly that it seemed to make a new woman of me. I can do as good a day's work as I ever did. I sincerely bless the day that I made up my mind to take your medicine for female weakness, and I amexceedingly grateful to you for your kind letters, as I certainly profited by them. I give you permission to publish this any time you wish."—Mrs. Albert Wickett, Belleville, Ontarlo, Canada.

Womeneverywhereshouldremember that there is no other remedy known



Womeneverywhere should remember that there is no other remedy known to medicine that will cure female weakness and so successfully carry women through the Change of Life as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs.

For 30 years it has been curing women from the worst forms of female ills—inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, and nervous prostration.

If you want special advice write for it to Mrs. Pinkham, Lynn, Mass. It is free and always helpful.



Creating—Will Extensive to September on Modern Principal Control Contr

set simply as a chalter, but when it was explained to me that in carvate when the same that in carvate when the same that is admitted that a man is a when it is admitted that a man is a many of the way of the children, in fact all that went to make future lift possible for the hardy pioneer were terms of out the same that the closely compare him with a phrase of respect and not mean is lighting; and the same that is the same that it is the same that is the same that it is the same that is a dill that the same that is a dill that the same that is the same that is the same that is the same that is a dill that the same that is the same that is a dill that the same that is a dill that the same that is a dill that the same that is the same that is a dill that the same that is a dill that the same that is

and Ointment and He Is Well,

"Enclosed find my son's photo and I feel by writing these few lines to you I am only doing my duty, as my son was a dreadful with the age of two weeks he began to get covered with red spots on his legs and groins, which mother thought was red gum or thrush; but day by day it grew worse until every joint and crevice were affected and baby started screaming for hours day and night, such a thing as sleep was out of the question. I took him to two of Sydney's leading doctors; one said it was one of the worst cases he had seen, the other did not think it so serious; one ordered ointment for rubbing in, he other a dusting powder. I followed their precriptions for worse. I could not keep him from scratching so great was his agony.

"When he was five months old I tried the Cuticura Remedies and I am very thankful to say my baby is to-day free from all his suffering. His groins were bleeding when I started and other parts affected were the lower part of his body, under the knees, arms, in arm joints, eyebrows and neck; but after twice using Cuticura Continent I bepan to see a did not think the bathing with sed on the continuation of the country of the country of the same and the cuticura flows of the country of

## YOUR BLOOD IS TAINTED

ULCERS, BOILS, SWOLLEN GLANDS, BLOTCHES. PIMPLES, AND ALL SKIN AND BLOOD DISEASES ARE COMPLETELY CURED BY THE NEW METHOD TREATMENT



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