

ROYAL YEAST CAKES. Has been Canada's favorite yeast for more than forty years. Enough for 5c. to produce 50 large loaves of fine, wholesome nourishing home made bread. Do not experiment, there is nothing just as good. EWGILLET CO. LTD. TORONTO, ONT. WINNIPEG MONTREAL

ACROSS AUSTRALIA. Forty-One Miles Undone On Transcontinental Railway.

Only forty-one miles of track are now needed to complete the Italian transcontinental railway. The importance of his news can hardly be over-estimated, for the completion of the small piece of trackage promises to have an influence on Australian development comparable in a way with that exerted upon the development of this country by the opening of the Union Pacific nearly half a century ago.

The Australian transcontinental railway has been long in the building, and is the result of the linking up of isolated stretches of lines constructed in and by the different states rather than of a carefully matured programme of development. By the year 1889 railway communication had been established between the four capital cities of Brisbane, Sydney, Melbourne and Adelaide, a distance of 1,780 miles, through the connecting at the borders of the state railway lines of Queensland, New South Wales, Victoria and South Australia, which line was in time extended from Adelaide northwest to Port Augusta, a distance of 260 miles.

QUEEN'S UNIVERSITY KINGSTON ONTARIO. ARTS MEDICINE EDUCATION APPLIED SCIENCE. Mining, Chemical, Civil, Mechanical and Electrical Engineering. HOME STUDY. Arts Course by correspondence. Degree with one year's attendance. Summer School July and August. Navigation School December to April. GEO. Y. CHOWN, Registrar

Perth to Kalgoolie, in the heart of the gold fields. Nothing was done looking toward the tracking of this 1,063 mile gap between Port Augusta, in South Australia, and Kalgoolie, in Western Australia, until 1907, when the Commonwealth government ordered a preliminary survey of a line to connect these extremities of the existing lines from the east and west.

It is probable that the opening of the first Australian transcontinental line will have the same immediate effect as did the opening of the first American transcontinental line. The Australian railway, and more particularly the thousand-mile stretch between Port Augusta and Kalgoolie, passes through a relatively poor and barren land, which does not seem now susceptible of the same agricultural development as the land pierced by the Union Pacific.

Notwithstanding the existence of this present defect, which Commonwealth government is already remedying, the completion of the Australian transcontinental railway will undoubtedly facilitate interstate trade and, in conjunction with its principal branches, will allow the produce of inland areas to find its natural outlet at the nearest port—Philadelphia Commercial Museum.

DRS. SOPER & WHITE. SPECIALISTS. Piles, Eczema, Asthma, Catarrh, Pimples, Oxysepia, Epilepsy, Rheumatism, Skin, Kidney, Blood, Nerve and Bladder Diseases. Consultation Free. DRS. SOPER & WHITE. 25 Toronto St., Toronto, Ont.

With a wild sweep the wind tore round a corner and removed the hat from the head of a respectable and near-sighted citizen, who chanced to be passing, says THE-BITS.

Wrong Quarry.

Peering wildly round, the man thought he saw a hat in his yard, behind a high fence. Hastily his yard, behind a high ed to chase it, but each time he thought he had caught it, it got another angry move on. Then a woman's angry voice broke on his ear.

A PERFECT MEDICINE FOR LITTLE ONES

Baby's Own Tablets is the ideal medicine for little ones. They regulate the bowels and stomach; break up colds; cure constipation and indigestion; expel worms, and make teething easy. They are guaranteed to be absolutely free from injurious drugs and may be given to the youngest child with perfect safety.

FUMIGATE.

Sulphur is a Splendid Deodorizer and Disinfectant.

Sulphur is a powerful disinfectant and deodorizer. The fumes or gas is intensely irritating to the throat when inhaled and may produce dangerous inflammation of the respiratory passages. For this reason, when burning sulphur for the purposes of disinfection it is always important to avoid exposing oneself to the gas.

The sulphur to be burned should be placed on a shovel or iron steel plate, in the room to be fumigated, all outlets to be closed. Break the sulphur up in small bits and pour alcohol over it; then set fire to it and close the door to the room or closet.

The time of exposure required for bacterial infections is 24 hours. For fumigation necessary to destroy mosquitoes and other vermin a shorter time will suffice, about six or eight hours.

Sulphur gas bleaches fabrics of material dyed with vegetable or aniline dyes. It destroys linen or cotton by rotting the fibre. It injures most metals.

