

homes regularly, and the infants should be carefully protected by law. No institution should be allowed to take a baby separated from its mother, (often before she has seen it) for \$50 or any other sum. It is said that this is done at present in certain places in Ontario.

X.—ALCOHOL.

Alcohol is poison to a child, and if the mother drinks it, the baby is poisoned. This should be made known.

XI.—PARENTAL RESPONSIBILITY.

Parents' responsibilities, especially in the case of fathers, should be brought home to them. The great attention directed to this subject in Britain, France and the United States, has enforced and strengthened the sense of parental responsibility.

XII.—MILK.

At about nine months of age, the baby should begin to use clean cow's milk. Sometimes babies have to use it sooner. Improvement in the milk supply alone has been known to cut the infant mortality rate in two. We urgently need legislation defining clean milk, giving a legal standard, both chemical and bacteriological, and requiring a nourishing milk with a low bacterial count and clean. The provision of free ice in summer is very important for poor mothers. Milk Depots are good, but Consultations are better, and their success is measured by the small quantity of milk they sell and the large number of nursing babies and mothers that come to them.

XIII.—CITY CONDITIONS.

Conditions in the city must be made as nearly like good country conditions as possible.

More parks and open spaces are needed, more workingmen's houses on the outskirts of the city. More chances for holidays and fresh air funds, and more sympathetic neighbourliness, a matter in which the health visitor can help.

XIV.—FOODS AND DRUGS FOR BABIES.

Foods sold for babies should be labelled in accordance with facts, and not described as "a perfect substitute for mother's milk." These foods should not be used till the baby is nine months old at least, and then only by the advice of a physician.

Mrs. Winslow's Soothing Syrup should be marked in accordance with its contents. It contains opium.

Steedman's Powders should be marked as containing calomel and starch, and so with similar preparations.

CONCLUSION.

Looking back only three years, it will be seen how great has been the progress in Britain about Infant Mortality. It is far ahead of Ontario. England, with an infant mortality rate of 132 per 1,000, is far ahead of Ontario; and Scotland and Ireland are farther ahead still. We have not even the figures for 1908