

FOR WOMEN

Message of Years
Subject of Sermon

Interesting Address Delivered
by Rev. Robert Fulton in
Centenary Church.

The Message of the Years, was the subject of a very thoughtful sermon preached last evening at Centenary church by Rev. Robert Fulton. As yesterday was the first Sunday upon which Rev. Mr. Fulton, as pastor, assumed his duties in Centenary, and as the Queen Square and Centenary churches are united for the month of July and August, the morning service at Queen Square was conducted by Rev. Robert Fulton. An excellent address was delivered upon the subject, "The Great Objective, from the text, 'I seek not yours, but you, for the children's sake, not to say up for the parents, but the parents for the children.'"

In the evening at Centenary the text was taken from Samuel 5:4. The preacher described the incident, telling how David, the greatest of the Philistines, was overthrown and mutilated in the hills of Gath, at night, because the Ark of God, captured from the Israelites, had been placed in the temple of the idol, and suffered defeat in battle and her first sign had been slain; but this is not enough to explain the spirit of depression which rested upon the army and upon the village. Against the law and wisdom of God, the Ark of God had been sent into camp and captured by the Philistines. The truth was that the ark which represented God, and which was the symbol of His power, could not save. Not the Ark of God, but the God of the Ark alone could suffice.

Lesson Needed Today

This lesson is forced upon us by the conditions of today. We have all the resources for a high civilization. We have a church which represents God, and organizations which take His name. These are not enough; it is the divine life in the soul which is necessary. God is the essential factor in the experience of mankind.

The Philistines sought to humiliate the ark which represented God, but the dehumiliation of David, the half-man, half-idol, was the result. The cutting off of David's hands and head meant that he had no mind are to pay tribute to God, the centre of thought and activity.

In the face of the period in which we live the lesson teaches us that the creation of man's hands cannot save us. We are passing through times of great importance. New issues are asking for analysis. Two forces are asking for recognition. One is the old force which seeks to reconstruct and remodel that which is in existence and in old beliefs to infuse the spirit of brotherhood. The other is the new force which seeks to recognize the recognition of stewardship of time and money, the spirit of helpfulness which exalts men. They would bring to the world the spirit of Jesus Christ.

Many Iconoclasts

On the other hand there are many like Marx and the Bolsheviks, who are iconoclasts, sweeping away everything, leaving us with no God and no hereafter. The forces which we have been developed would be swept by such as these. They would remove God and exalt mankind. If the ideal and sublime influence of divine companionship are removed, there is no impetus left. In God we live and move and have our being. Jesus is the light of the world, the only light by which we make progress. We must defeat false ideas by keeping this light upon them. In saying I am the light of the world, Jesus was not commending Himself, but was giving the data of divine redemption.

We know these things, but it is good for us to be reminded of them. We have peace-hoed God and forgotten brotherhood. The darkest hours are God's opportunity. It was in the night that the idol was overthrown, and in times of depression God's love will be shown.

Trust God in Dark Hours

The great tests of life but reveal divine sufficiency. Rome gave their sweetest at midnight and the glory of God is seen in the loneliest places. The power of God is demonstrated in the darkest hour. If He is for us, He is greater than all who can be against us. If we trust in Him, no barrier is unsurmountable. We can do all things through Christ, who strengthened us.

If we trust in God and put that trust into operation, we can uplift the brotherhood and show Jesus to the world. The earth is the Lord's, and from all corners, shall come the redeeming force of Jesus, the King of Kings.

BATH IN FOUNTAINS.

Montreal, July 2.—A request that children be allowed to bathe in pools and fountains in the city's squares, if properly dressed during the hot weather, will be forwarded to Chairman Devereux, of the administrative commission, by the secretary of the parks and playgrounds association, following a decision to that effect reached at a session of the association's executive committee today.

Safe For Them.

Young Burglar: "These spoons ain't silver. They are the cheapest kind of imitation." Old Burglar: "That's lucky." "Lucky?" "Yes, 'cause 'em along." "What for?" "The lady of the house will be afraid to get the detective after us, 'cause they should find them spoons and describe 'em in the papers."—Pearlman.

