

#### EXTERNAL.

Three heaping tablespoonfuls White Oakbark  
One " teaspoonful Arnica Flowers  
Use the liquid for cold poultice as directed  
on page 14 until all poison is drawn out.  
(Prepare as Directed on Page 20)  
It will be of great advantage if you take  
for about four weeks one of the general  
blood purifiers.

### NETTLE-RASH, HIVES, URTISARIA.

**Symptoms:**—These appear in patches of irregular shape, flat upon the top, hard, and mostly of a pale red color, sometimes the elevated portion of the skin is whiter than the surrounding parts. In general the larger ones are light in the middle and red at the circumference. The smaller ones are pale red. Often the rash appears in the shape of stripes, straight or serpentine shape. The rash may appear on any part of the body. If developed on the face, the skin may swell enormously. With the exception of a slight fever and itching, there is generally no constitutional disturbance. The rash usually appears in the morning, and disappears by noon, and will be seen once or twice during the day. This may continue daily for weeks.

The following treatment has always had the best effect —

#### EXTERNAL.

Two heaping tablespoonfuls White Oakbark  
One " " Walnut leaves  
One " " Salt  
Rub the liquid twice a day on the itching  
spots.  
(Prepare as Directed on Page 20)  
Internally take for two to four weeks one  
of the general blood purifiers.

### ERYSIPELAS.

**Symptoms:**—The skin is red, shiny and swollen. A sensation of pain and burning is felt in the affected part. Ordinarily, the disease is preceded by a chill and high fever. If the face is