AUTOINTOXICATION OR SELF-POISONING

The Dangerous Condition Which Produces Many Well Known Diseases.

HOW TO GUARD AGAINST THIS TROUBLE

"FRUIT - A - TIVES" - The Wonderful Fruit Medicine -Will Protect You.

Autointoxication means self-poisoning, caused by continuous or partial constipation, or insufficient action of

the bowels. Instead of the refuse matter passing daily from the body, it is absorbed by the blood. As a result, the Kidneys and Skin are overworked in their efforts to

rid the blood of this poisoning.

Poisoning of the blood in this way often causes Indigestion, Loss of Appetite and Disturbed Stomach It may produce Headaches and S'eeplessness. It may irritate the Kidneys and bring on Pain in the Back, Rheumatism, Gout, and Rheumatic Pains. It is the chief cause of Eczema-and keeps the whole system unhealthy by the constant absorption into the blood of this refuse

"Fruit-a-tives" will always cure Autointoxication or self-poisoning - as "Fruit-a-tives" acts gently on bowels, kidneys and skin, strengthens the bowels and tones up the nervous system Fifty cents a box, 6 for \$2.50, trial size, 25c. At all dealers, or sent postpaid on receipt of price by Fruit-a-tives, Limited, Ottawa.

DISEASE SECURES FREEDOM FOR MAN STABBING DOCTOR

Magistrate Refuses to Send Him to Prison.

SENTENCE IS SUSPENDED

Soldiers Who Assaulted Victoria Hospital Surgeon Get Another Chance.

Higgins Hughes, the colored soldier, who confessed to using a knife on Dr. Shiels, house surgeon at Victoria Hospital, when the latter attempted to search him on Saturday afternoon last for a bottle of whiskey, was allowed to go on suspended sentence when he apo on suspended sentence when he ap-eared before Magistrate Graydon to-

day.

Hughes was allowed to go, not because the magistrate did not believe his offence justified a term, but behis offence justified a term, but be-cause of the fact that the soldier was suffering from a severe type of tuber-culosis. The magistrate thought that it would be better not to commit Hughes to the reformatory, where he would spread the disease, but to give would spread the disease, but to give him another chance. Hughes promised to conduct himself in a proper manner in the future and to let whiskey alone. Pte. Theodore Daigle, who was in company with Hughes at the time of the disturbance at Victoria Hospital, was also allowed to go on suspended sentence on his plea of guilty to disorderly conduct and drunkenness. Hughes and Daigle were allowed out on leave for three hours last Saturday afternoon. They bought a bottle of whiskey from one of the many "bootleggers" who operate in the city and became intoxicated. When an altercation arose on their return to the hospital, Drs. Shiels and Ferguson attempted to secure the whiskey from the men.

Hughes then pulled a large pocket-nife and cut Dr Shiels several times



Daniel E. Lawlor has reported for duty here, and has been taken on the strength of the Canadian Army Service Corps Details.

Capt. J. R. LaTouzel of A. M. C. Training Depot No. 1 has been detailed for duty as medical officer for the families

TRAFFIC EARNINGS .- Grand Trunk traffic earnings from the 15th to 21st of December totalled \$1,355,105. For the corresponding period in 1916 they were only \$1,164,962, or an increase of \$190,148 for this year.

MEETS WEDNESDAY.-Next week the Red Cross will meet on Wednesday instead of on Tuesday, which is New Year's Day. The Red Cross council will meet as risual on Wednesday at 10:30 o'clock.

FAREWELL SERMON .- Rev. Dr. D L. McCrae, who is retiring from the active duties of the ministry, will preach his farewell sermon at Hamilton Road Presbyterian Church Sunday evening.

NO MORE TILL JANUARY 4 .- OW ing to the fact that some repairs are required at the St Thomas barracks, the volunteer company of the 1st Depot Battalion will not be moved there intil , it was announced at head-

WHERE SHOEING IS TO BE DONE. The proper place for all military horses in the London area to be shod is at Barn No. 4, Queen's Park Camp, according to camp orders. The work is to be done there under the supervision of the Canadian Army Veterinary Corps, but the bornes of the Canadian Army Veterinary Corps. but the horses of the 63rd Battery are excepted from this ruling.

'Derma'ine Snow

is a cleansing cream that pene-trates and removes the dirt from the pores of the skin, and allows them to breathe in a healthy, normal manner, re-stores circulation to the face, soothes and softens.

GET A JAR TODAY.



