

SAVED FROM AN OPERATION

Restored to Health By Taking "Fruit-a-tives"

Made of Fruit Juices and Tonics

The most convincing proof of the true worth of "Fruit-a-tives" as a medicine for women is found in the letters written by them to "Fruit-a-tives". For instance:

"I suffered with all the symptoms of female trouble, pains low down in the back and sides, constipation and constant headache. A doctor advised an operation. I started taking "Fruit-a-tives" and this fruit medicine completely relieved me of all my misery".

Mrs. M. J. GORSE,
Vancouver, B.C.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

Wedding Stationery

ANNOUNCEMENTS
INVITATIONS
CAKE BOXES
CARDS

Newest Designs
Finest Quality

The Guide-Advocate

CANADIAN NATIONAL RAILWAYS

TIME TABLE

Trains leave Watford station as follows:

GOING WEST
Accommodation, 111.....8.42 a.m.
Chicago Express, 17.....12.40 p.m.
Detroit Express, 83.....6.51 p.m.
(a) Chicago Express.....9.11 p.m.

GOING EAST
Ontario Limited, 80.....7.48 a.m.
Chicago Express, 6.....11.22 a.m.
Express.....2.50 p.m.
Accommodation, 112.....5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.
C. W. VAIL, Agent, Watford.

Mother Graves' Worm Exterminator will drive worms from the system without injury to the child, because its action, while fully effective is mild.

FALL TERM OPENS AUG. 27TH

ELLIOTT Business College

Yonge and Charles sts., Toronto.
Arrange now to enter this famous school—famous for strictly high grade work and for promptly helping graduates to secure employment. None better in Canada. Catalogue free.

W. J. ELLIOTT, Principal.

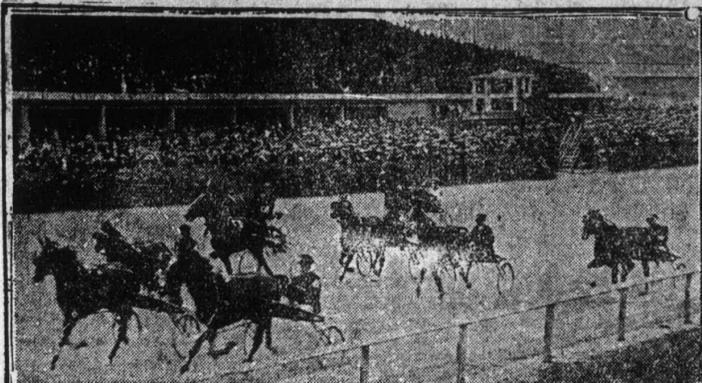
Central Business College

STRATFORD, ONTARIO
FALL TERM FROM SEPT. 4
Western Ontario's leading Commercial School, where you can get a thorough practical training under experienced instructors in Commercial, Shorthand or Telegraphy Departments. We assist graduates to positions. Get our free catalogue now.
D. A. McLACHLAN, Principal.

A. D. Hone

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PAPER HANGING
WATFORD - ONTARIO
GOOD WORK
PROMPT ATTENTION
REASONABLE PRICES
ESTIMATES FURNISHED
SATISFACTION GUARANTEED
RESIDENCE--ST. CLAIR ST.
Is Your ad. in this paper this week?

GRAND CIRCUIT MEETING TO BE HELD AT DEVONSHIRE, WINDSOR, CANADA, AUG. 2 TO 8



Thrilling Finish of Spirited Contest



Huge Crowd of Fans

When it is known that the list of nominations to the early closing stakes—five in number and carrying a total value of nearly \$20,000 at Devonshire (Windsor, Ont.)—something of the class and the importance of the contestants which will parade before the grand stand the weeks of Aug. 2 to 8, may be surmised. "Never since I have been connected with harness racing has the outlook been so good for sensational racing as it does at the present time," is what Win Kinnin, general manager of the Devonshire meeting said in reply to a question regarding the general trend of the greatest of all outdoor sport. The program as outlined for the Aug. 2-8 meeting consists of five rich stakes and twelve class events, a total of seventeen races, but in all likelihood the large number of entrants in several of the events will necessitate the dividing of such unwieldy fields into two races, so that the probability is that the total list of stakes and class

PROGRAM		Monday, August 6	
Thursday, August 2	This will be "Geers Day" and Mr. Geers will drive his famous pacer, Sanardo, 1:59½, in an effort to set a new Canadian record.	2:10 Trot, 3 heats.....\$1,000	2:12 Trot (The D. & C.) (closed)
2:06 Trot, 3 heats.....\$1,000	Free-for-all Pace, 3 heats.....1,500	3 heats.....3,000	Three-year-old Pace (The Devonshire) (Closed), 3 heats.. 1,000
2:18 Trot, 3 heats.....1,000	Friday, August 3	2:14 Pace, 3 heats.....\$1,000	2:08 Pace (The B. of C.) (closed), 3 heats.....3,000
2:10 Pace, 3 heats.....\$1,000	2:08 Trot (The M. & M.) (closed), 3 heats.....5,000	2:20 Trot, 3 heats.....1,000	Wednesday, August 8
2:06 Pace, 3 heats.....1,000	2:16 Pace, 3 heats.....\$1,000	2:12 Pace, 3 heats.....\$1,000	2:04 Pace, 3 heats.....1,000
2:16 Pace, 3 heats.....\$1,000	Free-for-all Trot, 3 hts. (closed) 5,000	2:15 Trot, 3 heats.....1,000	First event started each day at 2:00 o'clock.
2:12 Trot (The Blue Ribbon—for 3 year olds) (closed), 3 heats	Added Money.....1,000		

