

THE 104TH ONE OF THE FINEST AT SHORNCLIFFE

COL. FOWLER'S BATTALION AMONG BEST OF THEM

"Never Saw a Better New Battalion than the 104th in all my Forty Years of Experience" is Gen. Alderson's Tribute to New Brunswick Regiment— Making an En- viable Record.

Shorncliffe, Sept. 20.—The 104th Battalion, Canadian Expeditionary Force, under command of Lieut.-Col. George W. Fowler, M. P., of Sussex, left Canada on the 27th of June for service overseas, which to boys in the service may mean anywhere in the broad lands of the Empire, on which the man never sets, but usually means England and ultimately the battle- fields of France or Flanders, where the boys of St. John, and Canada as a whole have proven themselves heroes time and time again in the face of the fierce attacks of the Hun, but have never flinched, no matter how great the odds.

The battalion arrived in a port in England early in July, 1915 all ranks, strong, and one of the finest lots of men who ever landed in England. After a nine hour run the battalion arrived in Shorncliffe and proceeded to detrain, which was speedily completed as the boys were all glad to get their feet on "terra firma" again, and were willing to go anywhere they were led by the C. O., as all the boys have a soft spot in their heart for the "good natured colonel" who has never re- fused a man of the battalion anything in reason.

After detrain operations were completed, the boys put on their equip- ment and "fell in" outside the station to be marched to camp. It is about three-quarters of a mile from Shorn- cliffe Station to the camp, and as most of the boys were quite exhausted with their trip in the boat and the train, it was quite a proposition, but they threw themselves at the job in earnest and in a very short time the walk was finished, and they arrived at Caesar's Camp.

Among Old Friends. Needless to say the arrival of the 104th Battalion made some ex- cite- ment in the camp, as there were the 4th Battalion, from Nova Scotia; the 5th from N. B.; the 6th from Nova Scotia; and the R. C. R. and P. P. C. L. I. Depot already in camp, and among them many of the boys who had come from the same districts as the boys of the 104th.

After the handshakes and "Glad-to- see-you-old-man" were passed around by chums and relatives in the different battalions, the boys set to work to make themselves at home in their new surroundings, and make their tents look like a little bit of home, which was no mean job, but in the course of a few days everything was in order and the 104th had the name of having the best lines in the camp, which was a great credit to them, indeed, as the other battalions in camp had been there for a few days getting things straightened out before Colonel Fow- ler's boys arrived.

A week after arrival the boys settled down and began good hard training, and have been making re- cords everywhere they go, and are still "going strong," and when they get to the firing line they will still con- tinue the good work, which has now become a habit to them, and they are sure to make a name for them- selves wherever they go.

For instance, out of some two hun- dred men who went to the ranges for firing practice for the first time, there were about twenty marksmen, which is indeed a record as, when a man arrives in England from Canada he is considered a recruit, no matter how much hard training he has had in Canada, and during the time that this "crack" battalion was undergoing training in Camp Sussex they did not lose much time in getting down to good hard work.

Inspected by Lieut.-Col. F. B. Black. The battalion had the first inspec- tion since its arrival in England by Lieut. Col. F. B. Black, O. C., 5th Canadian Training Brigade, of Sackville, N. S., shortly after its arrival at Camp Sussex, and made a very fine ap- pearance, with which the Brigadier was very much pleased.

The next inspection was by Colonel Burritt, the second in command of this division, a short while after, and he expressed himself, both to the C. O. and the men, as being particularly pleased with the way that they carried out their manoeuvres, and with their appearance on parade.

Shortly after the inspection by Col. Burritt, the battalion was inspected by General Sir Edwin Alderson, In- spector of the Canadian Forces, who was most flattering in his remarks, and after he had complimented the colonel and the men, as a body, turned to Colonel Fowler and said "Colonel Fowler you have a splendid battalion, and in all my forty years of experience I have never seen a better new bat- talion than the 104th. You certainly have great reason to be proud of your men."

This is a great feather in the hat of the boys of the 104th and reflects great credit on the Commanding Of- ficer, who, since the organization of the some two thousand men, and made the battalion last October, has recruited some two thousand men, and made the 104th Battalion the pick of the lot, through his personal supervision and his fairness and honesty to the men in every detail.