SOME STRAY SHOTS FROM CAMPAIGN ON FOR CIVIC HONORS

speaker Thursday night at the East End hall. Perhaps this is a forerunner of the election result when one remembers the old adage that "the first shall be last and the last

Is the move to abolish the board of control one to get rid of a number of prominent men from the city

Objection is taken to the fact that Mr. Somerville qualified just seven minutes before the time for so doing expired. As has been said be-fore, "the first may be last and the last may be first." Perhaps fear of this old adage explains the attempt to throw dust in the eyes of the electors.

Certain candidates seem to believe that the Technical School is a "white elephant." It might have been better for the ratepayers if they had not delayed their discovery until election time.

Some of the mayoralty candidates do not seem to think that the city needs a financier for mayor. Yet the poorest household in the city today needs a financier to keep going. Is the city any different?

One hears but little of the fuel situation during the contest. Yet It is a burning question.

London has thirteen different spending bodies. Is it any wonder the tax rate is high when they vie with one another to see who can spend the most. The odds are on the board of education.

C. B. Edwards spoke on "How to Secure the Best Men to Govern the City." Our suggestion is to get the poor ones to stay at home. Mr. Somerville "will cut out all foolish expenditures." Down with

the tax rate.

C. R. Somerville is the big interests candidate for mayor, according to Controller Shaw. "Consistency, thou art a jewel." Did not a member of the audience at Thursday night's meeting accuse Dr. Shaw of supporting the big interests' candi-date in the Federal contest, and he dld not deny it. Seemingly there are big interests and big interests.

If there is anyone who has not some hidden motive for trying to keep Dr. Shaw out of the mayor-alty chair, please step forward.

"Are you going to stay by me." asked Mayor Stevenson of last night's audience. Some had the temerity to answer "No."

The Federal Government owes not a little to London for legislative ideas. Mayor Stevenson suggests that the Borden Government got that the Borden Government got the idea of selling Victory Bonds to the people from the city's scheme of selling debentures at home. He graciously admits that he got his idea from Great Britain. Now the fuel controller will take the utilities commission's Idea of seeing that the claims of the needy are looked after by coal dealers who have supplies. And there are some who would condemn some of London's municipal government

A ratepayer asked today: "Is Controller Shaw flattering or kidding himself when he thinks that everyone is trying to keep him out of the mayor's chair?" It was suggested that he would find on Tuesday that there were even more than he thought who did not want him wielding the gavel

popcorn business with an Iron business for experience.' This is one of Controller Shaw's sterling arguments as to why he should be elect-ed over Mr. Somerville.

declared Controller Shaw jast night. Perhaps, but the doctor does not stop there. He seems to hold the same idea of the electorate. Tuesday is nigh.

Dr. Shaw waved a couple of copies of the Free Press before his audience last night. The large articles on the front page, he said, we paid for, every line of it. The controller left the impression that he believed the headlines in question, should be proclaiming his cantion should be proclaiming his candidature. The fact that they are not is the one point in the opposition to the controller that he has not explained by recounting some unfair motive.

Mr Somerville's opponents have been somewhat perturbed because that candidate has not chosen to follow their lead in conducting his campaign. "Why. is he not here?" demanded Controller Shaw of his partially packed meeting last night. Seemingly he has a corner on mu-nicipal campaign methods, and all must fall in line.

"I am a dangerous man," de-clared Controller Shaw last night. No one disagreed.

"Be patriotic, if you are not you are a friend of the kalser," declared Controller Shaw. Where did we ever hear that before?

"The tax rate this year was 33 not 34 mills, as the papers state," said Controller Shaw. "Why do the papers hound this up?" he asked.
Here are the figures: Mills. School and municipal council... 29 War tax

The Labor candidates for the school board declare that other schools should have the same facilities as the Lord Roberts School. It has a swimming pool, but as they also pointed out, though money was spent in building it it is not being used. This is not a startling fact in London. fact in London.

Last year's council authorized the utilities commission to pay \$25,000 for the Hunt's mills. It is a wonder that the commissioners have not been condemned because they purchased it for \$10,000 less.

Vot ng For a 'Kicker'

Good, Provided He Kicks to Some Purpose.

"Give me a kicker every time in public life, and I'll vote for him. He'll stick up for the people's interests." So said a well-known citizens the other day in discussing with a group of friends the coming municipal elections.

Let a man be known as a "kicker" among the hangers-on and heelers of the city hall, and it is a sure sign he has blocked some profiteering schemes and pet graftes of those same gentry.

Controller Shaw is considered a "kicker" by some, but he kicks the grafters in the interests of the people who have intrusted him with their confidence. London will be sure that some more grafters will be calling the fear-less candidate a "kicker" if they make him Mayor Shaw on Tuesday next.—

Our specific of the search of the conditions have sent the working class and had so good, and the decrease of the conditions have sent the working class in problematical. According to reports, the demand is good, and the decrease of the executive committee.

