

For Constipation Carter's Little Liver Pills will set you right over night. Purely Vegetable

Small Pill, Small Dose, Small Price

Carter's Iron Pills

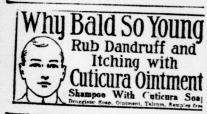
Will restore color to the faces of those who lack Iron in the plood, as most pale-faced people do.

Herb **Tablets** TONIGHT AT BEDTIME

in from over exertion, or if you are constituted or your liver is out of order, take BLISS NATIVE HERR TABLETS. In severe cases of headache or rheumatism pains two tablets may be taken. You will get up next morning feeling very much better. Bliss Native Herb Tablets act gently but effectively on the kidneys, liver and bowels. One box contains 200 tablets, costs \$1.00, and usually lasts six months. Get the genuine, and look for the trade mark and money head events. Sold by leading druggists and local agents

SUNLIGHT SOAP is made from the sweetest and choicest of edible ells and fats. It contains no harsh or strong ingredient.

It is the purest and mose efficient of soaps and, if used judiciously, the most recommend of soaps.



Ends Dyspepsia, Acidity, Gas, Indigestion.

Your meals hit back! Your stomach is sour, acid, gassy and you feel bloated after eating or you have heavy lumps of indigestion pain or headache, but never mind. Here is instant relief.



UMEROUS OTHER AILMEN

DE THOMAS' OIL

Avoid Exposure and Eat

stimulating the kidneys to normal action, thus ridding the blood of these

Jad Salts is inexpensive, harmless and is made from the acid of grapes and is used with excellent results by thous-

PAGE OF INTEREST TO WOMEN

FARM WOMEN MUST ORGANIZE ELSE THEY WILL BE ORGANIZED Talk Before Women

Men Do Not Yet Appreciate the Fact That Women Have Lieut.-Col. Molloy Guest of

Full Equality of Citizenship.

change that has come about in woman's relation to the state.

Now, the farmer is not any more unwilling to grant to woman the full and free rights of her citizenship than are men in other walks of life. Nevertheless, many of the individual members need to educate themselves to the new era. These are: 1. The men who have always thought of MY farm, MY business, who have not taken their wives and daughters into actual partnership. They have, if they analyze their attitude, the opposite idea to the one Burns expressed when he wrote:

1 a lew votes well are does not need our help, here is one that does not ne

Re-establishment of Soldiers Subject of

Women's Canadian

There appeared in our secretary's corner of the Weekly Sun recently an article which should be printed and reprinted by every paper really interested in the development of the farming industry along progressive and profitable lines. Such development can come in one at the constitution and paying the feet of the development of the farming industry along progressive and profitable lines. Such development can come in one at the constitution and paying the feet. My wits were certainly "wool-gather in when I talked to a U. F. O. and the U. F. W. O. and the constitution and paying the feet. My wits were certainly "wool-gather in when I talked to a U. F. O. and the u. F. W. O. are identical, vm., subscribing to the constitution and paying the feet. My wits were certainly "wool-gather in when I talked to a U. F. O. and the u. F. W. O. are identical, vm., subscribing to the constitution and paying the feet. My wits were certainly "wool-gather in when I talked to a U. F. O. and the u. F. W. O. are identical, vm., subscribing to the constitution and paying the feet. My wits were certainly "wool-gather in when I talked to a U. F. O. and the u. F. W. O. are identical, vm., subscribing to the constitution and paying the feet. My wits were certainly "wool-gather in when I talked to a U. F. O. and the weeks ago, who asked: "Do you think it necessary that the women of the feet in the braid on example the paid-up members? Can they not have every advantages." Why I didn't tell that man to send the feet in or his wife and then not you that the women of the feet and heart of the powers that be. The article drew attention to the state of the u. F. P. O. and the understand. Nor was and billed to the fact of the EQUALITY of the sexes in the U. F. O. City Women Are Organized.

Bear in mind that the women of the entire and towns and cities in the East have and when the indices of the address Mrs. Frank to the grade and any more and to the fact of the EQUALITY of the sexes in the U. F. O. City Women Are Organized.

Bear in mind that the

And then he made the lasses, oh.

2. The men who, while they have recognized as the hard on the fact that this, are not awake to the fact that this away the not the hallot, its purpose and value, of the property of the property wedding took place.