The 104th Band has also made a name for itself since its arrival in England, and has played at numerous affairs since early in July. It is now on a tour to Bath, the Canadian Dis- charge Depot, for a short time.

On the 4th of August this battalion stood the test of another inspection by Major-General Sir Sam Hughes, the Minister of Militia of Defense, Can- ada, on Sir John Moore's Plains.

The whole Canadian Training Di- vision in the Shorncliffe area were out on inspection that day, and when the 104th passed the saluting base, the Minister called out to Colonel Fow- ler, "Colonel Fowler, you have a fine body of men, there."

This was indeed a great compliment to the splendid physique and carriage of the men, as a word like that from the Minister means more than just "hollow words" as he is not in the habit of selecting single battalions out of some thousands of men for compli- ments.

The boys are all happy and getting more used to the life every day, which in fact, they did not seem to mind from the first, but put their minds on the new tasks and courses of instruc- tion before them, like hardened vet- erans.

The physical condition of the men has been very good since arrival in England and despite the inclement weather and the change in climate the "sick list" is very small in propor- tion to the number of men on the strength of the battalion and the con- ditions of camp life at this time of the year, with rain every other day or so.

As a whole the 104th Battalion is certainly "crack battalion," and will uphold the name which was given to them in Canada "Fowler's Crack Bat- talion," on the battlefields of France or Flanders or any other part of the Empire to which they might be or- dered, as well as making a record for themselves in England.

GIBSON MAN LOSES HIS FINE HOUSE BY FIRE

Residence of Richard Howard Destroyed Yesterday — Good Work of Firemen Saved Buildings nearby.

Special to The Standard. Fredericton, Oct. 1.—Fire destroyed the residence of Richard Howard at Gibson this morning. A heavy wind was blowing at the time of the fire and several buildings nearby were narrowly saved from being burned. The blaze was discovered by Mrs. Howard. The building is a total loss, while practically none of the furniture was saved from the building. Only the excellent work of the fire depart- ment prevented the blaze from spread- ing as there was a high wind blowing at the time.

RALLY DAY OBSERVED IN SUNDAY SCHOOLS

Interesting Proceedings in Some of City Schools Yesterday.

Yesterday was "rally day" in some of the city Sunday schools. In St. David's and St. Stephen's Presbyter- ican schools the programme approved by the assembly of the board of Sun- day schools, Toronto, was followed, the theme of the proceedings being "Doing My Bit." Offerings were taken to assist Sunday schools in the poorer and more remote districts in Canada. In St. David's, Rev. J. H. MacKelgan addressed the children, pointing out the need for each one to take his or her part in doing what is possible in righteous causes, especial- ly during the present time of warfare. The address in St. Stephen's school was given by Corporal A. P. Hodges. He explained the motives that had actuated him in enlisting, notwith- standing his status as a minister of religion, and pointed out the neces- sity for each circumstance might de- mand. H. O. Bonk sang a solo.

NEW YORK HEADQUARTERS OF BELGIAN RELIEF COMMISSION

Deny That Belgian Relief Supplies Are Stolen or Interfered With By Germans. Mr. Maurice Goor, Belgian consul general at Ottawa, has received a wire from the American Belgian relief headquarters in New York as follows: "Report that our supplies in inter- fere with our supplies is not true, our system of distribution being so thoroughly organized and our inspec- tion service so effective as to insure control up to the point of actual is- sue to the people in the same of small rations. Beyond this point there is of course the chance that an individ- ual may part with rations for a con- sideration but you will agree that this is so extremely remote in the cir- cumstances as to be a negligible fac- tor or probably of less significance than the inevitable petty leakages in or- dinary commercial affairs."

A WORLD'S RECORD.

Great Barrington, Sept. 28.—The world's mile pacing record for a horse driven by a woman was broken at the Great Barrington Fair this afternoon when Miss M. C. Flynn of Washington, driving her horse "Rag Time," which won the first heat in the 2.25 class in 2.20 1/2. The previous record was 2.20 1/2. Miss Flynn is the first woman to ever appear on the local track. She is an experienced horsewoman and acts as her own trainer. Driving the same horse she won the 2.30 pace yesterday in three straight heats.

