10



Be Still.

- Be still my soul, for God would speak to Thee, And teach thee words of wisdom thou
- shouldst know, Alas! too often thou has spurned His
- And closed thine eyes to visions He would show
- Let anxious thoughts of worldly honor
- Let love of gain be driven from thine
- heart; cannot help thee on the upward
- Nor keep from out thy soul sin's fiery
- Be calm, and let the One that knoweth
- Impart the secret that will give the
- peace, And help in making clearer, day by day, How burdened, anxious spirits find
- The quiet moments bring the keenest
- joys, The thoughtful student ever wins the
- prize; So God, within the quiet of our souls, Will kindle holy aspirations for the
- sky. -Christian Standard.

Prayer.

Almighty God, Father of our spirits, bou knowest what we need. We need ot plead with Thee, because Thy love anticipate all our want. Yet it doth anticipate all our want. Yet it hath pleased our Father to bid us pray, as if He knew nothing, as if He would hear the tale of want and pain and sorrow from our own lips. Our life is one long need; to day cannot stand for to-morrow. We cry unto Thee hour by hour, yea, moment by moment, for there is no cessation to our want. Amen.

How to Pray. How to Pray. Taniel could doubless teach a great many to-day how to pray. He did not get into bed and say his prayers when half asleep, but kneeling before open windows, his face turned toward Jerusa-toward Jerusa-toward to be and say his prayers when half asleep, but kneeling before open windows, his face turned toward Jerusa-toward Jerusa-toward toward Jerusa-toward toward Jerusa-toward toward Jerusa-toward toward Jerusa-toward toward toward Jerusa-toward toward Jerusa-toward toward Jerusa-toward Jerusa-Jerusa Jerusa Jerusa-Jerusa Jerusa Jerusa-Jerusa Jerusa Jerus

of power, and expect to continue to be strong. It is a mockery before God for a man to go through a formal act of saying his prayers when his mind and thought are elsewhere, or when he is doing it simply because he thinks he ought to do so. The sick patient does not take medicine as a mere form. The guilty do not ask for mercy and 'pardon hait select, or as they are turning over in bed at night. The hungry ask for bread because they are hungry ask to bread because they are hungry ask to bread because they are hungry ask to be ready to be made well. The guilty plead for mercy because they want freedom. And, shall any come before God in a less earnest and sincre Signifty piead for mercy because they want freedom. And, shall any come before God in a less earnest and sincere manner. Will a man mock God? How did the Savior pray when in Gethse-manes of devoutness before God, if we, like Daniel, are in earnest, we will be "in the spirit" of prayer, praying from a soul that is in touch with God, pray-ang in the faith of the woman who touching the hem of the garment of the mate with windows open toward God in heav-with windows open toward God in heav-met will be scueic a communication between the soul of man and God that with windows open toward God in heav-en, there will be such a communication between the soul of man and God that the most an eight to the chasest designs, are equal in grace and elegance to any with south prayer, for with purity of heart and such praying, there will be such visions G dod as will behold the very doors of heaven open, and like Johno old, the one thus praying will be able to say, "Immediately I was in the spirit". -Dr. Zimmerman in Lutheran Observe.

manifestation. We have to manifest the name; a name is a transmitter of spir-itual energy. With marvellous tenacity the whole sum and purport of the Name shrinks or enlarges, brightens or becomes dim, in unison with the receptive power of man. Some men will only use the name of Jesus to put a figure-head upon a curse. Assembly-swept the house.

name of Jesus to put a figure-head upon a curse. The servant of the Lord receives words, little ships come freighted with pre-cious things, they unload, congenial spir-tis receive, enjoy, obey; strange to say, they take in the words without effort, it falls like the dew upon the mown grass, like a little child taking a drink. The servant of the Lord enters into the heritage of those that fear "Thy name." There separate souls are dis-tinet gifts. They are given for culture, somfort, and safe conduct. They are prayed for with a bimited love. "I pray not for the work, but for those whom Thou hast given me out of the world." All men are not loved alike; they cannot be. Some are loved allke; they cannot be. Some are loved and prayed for with enevolence; others with rapture which gives an undying charm. The servant of the Lord is here to nake a difference. It must be so. "Whose hath felt the spirit of the High-est, Cannot confound nor doubt Him nor

est, Cannot confound nor doubt Him nor deny; Yea, with one voice, O world, though thou deniest; Stand thou on that side, for on this

am L." s wonderful conjunct life of the This divine in the human carries with it im-mense issues, and is pregnant with an-swers. Riddles are solved here, which are solved nowhere else. Christ Himself

Christ.

