

is connected in that with their humanity. But I do not less advise them always to distrust them, without seeming to fear them, because it is as dangerous to shew a concealed enemy that you fear him, as to do him an injury.

Therefore make it your constant custom to shut your doors securely, and not to suffer any negro to sleep in the house with you, and have it in their power to open your door. Visit your negroes from time to time, at night and on days and hours when they least expect you, in order to keep them always in fear of being found absent from their huts. Endeavour to assign each of them a wife, to keep clear of debauchery and its bad consequences. It is necessary that the negroes have wives, and you ought to know that nothing attaches them so much to a plantation as children. But above all do not suffer any of them to abandon his wife, when he has once made choice of one in your presence. Prohibit all fighting under pain of the lash, otherwise the women will often raise squabbles among the men.

Do not suffer your negroes to carry their children to the field with them, when they begin to walk, as they only spoil the plants and take off the mothers from their work. If you have a few negro children, it is better to employ an old negro woman to keep them in the camp, with whom the mothers may leave something for their children to eat. This you will find to be the most profitable way. Above all do not suffer the mothers ever to carry them to the edge of the water, where there is too much to be feared.

For the better subsistence of your negroes, you ought every week to give them a small quantity of salt and of herbs of your garden, to give a better relish to their Coufcou, which is a dish made of the meal of rice or maiz soaked in broth.

If you have any old negro, or one in weak health, employ him in fishing both for yourself and your negroes. His labour will be well worth his subsistence.