Sulphur is very destructive to all forms of animal life, and this property renders it a valuable agent for the extermination of rats and other vermin.

During the housecleaning season sulphur may be used with advantage in disinfecting dark closets and musty rooms. It is useful in all localities where rats and mice are found.

MAN AND WIFE IN DUEL.

Father and Mother of French Poet Fought With Swords.

Charles Corbeau, a French poet and musician of the seventeenth century, relates in one of his "Adventures" that his father and mother were one day engaged in a discussion upon questions of law when a dispute arose between them with regard to the precise significance and bearing of a provision in Justinian's code with respect to the rights of brothers.

"I am convinced that Tompkins is beginning to make a lot of money." "Why do you think so?" "He's been going around lately boasting how much happier a man is when he's poor."—Puck.

That's it! Clean and—Free from Dust "SALADA" Sealed Packets Only - Never in Bulk Black—Mixed—Natural Green E212

SAND PAINTING. TITLES IN RUSSIA.

Strange Old Art of the Navajo Indians. Where There Are Only Two Classes, Nobles and Peasants.

In Gallup, New Mexico, in the land of the painted desert, where the flaming colors of every sunset are outdone by the bright, barbaric hues of rocky hill and canyon, says Frederic J. Haskin, there flourishes one of the least known and most beautiful of the arts of primitive people. In the fastnesses of the Navajo reservation, hedged about by miles of lava-strewn mesa, dwell the sand painters, priests and artists of a barbarian tribe.

Their art is like music, in that it has a form and cadence but no permanence. No one knows how well the masters of the past worked on it; of their works no trace remains. There is nothing but word-of-mouth tradition, handed down from father to son, to keep green the memory of those who wrought patiently and well. Literally their names are written in the sand.

Like all the art of savage people, the work of these Indian craftsmen is fraught with a mystic religious significance, but in and for itself, it has all the claims to respect of any of the arts. The sand painter has for his canvas of circle of pure, smooth, white sand, 10 or 12 feet in diameter. This sand has been carefully selected from a country side of sand; it has

Causes of Worry. Things to Worry About—That the coal supply can't last more than two or three centuries longer. That eternity is just as long in the nether regions of the next world as in the more exalted portions where the climatic and other conditions are more generous.

That there is getting to be so much prosperity in the country that even the farmers and the wage workers are trying to get hold of some of it. That if the hair cut off each day in the barber shops of New York City were placed end to end, it would reach from New York to San Francisco, with a ten days' stopover at Grand Canyon.

ZAM-BUK. Purely Herbal—No poisonous coloring. Antiseptic—Stops blood-poison. Soothing—Ends pain and smarting, etc. Pure—Best for baby's rashes. Heals all sores. 50c. box. All Druggists and Stores.

PEAKS 11,000 FEET HIGH

Made Accessible by Kootenay Central Branch, C.P.R.

The wonderful icefields and eleven-thousand-foot-high peaks of the Purcell range, which the construction of the Kootenay Central branch of the Canadian Pacific Railway has rendered accessible to mountain climbers, are described and illustrated by Mr. C. W. Stone in the Canadian Alpine Journal for 1916.

Three considerable parties of Alpine climbers, numbering nearly forty in all, mostly from the United States, made ascents in this region during the past summer in the invitation of Mr. A. H. MacCarthy, an enthusiastic member of the Canadian Alpine Club, who has a fine ranch at Wilmer in the Windermere district.

Under Mr. MacCarthy's leadership important explorations have been made up the various creeks piercing the eastern slopes of the Selkirk and Purcell ranges. Mr. MacCarthy being of the opinion that for interest and variety and spectacular beauty this mountain region is without rival on the North American Continent, and as soon as roads and trails are built will attract many tourists who have hitherto been content with the more beaten path of the C. P. R. main line.

EIGHTH ANNUAL TORONTO FAT STOCK SHOW UNION STOCK YARDS TORONTO December 7th and 8th, 1917 Write for Premium List To-day

been cleaned and purified with endless patience. The artist smooths its surface until it is as plane as a polished table. On that smooth surface he traces queer and intricate designs—designs formed of jagged lines—of broken triangles, of the conventionalized whirling cross of fire and the swastika.

Nowhere does the pattern merge slovenly into the background. Pure white meets pure red or blue as though the colors were blocks of stone cunningly ground to fit each other. Every line and angle has its hidden significance; but in striving to tell a tribal legend with grains of desert sand, the wrinkled old priest has caught the spirit of beauty itself.

