

### Never Let a Cold Get a Start



Break it up overnight  
The quick direct treatment for colds of children and grown-ups too, is an application of Vicks over throat and chest at bedtime. Not only is Vicks absorbed thru the skin, but its healing vapors of camphor, menthol, eucalyptus, turpentine, etc., are breathed all night directly into the affected air passages. Relief usually comes by morning. Just as good, too, for cuts, burns, bruises, stings and itching skin troubles.

## VICKS VAPORUB

OVER 17 MILLION JARS USED YEARLY

What, for more than forty years, as Kendall's Spavin Cure has served the horse, now serves his master, too.

### KENDALL'S Spavin Treatment

has been refined for human use. It is quick and sure relief for swellings, sprains, bruises and all muscular ailments. It is just what you need around the house. Get it at the store to-day.

DR. B. J. KENDALL COMPANY  
Enosburg Falls, Vt.

## SOUND AS A BELL

#### GAME TO THE LAST

An editor was dying, but when the doctor bent over, placed his ear on his breast and said, "Poor man! Circulation almost gone," the dying editor shouted, "You're a liar! We have the largest circulation in the country."

## Beating the Train into Eternity

In line with new legislation being passed in the various States of the American Union aimed to diminish the alarming number of accidents through reckless driving of automobiles, particularly on level railroad crossings, the Board of Railway Commissioners for Canada has requested the Canadian Pacific Railway to submit information bearing upon similar dangerous practices by motorists on various portions of its system so that use may be made of the information with a view to endeavoring, through education, to minimize the occurrence of such dangerous practices.

In a Bulletin issued by the Board of Railway Commissioners on June 15th, 1923, 54 cases of danger at protected crossings are cited for the period October, 1922, to May, 1923, and of these fifty are declared to have been due to the carelessness of motor drivers. "Motor accidents," says the bulletin, "are becoming more frequent. Every sane motorist deplors this. If accidents are to be lessened, the sane motorist must educate the culpably negligent motorists."

All highway crossings are by law protected by signs, and they are only dangerous when the driver of the automobile makes them so. They are not dangerous if motorists will take a small part of the care they exercise in turning on a city street. It is the motorist's carelessness that makes them dangerous. The train has right of way. Everyone knows what may happen if the plainly seen warnings are disregarded at a point where the motor car can stop while the train cannot.

The surprising part of it also is that safeguards and precautions erected by the railroads are so often entirely ignored. Time after time newspaper reports show that crossing alarm bells, barrier gates and even watchmen waving "stop" signals mean nothing to the man in the

### REGULAR MEETING BOARD OF HEALTH

The regular meeting of the North'd Sub-District Board of Health was held in the Chatham Town Hall Wednesday afternoon. Dr. Desmond of Newcastle, District Medical Health Officer presided. With the exception of Fred Richard of Rogersville a full board was present.

It was reported that the county is fairly free from contagious diseases. At present there are two cases of Diphtheria at Renous, a case of scarlet fever at Millbank and one at Chatham. The latter however is convalescent.

Complaints of the unsanitary conditions at the Chatham C.N.R. station were brought in by two members of the board. Three other stations in the county were reported as unsanitary. Steps will be taken at once to remedy these conditions.

The secretary said that he had notified a Chatham hotel which had not complied with the regulation set by the Department of Health, that unless such regulations were met within fifteen days he would lose his license.

A resolution was forwarded to the Chatham Town Council urging that steps be taken re a certain house in the lower section of the town which was unfit for human habitation.

The recent milk test was found satisfactory. With one exception the milk supplied by dealers in the county was found to come up to the standard as regards sediment and butter fat.

After the transaction of further routine business the meeting adjourned.

### MURINE FOR EYES

IRRITATED BY SUN, WIND, DUST & CINDERS

RECOMMENDED & SOLD BY DRUGGISTS & OPTICIANS  
WATCH FOR PALE, STEEL CASE BOTTLE, MURINE CO. CHICAGO, ILL.

