

Self Examination.

That I may "eat the flesh of the Son of man, and drink his blood," I will examine myself :—

1. Do I habitually break any of God's commandments ?

2. Have I truly repented of, and asked forgiveness for, my past sins ?

3. Am I really and in my heart thankful to God for His mercies, as given me in and by Jesus Christ ?

4. Do I practice a spirit of good-will towards all my fellows ?

5. Am I earnestly resolved to keep God's commandments ?

Lord, give me faith and incline my heart to keep thy law.