Now, the only possible way of the recomment that the normalization: the amount of influence away the normalization wiled is in exact property of the possible way of the fact that the normalization wild is in exact property of the fact that the normalization wild is in exact property of the property of the fact that the normalization wild is in exact property of the fact that the normalization wild is in exact property of the property of th

The recital at Conservatory Hall was given last Saturday afternoon by the following pupils: Peggy Willgoose, Dorothy Willis, Marjorie Lipsett, Harsold Gray, Jean Nelson, Frances Bycroft, Hazel Hayden and Annie Ormond.

The diet during and after influenza. Horlick's Malted Milk, nourishing, di-

Western Ontario Women's Activities

Women's Activities

SHETLAND W. I.

The Shetland branch of the Woman's Institute helds its January meeting at the home of Mrs. Clifton Wilson. Roll-cail was answered by "current events." Readings were given by Mrs. T. Belton, Miss Hazel Brown and Miss Elva Johnston, with titles as follows: "A Handy Kitchen," "When the Warrior Home Returns," and "Edith Cavell, As I Knew Her."

Four quilts, eight pairs of socks and nine pairs of children's stockings were packed for the French and Belgians, and more yarn and sewing were given to be made up for the same pacelle.

large cake with candles on. Mrs. Hall is one of the most active and faithful members of the league, having been a member since its organization, and seldom missing a meeting. She has knit the largest number of socks of any lady belonging to the league and very seldom misses a meeting.

EMBRO BADMINTON CLUB.

The Badminton Club sent to Siberland Relief this week the following articles: Seven toques, 24 children's shirts, 4 petticoats, 20 pairs of stockings, 19 pairs drawers, 1 nightdress, 1 comforter, 3 pairs socks, 1 baby's bonnets, 1 boy's suit. This club is always doing excellent work.

A SMART TWO-PIECE SUIT. Coat—2654. Skirt—2653. Comprising Ladies' Coat Pattern 2654

Advertiser Patterns

Comprising Ladies' Coat Pattern 2654 and Ladies' Skirt Pattern 2653. Brown wool velour, or blue velveteen would be nice for this. The coat is made with given by the executive of the Women's Canadian Club in honor of Lieut.-Col. Molloy and Mrs. H. H. Bingham, who is shortly to leave the city.

One of the most enjoyable social affairs held last week was the dance require about 8 yards of 44-inch ma-

One of the most enjoyable social affairs held last week was the dance given on Friday evening by Mr. and Mrs. James Kerrigan at the Tecumseh House. Two hundred couples enjoyed the evening, charming music being rendered by the Tony Cortese Orchestra. Many smart gowns were in evidence.

and 34 inches waist measure. It will require about 8 yards of 44-inch material for a medium size, for the entire suit. The width of the skirt at lower edge with plaits drawn out is about 2 yards.

This illustration calls for TWO separate patterns which will be mailed to any address on receipt of 10 cents FOR EACH pattern in silver or stamps.

deforming garment ever designed, the Mother Hubbard. This costume of Hawaii is one instance of clothes failand more yarn and sewing were given always doing excellent work. to be made up for the same people.

embodies youth and beauty. That youth should be simply clad to follow the lines of the figure is so obvious that it seems "bromidie" to reiterate

Many Social Events

And the call to dress up smartly has made our Dressmaking and Ladies' Tailoring Department a very busy one. The early booking of your dress and suit order is advisable. Our Miss Hagan will give you prompt attention and entire satisfaction.





It's Undoubtedly a Silk Season say the fashion magazines, so say the smart apparel

The Season's Most Popular SILK FABRICS

SILK SERGE, a silk for style and service, suitable for dress, suit or separate skirt; colors, navy, taupe, grey, dark brown, dark green and prune; width 36 inches \$3.00 yard

PAILLETTE AND DUCHESS SATIN, in dark shades of navys, browns, greys, etc., a big range and good values, widths 35 and 36 inches. Priced from

..... \$2.00 to \$2.50 yard DUCHESS SATIN, evening shades, nile green, mauve, sapphire, light pink and light blue; width 36 inches

...... \$3.00 yard IVORY CHARMEUSE, 40 inches \$3.50 yard HABUTAI SILKS, taffeta finish, in light and dark shades; width 36 inches. Price\$1.50 yard

WHITE HABUTAI SILK, 36 inches. Prices, per yard\$1.10, \$1.25, \$1.50 and \$2.00



WOOLENS

While it would be extravagant to say there is a famine in this class of goods, it is certain that the demand is, and will be for some time to come, considerably in excess of the supply. The wise buyer will recognize this and select the fabric for her dress or suit early in the