### LIMBS AND BODY ALL SWOLLEN

#### "Fruit-a-tives" Relieved Both Dropsy and Sick Kidneys

#### The Wonder of Fruit Medicine

Those who know they have Kidney Trouble—who suffer with pain in the back—who are up frequently at night—will welcome the news that "Fruit-a-tives", the wonderful medicine made from fruit juices and tonics, will positively relieve Kidney and Bladder Troubles—as proven by this letter.

"Our little girl had Kidney Trouble and Dropsy—her limbs and body were all swollen. We decided to try "Fruit-a-tives". In a short time, the swelling went down. Now, she is the healthiest one of the family!"

W.M. WARREN,  
Port Robinson, Ont.

50c. a box, 6 for \$2.50, trial size 25c.  
At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

### Sailors Dread Sugar

Dynamite is not the worst cargo to a sailor; sugar. Put hundreds of tons of cane sugar in casks in the hold of a vessel and let the ship steam through a spell of hot weather. The odor is sickening. The sailors cannot get the sweet taste out of their mouths and crave vinegar or lemon juice—anything sour. They lose their appetites and are always glad when a voyage on which the cargo was sugar is over. Coffee is as disagreeable as sugar in addition to being dangerous. Cotton is a really dangerous cargo. If a little oil happens to touch raw cotton the result may be spontaneous combustion. A single bale of cotton saturated with such an oil as boiled linseed and lying at the bottom of the hold can be compared only to a slow match attached to a bomb. Acids and other chemicals form dangerous cargoes. Carbide of calcium for example, is more dangerous than dynamite. Acetylene gas is made from this chemical and the gas is constantly given off if the product is exposed to moist air.

### Accountants Qualified To Audit Canadians Banks

The list of accountants qualified to audit Canadian chartered banks during the coming year appears in the current issue of the Canada Gazette. This list is published by the Minister of Finance in accordance with the new provisions of the Bank Act, regarding the shareholders audit. The act provides that a list of qualified auditors is to be furnished to the Minister only by each institute or association of accountants incorporated by any provincial legislature and the Minister is authorized to prepare from the list so submitted a roll of the qualified auditors. Two auditors for each bank are then to be selected from this list by the shareholders. These two auditors must belong to different firms, and no auditor may hold office for more than two years consecutively.

### NEW BRUNSWICK HIGHEST DEATH RATE

Manitoba had the highest birth rate of the Canadian Provinces in 1921, as shown by a Blue Book covering vital statistics for that year, compiled by the Dominion Bureau of Statistics.

The figures cover only eight Provinces, however, Quebec not being included. Manitoba's birth rate in 1921 was 30.3 per thousand.

Infant deaths showed a notable decrease in 1921 as compared with 1920. For 1921 the rate was 88.1 for each thousand births, while while the year before it was 100.1. The highest rate in 1921 was 113.3 per thousand in New Brunswick, the rate of infant deaths in that Province in 1920 having been 134.9 per thousand.

Nova Scotia had the highest death rate from tuberculosis, while cancer caused the highest percentage of deaths in British Columbia. Saskatchewan had the lowest death rate from tuberculosis, while New Brunswick had the least number of deaths from cancer, in proportion to population. Cancer of the stomach and liver was the most prevalent, although this form of the disease affected men much more than women. On the whole, however, more women than men died of cancer during 1921.

British Columbia had the lowest death rate for babies, namely 56.5 for each thousand born in 1921 and 60.8 in 1920.

The total deaths during 1921 of people of all ages is given as 67,722 for the eight provinces, or 10.6 per one thousand population. The year before the rate was 12.3 per thousand. A decrease in total deaths as well as in the rate was registered in every province. New Brunswick had the highest death rate in 1921, it being 13.9 per thousand, while British Columbia with 8 per thousand had the lowest.

### British Unemployment Relief

The British minister of labor Sir Montague Barlow, stated that there were 1,251,600 workers unemployed in Great Britain last week. The government is undertaking the heavy new expenditure to provide work for the unemployed. Apparently the equivalent of 250 million dollars will be appropriated for this purpose.