The art of sand painting is not confined to the Navajos, but this tribe has brought it to the highest pitch of perfection. The method in which each painting is made has been conventionalized by many centuries of usage. The sand painting is probably the oldest of the Navajo arts, although it was one of the last to come to the knowledge of the white man, being kept secret even after Arizona and New Mexico came into United States possession on account of the religious character of the ceremony.

Even in fishing for suckers it's a good plan to bate your hook with flattery. A musket in the hand is worth two in the army.

White Cake 10c. White Liquid 10c. Men's, Women's and Children's Shoes. Looks Better, Lasts Longer, Easy to use, Best for Shoes. 2 IN 1 WHITE SHOE DRESSING. F. F. DALLEY CO. OF CANADA LTD. HAMILTON, CAN.

HAIR GOODS FOR LADIES AND GENTLEMEN. MINTZ'S HAIR GOODS EMPORIUM. 62 KING ST. W. HAMILTON, ONT. (Formerly McMe. I. Mintz).

Charm of Prahova. No traveler who has visited Rumania returns without praising the wonders of Prahova. Here, after one has passed the heights of Predael, is a charming valley in the midst of forests, of great rocks and spouting waters.

Primitive Reptiles. The tautara, or tautara, is an almost extinct lizard-like reptile (Sphenodon punctatum), now found only on certain rocky islets in the bay of Plenty, northern New Zealand. It is of great scientific interest for the reason that it is the only surviving representative of the order of prosauria, or primitive reptiles, and is therefore a sort of "living fossil." It was formerly hunted for food, but is now protected by law in New Zealand.

HELP WANTED. WANTED—PROBATIONERS TO train for nurses. Apply: Welland Hospital, St. Catharines, Ont. MONEY ORDERS. BUY YOUR OUT-OF-TOWN SUPPLIES with Dominion Express Money Orders. Five dollars costs three cents.

Gary's Recipes for Success.

Judge Gary gives his recipe for success. He says about a young man: "First—He should be honest, truthful, sincere and serious. "Second—He should believe in and preach and practice the Golden Rule. "Third—He should be strong and healthy, physically and morally. "Fourth—His habits and mode of living should be temperate and clean and his companions selected with regard to their character and reputation. "Fifth—He should possess good natural ability and a determination constantly to improve his mind and memory. "Sixth—He should possess a good education, including particularly the fundamentals such as mathematics, grammar, spelling, writing, geography and history; and also a technical education concerning the lines he proposes to follow. "Seventh—He should be studious and thoughtful, keeping his mind upon a subject until it is mastered. "Eighth—He should be conscientious, modest, but courageous, persistent, energetic, even tempered, economical, faithful and loyal to his friends and the interests he represents."—American Magazine.

I bought a horse with a supposedly incurable ringbone for \$30.00. Cured him with \$1.00 worth of MINARD'S LINIMENT, and sold him for \$85.00. Profit on Liniment, \$54.

MOISE DEROSIER, Hotelkeeper at St. Philippe, Que.

FAT STOCK SHOW. "Better than usual" is the slogan of the Toronto Fat Stock Show directors, who announce their eighth annual exhibition in this issue, to be held at the Union Stock Yards, on December 7th and 8th next. Our readers will remember the record prices paid at the auction sale at last year's show, the grand champion being bought by the T. Eaton Company at 50c per pound, live weight. Premium lists will be out in a few days and will contain all the old and several new classes.

Minard's Liniment Cures Diphtheria. Africa Will Lead in Railways. Africa already has the foundation for one of the completest and most evenly distributed railway systems of all of the great continents of the world. Save Europe, the railways of all the other great geographical divisions are largely located in certain highly developed areas—as in the United States and southern Canada in North America while other regions are left blank and promise to remain so indefinitely.

When beating eggs, use pinch of salt and they will be much lighter for cake.

Hard to Drop Meat? All depends on what you eat as a substitute. It is a good time to study "food value." You may be eating the wrong foods, the foods that cost most and give the least nutriment. Shredded Wheat Biscuit contains more real, body-building nutriment, pound for pound, than meat, eggs or potatoes and costs much less. Two of these Biscuits with milk and a little fruit make a nourishing meal at a cost of a few cents. Make Shredded Wheat your "meat." A satisfying breakfast on which to start the day's work. It is ready-cooked and ready-to-eat. Made in Canada.