Health Hints.

Liquid vaseline may be employed on the scalp or tonic containing oil and other stimulating ingredients. For this purpose use a drop stopper and apply directly to the scalp, not to the hair. In this way the skin quickly ab- sorbs the moisture leaving the hair free.

Edith Cavell Home. A campaign is being conducted in Toronto to raise funds to build a nurses' home at the Western Hospital, as a permanent memorial to Nurse Edith Cavell. The idea of this nurses' home has been approved by the mother of the heroine.

TWENTY-FIVE RECRUITED FOR 12TH BATTERY

Good Progress in Recruiting Draft of Fifty Men from North Shore for Artillery Service.

Newcastle, Sept. 30.—Newcastle re- cruiting committee held a meeting last night. Present: W. A. Park, president, C. C. Clark, secretary; Judge Lawlor, Lieut. John L. Lawlor, J. D. Creaghan, A. A. Davidson, Recruiting Officer J. W. Davidson and others. John T. Davidson was appointed to get the names of all eligible men in Blackville parish, as he did of North Esk a short time ago. Only in three parishes of the county have the en- rollment lists been so far prepared and sent in to the county secretary-treas- urer.

The committee will send the speak- ers, asked for by Lt. Baldwin to the 25th Battalion recruiting meeting at Redbank next Tuesday evening. Lt. J. L. Lawlor reported good pro- gress in recruiting for the 12th Bat- tery artillery draft of 50 men for over- seas. Since the 21st instant he has enrolled the following 25 men: Edward Arbeau, Blackville; Ar- thome Arneanu, Nelson; Theodora T. Bergh, Bergen, Norway; Thos. B. P. Copp, Newcastle; Warren Cowie, New- castle; George Gregors, Glos, Greece; John J. Gallah, Newcastle; Cato Hen- drickson, Norway; John T. Henderson, Newcastle; Aage Jensen, Bergen, Nor- way; Christian O. J. Johannessen, Ber- gen, Norway; Willard Kitchen, New- castle; Wilfred D. LeBlanc, Moncton; Walter M. Matchett, Redbank; Aage Malnberg, Bergen, Norway; Ernest Matchett, Newcastle; Marshall Mar- tin, Newcastle; Wm. H. McCafferty, J. Russell Macdonald, Newcastle; James E. O'Brien, Tabusintac; Wm. S. Rossmussen, Denmark; Adolphe Shil- drop, Bergen, Norway; Carl I. Tom- roos, Bergen, Norway; Fidele Thill- dean, Rogerville; Isaac Woody, New- castle.

A large number of prospects are in sight. The recruiting committee will meet again next Friday evening.

LIEUT. CATHEL'S WRITES FROM HEART OF EGYPTIAN DESERT

Lieut. Cathels, who is with the Egyptian expeditionary force, has re- joined his regiment on the desert, after a month in hospital, and his many friends in St. John will be pleased to learn that he reports he is now in the very best of health, and as eager as ever to do his bit for king and coun- try.

In a letter dated August 18th, "some- where on the deserts," Lieut. Cathels writes to a friend on The Standard as follows: "When, after my sojourn with the flash-pots of Egypt, I turned my face to the desert again, it would have been more truthful to say that I was satis- fied to return rather than glad to be going back to what has never at any time been a picnic. That feeling of satisfaction—for want of better words—must be a common enough one in these days of right. It is a satisfac- tion quite distinct from the feeling that follows the contemplation of work well done. It is the direct result of the knowledge that, as far as in one lies, one is in the line of duty, helping to bear the burden, simply doing one's bit. But now that I am actually here again I am glad indeed, glad and pro- foundly thankful to be back again with the men I love, and the battalion of which I am so proud. It is good to be back; this is no time for ease or rest, nor is it possible to enjoy such things. If the war has taught anything it should have impressed this upon us: That our own comfort and pleasure is the poorest goal a man can strive for; that progress is more than a bigger house or a fuller purse.