An Interesting Showing of New Dress Goods and Suitings

SUITING SERGES, all wool, in colors black, navy, green, brown, grey and burgundy, widths 50 to 56 inches .. \$2.50 to \$3.50 yard

EXTRA FINE SUITING SERGE, black, navy, grey and fawn, width 56 inches

FINE WOOL SUITINGS, plain, twilled or corded effects, blacks, greys and navys, widths 54 and 56 inches. Priced from\$3.50 to \$6.50 yard

NAVY GABARDINE, all wool, width 50

Gray's

Agents for the Ladies' Home Journal Patterns. 140 DUNDAS STREET. Phones 115, 116.

EMBRO RED CROSS. The February meeting is to be held at Mrs. Duncan Bolton's. at Mrs. Duncan Bolton's. EMBRO YOUNG PEOPLE MEET. The young people of the Congregational Church met for their weekly meeting with a large attendance. The president, Miss Ruth Munro, occupied the chair. A piano selection by Miss EMBRO REO CROSS. The Embro and West Zorra Become with the congregation of the Congregation of the Society was held at the home ment in the Belgians. The next meeting is to be held at the home of Mrs. W. Geddes on Tuesday afternoon.

ESSEX PATRIOTIC LEAGUE.

freshments were served, including a large cake with candles on. Mrs. Hall

CYNTHIA GREY'S MAIL-BOX

A dainty dress adapted to the girl In All its loveliness.

In Harmony With Youth.

No charm of maturity can compete with the beauty of youth. Whether it measures up to the standards of beauty or falls short of the perfection of its measurement, youth shines, radiates and attracts as nothing else in all the world.

A young girl's clothes should express the joyousness of youth. Bright colors should respond to the sparkle in her eyes and the glow in her cheeks. There are frocks, like severely tailored blue serges, which by their very unsobtrusiveness throw into contrast the radiance of youth. Generally speaking, light colors should adorn the young girl because later in her life she will, perforce, have to stick to the darker shades if she would be dignified and smart. "Gather ye rosebuds while yemay" is another way of saying "Be young while you can."

Clothes have an over-valuation, it is true, because we are dependent upon them for the expression of so much. Their color and line as they cove our bodies must oft proclaim the spiritual as well as the physical. Certainly they Mechlin lace are mounted on an under-Dere Sinthyuh,-Hev yew eny rume

the new conditions; because they did not receive their food regularly, as they had been accustomed, they began to murmur. In spite of this, God gave them manna from heaven and fed them miraculously, intending this to be an object lesson, that from him all blessings come. It is a necessary lesson for just to learn that all we have and are come from God. Once having learned this there will be no need for anxiety concerning bread and butter. When we are free from anxiety we can effectually concentrate ourselves upon the duties of life.

In your corner. Different from outside these nights. I would like if some of the girls of your column between 16 and 17 would correspond with me.

SCOTCH LASSIE.

Wants a Trench Cap.

Dear Miss Grey,—Would be very much pleased if you or some of the readers could send me the patterns for the knitted "trench cap" and the "pullover sweater coats," and what kind of wool you use for each.

Can you tell the character or disposition of a person by their penman-

I am, today and the day before the CALAMITY ANNE. Ans .-- How terrible to think of the "flugh" having such an effect upon our poor friend. Anyhow, I've given the order for the pattern, and maybe by the time it is received "C. A.'s" "grelling" and thin "" will have a second of the pattern 'spellin' and things" will have recovered. Let's hope for the best.

Dear Mizs Grey,—I saw where "Enniskillen," wanted some crochet patterns, so I am sending them. I would like the Wanstead Wreck, and what date did it happen on? How do you like my pen name? SCRAPPER.

The Wanstead Wreck.

the second form in high school. remain, A DRIVER'S SISTER.

Dear Grey Miss,-Here I am again. I just can't help taking a peep in once in a while; it seems so cosy and warm in your corner. Different from outside these nights. I would like if some of the girls of your column between 16 and 17 would correspond with me.

SCOTCH LASSIE

mine.

A.—I. Has anyone the rules for making a trench cap? Perhaps "Polyanna's" directions for sweater-mak-Dear Miss Grey,-May I have the

tocking-foot pattern, also some croche patterns, if you have any to spare? Would like pattern for crochet bag, if I could get it. This is the first time I have written to the page, but I read if daily and enjoy it very Ans.—Who can oblige this newcomer with a crochet bag design? Shall keep your envelope a few days to see if any designs are received for your esigns are received for you. A Wet Towel Does It.