(By a Banker.)

Midway between Africa and Europe be extensive rock-bound island of Crete ses sheer out of the blue waters of the rises sheer out of the blue waters of the Mediterranean. The approach to Can-dia, one of the principal towns, is ex-tremely beautiful. Skirting the iron-bound coast, dark, sullen gorges are seen cleft far into the beetling cliffs and craigs; here a bold promontory juts out into the ocean; or here is a wild chaos of detached boulders and masses of rock; over which the foam-crested bil-lows continually break; while in the plished. lows continually break; while in the background is a range of lofty cloud-capped mountains, Mount Ida towering above them all-not, however, the Mount Ida of mythology which is by the Bosphorus-garbed winter in perpetual snow. summer and

winter in perpetual snow. Upoh landing it is soon apparent that although many of the buildings are of Moorish origin, yet that the Moslem has gradually been driven back by western civilization. Here and there a veiled woman or a turbaned Turk or Arab-may be seen, but they are few and far-between, although, judging by the many thousands of Moharamedan graves in an extensive cemetery — the graves in an extensive cemetery — the tombstone of a male moslem is always surmounted by a sculptured fez or tur-ban, that of a woman by a chaplet of roses or other ornament—it must at one time have been thickly populated by the adherents of that faith.

time have been interly populated by the adherents of that faith. A few miles from the town the travel-ler finds himself in the realms of hoary antiquity. Knossos, the foundations of which are now laid bare, the city of Minos-the great nuval monarch and pioneer of European civilization who reigned more than a thousand years be-fore Alexander the Great was born and whose history was considered to be mere legend until these great ruins were dis-covered—is, with the exception, of course, of the magnificent relies of the great past, so abundant in Egypt, per-haps the most ancient city in the world. And, although built so far back down the dim vista of the ages, yet some of the works of art found therein, especial-ly a number of great amphoroe, or wine

to be made absolutely confirming Bibli-cal history, and hopelessly crushing the futile efforts of the so-called "higher cri-tics" to discredit Holy Scripture. But the Bible wil remain until time is no more, a record of the earliest history of the world, and above all the Divine an-nouncement to mankind that the Son of God came in humility to this earth in order to make an atonement for transgression by Himself bearing the punishment due, for and on behalf of all who will receive Him as their Medi-ator. to be made absolutely confirming Bil

mercy, you might now be in world." When Last Here. (The Presbyterian.)

(The Presoveran.) The last year in which the General Assembly met in Hamilton was 1890. Dr. Torrance was the retiring Moderator. This Assembly was notable for the launching of the century fund. Dr. War-den's great speech—in its grasp of de-tail and breadth of outlook one of the most statesmanilke ever delivered in the most statesmanlike ever delivered in the

The Very Thing.

(Washington Star.) "I want a home," said the city man, "where I can see plenty of fresh green vegetables, and have live stock and chickens about me." "Tve got the very thing you want," returned the enthusiastic agent; "a cosy six-room flat right next to a market

Prayer.

(The Presbyterian.)

(The Presbyterian.) Eternal Father, God of love and wis-dom, we pray to Thee on behalf of the General Assembly of our Church, now in session. Look kindly upon Thy ser-vants who have come together in Thy name. Enlighten them by the Holy Spirit; give them pure and honest minds; make them considerate of one another and loyal to the truth of God. Help them to face with vision and courage the problems which comfort the Church; may their supreme desire be to promote Thy glory. Let Thy presence be manifested at every meeting, and grant to Thy servants such spiritual refreshing that with new zeal and power they may return to their appointed work. And may Thy kingdom be estab-lished in this land and extended to the ends of the earth. We ask all in Jesus' name. Amen.

name. Amen. A Power House.

