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were hills of strahumiliation. As to pants, would it

SEMI-WEEKLY SUN, ST. JOHN, N. B., MARCH 15, 1905.

hands, and the spirits of the boys rose, in proportion as the spirits of the bot-ties fell, the colonel announced to us with a bland smile that the general of division was about to hold a re-view of our regiment in a few days. This bit of information looked to us guilte colories and we have to to us SOLDIER TO HIS WIFE. ulte colorless and we began to wonde why the colonel was making such a fuss about it. But we did not have ST. PETERSBURG, Mar. 10 .- 2.10 p long to wonder. After a little artificial m .- The extent of the disaster to Gen. coughing, the colonel delivered himself of the following little piece of advice: Kuropatkin's army is as yet unknown Rabbi Rabinowitz Tells How the Officers Enriched here, but the most sinister reports re-"Boys! what I want to say to you is this. I suppose you have heard before ceive credence, and the public believes that these officers of high rank are gen- that Field Marshal Oyama has suc Themselves at the Expense of the Men in erally quite eccentric fellows. They ceeded in closing the iron ring around will sometimes stop in the middle of a at least a large portion of the army. maneuvre and ask the regiment some Communication with Mukden is apparaltogether irrelevant question, such, for ently cut, as no word has arrived, The Ranks---How Snap Was Made Known instance, as whether you are satisfied dated later than yesterday at five in with the food; how many times a week the afternoon, when the situation o you are served with meat and white General Bilderling, who commands the bread, etc. Now, I am not afraid of rear guard, and the thousands whe the truth, as I am carrying out the or- were fighting off the Japanese assault (Written for the Sun by Dr Rabin- | save the paste from becoming too thin ders of my superiors to the letter, but almost at the walls of the city wes everal of the kasha-cooking company it is always best to humor these fel- and north of Mukden, was desperate. threw their great-coats over the caullows, and give them a bit of colored in- Even from the east General Kurok dron. This was enough for my dinner formation. Thus, for instance, it will pushed through until Fu Pass, les that day. But you need not worry for be no harm if you tell him that meat is than eight miles east where the Hun we arrived at Novagarod where our me, my dearest. I found out lately served to you every day of the week, and white bread every Sunday. It will bends sharpely to the northward. we under the Japanese guns. The opening tioned for the present. We were at of the Dyadky will do wonders in the only make matters a little smoother in the net was then only twelve miles ing and were told to make ourselves as covery I have the pick of the military derstand me, boys!" "We do, we do! wide, and nothing but a miracle, in the opinion of many experts, could then comfortable as we could. We tried larders. Today I dined on the very We understand you perfectly!" was the have saved the situation. To make hard to comply with these, our first, same good things that were served to answer from all sides and the colonel matters worse, General Nogi's left was the colonel of our regiment, and I came left us with an easy mind. At last the west of the railroad, and Gen. Kawaas there is no other furniture in the to the conclusion that not all military great day dawned; after a breakfast mura's army on the east, were reportplace than a number of bare board rations are made up of "red brick and of real white bread and a mud-colored ed, by forced marching, to be ready to brew which was supposed to be coffee, throw themselves across the Russian we were all marched out to the drilling line of retreat. Novagarod, July 22nd. grounds, and drawn up in long files, All accounts argree that the battle Dearest Anna:-I have just finished with orders not to stir until the arrival vesterday must have been fought under two hours' salute to our colonel, and of the general. Many times did we dreadful conditions. A dust storm of have to shift the weight of our bodies my right hand is almost palsied from hurricane violence was blowing, conbeing held to my cap for that length from one leg to the other before the cealing friend and foe, while through of time. "How has this happened?" long expected general made his appearthe opaque yellow vell, the streams of ance, but at last he hove in sight, Why, very simple. I was walking wounded and camp followers plodded along Petrovsky street, when I noticed mounted on a white charger, and repaid northward. the colonel advancing on the other sideour long wait with a hearty greeting. The war office this morning had little walk from an opposite direction. I im-He was an old man with a kindly exconsolation to offer to the pitiful inpression on his countenance and I took mediately wheeled round, presented quiries for news. The newspapers are a special liking to him at first sight. arms and saluted, awaiting him to mofilled with long lists of those killed in tion me away by word or nod in ac-"Izdrava rebyata!" (I wish you health, the earlier days of the fighting and the children) he called out in a high pitched cited with us a prayer for the life of cordance with cur military code. But churches are crowded with wives. the tsar. No word was said for our alas! he passed on without as much as tone. Instantly all hands went up to mothers and sisters, praying that their neticing me. Whether this was done the caps and like a peal of thunder broke forth from a thousand throats loved ones be spared. At last all by malice or oversight I cannot tell, classes seem to have joined in the since the poor tsar needs our prayers but one thing I knew, and that was the words "Izdrayva zhelayem vassy common grief. All hope of Kuropatkin that I must not budge until he, or some vissoko preschoditelstvo!" (health we waiting for an opportune moment to other officer of equal rank, shall hapwish your exalted highness). After we strike and convert defeat into victory went through the customary manoeuvpen to pass by and absolve me from res in a creditable manner the general has gone. Dearest Anna:-Today we have been this undeserved penance. I gained this ST. PETERSBURG, March 10-The made a short speech in which he comtaken out for the first time to the drill- bitter experience by the mishap of one only consolation that they find is ing grounds. As all new recruits are of our comrades, who was given a mended our neatness and efficiency, and then, contrary to all precedent, he that the Russian troops have been supposed to be fitted out with their | iwenty-four hours' vacation in the dark aismounted and began a personal in- conquered by a wonderful foe, declarfirst uniforms at their own expense, the room for just such a slip as I was now quiry as to the treatment we were reing there is something uncanny about great majority of our company are still anxious to avoid. Well, there I stood ceiving in the barracks. Unfortunately the desperate expedient which the wearing the clothes which they had for two hours glued to the spot like I was the first man he addressed, and Japanese successfully employed at on when they left home, and a speckled the bronze statue of Yermak on our when I looked into his mild eyes and Diushantun, when during market place until a drunken colonel of honest face. I found it impossible to lie. the Japanese lines actually faced about dragoons happened to shuffle by and I apparently firing into their own re-"What do you get for breakfast?" was thuanians with sheep-shin coats and had to kick him before he motioned me serves, deceiving the Russians and his first question. "Bread and saueraway, Whew! it was a terrible or-deal; worse than the March manoeubacking into the Russian wire enkraut, your highness." I answered. "And for dinner?" "Bread and kasha, tanglements before the ruse was disvres when the new commander made your highness." "And for supper?" covered. History, military men say, us wade in our long uniforms almost does not parallel such desperate fana-"Bread and kasha your highness." At to the neck in the ice-cold water of a tical valor. The papers at the same this the general's face was over-spread creek. He said it was to test our disas with a cloud, the colonel was sent for cipline, and when he was told aftersian diplomacy is blamed for not inat once, he looked as white as a sheet, ward that some of us had developed but he denied my report unflinchingly, pneumonia, he said coolly that it is bet looking me straight in the eye like a ter that some should die of pneumonia born liar. "If it please your highness," at home than that they should refuse he said to the general, "I shall put the munitive Finns, who looked like tin soldiers on the shelves of a toy shop. to wade a river at a critical moment and die of an enemy's bullets on the ment, and criticism is heaped upon question to the entire regiment and let them deny or confirm his charges." The Kuropatkin battle-field. This is what I call a dis-ciplinarian! You ought to see him. He genral consented and the next moment JAPS IN HOT PURSUIT. the colonel called out in a nervous holds himself so stiff that Maxim Servoice: "Boys! Is it not true that you TOKIO March 10, 11 a. m .- The folchoff says he is sure there is an iron are served meat for every dinner and ten of us were given in charge of a spike running from the nape of his white bread every Sunday?" There "Dyadky" (father), whose distinction neck through his spine way down to was a momentary silence at his audacfrom the Manchurian headquarters in

