de Firme Heintzmi Limited. Esta d 1860.

ment, here are so

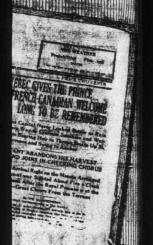
216093 — Double d—"Taxi," a spark.
one step. "Tha nble-down Sback

74838-"Only You," McCormack. 1.2 74598 — Invitation he Waltz," Philadel. Orchestra ... 200

others you may are to be found in o

St. Paul Street CATHARINES

ork Funds advanced



torate anada

en the

spaper ogtessive,

Canadian

a political submitted . It supiberalism, that true s inspira-

Department n's Section vas the first stablish a lited for all

ds of the

last a Great serves the public life,

CO., LIMITED. HEAD OFFICE AND PLANT:



For an Unbiassed Verdict Let your Tea-pot be the Judge

Quality will loom up conspicuously above a hundred "would be" rivals.



Canada at the National Chemical Exposition, Chicago.

The importance and magnitude of our Chemical Industries form a rensational chapter in the Industrial history of Canada, that has become known the world over. Development followed development during the war with amazing rapidity and still continues. Some idea of the progress made, may be gathered from the fact that up to a few months prior to the end of the war all Synthetic nitrates for explosives produced on this continent, were of Canadian origin. Our production of acetone was equally phenomenal. It is no wonder, therefore, that Canada occupied such an important position at the National Chemical Exposition recently field at Chicago, admitted to be the greatest industrial event in the history of that city.

In addition to the large attendance from Chicago, over fwenty thousand.

In addition to the large attendance from Chicago, over twenty thousand members of various scientific societies, Universities, manufacturing concerns and others interested in commercial and scientific development, attended the exposition. These included, The American Institute, Mining and the exposition. These included, The American Institute, Mining and Metallurgical Engineers, American Electro-Chemical Society, Technical Association of Pulp and Paper Industry and others.

The Covernment of Canada and the Province of Ontario, realizing the importance of this opportunity of telling abroad the story of our resources were represented by exhibits, and by some of their best men. The Canadian National Railways had an exhibit illustrating the mineral, forest wealth, water powers and raw materials of the country.

water powers and raw materials of the country.

During the Exposition two addresses were delivered by C. Price-Green,
Commissioner, Industrial & Resources Dept., Canadian National Railways,

on Canadian National Resources and the great field afforded in Canada lor enterprise and investment of Capital, which were widely reported in he American Press and many scientific publications.



Canada's National Residential School for Girls combines all the advantages of health, culture, and

practical and aesthetic training. Thorough courses in Music Art, Oratory, High School, Business,

Domestic Science, and Superior Physical Training. Opens its thirty-ninth year on September the fifteenth, nineteen hundred and nineteen. PERRY S. DOBSON, M.A., Principal. R. I. WARNER, M.A., D.D., Principal Emeritus

For terms address Registrar; ALMA LADIES' COLLEGE, ST. TIOMAS, ONTARIO

The Red, White and Green Package is

Familiar to All COR over twelve years the original Red, White and Green corn flake package has been a familiar combination of colors to all Canadians.

During all these years millions of Canadians

ALWAYS make sure you are getting the genuine original Kellogg's Toasted Corn Flakes which are only sold in the red, white and green package.

Accept No Substituted Imitations.

Only Made in Canada by THE BATTLE CREEK TOASTED CORN FLAKE

LONDON



CURING LYMPHANGITIS Nature's Mirror Say Wilhelm

The "Monday Morning Disease"
Affecting Horses.

Symptoms Described, and a Course of Treatment Suggested for Allevlating and Curing the Trouble-Working Over Asparagus and Rhubarb Beds.

