

on the care and **specially** on the rapidity of operation, and this from both a domestic and industrial standpoint.

One must then conclude from this fact that the product, once picked, must be canned immediately. This is the great secret for the obtaining of canned goods of a superior mark.

I will have, moreover, the opportunity to insist on this important point further on in this bulletin.

Object

The object of home canning chiefly assumes an economical character.

The farmer obtaining a nice crop, either of fruits or vegetables, will certainly not choose the finest specimens for canning purposes, when he can realise a much greater benefit by selling his goods in a fresh and natural state on the market.

He will rather, after the selection is made, take the fruits and vegetables of inferior quality (it must be understood that this is in regard to size and color, as only good and perfectly ripe products should be used for canning) which would yield a smaller price than the one he could insist upon if they were presented in the form of canned goods.

If it is true that in order to command high prices on the market, it is necessary to pack only products of a superior quality, this is not the case when canned food is intended for home consumption. And even if the crop was plentiful, a farmer is always to be blamed for leaving in the field a product of poor quality as the latter, when canned, will be sold at a remunerative price or procure to his family a wholesome and hygienic daily dish, till the next crop, and this at a very small cost.

Moreover, in doing so, he will be aware of the quality of the aliment used by his family, he will be sure that it is not mixed with any other body liable to give, it is true, a nice appearance to the product, but also to alter the nature of its original and essential properties; there will be a greater variation in the daily alimentation, it will be more healthy and digestive, since the vegetable diet is known as such. By taking advantage of all the **sub-products** derived from his farm, he will effect a considerable saving in lessening the amount of his purchases of canned fruits and vegetables, etc., from his grocer or elsewhere, and for which articles he has to pay high prices.

It will result from this fact that the farmer, although he will be working in his own interest and that of his family, will be in a position to help to the solution of a more general problem. Wherever we are or go, we always hear the same formula, the same complaint: "**it costs much money to live!**"