

*Preparation.***Decoctum Hygrophilæ.** 1 in 10.**Dose,** $\frac{1}{2}$ to 2 fl. oz.

ACTION AND THERAPEUTICS.

This plant has a reputation as a diuretic, and has been used in dropsy. It is also given as a sedative to the urinary tract in the same cases as couch grass (see p. 662).

SPOGEL SEEDS.

Ispaghula. *Sporon.* Spogel Seed. The dried seed of *Plantago ovata*.

Characters. Boat-shaped, about 1 in. long, 1/2 in. wide. Pale pink, with a dark spot on the convex side.

Dose, 50 to 150 gr. in powder.

Officially used in India and Eastern Colonies.

Preparation.

Decoctum Ispaghulæ. 137 of seed to 1000 of water.

Dose, $\frac{1}{2}$ to 2 fl. oz.

ACTION AND THERAPEUTICS.

These seeds contain much mucilage, and are used for the same purposes as linseed (see p. 577). For use externally a poultice may be made from them, and internally the decoction is an excellent demulcent for sore throat, and is often given as a cool demulcent drink in diarrhoea. It is frequently given to children.

KALADANA.

Kaladana. *Synonima.* Phurbati Nd. The dried seed of *Pomora hederacea*.

Characters. In the form of a segment of a sphere, 1 in. long and wide. Black, except at the hilum, where they are brown and hairy.

Dose, 30 to 50 gr. in powder.

Officially used in India and Eastern Colonies.