

Use Poslam Overnight

To Clear the Complexion,
Red Noses, Inflamed Spots,
Stop Itching, etc.

and whenever it is desired to be rid of the lesser skin affections which so often annoy. In quickly clearing these away, POSLAM proves the marvelous healing power by which it is enabled, in the more serious and virulent diseases, to accomplish rapid and permanent cures. POSLAM is unequalled as the one dependable specific for ECZEMA and like diseases, such as Acne, Tetter, Psoriasis, Scalp-Scale, Hemorrhoids, Barbers' and all other forms of Itch, Salt Rheum, Herpes, and all Eruptions, Rashes, etc. No one suffering from any skin affection can afford to ignore POSLAM's benefits. It will prove a revelation to those tortured with itching irritation, embarrassed by unsightly disfigurements or otherwise enduring skin distress.

POSAM SOAP
Medicated with POSLAM
Beneficial to the Skin—Antiseptic—Prevents Disease—Luxurious for Face, Hands, Bath or Shampoos.
ALL DRUGGISTS 25 CENTS

TRY POSLAM FREE
NAME.....
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Coupon No. 223

An Early Breakfast

An early breakfast without getting up early! That's Winter joy without Winter worry or work. Such a thing is possible in the home where

SHREDDED WHEAT

forms the daily breakfast. Being ready-cooked and ready-to-serve one does not need to wait for kitchen fires or slow servants for a warm, nourishing, strengthening breakfast.

Simply heat the biscuit a few moments to restore crispness, then pour hot milk over it and salt or sweeten to suit the taste. Deliciously wholesome with stewed prunes, baked apples, sliced bananas, canned peaches or other canned fruits. At your grocer's.

Made of Choicest Selected Canadian Wheat
A Canadian Food for Canadians
Made by
The Canadian Shredded Wheat Company, Limited
Niagara Falls, Ontario
Toronto Office: 49 Wellington Street East



An Innovation in Oil Heaters

The Perfection Smokeless Oil Heater, with its drums enameled in turquoise, is an ornament to any room, whether in the country or city home.

No home is quite complete without a Perfection Oil Heater. It is a necessity in the fall and spring, when it is too warm to start the regular heating apparatus, and too cool to be without heat. In the midst of winter it is often convenient as an auxiliary heater, as there are always some cold corners in a house.

The enameled heater always presents a nice appearance, as the enamel will not tarnish or burn off. It is not an "enameled paint," but it is the same as the enamel of your cooking utensils.

The Perfection is the most reliable and convenient portable heating device you can find. An automatically-locking flame spreader prevents turning the wick high enough to smoke.

PERFECTION
SMOKELESS
OIL HEATER
Duckers everywhere. Ask your dealer to show you the Perfection Heater enameled in turquoise, or write for descriptive circular to any factory of the Imperial Oil Company, Limited.

Headaches—nausea—indigestion—muddy complexion—pimples—bad breath—these are some of the effects of constipation. The mild, sensible, reliable remedy is

NA-DRU-GO LAXATIVES

They contain the latest discovered and best evacuant known, which empties the bowels without the slightest discomfort and without disturbing the rest of the system. Constantly increased doses are not necessary. If you do not feel any effect from one or two doses, and we will not return the money. If you do not feel any effect from one or two doses, and we will not return the money. If you do not feel any effect from one or two doses, and we will not return the money.

WHERE TO MARRY AND THE GIRL TO CHOOSE

Advice From an Expert Which, If Followed, May Aid Men to Be Happy—Be Sure of Your Capital.

New York, Feb. 21.—At what age should a young man marry? What should his income be in a big city?

What kind of a girl should he choose for a wife? These are exceedingly interesting questions, and a great many young men in New York and other large cities are still undecided as to the answers. Therefore, the Rockefeller Bible class, at the Fifth Avenue Baptist church, has arranged a series of lectures on "The Facts Necessary to Be Known About Engagement and Marriage." The lecturer is Orrin Cocks, secretary of the Laity League for Social Service, of which William J. Schieffelin is president.

The first thing to note about Mr. Cocks' philosophy is that he is a firm believer in the married state. No fewer but more marriages, provided they are wisely undertaken, is the doctrine he urges. The exact implication of the word "wisely" was the subject of our conversation yesterday.

Marriage on an Economic Basis.

"Should not marriage be placed on a definite economic basis?" was the first question put to him. "Unquestionably," he replied. "No man has a right to marry unless he is able to take care of his family and prevent it from becoming a burden on society at large. It has been estimated that the average family of a husband and wife and three children cannot live independently in New York on an income of less than \$850 a year. I consider that too low."

"I think that the average man of good education and possessing standards of comfortable living can afford to marry on an income of not less than \$1100 to \$1200 a year. If he lives in New York, with this income he will probably not be able to save anything. But it is nevertheless better for him to marry, even if he cannot lay up any money during the first years of his married life."

