CANADIAN CHURCHMAN

## HIle kison why "Huw I was at the party," Tiitle pirl fell off her chair,   <br> Why not ", her mother asked her, <br> h.1 lictty bless her little heart ! <br> Hal been n" sweetly kind Why didnt you laugh, darling? dorit you like to tell? ? ludn il lauth,", said herty Cause it was me that fell !

EMERSONSADVICE TO A DAUGHTER

Fiuish every day, and be done with it. Y'ou have done what you could. Some blunders aud absurdities no doubt crept in ; forget them as soon as you can. To morrow is a new day, too high a spirit to be cumbered with four old nonsense. This day is al that is good and fair. It is too dear, with its hopes and invitations, to waste a moment on the yesterdays.

THROAT TROUBLE CURED.
"I used 1r. Chase's Syrup of Linseed and Turpentine for severe throat tronble," writes Mrs. Hopkins, of 254 Bathurst Street, Toronto. "I It proved most effiective. I regard it as one of the best household remedies there is. It is easy and pleasant to take and drives out the cold with surprising celerity.'

## THE: HOARY HEAD.'

Tom was studying the Sunday school lesson, which was in the twenty-second chapter of Proverbs. By and by he came to this verse "The hoary head is a crown of glory if it be found in the way of righteous ness.
When he had read it over carefully two or three times, he said to himself aloud, ". I never thought of that "()f what, my boy?" asked Uncle
." Why, uncle, that almost all the very old people whom I know, are good. I can only think of three or four who are wicked. I wonder how that happens."
" I think we can find out a very simple reason for that, Tom. Which is the more likely to live long, the man who keeps the laws which God has made to govern bis body, or the one who habitnally breaks them?'

The first, of course, uncle.
Certainly. It is true that we sometimes see the sad sight of an old, white haired drunkard trembling and tottering along the street, but mos drunkards are in their dishonoured graves long before they come to the
time of the ' hoary head.' The rumdragon has an appetite for the young and strong and beautiful.
"The man who lives a dissipated life, giving free range to his desires and passions, is truly said to 'burn his candle at both ends.' No wonder that it so early goes out in blackness

Sin has its root in the soul, but evil actions are worked out through the body. God made this marvelous machine of bone and muscle and nerve for right uses, but it is fashioned too delicately to bear persistent abuse
without injnry and destruction. S make one good, gooduess does very often make one aged. Length of days often make one aged. Length of days
is a good gift of God, and it is sought most surely along " the way of righte


Montreal, Que., Jan. 2, 1896.
Edmanson, Bates \& Co
45 Lombard St., Toronto, Can. Messieurs the Manufacturers,tried a bottle of Chase's Linseed and Turpentine for ulcerated sore throat. It cured me in two days. It is an admirable preparation.

Believe me, votre ami,
D. F. Lafleche.

## How To DECIDE.

Sometimes we are perplexed. I have seen places ever so far away, way off in the West, where the only oad through woods or across wide plains was a narrow trail. You would be lost and never get anywhere except
you followed the trail. Bnt sometimes you followed the trail. But sometimes even the trail itself would get you into difficulty. For, following the trail you would come to a place where the trail forked, one branch of it leading into this direction, and the other in that. And the question would be which one of the trails to take to reach where you wanted to go? And it here were not some guide by to tel you, you would be in sad and question In plight.
think very often in life we come o some such place. We want to do the right, and as far as we know ourselves we are going on in the right; and then, we come to where we have to decide as to which is right-whether we may do this or may not do it ; al ow ourselves in this or refuse to le ourselves put our feet in that specia way.
Nobody who lives oan help getting into such a place sometimes. An the bother is there is nobody at hand to tell us; we have to decide ourselves whether we will take that trail or this. We often wish very much that som how a voice would speak to the sky ; but no voice falls.

I think we may soon safely and certainly decide which trail to take when we come there where they fork. 1 think if we will prayerfully and honestly ask ourselves, "What do I think Jesus would do were He standing here?" and then quickly and bravely take the path whither our answer to that question seems to point, even though it looks like the hardest path, we cannot go far wrong. What would Jesus do? is the best sort of test by which to decide things.

## SURPRISED HIS DOOTOR

"A little over a year ago I was laid up with bronchitis," says Stanley C Bright, clerk, Kingston. "My doc tor's bill came to $\$ 42$, and altogether my illness cost me $\$ 125$. This fall 1 had another attack. I came across an advertisement in a newspaper for Drchase's Syrup of Linseed and Turpen ine for throat troubles. I thought cured me. After this I intend to treat my own ills."
-Good luck is the willing handmaid of upright, energetic character and conscientious observance of duty.
-One good mother is worth a
-Suffer if you must; do not quarrel with the dear Lord's appointments for you. Only try, if you are to suffer, to do it splendidly. That's the only way to take up a pleasure or pain
J. YOUNG,

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