A Power House. (C. W. Casson.) The ideal of a Unitarian church is that it shall be a spiritual power house, generating the moral force that shall later expend itself in the service of man-kind. There is no thought of selfish benefit on the part of those who attend. The church simply presents to them an opportunity and a privilege, of coming into more intimate and vital touch with the great spiritual forces of the uni-verse, and a part becoming stronger to do the word. Tife. Its Sunday service is preparatory to the wider service out-side. Not to satisfy so much as to stimulate, is its aim. If a man does not leave its doors with the dominant idea of doing something for his fellows

idea of doing something for his fellow its fundamental purpose is not accom-

KEEPING CHILDREN WELL. Every mother should be able to recognize and cure the minor ills that attack her little ones.

ills that attack here little ones. Prompt action may prevent ser-ious illness—perhaps save a lit-le life. A simple, safe remedy in the home is therefore a ne-nessity, and for this purpose there is nothing else so good as Baby's Own Tablets. They promptly cure all stomach and bowel troubles, destroy worms, break up colds, make teething easy and keep children healthy and cheerful. Mrs. Jos. Leves-que, Casselman, Ont., savs:—'I have used Baby's Own Tablets and have always found them satisfactory. My child has grown splendid; and is always and have always found them satisfactory. My child has grown splendidly and is always good natured since I or an us-ing this medicine." Sold by medicine dealers or by mail at 25 cents a box from a Dr. Williams' Medicine Co., Brock-wills Ont

TIMES PATTERNS.



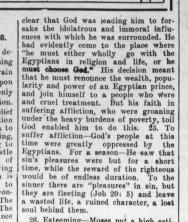
LESSON XI .- JUNE 13, 1909

HAMILTON EVENING TIMES, SATURDAY. JUNE 12. 1909.

Heroes of Faith .- Heb. II: 1.40. Commentary .--- I. Faith defined and decribed (v. 1). 1. Now-As if beginning to anticipate that too continued a strain of warning and rebuke might wear upon his hearers, the apostle now suddenly changes his tone to thrilling inbilation

his hearers, the apostle now suddenly changes his tone to thrilling jubilation. From threatening, penalty for unbelief he rises into a lofty peal of evaltation over the glories of faith. He proceeds to show that faith is not only justifying, but inspiring, ennobiling and exaiting to the soul.—Whedon. Faith—The apostle does not give a complete definition of faith, but rather describes it, showing, what it is by what it does. Faith is that soul element which enables us to look up and grasp God. It is the con-meeting link between God and man. The substance—"Assurance."—R. V. The margin renders it "ground." Substance is from the Greek hupo, under, and sta-sis, standing, and from the Latin sub, under, and stans, standing. Literally it signifies that which stands under an ob-ject—the support. Things hoped for. The unseen is real to him. He confi-dently expects them. The evidence—De-monstration, proof. Faith in the divine word supplies the place of and is euqiva-lent to proof. It satisfies the mind and inspires conduct just as a proof or de-monstration should do. Stuat points out that the "faith" mentioned here is not specifically what is understood by "saving faith," but rather faith as a practical principal and power, influencing all life and conduct. The true and cosential nature of faith is confidence in God, belief in His declarations.—Robert Tuck. Things not seen—The "things hoped for" are the peace and approba-tion of God, and those blessings by which the soul is prepared for the king-dom of heaven. The "things not seen" are, in an extended sense, the creation of the world from mothing, the destruction of the world by the deluge, the miracu-lous conception of Christ, His resurre-toin, ascension, mediation, and govern-ment of the universe, all of which we as firmly believe on the testimony of God's word as if we had seen them.— Clarke. I. The utility of faith (vs. 2, 3). 2. The elders—The ancient fathers, the patriarchs and prophets. Had witness

II. The utility of faith (vs. 2, 3). 2. The elders—The ancient fathers, the patriarchs and prophets. Had witness borne to them (R. V.)—The elders lived n a state or atmosphere of faith and and a state or atmosphere of ratio and God bore testimony to their holiness and valor, as the remainder of this chap-ter shows. 3. The worlds-This has re-ference to the material substance of this



26. Esteeming—Moses put a high esti-mate on the reproach that came through trusting in the promised Messiah. 27-29. Forsook Egypt, etc.-He not only left Forsook Lgypt, etc.—He not only left Pharaoh's court, refusing the royal adop-tion, but he left the land of Pharaoh, instituted the Passover, and crossed the Red Sea, and this was all done "by faith" in God.