OLEO IS PORILLAR

OLEO IS POPULAR.

SARNIA, Dec. 28.—Oleomargarine is almost as popular as butter. This is due to the great difference in price, but the advent of oeio has considerably lessened the chance for butter taking another jump in price. One concern in this city is receiving his oleo by the ton having received a ton shipment yesterday.

POCOCK'S RECORD **INSURES RETURN** TO BOARD AGAIN

Chairman of Commission Certain To Go Back.

HAS AN ENVIABLE RECORD

Achievements for the People's Cause Bring Support of

or the purest water, at a very low rate, provided means for future development, and solved the water problem for London for a decade at least. The Foster wells are the cheapest and most satisfactory supply of water ever secured by the city, and the credit must go to Mr. Pocock. Per million gallons pumping it is the most efficient, and cheapest yet devised. It means that London is protected by a pure supply of water, with any quantity available for fire protection.

The waterworks will hand over to the city \$5,500 to reduce the taxes of the citizens, twice as much as promised. In addition, \$5,043 was paid for the Hunt property. This Mr. Pocock secured for \$15,000 when the original figure was \$25,000, a clear saving of \$10,000 to the citizens, and the retention of a big industry for London.

Mr. Pocock. It believes in getting a dollar's worth for every dollar expended. Trades Council knows Pocock and

The income of the utilities was \$125,000 way.

Let Pocock handle your utilities, and save the citizens thousands annually. The people can trust him. Keep the

office who has made good with

what really counts.

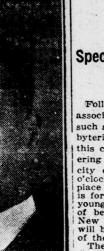
Here is a Big Man, who has done a
Big Job in a Big Way. The city of London will keep bigness where it can do
the work that is necessary.—Advt.

Hide Prices Drop But Leather Will

CONVICTED BURGLAR SMASHES TURNKEY OVER HEAD WI POKER; MAKES HIS ESCAPE

George Marello, Alias Stanton, Who Pleaded Guilty to Eight Robberies, Makes Sensational and Successful Dash For Freedom From County Jail, Where He Was Awaiting Sentence.

NEW YEAR'S RALLY CONCEDED PLACE ON **UTILITIES COMMISSION** ON HIS FIRST ATTEMPT



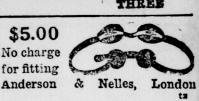
OF PRESBYTERIAN SUNDAY SCHOOLS

Special Services Being Held On Tuesday Morning.

Following the plan of Sunday school associations in other Canadian cities, such as Montreal and Ottawa, the Presbyterian Sunday School Association o Cause Bring Support of Public.

Thilly Dwords, chairman of the utility of the control of the con this city has arranged to have a gathering of all the Sunday schools in the ering of all the Sunday schools in the city on New Year's morning at 10:30 o'clock. This gathering, which will take place in the First Presbyterian Church, is for the purpose of impressing on the young people of the city the importance of beginning the New Year well. A New Year's Day begun with worship will be a stumulus to continue the rest of the days of the year in like manner. The meeting will be addressed by Capt. N. H. McGillivray of St Thomas, and a short explanation of the offering for prisoners of war in Germany will

\$5.00 No charge for fitting



ROWLAND HILL

The Right House

for popular priced Hockey Shoes and Hockey Skates. Skates put on free.



BUY YOUR NEW YEAR'S GIFTS AT THE FAIR

15 Dominion Savings Building,
Facing Market Square.
New Year's Cards and Booklets, Manicure and Toilet Sets, Paint and Drawing Books, Writing Paper and Envelopes, Dolls, Toys, Games, Schoolbags, Rocking Horses, Pony Kars, Coaster Cars, Pony and Carts, Teddy Bears, Men's Gloves, Socks, Wool Shirts, Sweater Coats.

YOUR FILMS DEVELOPED and PRINTED CORRECTLY

ROBERTSON & MORLEY, 66u 310 Dundas Street. Opposite Armories

WHO'S WHO IN LONDON'S **MUNICIPAL CONTEST OF 1918**

needy dealers of the waterworks will hand over to the city \$5,500 to reduce the taxes of the men of ment of ment of the citizens, twice as much as promised. In didition, \$5,018 Mr. Pocock secured for signal figure was \$25,000, a clear saving of \$10,000 to the citizens, and the retention of a big in dustry for London.

Conding tryof the greater day and the retention of a big in the city and other civic institutions can and will reap the benefit. It meant a cheap supply of the for the McClary sin a few years, analely: Beattie Bros. Natural gas was one of the real reasons for couling to London, and Mr. Pocock secured this advantage at cost to the citizens, and the retention of a big in dustry for London.