Of course one reason why it costs so much to live in this city is the high rents. I do not think that the couple I have in mind can possibly find an apartment to suit them for less than \$25 or \$30 a month. That means that instead of devoting one-fourth of their income to rent—the proper proportion—they must use nearly one-third. Take another third for food, and the sum left will barely cover clothes, carfare, recreation and incidental expenses. Moving to the suburbs does not help the situation as the husband's commutation ticket and the expenses of the wife's trips to the city more than cover the few dollars difference in rents.

Not Too Young. "Another economic question connected with marriage is whether the husband should have a reserve fund in the savings bank before marrying. Of course it is always a good thing if he has such a fund; on the other hand, the absence of it should not postpone marriage, provided both young people are in good health."

"What is the proper age for a young man to marry?" was asked. "If he has attained to the income which I specified, twenty-three or twenty-four is none too young," declared Mr. Cocks. "At that age the average college graduate, for instance, has had two or three years in business life, time enough to get well started if he waits longer before he is apt to become selfish and self-indulgent, and he will either not marry at all or postpone marriage until middle age, a procedure disastrous at once to his own welfare and to that of society."

The entrance of large numbers of women into the business world is at present resulting in the unwise postponement of marriage. There are numbers of girls earning from \$20 to \$50 a week who frankly hesitate to marry and give up their work. One of these girls reasons that if she is earning \$25 a week and gives up her job to marry a young man earning \$25 a week she will have to live on \$12.50, just half her present income. She must dress less expensively and enjoy fewer recreations, and she demurs at the sacrifice. Sometimes she solves the problem by doing her own work after marriage, but I consider that undesirable in most instances, as it must interfere with motherhood."

Business Helps Girl. "Then you would take young unmarried women out of business life?" "No, for the girl who does marry after, even after a short business training is apt to make the best wife. She is more skilled in the handling of money, and understands better how to get along with the man she marries."

"And have you any theory about the kind of a girl a man should choose for his wife?" I asked. "I think there are certain general principles that can be laid down," smiled Mr. Cocks.

"For instance, the man of common sense will prefer to marry a girl who is strong and well physical, who is fit to be a mother as well as a wife. She need not, by any means, be a classic beauty, but she should not be an invalid or a neurotic. Also, the sensible man will choose a woman who is his equal mentally, and in the same social class with him. Persons who are not extremely adaptable are likely to be unhappy together unless they have somewhat the same social background."

"Furthermore, the young man of moderate income should only marry a woman who is able to do all the work incident to housekeeping, with the possible exception of heavy washing."

Getting It Right.

Cincinnati Enquirer:—The motto above the great editor's desk read: "Accuracy, Accuracy, Accuracy." Therefore, the story turned in by the cub reporter contained this statement:

"Three thousand, nine hundred and ninety-nine eyes were fixed upon the speaker." "What great fool statement!" asked the great editor, as he prepared to swing the axe. "One man was blind in one eye," explained the cub.

DIZZY HEADACHES CURED IN ONE NIGHT

If Troubled with Head-Fullness Ringing Noises, Specs Before the Eyes, the Stomach is at Fault.



"I had terrible pains in my head. My appetite faded away and when I did eat anything it disagreed and made me very sick for hours after each meal. The active pains in my stomach and the dizzy headaches I had to endure almost set one wild. Sometimes attacks came on so severely that I had to go to bed. I would feel so worn, depressed and utterly miserable that for hours I wouldn't speak to my family. My system was poisoned with wastes and nothing but the SH used Dr. Hamilton's Pills. Without this grand system-cleaning remedy I would be sick, but each day brought me better health and spirits. I was cured and made as strong, ruddy and healthy looking as one could wish, and will always use and recommend Dr. Hamilton's Pills."

"MRS. B. C. CURRAN, Westport, N. Y." Thousands who are in an ailing, low state of health need nothing else but Dr. Hamilton's Pills. They cure blood disorders, pimples, rashes, bad color, biliousness, liver, stomach and kidney troubles. Mild, certain and safe. Beware of imitations and substitutes. 25c per box or five boxes for \$1.00, at all dealers or the Cataractine Company, Kingston, Ont.

DYING, THEY MARRY IN HOSPITAL COTS

Couple, Companions in Philadelphia Sanatorium, Are Happy in Grim Honeymoon of a Few Days Duration.

Philadelphia, Pa., Feb. 23.—Despite the phantom of death companion of their grim honeymoon, George Scler, of Germantown, and his bride, who was Miss Genevieve Laurente, of Pittsburgh, are happy. On adjoining cots in the Dermody Cottage Sanatorium, at Morton, Pa., they are awaiting daily the final summons. Both are in the last stages of tuberculosis.

