

THE
FRUGAL HOUSEWIFE'S MANUAL :

CONTAINING

A NUMBER OF USEFUL RECEIPTS,

CAREFULLY SELECTED, AND WELL ADAPTED TO THE USE
OF FAMILIES IN GENERAL.

To which are added

PLAIN AND PRACTICAL DIRECTIONS

FOR THE

CULTIVATION AND MANAGEMENT OF SOME OF THE MOST USEFUL

CULINARY VEGETABLES.

BY A. B., OF GRIMSBY.

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