This heavy draft on the national credit will, in accordance with orthodox finance, add to the debt and increase the taxes of the British nation. Even so it will be money spent only on machinery and public works that are intended still more to increase the productive capacity of the community. But there is nothing wrong with Great Britain's capacity to produce. At the present time that country is able to produce far more than it can market.

It is no remedy for unemployment to spend public money on schemes for still more production, unless there is also something done to increase the purchasing power of the people as consumers.

Of course the wages and salaries that are distributed to the workers, from the sums that are appropriated for unemployment relief work, do give a temporary stimulus to purchasing power, but such methods of relieving unemployment differ very little in effect from the stimulus of the hyperdermic injection.

The British government has apparently decided that there is less risk in employing such a method to stimulate industry than in going through another winter of the deflation policy, which has been completely discredited in the last three years.

#### LUCKY

The average married man would consider himself rich beyond the realms of avarice if he could retain half his earnings.



## Guard Your Throat!

ONCE let 'cold germs' find the weak spot in your throat and troubles come thick and fast.

The tickling soreness at the back of the mouth, hoarseness, difficulty in swallowing and irritating dry cough are all evidence of germ attack.

The one speedy effective way to banish these troublesome symptoms is the Peps breatheable way. Simply take a Peps, peel off the protective silver-jacket and let the tablet slowly dissolve on the tongue, when the volatile healing medicine will mix naturally with the breath.

The germ-destroying Peps fumes as they circulate through the air-passages are soothing and comforting. Pain and irritation is charmed away. Any inflammation or soreness of the delicate membrane lining the way from mouth to lungs, is speedily ended. You soon lose the cough, hoarseness and swallowing difficulty.

Always carry a few of these silver-wrapped Peps tablets about with you as a remedy and safeguard against coughs, colds, chills and bronchitis, or other throat and chest weakness.

# PEPS

INFECTION-KILLING TABLETS

All medicine dealers. 50c. box 3 for \$1.25, or from Peps Co., Toronto.

Be sure and get a box of Peps Today!

# ASPIRIN

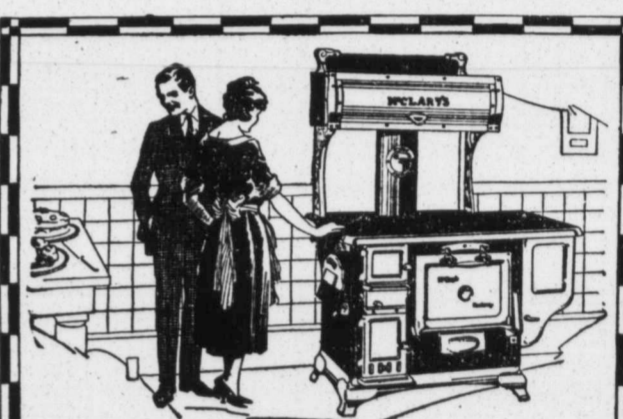
UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

- |           |           |            |
|-----------|-----------|------------|
| Colds     | Headache  | Rheumatism |
| Toothache | Neuralgia | Neuritis   |
| Earache   | Lumbago   | Pain, Pain |

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-acetic acid ester of Salicylic acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."



## A Range that Makes You Proud

His appreciation of the tempting, beautifully-baked things that come from the oven of the Kootenay adds not only to the good cook's satisfaction, but enhances the happiness of the home.

A man anticipates the good meals that he knows his wife will bake with a Kootenay Oven.

And well he might, for the Kootenay co-operates with all its cooking ability; it is made of Armo Iron. Its oven heats quickly, evenly and holds its heat with a small fire.

Not just a stove—The Kootenay is a master cooking range.

Ask your husband to go with you to McClary's dealer when you wish to buy.

# McClary's Kootenay

McClary's London Toronto  
Vancouver Montreal Winnipeg  
St. John, N.B. Hamilton  
Saskatoon Edmonton

## WRIGLEY'S After Every Meal

Have a packet in your pocket for ever-ready refreshment.

Aids digestion.  
Allays thirst.  
Soothes the throat.

For Quality, Flavor and the Sealed Package, get

WRIGLEY'S SPEARMINT GUM  
THE FLAVOR LASTS