Dear Miss Grey,-Someone (I think

'Frenchy") was asking for a cure for sleep-walking. Don't know whether this will cure or not, but to place a vet towel on the floor beside the bed and the content of th

Never Had a Fallure.

Dear Miss Grey,—Here comes another wanting that precious stockingfoot pattern. I am sending this layer cake recipe, which we have found very good and never had a failure with: One cup sugar, 2 tablespoons butter, Cream well together, add 1 egg; sift 2 cups flour with 4 teaspoons baking powder, and add to above. Then put in milk (1 cup), and 1 teaspoon vanilla. Bake in layer cake tins. I remain,





A "Scrumptious" Recipe.

My Dear Miss Grey.—Here I am again! I saw where someone wanted a yoke pattern. I don't know whether she will be able to understand the sketch I'm sending, but it is the only way I am able to copy it. I hope it will be all right.

This is a scrumptious recipe: Orange Marshmallow—1½ cups orange juice, This is a scrumptious recipe: Orange water, add juice and eggs, and let all marshmallow—1½ cups orange juice, Marshmallow— 14 cup lemon juice, 2 egss well beaten, Pour over melted marshmallows and beat for live and cut marshmallows. Serve cold.

cut marshmallows. Serve cold.

Miss Grey, I'll stop before I tire
and I'll

FOR SCALDS, CUTS AND BRUISES. FOR COLDS, COUGHS AND BRON-CHIAL AFFLICTIONS, FOR STIFF

ECLECTRIC

MANY CASES OF RHEUMATISM NOW

Says We Must Keep Feet Dry,

Less Meat.

Their color and line as they cover our bodies must oft proclaim the spiritual as well as the physical. Certainly they so far toward expressing personality. Clothes Our Deep Concern.

Clothes Our Deep Concern.

Clothes Our Deep Concern.

Clothes, then, must be our deep concern. Some day our women will know enough to choose rightly, quickly and then to forget the material side expressed by clothes because of the certainty of their perfection. Until then they cover our bodies must oft proclaim the spiritual sowred with gros grain ribbon and a silver buckle completes this decident of the certainty of their perfection. Until then they cover our bodies must oft proclaim the spiritual sowred with gros grain ribbon and a silver buckle completes this decident of the certainty of their perfection. Until then they cover our bodies must oft proclaim the spiritual sowred with gros grain ribbon and a silver buckle completes this decident.

Clothes Our Deep Concern.

A paintable gown of old blue velvet.

A paintable gown of old blue velvet makes a charming frock for a girl of the perfection.

The out at the provided with grow provided with grow

Rheumatism is caused by poisonous toxin, called uric acid, which is generated in the bowels and absorbed into the blood. It is the function of the blood and cast it out in the urine. The blood and cast it out in the urine. The blood and cast it out in the urine. The proper is the blood of this impurity. In damp and chilly, coid weather the skin pores are closed, thus forcing the kidneys to do double work, they become weak and sluggish and fall to climinate this uric acid which keeps accumulating and circulating through the system, and circulating through the system, and called rheumatism. At the first twinge of rheumatism at the first twinge of rheumatism, at the sweet of the selection of the lowest and pain called rheumatism. At the first twinge of rheumatism, arises went to Hawaii, they found the short of the selection of the lowest and pain called rheumatism. At the first twinge of rheumatism counces of Jad Salts; put a tablespoonfuli in a glass of water and drink before breakfast each morning for a week, This is said to eliminate uric acid by estimulating the blood and unadorned.

The squared into a round collar and sleeves. The soft girdle and sash ends are of so evelvet makes a lovely color contents. Another street dress is fashioned or is seventified and sash ends are of some velvet makes a lovely color contents. Another street dress is fashioned or is seventified and sash ends are of some velvet makes a lovely color contents. Another street dress is fashioned or interesting and sowing to the probability how the some velvet makes a lovely color contents. Another street dress is fashioned or interest its fetching with the town best form the resort twing and sowing to the probability how the fashion that its fetching and large twith the first missing and clothes fermining associated which keeps accumulating and circulating through the system.

The desire to be beautifu

the boys were exquisitely developed by outdoor sports, especially swimming. Beautifully modelled and unadorned, their bronze bodies glistened in the sun against the azure background of the purities.

Jad Salts is inexpensive, harmless and made from the acid of grapes and mon juice, combined with lithis, and used with excellent results by thousides of folks who are subject to rheuristen.