AFTERWARD.
This is all, then, that time has left—
The valley, the river, the hill,
And the wind that runs through the
cedar trees.
That falters and then is still.
Never a heartbeat under the grass.
Only the voice of the wind—
And the friends and the loves of years
terday.
How many shall I find?
Nothing but shadows of things that
were,
As when the soft clouds pass,
Drawing their light sails in front of
the sun.
Over the bending grass.
—Abigail W. Cresson.

Straps Stylish
For The Instep

New York, July 10.—More straps over the instep, a Congress gaiter, pink velvet Juliettes and smoking slippers were among the striking features of the shoe fashion show which opened yesterday in the Commodore Hotel for a four day run. Models wore the shoes that are expected to dominate in the autumn on fashionable femininity.

Grandmother never would have recognized her comfortable old elastic sided shoes in the trim little model worn by a girl with the proudest of feet. There were the same expanding sides to her shoes, but otherwise they were as different as art and manufacture can make them.

Most of the 500 men present, although they were shoe manufacturers, took particular notice of a pair of satin instep shoes in the modern smoking jacket, which included all the details, even to the cigarette holder and cigarette box. She wore a necktie, and several inches of her curving calf showed below the frilly trousers.

Some of the darker shoes, intended for street wear, had stitching of a bright contrasting color. Heels are no thicker, and some are to be lower, for sports and walking. The only laced high shoes were worn by children.

About twenty-five manufacturers, members of the Shoe Manufacturers Board of Trade, staged the show, which was set to music and has flowers and spot lights.

TRAVELLING SHOE BAG.

A shoe bag that is intended to protect the contents of one's trunk from dirt and staining from the shoe polish may also be taken out of the closet when the trunk is unpacked. As described it is designed to hold six pairs of shoes and the stockings to match. The bag is made in two sections, each four feet long and nine inches wide. The sections are attached to a brace of jade-colored straps, each with a buckle. The bag is made in the Japanese style. Each section of the bag holds three pairs of shoes and as a smaller pocket at the top—the shoe pockets being twelve inches deep.

In using the bag in a trunk the shoes may be packed around the outside and inside of the trunk, and the circle formed by the shoe bag will fit itself into the corners of the bag and solve one of the big problems of packing. Arriving at one's destination, the bag may be taken out of the trunk, hung on a hook, and one has at hand all one's shoes and their matching hosiery.

One and One-Third Yards.
One and one-third yards of yard-wide cretonne will make such a bag. Divide the cretonne into two pieces of equal size by 48 inches, and hem the pieces lengthwise. Then fold lengthwise, close the top and bottom, and stitch crosswise to form four compartments. Each nine inches by twelve. Then stitch along the side, that has been hemmed, half closing the pockets. A six-inch opening is shoe, and each pocket will hold one pair. If they are put in separately, it will strengthen the top of the bag, which bears the weight of its contents when the top is open. If several pairs of stockings are packed in the bag, it will be stronger still.

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HELP A WEAK THROAT
STRENGTHEN THE VOICE
RELIEVE BRONCHITIS

By breathing the Healing Balsams of Catarrhose, you are made well without using Drugs.

"You breathe through the Catarrhose inhaler medicated with the full of healing, soothing balsams; full of piney antiseptic essences that resemble the air of the pine woods in the Adirondacks. This piney vapor has a truly marvelous action on weak throats. It brings strength and health to the bronchitis, stops that hacking cough and difficult breathing. You can't find anything for weak-throated people more beneficial than Catarrhose. It sends the heaven on earth to the man that has had bronchitis, catarrh or throat irritation. You will realize this the first time you use Catarrhose which is a scientific preparation specially designed for diseases of the nose, throat and bronchial tubes. Get the large size, it lasts two months, costs \$1.00. Medium size 50c, small size 25c. All stores carry it or the Catarrhose Co., Montreal."

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HOW TO BE HEALTHY

The Air We Breathe.

Walk a mile twice a day in the open air; it will add ten years to your life.

A platitude of pure air is essential to right living, from the cradle to the last respiration. For weeks we may live without food, days without drink; but no more than a minute or two without oxygen, the essential ingredient of life.

This life-maintaining gas, when combined with other substances, makes heat; and that is why the sentient body is generally warmer than the atmosphere. All animal and vegetable life depend on oxygen. Under the sun's benignant influence, plants give out this gas which, thus freed, is respired by animal life. Our blood capillaries carry it to our organs, and our utmost tissues and cells; and thus do we receive power and warmth and health—in fact, life itself.