Board of Education.

Board of Education.

JOHN SHORE BARNARD, merchant, party He has always taken part in one of London's leading businessmen for many years. Was elected to the board of education eighteen months ago authority on education and the past year. Prominent in church work and keenly interest the past year. Prominent in church work and keenly interest in the city and the Baconian Club and vice-president of the Baconian Club and vice-president of the Baconian Club.

JAMES GRAY, merchant, has lived practically all his life in London, but the board of education eighteen months ago at mentoer of the school manage and the retention of a big in dustry for London.

JAMES GRAY, merchant, has lived practically all his life in London, but the baconian Club.

JAMES GRAY, merchant, has lived practically all his life in London, but the degree of Doctor of Fedagory. The prominent in the prominent in the prominent in the city are a constant of the prominent in the prominent in the prominent in the city and the retention of the Brown and the retention of the Baconian Club.

JAMES GRAY, merchant, has lived in the london, but the manufacturer in the prominent in the prominent in the city and the retention of the Baconian Club.

James Gray, merchant, has lived in the normal prominent in the prominent in the prominent

and other civic institutions can and will reap the benefit. It meant a cheap supply of fuel for the McClary Manufacturing Company, and the bringing to London of an industry, that Controller Moore says, will be greater than McClary's in a few years, namely: Beattle Bros. Natural gas was one of the real reasons for coming to London, and Mr. Pocock secured this advantage at no cost to the citizens.

The administration of the parks is another matter to which Mr. Pocock has given much attention. London never has uch beautiful play spots as it has since Mr. Pocock became a commissioner, at a cost much lower than almost any city on the North American continent.

Mr. Pocock is a real believer in doing city work by day labor. He saved \$2,000 on one plumbing contract alone. He is constructing the Hydro Shop by day labor. He saved \$2,000 on one plumbing contract alone. He is constructing the Hydro Shop by day labor, and will save the citizens thousands of dollars.

The water supply has been increased from 3,000,000 to 9,000,000 gallons, and the operating expenses have been increased only from \$54,000 to \$650,000. That's efficiency plus.

Mr. Pocock has had charge of the expenditure of about \$1,600,000 on hydro and waterworks. Not a cent was wasted. That's business efficiency, The Trades and Labor Council has indorsed Mr. Pocock his negeting a dollar's worth for every dollar expended. The Trades Council knows Pocock and council knows Pocock and council knows Pocock and council knows Pocock and the operating expenses have been increased from 3,000,000 to 9,000,000 gallons, and the operating expenses have been increased from 1,000,000 gallons, and the operating expenses have been increased from 3,000,000 to \$600,000 on hydro and waterworks. Not a cent was wasted. That's business efficiency, The Trades Council knews Pocock and Condon and the proposition of the bard during the past year. The Trades Council knews Pocock and the proposition of the board during the past year. The Trades Council knews Pocock and the proposition of

ERNEST HAMILTON RUSSELL, The Trades Council knows Pocock and plumber, has conducted a plumbing his methods, and it is behind him to a business in London since 1887, when he came here from London, England. Four years ago, he was an aldermanic candi-date. He has been a member of the when he took hold. It is now \$600,000, and growing daily. Business methods did it. The Pocock way is the people's Was president of the Canadian Society Was president of the Canadian Society nestic, Sanitary and Heating En

GEORGE ALFRED WAKELING, born Experiments are dangerous. Don't experiment with the utilities, but keep them in safe hands. Pocock's election many safety and prosperity.

Gender Althree Wartelling, but London, England, 1882. Worked since 12 years of age in various parts of England, Scotland and Wales, at numerous jobs and trades, eventually following jobs and trades, eventually following interpretations. them in safe hands. Pocock's election means safety and prosperity.

If the contractors are not satisfied with Mr. Pocock, the only reason is that their pockets have been hit. The money is in the people's pockets, and that is what really counts.

Indu, Scotland and Wales, at numerous jobs and trades, eventually following sign painting exclusively, has four brothers wounded in this war. Including sister and near relatives, has 28 of them doing their bit.

Arrived in London, Canada, 1906, has doing their bit.

Arrived in London, Canada, 1906, has been connected with the labor movement since within two weeks of arrival. Worked for the Signry for six years, and started a sign shop for himself in the spring of 1914.

