CHATS WITH YOUNG MEN

A LITTLE SMILING

Try a little smiling When the world goes wrong; Drop the tone of scolding, Change to one of song. Nothing lasts foreyer, Love and beauty die, Make the best of the present Ere it passes by.

Clouds must come and sorrow. Tis the way of life; Still the silver lining nes upon the strife And the sorrow lessens, Bringing with it calm; Ev'ry pain of living Has its own sweet balm

Try a little smiling, Though the effort cost, You will find that never Is its radiance lost; Through the darkness shining Ev'ry star has place; Try a little smiling, Trouble to efface.

O'RIELLY A LESSON IN COURTESY

"Excuse me, am I near the Wounded Soldiers' Institute?" asked a blind veteran of a passing pedestrian in Paris as he tapped his way along the sidewalk. "I've way along the sidewalk. "I've only been there twice, and I'm not sure of the way."
"You are close to it now; let me

Anna's eyes danced with mischief as she watched Sister Rose Marie's face. It had been a trying day for the teacher of English. It was her this man to the section for the first year as a high school teacher

"Take him yourself," growled the janitor. "Under the archway on the other side of the courtyard." The civilian did so, but on the way out addressed the janitor again. "Couldn't you be a little more obliging to the blind?" he asked

gently.
"There are too many, and I haven't the time," was the surly

response.

"It seems to me it is your duty to help them," said the other. "I can find time—and I am Marshal

THE POWER OF HABIT

Habit is that law of human nature by which we acquire a facility and and inclination for doing a thing by doing it frequently. It is a force of nature as real as the principle of gravitation; and every wise man will recognize its power and avail

himself of its help.

Every time we make an endeavor to cultivate a habit we put forth an energy—we energize. Energy makes habit and habit makes character. Characteris a Greek word, and means that which is cut in or marked, as the impression on a coin. Now, habit is the dye which

stamps character on our nature. Habit is the great auxiliary power to the weakness of man, essening panics, removing culties, and strengthening faculties. It can increase talent a hundredfold. It ought not to escape our notice, with what a powerful capacity God has endowed cur nature; and we should avail ourselves of this source of strength, and not let it run to waste.

IT TAKES COURAGE

Not to bend to popular prejudice. To live according to your convic-

say, "Yes."

To remain in honest poverty while others grow rich by question-

able methods.

To live honestly within your means and not dishonestly upon the means of others.

To speak the truth when, by a little prevarication, you can secure

about you prosper through neglecting or violating sacred obligations.
To refuse to do a thing which you think is wrong because it is customary and is done in trade.
To face slander and lies, and to carry yourself with cheerfulness, grace and dignity for years before the lie are be greeted.

the lie can be corrected. To throw up a position with a good salary when it is the only business you know, and you have a family dependent upon you because it does not have the unqualified approval of conscience.—Young People.

ONE OF THE LITTLE VIRTUES An equable temper is so excel-

lent a possession that whoever is not naturally endowed therewith should cultivate it constantly and perseveringly. It belongs to the catalogue of what the gentle St. Francis of Sales calls "the little virtues"-humility, patience, meek-

abroad and curt at home, genial, affable, and polite to strangers and acquaintances, but gruff, stern, peevish, testy, or surly to wife and

children, servants and dependents. It was of such an unamiable character that Ecclesiasticus wrote: Be not as a lion in thy house. terrifying them of the household tested.

and oppressing them that are under thee." Of much the same import is the dictum of a lay moralist, Dr.

Johnson: "Sir, a man has no more right to say an uncivil thing than to likely all of you, are to blame. and oppressing them that are under thee." Of much the same import is to act one; no more right to say a rude thing to another than to knock and the realization grew on her quently that -

The best of men That e'er wore earth about Him was a sufferer; A soft, meek, patient, humble, tranquil spirit, The first true gentleman that ever breathed.

OUR BOYS AND GIRLS

TODAY

Today no coward thought shall start Upon its journey from my heart; Tcday no hasty word shall slip Over the threshold of my lip.

Today no selfish hope shall rest Within the region of my breast; Today no wave of wrath shall roll Over the ocean of my soul.

Today I vow with sword and song To fight oppression and the wrong. Today I dedicate my youth To duty and eternal truth.

> WORRYING THE NEW TEACHER

Anna's eyes danced with mischief as she watched Sister Rose Marie's first year as a high school teacher and she had supposed that she would have to do with young people so near womanhood that they would have outgrown the pranks to be expected from the boys and girls in the grades. But, instead, this year had proved the most trying in her experience

It was Anna Morse who was the It was Anna Morse who was the ring leader. Anna was a rather handsome girl of sixteen, brimful of life and radiating energy. Some of Anna's teachers had found her a very satisfactory pupil, but they were the ones who would have dealt severely with any infraction of discipline To the more gentle, Anna was irksome. She was a clever girl who could send her class. clever girl who could send her class-mates into convulsions of laughter, without any outbreaking violation of the proprieties.