The Almighty breathed into his nostrils the breath of life, and man became a living soul.

Every room in the home, therefore—living and sleeping rooms alike—should be thoroughly ventilated. Air motion, its coolness, purity, freshness, with a moderate degree of humidity, are the essentials.

Good draft should always be aimed for; nature generally arranges for the right cross-currents outdoors. And we could have them naturally in our houses if we but allowed her freedom of action by opening wide our windows all the time in temperate

weather, and some of the time at least in very inclement weather. A strong draft is deleterious to the health of most of us, cave dwellers as we are; those insured to drafts suffer no harm from them.

A famous physician, who had achieved his cure from the tuberculosis he had suffered, while visiting a college where he was to give a lecture, sat in his shirt sleeves before an open window on a very cold night, welcoming the blast, until one by one his entertainers, abjuring their host's dictum, left him in ultimate and magnificent isolation.

Moderate coolness of the air is most desirable. Air in motion is cooler than stagnant air at any rate. It seems so. Pure air is as dust, smoke and germ free as possible. Fresh is changed air; air that is constantly renewed. It is generally warmer than indoor air, by the way, is not necessarily pure because it is cold. In the winter time house air is likely to be unduly dry.

A moderate amount of moisture is salutary and may be attained, to some extent, at least, by heating water in large pans or in open vessels.

To have rooms constantly supplied with fresh air there should be an arrangement by which oxygen from outdoors is supplied all the time. A current from room to room will not suffice. Stoves, certainly in bedrooms, are pernicious, being ravagers of oxygen and often emitting gases which result from imperfect combustion.

SPORTS CLOTHES
ARE COMFORTABLE

Made in Every Variety for
Beauty and Usefulness—
Sport Handkerchiefs, Too.

"Why not be really comfortable while playing tennis?" says independent Miss Twentieth Century, and proceeds to joff her limb encouragingly in favor of sport handkerchiefs. "Knickerbocker" made of heavy cotton or linen, or silk. Correct tennis shoes in all white or white with a touch of color and heavy ribbed stockings, carrying a touch of color in their striping complete the outfit.

The riding costume sans skirt long ago became popular except with a few few women, the golf outfit consisting of knickerbockers and coat or matching cape has long been seen on the links and skirts of bathing suits are no more ruffled, so that there seems to be no reason at all why tennis should not also be enjoyed in a costume that is comfortable. When a tennis player really enters into the game in abundance and some decided sport never stunts modestly "put" for any length of time any way, so why wear it at all?

Sport Handkerchiefs.
A handkerchief is a seemingly unimportant thing, but the sports enthusiast, or perhaps, she should be called the sports enthusiast, should not overlook the least detail. Sports handkerchiefs this summer are of lawn or linen, depending entirely upon the climate. They are equally attractive, however. The squares are printed with "jazz" designs in bright colors, like butterfly, rose, blue, and red. Colored handkerchiefs with a black rolled edge or a printed design are pleasing. Combining sportiness with the eternal feminine which pervades in spite of golf, riding and a jiving, is a monochrom of colored linen with ruffle of white at outlining the edges.

Decorative Belts Modish.
With separate sweaters and sleeveless summer dresses so much the vogue it follows that the decorative belt will be correspondingly modish. Often the belt is the only touch of adornment. Belts this season are as versatile as shoes. They are partial to combining contrasting colors. The plerced belt of white knit with inserts of patent or colored leather has been found to be correct for most sports outfits.

Sport Hats.
No costume, sports or otherwise, is complete without an appropriate hat. There is little excuse, this summer, for being incorrectly hatted. Mid-summer sports hats are so reasonably priced that the average woman can well afford to have a hat for each dress, suit or sweater. Three dollars will buy a smart looking hat of broad, low, black or brown, a black rolled bon. Ribbon tennis hats, hemp hats covered with rippled ribbon, striped ribbon golf hats, block felt hats, leg-horns and fabric hats besides many other fashions.

A Personal Matter.
Fur Aspirant (with manuscript): Do, please, let me read my novel to you.
Publisher: Don't trouble, my dear young lady; my reader will see it.
Fur Aspirant: Yes, but he won't see it!