They were married last Saturday when their cots were pulled close together so that the dying man might place the ring on the finger of his dying bride as the Rev. George Wilson read the words of the marriage ceremony.

The wedding was the culmination of a romance begun seven years ago when Scler was ordered to Mount Airy by his physicians. At Mount Airy Scler met and fell in love with Genevieve Laurente, who engaged to nurse the man back to health. She contracted the dread malady and her health failed apace with his.

Three years ago they decided it was a lost fight and both were removed to the sanatorium at Morton. For those three years they have occupied adjoining cots, constant companions, each trying to cheer the other. Last Saturday they both had premonitions of the end, a matter according to the physicians, of days. Then they decided to die as man and wife.

Scler called to his bedside Miss Margaret O'Hara, superintendent of the sanatorium and told her of their wish. She arranged for the ceremony. She and Miss Lillian May, of Germantown, stood as witnesses.

The end draws near, but Mr. and Mrs. Scler are happy.

His Union Rates. Cincinnati Enquirer:—The leader of our Divorce Set had taken unto himself another partner. The ceremony ended, he handed the paragon a bill. "Ah," gasped the good man, "you are indeed generous." "Not at all," said the donor. "That's what I always pay."

Got A Pain In Your Back?

IF YOU HAVE HEED THE WARNING.

You get a pain in your back, and you wonder what is the matter. When the back aches or becomes weak it is a warning that the kidneys are affected in some way.

Heed the warning; cure the weak, lame, aching back and dispose of any chances of further trouble. If you don't do this, serious complications are very apt to arise, and the first thing you know you will be troubled with Dropsy, Diabetes or Bright's Disease; the three most deadly forms of kidney trouble.

On the first sign of a pain in the back, Doan's Kidney Pills should be taken. They go right to the seat of the trouble, cure the backache and prevent any further complications arising.

Mr. Stewart Johnston, Richardson Mines, N.S., writes:—"For years I was troubled with my back, and I had to give up work. I tried Dr. after Dr., and was getting no better. I had almost given up hope when I began to try Doan's Kidney Pills. I took three boxes of them, and found I was completely cured. I feel I owe my life to Doan's Kidney Pills."

Price 50 cents per box, or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont. When ordering direct specify "Doan's."

LAD OF FIFTEEN MARTYR FOR LOVE

Balked in Elopement with Girl of His Age, Russell Suveroff Is Defiant in Children's Court

New York, N. Y., Feb. 23.—Balked in an attempt to elope with his 15 year old sweetheart and prevented from throwing himself from a fifth story window in a fit of disappointment, Russell Suveroff, 15 years old, of No. 27 West 125th street, was arraigned yesterday in the children's court. There he defied both his stepmother and the court and said he would not give up his sweetheart, Josephine Jaeger, of No. 314 East 94th street. Justice Hoyt committed him to the care of the Children's Society until his romantic ardor cooled off.

Josephine Jaeger, also was arrested and charged with no proper guardianship. Both will have a further hearing Saturday.

The children are exceptionally good looking, but are from entirely different surroundings, the boy being the son of wealthy parents, while the girl is the daughter of a laborer.

William Suveroff, eastern agent of the Consolidated Manufacturing Company, with a suite of offices at No. 34 East 33rd street, told the court that his stepson, Russell Suveroff had become infatuated with Josephine Jaeger. He repeatedly told the boy he must cease his attentions to the girl but the boy persisted in spending most of his time in her company, neglected his studies and later refused to go to school.

On Tuesday Mr. Suveroff said he learned the two had planned an elopement. He went to the Jaeger apartment and there found his son and the girl packing a dress suit case.

When the boy saw his stepfather he rushed to the window, tossed the suit out and called to the girl to "make for the street." Mr. Suveroff grabbed his stepson. He said the boy shouted:

"I will marry her. Life without her is as desolate as the Sahara Desert." In a scuffle the boy jerked away and, rushing to the window, cried:—"If I can't have her I'll end it all."

The father caught the youngster and turned him over to the Children's Society. "If I will paralyze you in your father's custody, will you promise to stay away from the girl, and not to see her in the future?" said Judge Hoyt. "No, sir; I will not," said the boy, aggressively.

"You are going to disobey both me and your father?" said the Court, angrily. "You are taking the attitude of a simpleton—looking for cheap notoriety, and trying to play the part of a gallery hero. I'll remand you to the Children's Society for a few days, to give you time to think things over and come to a reasonable and sensible decision."

The boy was very sullen and refused to say goodbye to his stepfather when led from the court room.

WOMAN "SCIENTIST" TAKEN AS INTRUDER

Mrs. Margaret E. Wright Arrested in Miss Jessie T. Colton's Flat on Her Complaint.