Anna had wound up the day by demoralizing the class which was studying Shakespeare. Just how she had done it, none of them could have said. She had asked several foolish questions with an air of feigned innocence which had not deceived any of her classmates, and had left the young nun uncertain as to her intention. Mischief is con-tagious and while no one else went to such lengths, there was no serious

work done in the class that day.
Anna watched Sister Rose Marie's bewildered face with the keenest enjoyment. The teacher's expression was the visible proof that she had succeeded in what she had set

hour for dismissal. tion.
To refuse to make a living in a questionable vocation.
To say "No," squarely to something wrong when those around you say, "Yes."
To remain in the said seemed trying to recall her name. Again she put her hand to her forehead. "You may be dismissed," she said abruptly. "I— metropolitan daily during August. The summer has been called the silly season, probably heavily the said not recall her fire takes toll of lives, sudden tempest cause of drownings; these metropolitan daily during August. The summer has been called the silly season, probably heavily the said not recall her fire takes toll of lives, sudden tempest cause of drownings; these are sample headlines in every metropolitan daily during August. Sister Rose Marie had not recall her fire takes toll of lives, sudden tempest cause of drownings; these are sample headlines in every metropolitan daily during August. The summer has been called the silly season, probably heavily the said abruptly. The class filed out whispering. hard at the girl on the front seat another grade crossing disaster, and seemed trying to recall her fire takes toll of lives, sudden

some seeming advantage.

To do your duty in silence, obscurity and poverty, while others about you prosper through neglectabout you prosper through neglectabout you prosper dolligations.

breakdown and they don't expect this year? I wish you had been more kind to her—you were a trouble to her."

Appa resented Laura's words.

"I didn't know you were so devoted to her," she said coldly.
"I don't know as I was especially devoted, but anyway I didn't make light of her like you in a way that

What she did not expect was that Laura's attitude was typical. As the information Laura had given regarding the English teacher's breakdown proved correct, there was a reaction in the school in favor of the teacher. Everyone remembered how gentle she was, how painstaking, and how interesting she made the work. And Anna in the month of August. It is not

virtues"—humility, patience, meekness, benignity, bearing one another's burdens. condescension, kindness of heart, cheerfulness, cordiality and candor. Those who lack it are open to the criticism which was once passed upon an English statesman: "He can never be a Christian gentleman for more than three hours at a time."

A man of uncertain or variable temper is very liable to be courteous abroad and curt at home, genial.

Tesentful. She considered that her schoolmates were unreasonable.

It was the interview with the doctor that helped Anna to see things differently. She had gone into the drug store for a soda with Louise Bliss when Dr. Johnson came in. Louise left the ice cream to melt, and jumped off her stool.

"Oh, or. Johnson," she cried, "how is Sister Rose Marie getting on?"

The doctor looked at her hard variations. Prayer, Mass and the Sacraments are even more necessary on was a sudden and unprovided death.

Conscience goes with us on vacations. Odd still exacts His duties and binds us by the same obligations. Prayer, Mass and the Sacraments are even more necessary on was a sudden and unprovided death.

The doctor looked at her hard variations. Prayer, Mass and the Sacraments are even more necessary on was the interview with the cordinal variations are stronged and candor. A prudent Catholic going into a strange

The doctor looked at her hard through his glasses. "See here," he said, "what kind of a life have you been leading Sister Rose ments are even more necessary on vacation than at home. Religion, rest, and recuperation are the three R s of a good vacation. Unless the soul is serene, unless God smiles

him down." One means of helping oneself to acquire equability of temper is to remind oneself frequently that—

and the realization grew on her that she had done a very grave and the realization grew on her that she had done a very grave and to trember a gentle and high strung young teacher, and her act had had consequences far more serious than she had every dreamt. She thought with a pang of horror, "Supposing she never gets well. I'll have been the one most responsible."

the one most responsible."

It was while she was in this chastened humor that she came on a group of the girls. They were discussing some flowers they were going to send the sick teacher. Eagerly Anna offered to contribute generously but Pauline Brooks, the class treasurer, said stiffly, "Thank you, but we have enough money and we don't think it is necessary to take any from you." The ugly little emphasis on the "you" brought the hot blood to Anna's cheeks and she walked away indig-

nantly. next morning Sister Rose Marie received along with the class flowers a lovely bunch of violets in which a little note nestled. She smiled as she broke open the seal and read: "Darling Sister: I am sending these flowers to show that I do love you and that I am ashamed of the way I used to act in school. Please get well and come back to school for I am longing to show you that I have really changed and that I mean to be your most

helpful pupil."

