

FIVE-MINUTE SERMON. Fifth Sunday after Easter.

PRAYER. "Hitherto you have not asked anything in My name. Ask and you shall receive." (St. John xvi. 24)

Our Lord does not mean by these words that His disciples had never prayed, because otherwise they would never have become followers of Him.

What, then, does our Lord mean when He says to His disciples, "Hitherto you have not asked anything in My name?"

We have all of us got a great work to do—the work of our eternal salvation.

For straight is the gate and narrow is the way that leadeth to eternal life, and few there be who find it.

Now, the grace to pray is the easiest of all graces to obtain. Because God wishes all men to be saved, says St. Alphonsus, He gives all men the ability to pray.

We have no excuse, then, for a life of sin, because we have a remedy in prayer. "Ask and you shall receive," says our Lord.

THE MONTH OF MAY.

May, with its freshness and beauty, will soon be with us. We, Catholics, welcome this month with a peculiar joy.

Ever mindful of the honors which the Almighty in His Divine Providence, has showered upon her, ever thoughtful of her great prerogatives and intercessory power with Her Divine Son, we delight to honor her and to invoke her almost limitless protection.

Who can doubt Mary's power? If, at her request, Jesus performed His first miracle, although His hour, as He asserts Himself, had not yet come.

Year after year, we flock to her shrines, and we lovingly gather around her sanctuary during the month of May to pay her the homage of our dutiful service.

It may have been for some in sickness or distress; for others, it may have been when they were sorely tried by temptation, for all of us, she has proved herself a true mother.

Devotion to the Blessed Virgin is the surest guarantee of eternal salvation; for it has never been heard that any one having recourse to Mary, has been rejected.

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CATHOLIC CHURCH AND TUBERCULOSIS.

WHAT IS NOW NEEDED TO CONQUER THE DISEASE IS THE COMBINED EFFORT OF THE PRESS AND THE PULPIT.

Enthusiastic praise of the Catholic Church for "taking the foremost position in the church war on tuberculosis" is expressed in a letter sent by Nathan Straus, the New York philanthropist, to Archbishop Ryan, of Philadelphia, who is directing an energetic campaign against the Great White Plague.

"I have been combating for a great many years tuberculosis and other milk-borne diseases by means of pasteurization, and I realize so keenly the tremendous power for good that you possess in being able to reach almost every community in the country by means of your parochial schools and churches, that I cannot refrain from congratulating you on the good that you are doing humanely."

"The value of the campaign of education on the means of preventing tuberculosis that can be carried on through thirteen thousand parochial schools, and from the pulpit of every Catholic Church, is so great that it can be hardly estimated."

During the seventeen years that I have been fighting tuberculosis I have had the great satisfaction of seeing an immediate reduction in infant mortality in every community in which pasteurized milk has been introduced.

"I have always advocated the very thing that you are doing so admirably. All that is now needed to conquer the disease is the combined effort of the press and the pulpit.

"Medical science has worked out the problems. All that the world now needs is enlightenment, and I am sure that a very great debt of gratitude is owing to you for the systematic work that is now being carried on under your direction, and which I hope will continue."

The method for the prevention of tuberculosis and other milk-borne dis-

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cases that Mr. Straus has used so successfully in his philanthropic work is the pasteurization of milk, which consists in heating it for at least twenty minutes to at least one hundred and forty degrees.

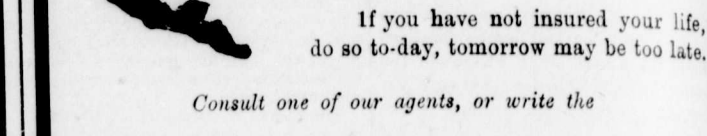
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may never burn, but the candle of your life is burning steadily by day and night. You have insured your home against loss by fire which may never happen, but have you insured its inmates against the loss of yourself which, sooner or later, is bound to occur?



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CARDINAL MORAN ON "SPORT."

A very interesting interview with Cardinal Moran on many pastimes, especially on boxing, is reported in the columns of the Sidney Daily Telegraph. "I like to encourage manly sport," the Cardinal said, "and I do encourage it in every way, so long as sport is pursued for the pure love of sport, but when disputes, dishonesty and brutality enter into athletics, when sport is indulged in merely for the sake of money it brings in, then it is to be highly censured."

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CHATS WI Young men w tend the exerci amend their liv and—after a w turn to their w It takes rit good. The first rule observed by a virtuous is—a Missionary suggestions to "keep in" wit 1. Be caref and evening p key to the trea and ye shall re 2. Often ca pointed for yo not when, nor you know; th you will be l the state of gr ever. In all thy end, and thou vi 3. Never r Sundays and By uniting ou ful in offerin the Mass, we adoration to down upon ou ings of heav 4. A dark clou who neglects 5. Be care for bad read Take a Catho 6. Remem by his compa saloon. Bewa of persons of what you do fly from the d breth the d (Eccles iii). 6. When thoughts say help me!" till you have Remember G stant. 7. If you into sin, be bog pardon opportunity start again i "He that end, he shall 8. Go to at least on our souls a strengthene Communion the Sacred Christ. "He tha shall live by Keep Yo The stor clerk, who a large ret "After t longer nee manager. "But— force, and hasn't it? "I have work," said there is a l am comp "What "You d yourself" went on th opinions h quick in h fore being formed an it down to Then he one and a one dislik refused to what he had brou notice. "I have freely as ness, the were bei that oug aired the and they by some "We these re "But you sure this next pl you cho anybody You'r send av of them you will John another truck th ber, T life, m —B. C. The the cre He kn worth ured a remem that w tion ar him th sires w and pe is the ing ha entan The lee or in thi is mar first in the "Ost M Ce trily by Cl FEI