

Notes.

SANMETTO IN CHRONIC CYSTITIS, CHRONIC URETHRITIS AND PRE-SENILE IMPOTENCE.—To whom it may concern: This is to certify that I have used Sanmetto extensively in my practice and can recommend it in chronic cystitis and chronic urethritis. I have used it in pre-senile impotence with remarkable and brilliant results. I regard the remedy, after making crucial clinical tests in the above named diseases, as the *sine qua non* of all the remedies in these diseases.

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GUDE'S PEPTO-MANGAN THE STANDARD.—Iron preparations spring up like mushrooms in a night. The one backed by clinical evidence in hospital practice is the old stand-by GUDE'S PEPTO-MANGAN, which is the standard of known worth and which gives positive results.—From *Medical News*, New York.

MENSTRUAL DISORDERS.—In disturbances of the menstrual functions Hayden's Viburnum Compound has gained the reputation of a standard remedy. In those forms of menstrual disorders in which there is no organic disease but a functional disturbance, its continued administration in connection with appropriate hygienic regulations, has often been sufficient to produce a cure.

MERIT AND RELIABILITY WITH CONSEQUENT SUCCESS.—We are advised that our old friend, "The Antikamnia Chemical Company," for many years located at No. 1723 Olive St., St. Louis, Mo., has moved into its new home, Nos. 1622-1624-1626 Pine St., in said city. The new laboratory is fully equipped with all the latest chemical appliances and machinery, which afford increased and needed capacity for the manufacture of the well known and reliable Antikamnia Preparations. The Company's sales during 1902 were the largest in the history of their business, and that the demand for their products is constantly growing, is demonstrated by the fact that the first three months of this year show a pronounced increase in sales over those of the corresponding months of last year. In fact, it is the growth of the business which necessitates the removal into larger quarters, where the company has 75% more space than in its old plant. The steadily growing esteem in which The Antikamnia Chemical Company's products are held by the Medical Profession throughout the world, is due to the well known merits of the original Antikamnia Tablets and Powder, as well as to the undoubted remedial efficacy and pharmaceutical excellence of the new combination tablets which this Company has, from time to time, added to its line of specialties.

URIC ACID AND ITS ELIMINATION.—Editorially (*The Medical Brief*, February, 1900) this vital subject is ably considered. Investigation strengthens the belief that eating too much meat is responsible for the formation of uric acid in disease-producing quantities. To dispose of meat satisfactorily gastric digestion must be active, the constitution well supplied with fluids and the organs more or less actively engaged in growth and development. These conditions cease to exist when adult life is reached and the requirements of the constitution are chiefly for food to supply energy, heat and vital stimulus. At this period in life a small amount of meat or other albuminous food will suffice, especially in torpid systems or persons of sedentary habits. The symptoms caused by an excess of uric acid depend upon the degree of saturation and whether these morbid products are circulating in the blood or are precipitated in the tissues or joints. The susceptibility of the various organs and the constitution of the individual also help to determine the symptoms; one person may have asthma, another an irritable bladder, and another sick headache or rheumatism. In the treatment diet is highly important. Meat once a day is often enough. Fresh fruit, especially apples, should be eaten in abundance. Tomatoes are excellent, so is asparagus. Baked bananas and well-done rice are excellent substitutes for meat. Pure honey is always allowable. In uncomplicated cases lithiated hydrangea will be the only remedy needed in addition to dietetic reform and plenty of water.