The wives of the missionaries were horrified. Forthwith they ran back to the ship and sought from their supply of extra garments their "night gowns." Made in the old-fashioned Mother Rybbard high neck and long sleeves than the sun against the azure background of the perfect tropical sky and sea.

Primitive Beauty and Clothes.

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Primitive Beauty and Clothes.

The wives of the missionaries were horrified. Forthwith they ran back to the ship and sought from their supply of extra garments their winght gowns." With

(By Madame Francis, Famous Creator of Fashions, New

THE FASHION FORECAST.

Smocked silk dresses will be featured for morning wear at winter resorts. Some of them are

tailored yokes and above linked cuffs. Developed in plain or striped silks these gowns will be

ing to express the spirit of a race which

Pink Chiffon Frock.

Pape's Diapepsin at Once New Phases of Clothes For Girls at the

York City). When one reaches her teens, life is serious question, indeed. Not the least serious problem is that of clothes.

The first difficulty arises when a sweet girl who has always been obedlent to mother's every wish suddenly gets a "crush" on some very elborate, over-dressed young acquaintance, who represents all that is awful to mother represents all that is beautiful to the hand and all that is beautiful to the hand are five the hand are five them they clothed the beautiful them they clothed the beautiful them they clothed the beautiful Hawailan girls and women.

To satisfy the demands of the happears in a party frock with really low neck, somewhat like mother's. And low neck, somewhat like mother's. And have to go and do likewise.

To satisfy the demands of the Hawailans adopted this dress as the national costume, with the result that is mobilized the world is clad in the most bideously afforming garment ever designed, the them of the hard is costume of the most beautifully formed race in all the world is clad in the most bideously afforming garment ever designed, the

Don't stay upset! Eat a tablet of Pape's Diapepsin and immediately the and distress ends.

Pape's Diapepsin tablets are the surest, quickest stomach relievers in the mother who successfully manages the dressing of her daughter between 13 and 17—the difficult age, it is called by some, the lanky age by others. "Growing pains" may be a thing of the past, but they are nothing compared with the pride in clothes that knoweth no pain, and which is charsurest, quickest stomach relievers in knoweth no pain, and which is charthe world. They cost very little at drug acteristic of the period known as ado-

When small boys of the Penrod var-ety begin to take a real interest in heir fingernails and the cleanliness of the small girls begin measuring wearers. The street dresses should with the idea of keeping simplicity uppermost in the minds of the little wearers. The street dresses should the exact number of inches that their express service and the party frock skirts show below their dimpled portray the picturesque qualities that knees and deciding on the hair bow should characterize every gown debest adapted to the maturity of their signed for a young girl. The wise mother concedes and con-The wise mother concedes and controls, guiding the taste of the girl into the simpler, sweeter lines which should govern the clothes that express youth in all its loveliness.

In Harmony With Youth.

A dainty dress adapted to the girl between 13 and 17 years is found in a frock of pin chiffon. Several rows of Mechlin lace are mounted on an under-

Another street dress is fashioned of plaid and plain serge Blue serge makes the peplum jacket with its fetching little darts embroidered in blue silk arrowheads. A patent leather belt, held by silver buckles and studded with silver nail heads, outlines the slender waist. Van Dyke collar and cuff of heavy butcher's linen are edged with old-fashioned tatting. The skirt is made of dark blue and green plaid, with a line of yellow running at intervals. The helmet hat a delightful adaptation of a more warlike headgear to the strength of the chief lessons which God endeavored to teach the children of endeavored to teach the children of the chief lessons which God endeavored to teach the children of endeavored to teach the children of endeavored to teach the children of the chief lessons which God endeavored to teach the children of endeavored to teach the children of the chief lessons which God endeavored to teach the children of endeavored to teach the children of the chief lessons which God endeavored to teach the children of endeavored to teach the children of the chief lessons which God endeavored to teach the children of the chief lessons which God endeavored to teach the children of the chief lessons which God endeavored to teach the children of the chief lessons which God endeavored to teach the children of the chief lessons which God endeavored to teach the children of the chief lessons which God endeavored to the chief lessons which God endeavored to teach the children of the chief lessons which God endeavored to teach the children of the chief lessons which God endeavored to the chief lessons which God endeavored to the chief lessons which God endeavored to the chief lessons the chief lesso

Wreaths WEST FLORAL COMPANY

Phone 2187. 249 Dundas Street.