race will number twenty with a grand total in money value of over \$30,000. There is no track in the country which can boast a finer plant. Nothing which will add to the comfort and convenience of the campaigning horsemen and the patrons at the gate is ever overlooked no matter what the cost. "The best is none too good" is the Devonshire slogan.



Children Cry for

Fletcher's CASTORIA

MOTHER! Fletcher's Castoria is a harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, prepared to relieve Infants in arms and Children all ages of
Constipation Wind Colic
Flatulency To Sweeten Stomach
Diarrhea Regulate Bowels
Aids in the assimilation of Food, promoting Cheerfulness, Rest, and Natural Sleep without Opiates
To avoid imitations, always look for the signature of *Dr. H. Fletcher*
Proven directions on each package. Physicians everywhere recommend it.

"Lest We Forget"

Made the Supreme Sacrifice

- WATFORD AND VICINITY
Capt. Thos. L. Swift
Sergt.-Major L. G. Newell
Pte. Alfred Woodward
Pte. Percy Mitchell
Pte. R. Whalton
Pte. Thos. Lamb
Pte. J. Ward
Pte. Sid Brown
Pte. Gordon Patterson
Pte. F. Wakelin, D. C. M.
Pte. T. Wakelin
Pte. G. M. Fountain
Pte. H. Holmes
Pte. C. Stillwell
Pte. Macklin Hagle
Sergt. Clayton O. Fuller
Gunner Russell H. Trenouth
Pte. Nichol McLachlan
Corp. Clarence L. Gibson
Signaller Roy E. Acton
Bandman A. I. Small
Capt. Ernest W. Lawrence
Lieut. Leonard Crone
Pte. John Richard Williamson
Lieut. Chas. R. Hillis
Lieut. Gerald I. Taylor
Pte. Charles Lawrence
Lieut. Basil J. Roche
Pte. Alfred Bullough

COUNTER CHECK BOOKS

The Guide-Advocate is agent for the Appleford line—a better grade book and at the lowest price. Before you give your order to any travelling agent phone 11w. There is a tendency among some of the check book firms towards higher prices in the near future; however, we have been instructed to accept orders at present prices for delivery any time in the next three months. Look up your supply and if you will require more in the next six months, give your local agent the order.

BEFORE MY BABY CAME

I Was Greatly Benefited by Taking Lydia E. Pinkham's Vegetable Compound

Sydenham, Ont. — "I took your medicine before my baby was born, and it was a great help to me as I was very poorly until I had started to take it. I just felt as though I was tired out all the time and would have weak, faint spells. My nerves would bother me until I could get little rest, night or day. I was told by a friend to take Lydia E. Pinkham's Vegetable Compound, and I only took a few bottles and it helped me wonderfully. I would recommend it to any woman. I am doing what I can to recommend this good medicine. I will lend that little book you sent me to any one I can help. You can with the greatest of pleasure use my name in regard to the Vegetable Compound if it will help others take it."—Mrs. HARVEY MILLIGAN, Sydenham, Ont.

It is remarkable how many cases have been reported similar to this one. Many women are poorly at such times and get into a weakened, run-down condition, when it is essential to the mother, as well as the child, that her strength be kept up.

Lydia E. Pinkham's Vegetable Compound is an excellent tonic for the mother at this time. It is prepared from medicinal roots and herbs, and does not contain any harmful drugs. It may be taken in safety by the nursing mother.

MEDICAL

JAMES NEWELL, PH.B., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st. east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DR. HAMLET D. THOMPSON

Physician and Surgeon
.334 Oakwood ave., TORONTO.
Phone Hillcrest 7012
Office Hours: 9 a.m., 1-3, 7-8 p.m.
6m-d12jan

DENTAL

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st., Watford. At Queen's Hotel, Arkona, 1st and 3rd Thursday, of each month.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON

J. MCGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

AUCTIONEER

J. F. ELLIOT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

INSURANCE

THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY

(Established in 1875)
JOHN W. KINGSTON..... President
JAMES SMITH..... Vice President
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ROBERT J. WHITE, Fire Inspectors
ALEX. JAMIESON
P. J. McEWEN..... Auditors
W. G. WILLOUGHBY, Manager and
Watford Sec.-Treasurer
PETER McPHEDRAN, Wainstead
Agent for Warwick and Plympton

Is Your ad. in this paper this week? Read the Want Ads on Page Four.