Man's nature is made up of body, mind and spirit. The ideal man is the one in whom each of these has reached its full development, the balance being fairly held among the different parts. To show how this ideal may be reached is the purpose of Hugh Black's Practice of Self Culture (George N. Morang and Company, Toronto, 262 pages, \$1.25 net). Mr. Black is always the literary artist, and in this book the picture of a noble and well-rounded character is drawn with a skilful touch.

Cruising for the Cross, by Rev. C. A. S. Dwight (American Tract Society, New York, 201 pages, illustrated, 50 cents), is the story of John Henton, a young American, fond of yachts and cruising, who, after running a hot course for a few years after the manner of the idle rich, was waked up by the tragic death of a boon companion, and giving himself to Christ and Christian work, resolved to take a cruise around the world in his own yacht to investigate the conditions of the seaman's life in port and on the high seas, at the same time taking advantage of every opportunity of doing good that should come along. There are many exciting adventures, and Henton "makes good" as a pratical Christian in a novel quest.

The American Tract Society, New York, have also sent us **Children and the Home**, by Eleanor A. Hunter (217 pages, 75 cents). It is a wholesome book for "The home," and especially the fathers and mothers there, but not for children. It has too many examples of the child's criticism of ill-balanced or ill-bred parents, to make it a book for children to read. Like their

seniors, they are rather more apt to copy the bad than the good. But under such headings as Setting a Fair Copy, The Home Manners of Mothers, Scolding, Trusty Children, Children's Amusements, From Fifteen to Twenty, there are many useful lessons and suggestions. The style is bright and chatty.

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In the preface to Finding the Way Thomas Y. Crowell and Co. New York, 282 pages, 75c. R81). The writer, Dr. J. R. Miller, says.—'The little books of this "Silent Times" series have been a great comfort to the author, in that they have proved helpful to many people in all parts of the world. ''Letters come continually from those who have been strengthened and encouraged by them.' It is enough to say that this book merits similar testimony. The opening chapter, which gives its title to the volume, dwells on the thought that God leads His people through the world. The chapters following—there are twenty-four in all—show in various ways how we may enjoy the divine leading.

Does any Sabbath School worker wish to present the subject of Teacher Training before a company of teachers or at a convention? He will find plenty of ammunition in Sunday School Teacher Training by H. M. Hamill, D. D. (The Sunday School Times Company, Philadelphia, 166 pages, 50 cents). This is not a course of Teacher Training worked out in detail, but a clear and interesting discussion of principles and methods, including a general account of interdenominational and denominational teacher training. The chapters of the book originally appeared as articles in the Sunday School Times.

## University of Toronto

FACULTY OF MEDICINE

THE regular course of instruction consists of Four Sessions, of eight months each, commencing October 3rd.

There is a distinct and separate course for each of the four years.

The degrees conferred by the University of Toronto in Medicine are Bachelor of Medicine (M.B.), and Doctor of Medicine (M.D.). Students may take a combined course in Arts and Medicine if they wish to do so, Arts students who are taking the Honor course in Natural Science are able to fulfil the requirements of the primary work in medicine during their final years in Arts, and thus it is possible to obtain the degrees of B.A. and M.B. upon six years' University training.

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To meet the requirements of the Ontario Medical Council, a course of instruction is conducted during a Fifth year. This is entirely optional as far as the University of Toronto is concerned.

Clinical teaching is given in the Toronto General Hospital, Burnside Lying-in Hospital, St. Michael's Hospital, Hospital for Sick Children, and other medical charities of Toronto.

There are special research scholarships offered to graduates in Medicine, and every opportunity is now offered for scientific research work in any of the various laboratories of the University, under the direct super-offered for scientific research work in any of the various laboratories of the University, under the direct super-offered for scientific research work in any of the various laboratories of the University under the direct super-offered to graduate the scientific research work in any of the various laboratories of the University under the direct super-offered to graduate in Medicine, and every opportunity is now offered to graduate in Medicine, and every opportun

The Faculty provide three medals for the graduating class (one gold and two silver). There are also scholarships available for undergraduates in the First and Second years; these are awarded to the candidates on the results of the annual examinations.

Further information regarding scholarships, medals, etc., may be obtained from the Calendar, or on application to the Secretary.

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