French Doctor Says
Love Is A Disease

Emotions Are Affected According to This Authority—
Open to Argument.

"Is 'love' a disease? A Parisian physician, quite sane, no crank, and world-renowned for his researches in medical science, says that it is. He ranks it with tuberculosis and other troubles. The former is a disease of the lungs. Love, he says, is a disease of the emotions.

Is he right? Let us argue the matter out, says Answers.

Hate—love's opposite—is also considered to be a disease. This we should be willing to concede—not as a result of thinking the matter out, but because it gives us no mental shock. Hate is an ugly thing, a disease is nasty. So, with not very good logic, we are quite willing to agree that hate is a disease.

But this argument puts us into a difficult position. We have admitted that an emotion, a feeling, can be diseased. And if one, why not another? That it gives us a shock to think that love might be a disease is no proof—that we must admit—that it is!

Anger Leads to Madness.
Anger—righteous anger—is a natural, permitted and undiseased emotion. Diseased, it turns to hate. And hate, if the disease gets worse, turns to madness.

Admiration is another natural and undiseased emotion. But diseased, it turns to envy.

All these emotions have their inward effects and outward expression. All these emotions have their inward effects and outward expression. All these emotions have their inward effects and outward expression.

Love—this is beyond denial—does produce queer, abnormal and irrational results. It affects the appetite. It deranges the mental balance. It disturbs the function of memory. Do we hold man or maid in love as being quite responsible for their actions? Heaven-Sent Emotion.

Since queer effects can proceed from nothing save a queer cause, is it not evident that the French physician was right and that love is a disease?

It isn't! Love is the grandest, sweetest, most beautiful, most sublime, Heaven-sent emotion there is. All that has been written above is a twisted mind's attempt to state the obvious. Love is a disease. A disease! Why, it's poor humanity's balm, salve and salvation. Those who have never loved have never lived.

FRUITS.
The cherry, peach and plum are of Persian origin.

The juice of seven average oranges equals the food value of a quart of milk.

The peach has less sugar (one and one-half per cent) than any other fruit.

The grapefruit was introduced into Florida by the Spaniards, who called it the "pomelo."

Six edible citrus fruits are the orange, lemon, citron, lime, pomelo or grapefruit and the kumquat.

Is the watermelon fruit or vegetable? Standard dictionaries define it as the fruit of the watermelon vine.

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WOMEN IN TURKEY.
Women of Turkey, by a new law, are now permitted to be seen in public with a man.

It is only within the last 50 years that Turkish women have learned to read and write.

Women of Turkey are now permitted to have their shoes shined at the public stands in the street.

Nowhere in the Moslem world is religious duty more conscientiously performed than among the women of the Turkish harems.

"Allah is great; there is but one God, and Mohammed is his prophet." These words are daily the Turkish women turn toward Mecca and repeat the foregoing passage from the Koran.

When a Turkish girl is of marriageable age, that is, after she has reached the age of 11, the parents make her marriage a business proposition, and the highest bidder draws the prize.

The women in the Turkish harems are not always congenial, and there is considerable jealousy. The latest wife is always referred to as "the bride," and she is the "leading lady" until another is added to the list.

ITEMS ABOUT BRITISH ROYALTY.
More than 50 paid servants are employed in Buckingham Palace.

Balmoral, King George's Highland estate, covers more than 25,000 acres. The main value of the table and silver in Buckingham Palace is estimated at \$35,000.

M. Cevard, the head chef in the household of King George and Queen Mary of England, receives \$10,000 a year.

The members of the British royal family are not required to pay taxes on their property, though as a matter of courtesy they do so.

Prince Albert, second son of their British majesties, is the humorist of the royal family, with a particular penchant for sporting stories.

There are six footmen in attendance at the main entrance to Buckingham Palace throughout the day until 1 o'clock when the number is reduced to four.

The inventory of the whole of the contents of Buckingham Palace, which is taken once a year, fills printed volumes each containing 700 pages.

Queen Mary makes it her practice to examine personally at the end of each month the household accounts of Buckingham Palace and other of the royal residences.

Mounies Won
Cricket Match

Mounted Police Played
John Scratch Team
Were Victorious.