It was that note, Sister Rose Marie told the thoroughly penitent girl afterward, that helped her to get well. And though it was several months before she could return to school, she was able to see Anna a few minutes and assure her that she was entirely forgiven. It was Louise who told the other

girls to stop treating Anna like an outcast. "If Sister Rose Marie can forgive, I guess we can," sh

said virtuously.
"Besides," added Laura Bates,
thoughtfully, "Anna was a leader
and used to start things, but then none of us have any reason to be proud of the way we treated Sister. A third girl spoke up, "I've been thinking it over and I've decided we were all as bad as she. We didn't like to acknowledge that to ourselves and so we've been putting it all onto Anna. I guess there's room for all of us to reform and believe me, when Sister gets back, if I have anything to do with it, she just won't know the old class, "we'll be such angels."—Catholic

CROSS CROSSINGS CAUTIOUSLY

August marks the peak of the vacation season. Midsummer is now here with all its beauties, its legitimate pleasures, and lest we forget—its dangers. This is the season of the year when we read out to do. The young sister put her hand to her forehead with a curious gesture. Her eyes went to the clock at the back of the room. It still lacked fifteen minutes of the hear for direct—its dangers. This is the season of the year when we read about innumerable accidents on mobiles, by storm and flood. The first page of the newspaper on first page of the newspaper on the season of the year when we read about innumerable accidents on mobiles, by storm and flood. The first page of the newspaper on the season of the year when we read about innumerable accidents on mobiles, by storm and flood. The clock at the back of the room.
till lacked fifteen minutes of the r for dismissal.

You may continue—" she looked column. Five killed by auto upset,

Sister Rose Marie had not remembered to assign a lesson.

The next morning her place was empty and a substitute took the class for the afternoon. At the intermission Laura Bates brought Appa the news.

Silly season, probably because it is the thoughtless season. Vacation its are notoriously carefree and reckless of danger. Hence the pains that have been taken to inject the necessary caution into them. The appalling number of accidents at railway crossings has moved the Anna the news.

"Anna, did you know that Sister Rose Marie has had a nervous breakdown and they don't expect she will be able to be back in school this year? I wish you had be to be back in school this year? I wish you had be to be back in school this year? Cross crossings cautiously. is alliterative enough to be remembered and suggestive enough to be compelling in its demand for less speed and more care at crossings. But despite warnings accidents still

happen.

The witless automobilist, who tries to beat a train to the crossing, made her teaching of no account."

Anna's eyes flashed. "You were as ready to laugh as anyone for all I could see."

thes to beat a train to the crossing, the fatuous humorist with the ingrown sense of humor who rocks the boat, the boatful swimmer who ventures too far beyond his was aware of an unusual and most unpleasant attitude of disapproval.

For some time this made her resentful. She considered that her resentful. She considered that her considered that he

Marie?"
Louise flushed.
"I wasn't half as much to blame as some of the others," she proand happier in both body and soul.

Is the Essence of all That is Best in Tea

"To Taste is to Believe"

It all depends upon the degree of caution we bring to our vacation. Accidents physical and spiritual will lie in wait for us. Exercise prudence in all things. fession and receive Holy Communion before starting on vacation, be faithful to Sunday Mass, and daily prayer, and the reception of the Sacraments, avoid the occasion of sin. Cross all crossings cautiously in your spiritual as well as in your earthly itinerary, and you will escape the perils and pitfalls to which so many vacationists have fallen thoughtless victims.—The

Pilot.



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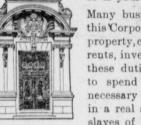
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Issued in 1917 and Maturing 1st December, 1922.

CONVERSION PROPOSALS

THE MINISTER OF FINANCE offers to holders of these bonds who desire to continue their investment in Dominion of Canada securities the privilege of exchanging the maturing bonds for new bonds bearing 51 per cent interest, payable half yearly, of either of the following classes:-

(a) Five year bonds, dated 1st November, 1922, to mature 1st November, 1927.

(b) Ten year bonds, dated 1st November, 1922, to mature 1st November, 1932.

While the maturing bonds will carry interest to 1st December, 1922, the new bonds will commence to earn interest from 1st November, 1922, GIVING A BONUS OF A FULL MONTH'S INTEREST TO THOSE AVAILING THEMSELVES OF THE CONVERSION PRIVILEGE.

This offer is made to holders of the maturing bonds and is not open to other investors. The bonds to be issued under this proposal will be substantially of the same character as those which are maturing, except that the exemption from taxation does not apply to the

Holders of the maturing bonds who wish to avail themselves of this conversion privilege should take their bonds AS EARLY AS POSSIBLE, BUT NOT LATER THAN SEPTEMBER 30th, to a Branch of any Chartered Bank in Canada and receive in exchange an official receipt for the bonds surrendered, containing an undertaking to deliver the corresponding bonds of the new issue.

Holders of maturing fully registered bonds, interest payable by cheque from Ottawa, will receive their December 1 interest cheque as usual. Holders of coupon bonds will detach and retain the last unmatured coupon before surrendering the bond itself for conversion

The surrendered bonds will be forwarded by banks to the Minister of Finance at Ottawa, where they will be exchanged for bonds of the new issue, in fully registered, or coupon registered or coupon bearer form carrying interest payable 1st May and 1st November of each year of the duration of the loan, the first interest payment accruing and payable 1st May, 1923. Bonds of the new issue will be sent to the banks for delivery immediately after the receipt of the surrendered

The bonds of the maturing issue which are not converted under this proposal will be paid off in cash on the 1st December, 1922.

> W. S. FIELDING, Minister of Finance.

Dated at Ottawa, 8th August, 1922.