Contributed by Ontario Department Agriculture, Toronto.) YMPHANGITIS, commonly called weed, a shot of grease

or Monday morning disease. is a common aliment in horses. Some horses are predisposed to the trouble and suffer after being exposed to slight exciting causes. It occurs in horses that are accus-

tomed to regular work and high feeding, when such are given a rest for a day or longer and in the meantime receive their regular ration of grain, hence the name "Monday morning disease," it frequently being noticed on Monday morning in work horses that have stood idle and been well fed since the Saturday even pre-

It consists in inflammation of the lymphat glands, usually those of the hind limb or limbs, but it is not uncommon for the fore limbs to be Symptoms.-The first symptoms

usually are rigors (shivering) followed by well marked increae of temperature; but as those symptoms, usually occur at night they are not often noticed. The first symptoms usually noticed are well marked soreness and lameness, usually of a hind limb. From reasons not understood quently involved than the near one, Pressure upon the inner surface of the limb from the sheath or mammal downwards reveals well marked soreness, and at first a beaded condition to the touch. If a fore leg is the seat this condition will exist on the inner surface of the fore arm. There is usually well marked increase in temperature, a full, rapid pulse and often more or less well marked labored breathing. Appetite more or less impaired, and in some cases colicky pains are noticed. The swelling of the parts usually increase rapidly and the beaded condition disappears, and there is usually a decrease in soreness and lameness. Exercise reduces the swelling and lameness, but they reappear during the night; and as each time this occurs there is a tendency to organization of some of the exudate which may result in a to exercise or work until the acute lameness has disappeared.

Treatment -- If colicky pains be well marked, give a colic drench, as one oz. each of laudanum; sweet spirits of nitre and tincture of belladonna in a pint of water. Follow up with a brisk purgative of 7 to 10 drams aloes (according to size of patient) and two drams ginger. Give the purgative at first if colicky pains are not well marked. Follow up with four drams nitrate of potassum twice daily for two days. Keep the patient in comfortable stall excluded from drafts and bathe the affected leg frequently with hot water and after bathing rub well with a stimulant linament, as one made of 2 oz. oil of turpentine, 1 oz. tincture of iodine, ½ oz. gum camphor, 6 oz. alcohol, and water to make a pint. Feed bran only until purgation commences, then feed reasonable quantities of hay, but no grain. Continue treatment until the acute soreness and lameness have passed, then give regular work or exercise. The swelling will reappear at night for a few days. Prevention consists in either materially reducing the grain ration on days that the

horse is not working, or seeing that he gets exercise in some way. Repeated attacks usually result in a chronic big leg, called elephantites, which is incurable .- J. H. R., Ontario Agricultural College, Guelph.

Working Over Asparagus and Rhubarb Beds. The handling of asparagus and rhubarb beds in the spring of the year is largely dependent on the situation of them and the time that the owner has at his disposal both in

the fall and spring. Where properly handled the as-paragus beds in the fall of the year should have had all tops removed and burned and the soil ploughed over the top of the row so that a furrow would be left to remove the

In the spring of the year the as-paragus bed, if ploughed in the fall, should be ploughed back and then given a thorough disking so that the soil would warm up quickly, especially around the crown of the plant. After this cultivation should be practiced until the 1st of July when cutting should cease and the bed re-ceive a heavy coating of good manure and a considerable quantity of

mmercial fertilizer. Rhubarb beds in the fall of the year should be manured heavily with well-rotted manure after the tops

have been removed. Rhubarb beds in the spring of the year are generally given a cultivation and much of the rougher manure carried from the roots of the plants and the crown. This permits the warming up of the soil and consequent early growth.—A. H. McLen-nan, Vegetable Specialist.

Clover Seed and Hay Crop. A crop of seed and of hay can be made from the second crop of clover just as well as only one crop, according to the experience of a Pennsylvania farmer. In his practice the crop is cut when most of the heads are filled and brown. It is then cured in the usual way for hay and when good and dry the hullers will get out all the seed as well as if the stalks were dead and weatherbeaten. The resulting hay, while not of the best quality, is very good and the cattle will eat it even to the last bit.

A sharp advance in Crucible marked a somewhat quieo day in Wall

and healthy-

there's a sparkle

n her eyes,

rose tint in he

cheeks, and she



has rich red blood. After taking nature's tonic which Dr Pierce called "Favorite Pre scription, there's 'elast step. Love

she is pallid, dull eyed, languid, she has no magnetism nor does she appeal to

SAVED A LIFE

Elmira, Ont .: "I have a very kind feeling for Dr. Pierce's Favorite Prescription for it once saved my mother's life. When going through middle age her health failed very fast; she suffered with pain in her head and backache, in fact, she had pains and aches all through her body. She lost weight, was very nervous, would become dizzy and at times faint and fall wherever she chanced to be. This necessitated our watching her all the time, we dared not leave her alone. She was as miserable as one could be and live. Dr. Pierce's Favorite Prescription was recommended to her. She took six bottles and was completely restored to good health."-MRS. B. E. UPTHE GROVE, Box 223.