In a cricket match Saturday afternoon the Royal West Mounted Police defeated a St. John scratch team by a total score of 18 to 120. The following is the result:

Batsmen:
King, bid. by Whitney
Stegman, bid. by Fraser
Mofford, L. B. W. Fraser
Stearns, run out.
Keeble, J. Sr., bid. Fraser
Keeble, J. Jr., bid. Whitney
Fraser.
Bowlers:
Davis, J. W., bid. Fraser
Davis, J. W., bid. Fraser
Whitney
Mofford, L. B. W. Fraser
Stearns, run out.
Keeble, J. Sr., bid. Fraser
Keeble, J. Jr., bid. Whitney
Fraser.
Extras, (not out) 26
Morton (not out) 26
Extras, (not out) 26

Bowlers O M R W
Whitney . . . 8 1 19 4
Fraser . . . 8 1 26 6
Stearns . . . 8 1 26 6
R. G. M. P. C. C.

Batsmen:
Fraser, bid. by Stegman
O'Donnell, bid. Stegman
Stegman.
Whitney, bid. Stegman
Henderson, bid. Stegman
Richardson, run out
Layland, bid. by Mofford
Stearns, run out
Jacomb, bid. by Stegman
Devey, (not out) 26
Curleigh, run out
Bates, bid. by Stegman
Extras, (not out) 26

Bowlers O M R W
Stegman . . . 8 1 26 6
Mofford . . . 8 1 19 1
St. John Scratch Team.
Batsmen:
Keeble, T. Sr., bid. Richardson
Whitney, bid. Stegman
Morton, bid. Whitney
March, bid. Whitney
Stegman, bid. Jacomb, bid. Fraser
Stearns, bid. Whitney
King, bid. Fraser
Mofford, bid. Whitney
Davis, J. W., bid. Richardson
Devey.
Fraser, bid. Dorey, bid. Whitney
Keeble, Jr., bid. Whitney
Extras, (not out) 26
Wides 10

Bowlers O M R W
Whitney . . . 8 1 26 6
Fraser . . . 7 1 27 2
Devey . . . 10 1 10 1
R. C. M. P. C. C.

Batsmen:
Fraser, bid. Keeble, bid. C. Mofford
Whitney, bid. C. Mofford
Richardson, bid. Mofford
Parfitt.
Davis, stamped King, bid. Parfitt
Jacomb, bid. Stegman, bid. Parfitt
Curleigh, bid. Mofford
Bates (not out) 26
O'Donnell, stamped Rine, bid. Parfitt
Stearns, bid. Stegman
Extras, (not out) 26

Bowlers O M R W
Stegman 13 1 56 2
Mofford . . . 4 8 24 4
Parfitt . . . 4 8 24 4

Rothesay Invaded
By St. John Team

Rothesay was invaded by both St. John and Fair Vale ball teams Tuesday for the week-end supremacy.

The St. Hayward team, young and stud active, with a strong line-up, met their opponents, the Fair Vale, at the end of the train and marched to the field ready for the fray.

The Fair Vale boys, who had been with the thought of victory in the grounds in automobiles, their mascot carrying chest proteus, balls, etc., ready for battle.

The St. Hayward team at this time were lumbering up batting files to the outfield, while the infield were vying hard in throwing their arms.

Showering the ball to one another, getting their hands somewhat of each other, and they are some ball tossed.

The Fair Vale boys having entered grounds were now ordered by the captain to take ten minutes' practice as he felt they would need it, and were doing work for the few minutes at their disposal.

The time now having arrived to select two umpires. After some discussion the large crowd present for the match selected the umpires for the St. Hayward team, and the Fair Vale team stepped nimbly to the home plate in hand. Two or three balls were thrown to the pitcher of the St. Hayward team, sent the ball to the tip with great accuracy and went the Fair Vale boys in one, and three order.

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In the English Play "Lady Rose's Daughter"

Packed with thrills from start to finish, Elsie Ferguson's latest picture, "Lady Rose's Daughter," is a meeting with enormous success throughout the country.

The story is not only dramatic, but it exerts a powerful heart appeal. The theme deals with the love affair of an English girl who is born out of wedlock, but who finds love and happiness in the end. Supported by a cast headed by such players as David Powell, Holmes, H. Herbert, Frank Lose, Warren Cook and Ida Waterman, the picture is admitted one of unusual interest to movie fans.

Burton Holmes
Topics of the Day
USUAL PRICES