PRACTICAL APPLICATIONS.

The Faith of Abraham and Moses.

The Faith of Abraham and Moses. Nearly all of that part of the lesson to be printed is confined to the faith of these two ancient worthies. I. The faith of Abraham. He was a most extraordinary man, and sustained a very intimate relation to God. "In the scriptures he seems to be set forth as a model for the church in all ages. God had been pleased to honor him with a trinity of appellations that are won-God had been pleased to honor him with a trinity of appellations that are won-derfully comprehensive and deeply sig-nificant: 'Friend of God' (Isa. 41: 8; Jas. 2: 23): 'father of many nations' (Gen. 17: 5; 'father of all believers' (Rom. 4: 11, 16). We notice three distinct stages in Abraham's personal progress in the divine life. 1. He complies with the conditions of true discipleahip in forsaking all to follow God (Gen, 12: 1-5; Heb. 11: 8; Luke 14: 33). 2. He was justified by faith (Gen. 15: 6; Rom. 4; Gal. 3: 6; Jas. 2: 23). He believed in Jehovah, and it was counted—the faith 4: Gal. 3: 6; Jas. 2: 23). He believed in Jehovah, and it was counted—the faith he put in Jehovah—to him for righte-ousness or justification; though there was no act in the case but that of the mind and heart, no work of any kind. 3. He was made pure and holy by faith in God and obedience to God" (Gen. 17: 1). Consider Abraham's testing. "In the offering of Isaac he was subject to the

God bore testimony to their holiness
God bore testimony to their holiness
God and obedience to God' (Gen. In God and obselience to God' (Gen. In Gen. God spoke and it was done. When mothing matterial existed, God's word brought matter into existence and cause in space to become organized. By a word the Almighty set the worlds swinging in space. Now we know this by thoia we can know it; but God's word says it was no other means by which we can know it; but God's word says it was no and we believe it.
HII. Illustrious examples of faith (va. 40). In verses 4 to 7 Abel, Enoch and Noah are mentioned as examples of faith. The faith of Abraham is dwelt to spresse 5to 10. Abraham was the beoyed the call of God an weat the observed the call of God and weat in the sake as born, and now the greatest instance of Abraham's faith is shown in his readiness at the divine command to fire up Isaac as a burnt-offering Weat and thus gave occasion for the devaled mean to as granple was tried—In Gen. 22; I we read that God world work a mincle and raise the divine command to fine up Isaac as a burnt-offering Weat and thus gave occasion for the devaled or order. Abraham to signat honor up on userved him and thus gave occasion for the devaled core dim the sea with expect on 13; 19, 21; Heb. 11, 19). The believed that fisher as the divine command to fine up Isaac as a burnt-offering the maker, the see if it is strong to raise the dire of do the save it, signat honor up on use when He thus tests our hearts." C H. M. "Tempting is for the sake of the devel of the save it, and the knife was raised. "The dead i like term indiving the storm, the state of the see if it is strong to raise of the save it is strong to raise of its weak the tree promises of the store of the state of the save strong on the other the strong the storm, in the work inces, but to increase it. The triab of the save it is not onl

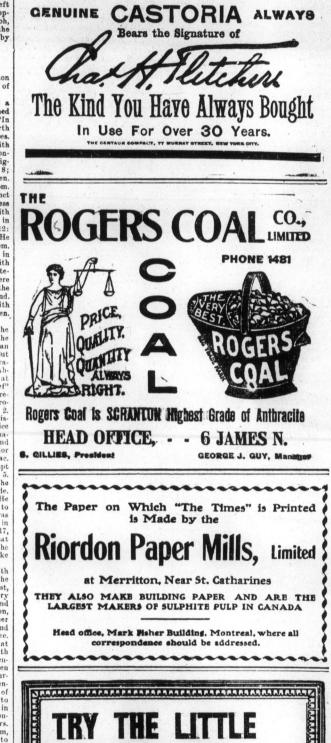


The Kind Ycu Have Always Bought, and which has been use for over 30 years, has borne the signature of and has been made under his per-

Chart H. Hitcher: Sonal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

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ard solved howere else. Christ Hubber is the great answer, death, through storms and sinning, He shall suffice, for He hath sufficed; Christ is the end, for Christ was the beginning; Christ the beginning, for the end was

-H. T. Miller,

'Twixt East and West.