New York, Feb. 23.—Mrs. Margaret E. Wright, wife of Edgar T. Wright, a wealthy contractor of Flushing, L. I., was brought before Magistrate Barlow in West Side Court, yesterday afternoon, on the complaint of Miss Jessie T. Colton, living in apartments at No. 381 Central Park West, who alleges she was disturbed when Mrs. Wright entered her home yesterday morning and refused to leave until taken away in a patrol wagon.

Mrs. Wright's husband is first reader of the First Church of Christ, Scientist, at Flushing. Miss Colton was formerly a Christian Science practitioner attached to the First Church of Christ, Scientist, at Ninety-sixth street and Central Park West, and is now a follower of Mrs. Stetson. Mrs. Wright has been a regular attendant at the church in Central Park West.

Miss Colton said that Mrs. Wright had been in the habit of calling on a friend who had rooms in the same apartment. About ten o'clock yesterday morning she called at the apartment and was told by Miss Colton that the young woman she wished to see was not in.

"Mrs. Wright insisted on entering," said Miss Colton. "She pushed me aside at the door and proceeded to make herself at home in the apartment. She would not leave when I asked her to, and finally after she had been about an hour I telephoned to the police station for assistance in ejecting her from the flat."

Policeman Thon tried to get Mrs. Wright to accompany him from the apartment. She refused and he at length called a patrol wagon. Mrs. Wright accompanied him to the station without resistance. Miss Colton went along and afterward accompanied Mrs. Wright and Policeman Thon to the West Side Court.

In the meantime Arthur Evans, a brother of Mrs. Wright, had been summoned by telephone, and when the woman was taken before Magistrate Barlow offered to be responsible for her. The Magistrate asserted that before disposition of the complaint could be made the woman upon whom Mrs. Wright sought to call would have to appear. Mrs. Wright was paroled in the keeping of her brother, to appear at half-past ten o'clock this morning.

Jo and Nap.

The emperor folded his wife in his arms and kissed her fondly. Just then the door opened and a servant entered. Get out of here, said Josephine. Didn't I tell you that I should never be disturbed when I am enjoying my Nap? And just for that the allied armies entered the city.

Strange, Come to Think of It. Puck:—"One half the world doesn't know how the other half lives," quoted the Wise One. "I never knew there were so many people to mind their own business," murmured the Innocent One.

A LOG FLOATS WITH THE CURRENT

Would you rather be the log—inert, powerless, without will, without purpose, or

THE CURRENT
swift-flowing, vigorous—the pulse of life urging constantly onward?

**VITALITY OR INERTIA
HEALTH OR DISEASE**

Health gives one the spirit of the current. Your duty to your family—to yourself, is to keep nerves nourished, blood pure, muscles strong.

Scott's Emulsion

is like sea-air—bracing, invigorating, giving out tonic-life and health.

ALL DRUGGISTS

New Vitality for Men USE THE FREE COUPON

Vitality gives you the manly courage to protect those depending upon you, as portrayed in the picture. No matter what thoughtless action of early indiscretion may have sapped your strength, vitality restores it to you. It makes you over into a strong vital, manly man, without an ache, pain or weakness. Vitality puts the real VIGOR OF YOUTH into your blood; no matter how nervous or debilitated you may be, it puts the sunshine of vigorous manhood into your life; I make you feel young and keep you feeling as young, without the use of drugs, without the necessity of dieting, without one bit of change in your present mode of living, except, of course, dissipation must cease. Just lead a manly life; use my HEALTH BELT; everything else will come. My HEALTH BELT, worn at night, pours a great, soft stream of VITAL STRENGTH into your blood, nerves and organs during all the hours you sleep; in one night it takes the kink, pain or weakness out of your back, ere long friends will be saying, "How well you look," and you are answering, "Never felt better in my life!" Your eyes will sparkle with health; you will have that pleasing influence to fascinate and control which comes to all full-blooded, strong, vital, manly men. Thousands upon thousands are now using my Health Belt all over the world. With special attachments it cures rheumatism, kidney, bladder, stomach disorders, etc.

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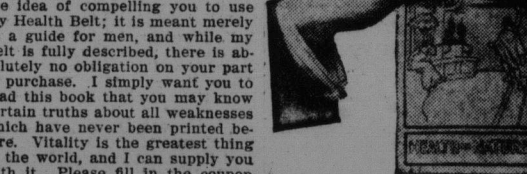
Here is my latest illustrated book, "Health in Nature," a fund of private information relating to weaknesses of men. All men, young or old, can read every word of this little publication with great profit. Sent to you in plain, sealed envelope by mail. The book is not written with the idea of compelling you to use my Health Belt; it is meant merely as a guide for men, and while my Belt is fully described, there is absolutely no obligation on your part to purchase. I simply want you to read this book that you may know certain truths about all weaknesses which have never been printed before. Vitality is the greatest thing in the world, and I can supply you with it. Please fill in the coupon for the free book.

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