Has been financial secretary of the Painters' Local Union for more than three years, and s now general secre-

three years, and s now general secre-tary of the London Trades and Labor Council, has been, and is an enthusiastic worker in the labor movement, and the betterment of civic administration. Not Show Effects WILBUR NELSON MANNING, man-

member of the firm of Cronyn, Betts & Coleridge. He was born in Grey County, and attended the public school there, graduating from the Mount Forest High chool, after which he taught school

a time before taking up the study of law. After he graduated from Osgood Hall, he started in law practice in Lon-don, and has been well known here professionally for a number of years. WHITE-POOK. HARROW, Dec. 28.-The marriage of Florence Beatrice, youngest daughter of George Pook, and Bernard Garfield White, was solemnized at Christ Church rectory on Tuesday evening by Rev J. W. Connor. They were unattended, and at once returned to the home of the bride, where they are remaining for a short time before making their home on the fourth concession.

LABOR COUNCIL'S CANDIDATE FOR UTILITIES BOARD



diers and war conditions have sent the value of skins up over 75 per cent since the outbreak of hostilities. A reaction is expected, but when it will occur is problematical. According to reports, the demand is good, and the decrease of hide prices at this time of the year is a natural occurrence.

TOO LATE TO CLASSIFY

TOO LATE TO CLASSIFY

STENOGRAPHER WANTED—MUST have experience and be quick and accurate. Apply, stating experience, also salary wanted, to Box 226, The Advertiser, 67c

CHESTER SCOYNE, born 1887, London, Ont. Member of the Cigarmakers' Union, and as vice-president of the Advertiser, been elected as vice-president of that organization, and a member of the executive committee.

EX-ALD. FRED W. DALY.

EX-Ald. Daly, who is running for the utilities commission with the indersation of the trades and labor council that star, is for the betterment of the working people. He is also a member of the Independent Labor party.

CHARLES HENRY THORNE, born 1887 in London, Ont. He is a member of the Cigarmakers' Union, and has prenticed to make a big run for the commission. He has served an apprentice-ship on the city council.

PUBLIC UTILITIES COMMISSION OF THE CITY OF LONDON

Statement of Business for the Year Ending Nov. 30, 1917

ELECTRICAL DEPARTMENT

Residential Lighting-Earn-\$86,454.36 ings ... Commercial Lighting-Earn-47,562,99 ings Commercial Power Earnings—Mercantile\$160,867.19 Less refund L. & P. S. Ry. overcharge 1915 and 1916 3,729.00 operations Appliances and Supplies... 5,806.21 Consumers' Wiring and in-7.316.19 stallation Work Municipal Power Earnings -Waterworks Add Undercharge 1915 and 1916 4,050.00 - \$22.842.25 Municipal Building Lighting—Earnings Municipal Power Earnings 3.774.12 2:202.01

—Buildings Municipal Street Lighting -Earnings 32,057.31 Less Refund City of London overcharge 1915 and - \$31,609.31 Collection Discounts Recharged \$1,286.06 Rentals of Meters, etc.

Interest 1,195.02

Electrical Energy Purchased\$174,989.99 Labor, Supplies, Expense 21,753.72 Operating Labor, Line System, Stores general Expense 17.041.82 Collection Department Expense 11,191.43 Promotion of Business Expense 6,996.: Interest on Bank Overdrafts, etc.(Net)
 Interest on Debentures
 28,302.96

 Sinking Fund on Debentures
 15,242.16

A. Dale, A. Screaton, Auditors.

Surplus of Year

\$369,550.3

\$64,627.08

\$76,062.90

WATERWORKS DEPARTMENT

REVENUE Metered Commercial and Industrial Metered Churches, etc. Unmetered Lawn Rates 1,648.08 Unmetered Miscellaneous Rates.... 1,690.74 Municipal Service, Fire Protection.. 13,575.00 Municipal Service, Miscellaneous 2,754.80 Miscellaneous Non-operating Revenue Power Factor Correction 2,879.23 House Rentals, etc.

Operation and Maintenance Accounts \$35,932,29 Distribution System Merchandise 12,924.64 Well Drilling and Testing Miscellaneous Equipment (Artesian General Expenses 12,329.22 Surplus Revenue of Year Provided on Capital Accounts out of Revenue.. 10,347.35 Land Purchased, Hunt Bros. Ltd. 5,043.50

4,050.00 Net Surplus of Year \$60,557.08

Deduct Electric Energy 1915 and 1916 (under-

A. Dale, A. Screaton, Auditors. N. B .- Of the above surplus credited to the city, the sum of \$55,220.28 is applied in payment of Interest and \$149,291.44 Sinking Find on Debentures.

The Public Utilities Commission

PHILIP POCOCK, Chairman

MAYOR STEVENSON, E. R. DENNIS, T. W. McFARLAND, F. G. MITCHELL Commissioners

E. V. BUCHANAN, General Manager.

O. ELLWOOD, Secretary.