"My great regret is that I missed the battle, that my men have had a hard experience and I was not there to share it with them; that a fine victory has been won, and I had no part in it. But I can gratefully realize that a power of good the change and rest has done me. I am a new crea- ture, renewed in strength, keen and alive again, quite a different person from the weary wretch who was carted away less than a month ago.

"I am grateful, too, for the great experience. I had the chance to see under most favorable conditions places and scenes I had never dreamed of, and sights in the world that are usually reserved for a favored few. Nor could one fail to be thankful for all the tenderness and kindness I met with, for the wonderful ministry of the Red Cross, whose happy lot it is to take up broken and shattered men and mend and heal and remake them men

again. It was good to come back were it only for the hearty welcome I re- ceived, and for the comforting knowl- edge that my men were glad to see me again.

"I had been very anxious about the battalion, for I knew they had been in the thick of the three days' fight, but could get no news as to how they fared. It was a great relief to find that their losses were amazingly light. They played a big part in the battle and were specially congratulated for it by the G. O. C., and needless to say, they were greatly bucked by the king's telegram—Bless him.

A Record of Courage. "If I were allowed to tell you what they did it would be a record of splen- did courage in three days' defense against a determined foe, and of ex- treme hardship endured as though it were the commonest part of the day's work. That dearly remembered com- pany who, having joined the mighty army, sleep where they fell in far Gallipoli, have no reason to be ashamed of those who fill their places and follow their lead.

"It was a very complete and deci- sive victory, amply justifying the long prepared tactics of the staff. Every- thing happened just as we had planned and hoped. One can see all around the aftermath of battle; the face of the desert is disfigured with ugly shell holes; the verdant palm groves are mown down; there are the inevit- able little crosses that mark the rest- ing places of our dear and glorious dead. These may adorn for a season the calm changeless visage of the desert, but she, herself, remains im- passive and unimpressed; the petty squabbles of men, the shout of battle, the groans in death, did she not tire of them ten thousand years ago?

"To you it must seem a small affair this little victory of ours, to be crowd- ed into half a column of newspaper and forgotten in a day. The first shout of battle has swollen now to such a roar of conflict, deafening all the world, a clashing, jarring, madden- ing agony of sound; but through it breaks, ever clearer and increasingly, the melody of victory that will swell and mount till it drowns the discord and fills the world with glorious music of the songs of peace.

"I had a long and interesting jour- ney back here, one that, except that

in a crowded traffic the wheel of my wagon broke, and horse, wagon, and I overturned and bit the dust. The wagon was the only sufferer, but I had some difficulty getting another means of transport.

A Desert Concert.

"We had another concert in the moonlight last night, and, as I stood up before the ghostly company to spin some yarns, it came over me just how very dear these comrades had become to me, how strong were the ties that bound us, how much this great adven- ture has filled, lightened and colored my life.

"Soon your maples will be glorious with the ruddy gold of autumn and the cool frosted breath of winter will breathe upon your land. Here we roast in a perpetual fiery furnace, undisturb- ed, at least, by meteorological eccen- tricities.

"LIEUT. CATHEL'S"

SALTS FINE FOR ACHING KIDNEYS

We eat too much meat, which clogs Kidneys, then Back hurts and Bladder both- ers you.

Most folks forget that the kidneys, like the bowels, get sluggish and clog- ged and need a flushing occasionally, else we have backache and dull mis- ery in the kidney region, severe head- aches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, com- bined with lithia, and is harmless to flush clogged kidneys and stimulate them to normal activity. It also neu- tralizes the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts is harmless; inexpensive; makes a delightful effervescent lithia- water drink which everybody should take now and then to keep their kid- neys clean, thus avoiding serious complications.



WATCH your alert, keen-eyed, clear-headed business man at breakfast. You never see him eating heavy, soggy foods that clog the body and slow up the mental processes. No, as a rule, he selects some appetizing, easily digested cereal such as Kellogg's, for he knows that these thin, crisp, toasted corn flakes supply all the nourishment that the ordinary body needs without dissipating his energy in digesting and absorbing them. Kellogg's Toasted Corn Flakes go well with fresh or cooked fruits in place of the usual milk or cream.

The only product made in Canada by The Battle Creek Toasted Corn Flake Co., Limited London, Ontario, Canada