-Dr. Zimmerman in Lutheran Observer

Service.

Dr. Zimmerman in Lutheran Observer. Service. Service. I am a child of God, and eternity is in my heart. I am first a son, then servant, often a sufferer. I have the privilege to receive, and the joy to give I stand between worlds. I go to one empty and come again full. I touch world, hell, heaven, meet in him; there is contact and conflict; the floor of the soul is the battle ground of all the fores The world says: "Come along, have a good time." Hell says: "Feed the fires of self-love." Heaven says: "Drop your archor in holiest affections and rest." Heaven speaks with the voice of thus surger. World says: "Come along, have a good time." Hell says: "Feed the fires of self-love." Heaven says: "Drop your archor in holiest affections and rest." Heaven speaks with the voice of authority. Heaven speaks with the voice of authority. Heaven speaks with the voice of authority. Heaven says: "Come along, have a good time." Hell speaks with the voice of authority. Heaven speaks with the voice of authority. The powers that be are ordained of God. The hourd later i. If you fall upon it, you will come to honor; if it falls upon you will grind you to power. The servant of the Lord is here for **Seconderson** for tanking." Came the order my tronds at if would be taken from my tronds at if would be taken from my tronds at if would be taken from my tronds. **Seconderson** for taken from my strends. **Second at the Lord is here for Second at the cord here for Second at the Lord is here for Second at the Lord here for Sec**

If Very Thin, You're Liable to Catch Pneumonia or Fever

People who are so awfully thin run great risk—they have but little vitality and no energy to ward off disease germs. Invariably consumption takes root in people who are thin and run down. Thinness is not only a danger, but sheer violaciness in this land of plenty, where it can be so easily overcome. Probaby the best remedy consists in taking Ferrozone at meal time. It is a remarkable for pounds in a single week. Perrozone supplies the system with richer and the body fattens when supplied three times daily with the concentrated mutri-ment in Ferrozone. Under its tonic effect new life and energy is imparted to he whole system and you feel the good results in sound sleep, strong digestion, and y nerves—All these tell of the rebuilding your body is undergoing. No one can afford to risk thinness when remuinded of the helping hand of Ferro-rose—If you are earnest in wishing to be stronger, to have better health and look, the measurement of day, 50c per box at all dealers.

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What the Editor Cannot Do. Don't think because the reporter sees for whether the train that he ought of getting on the train that he ought whether the train that he ought of the train that he ought whether they are from. We aim to get all the news, but you may be the one we have happen to know. We try to become the news, but you may be the one we have happen to know. We try to become the news, but you may be the one we have happen to know. We try to become the news, but you may be the one we have loafed on the street; we've been on a dark night, but you weren't all where. And we'll be hanged if we know where to find you all. So if you are go up queer capers, let us know. From the Norton. Kansus, Telegram,



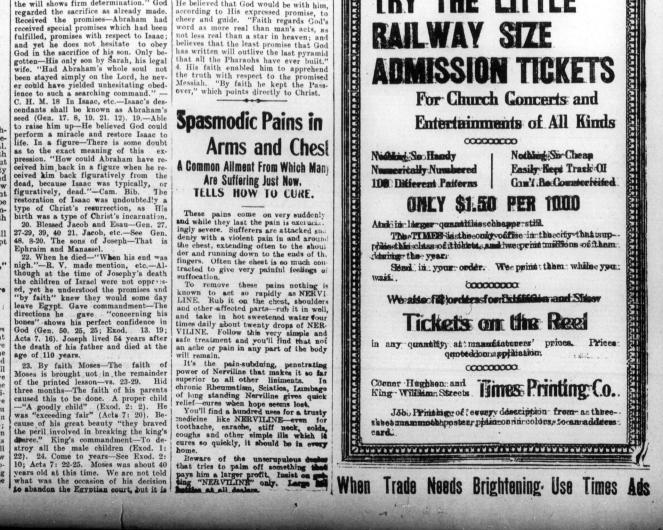
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What the Editor Cannot Do.



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