BELGIAN BANKERS TO

FIND HAL OF LOAN Brussels, Jan. 26 .- A group of Belgian bankers has decided to subscribfifty per cent. of the nacional loan of 2,500,000,000 francs, it is annaunced. The Government intends to take over all loans launched by the large cities of Belgium, in view of the opening of the great nacional loan through which the Government would be able to assist in financing the various communities.

FAVORS CONTROL OF LIQUOR BY STATE

Liverpool, Jan. 26.-Lady Astor, member of Parliament for Plymouth, speaking in support of State purchase and control of the liquor trade declared that prohibition was im-

"I have the word 'prohibition," said Lady Astor, "and have just enough devil in me that if anyone prohibits anything it becomes the one thing

Expected It

Was Not Surprised at Hol land's Refusal.

AMERONGEN, Jan. 25 .- Former Emperor Wilhelm of Germany was not surprised by the formal refusal of the Dutch government to comply with the allied demand for his surrender, it was declared today at entinck Castle, where the ex-kaiser makes his home.

A refusal of extradition had been expected fro mthe first, the correspondent was told, but the castle's residents' had never been officially informed that such a decision had or would be reached.

The Business Man's Bank

The financial side of a business ranks equally with the production and sales departments. The 87 years of banking and mercantile experience of this Bank are available at over 300 Branches, and our large resources are only a measure of our willingness and ability to serve our customers in the present difficult reconstruction period.

THE BANK OF **NOVA SCOTIA**



Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. - It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA'

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep.

The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS



THE STERLING BANK

OF CANADA

Save Because--

who gets ahead.

It is the man who "looks" ahead





Agricultural Training For Soldier Settlers

SOLDIER is entitled to the benefits of A the Soldier Settlement Act if he can satisfy the Agricultural Qualification Committee in his district that-

(a) He has performed the required military service;

(b) He is sincere in his intention to make farming his permanent occupation;

(c) He is physically capable and is fitted in general to make a success of the farming business.

If he is otherwise qualified, but has not had sufficient practical agricultural experience, the Committee may recommend that he be given agricultural training. A generous scale of allowances for soldiers in training has been

Training Centres For Soldier Settlers

The applicant who is recommended for instruction in agriculture may first be sent to a Training Centre, specially operated for the purpose, where he will learn, by practical experience, how to handle and feed horses and other live stock; milking; the operation of farm machinery, ploughing, etc.; general farm building work; farm blacksmithing; the different kinds of soil and rotation of crops; the selection and judging of live stock and the marketing of farm products. Short lectures on the business management of a farm will be given.

With A Selected Farmer

After the course at the Training Centre, the length of which depends on the progress of the individual but

will not exceed three months, the man is placed with a carefully selected farmer in the district in which he intends to settle, to complete his training. During this period (not exceeding one year), the soldier is visited from time to time by representatives of the Soldier Settlement Board, who check his progress and recommend when he is considered qualified to take up farm of his own.

It will be evident that by this system of preliminary training the soldier settler will gain a thorough practical knowledge of farming without expense; will learn to appreciate the responsibility involved in the venture, and at the same time gain a clear conception of just what farm

On His Own Farm

When a settler is deemed qualified by the Agricultural Qualification Committee, the Board will assist him to become established on a farm of his own, and will, through its Agricultural Advisers, continue to co-operate with him in his work, thereby ensuring his success and consequent ability to discharge his obligations and bece e permanently established.

Fair To Both

The procedure outlined not only gives the soldier an opportunity of first ber ...ng familiar with his environment and of a wirin experience requisite to success, but ensures add the nation's fundamental industry only competent and satisfied producers.

Detailed information regarding the provisions of the Soldier Settlement Act and further particulars regarding agricultural training may be obtained from the Provincial Superintendent, 32 Adelaide Street East,



Soldier Settlement Board