the railroad, are pressing the Russians Thousands of Prisoners With Guns and Stores Taken---Kuropatkin Surrounded---Russians Hopeless and Grief-stricken-Bloody Battle Around Fushun.

Tokio, March. 10.—The Japanese troops' occupied Mukden at 10 o'clock this (Friday) morning.

Yinkow, March 10,-Mukden fell at 10 o'clock this (Friday) morning. The Russians are panic stricken. Thousands of prisoners and enormous quantities of stores and guns have been captured.

were several times damaged by the the darkness precluded seeing any dis-Japanese, whose shell raked them. tance.

MUKDEN, Thursday, Mar. 9 .- Mid-The Red Cross nurses and surgeons, night, filed at 5 a.m. March 10 .-- | distinguished themselves by working Nature today raised her hand against under fire and a regiment of the Imthe frightful slaughter west and northperial Rifles fought with indescribable west of Mukden, the hurricane of wind valor. The double eagle on top of the standard of this regiment was carried which has been raging since morning away by a shell and it is claimed here. having raised a blinding dust storm upon the broad, flat Liao River valley replaced by a St. George cross, which every survivor earned. The in which it was impossible at times to see at a distance of two hundred paces. missiat arrangements were better than Unable to distinguish objects both could be expected in the face of such a battle, the troops receiving hot victuarmies necessarily ceased to a large extent their artillery and rifle fire and the strange boding quiet reigned along

the western and northern fronts. There time are filled with recrimination. Rus- is strong reason to believe, however, that the Japanese column spent the cluding in the theatre of operations day in an unintermittent movement the territory west to the Sinmintin northward to occupy positions for a road, which Field Marshal Oyama used still more vigorous attack on the rail-to accomplish his bold turning move- road as soon as the storm clears. The situation is to extremely serious to discuss and owing to this the censorship

stinted praise is given Field Marshal details cannot be given. But in gen-eral the lines held by the Japanese Oyama's military achievement in the present battle, but it is believed that yesterday west and north were as folthe territory over which the fighting owing telegram has been received lows: "Beginning at the village of has been going on is too enormous to Supetun on the Hun River and runexpect that the Japanese seriously plan ning north through the village of to surround the Russians.

along the Mukden road is now engaged six miles north of the Hun river. The extrme Japanese right is within five miles of Fushun. Nearly all the Russian heavy guns and many field guns have been captured. The Russians seem to be moving eastward toward Fushun, with the object of retiring

The above reference to the fighting north of the Hun river conflicts with the official reports, but possibly is later

WASHINGTON, Mar. 10.-The Jap-anese legation today received the following cablegram from Tokio: "Our ops occupied Mukden 10 a. m. Friday. Our enveloping movement since some days proved successful and the bloodiest battle is now proceeding in various places near Mukden.'

Bulletin.

TOKIO. Mar. 10 .- Fushan was occupied by the Japanese last night. The fighting continues on the heights north of Fushun. Bulletin.

WASHINGTON, Mar. 10 .- Fushum tas been captured by the Japanese forces according to the following cablegram received by the Japanese legation from Tokio under today's date. "Our detachment occupied Fushun on the night of March 9th and now are attacking the enemy who is posted at the angle of the heights north of Fushun.

Bulletin.

NEW CHWANG, Mar. 10 .- According to relibale information received here the Russians having been driven out of Mukden and Fushun are retreating in a demoralized condition to the hill country towards the northwest.

Detached bodies of Russians are strongly entrenched with a view to checking the pursuit but no great rear guard action is being fought. It will be impossible for the Russians to keep up any sort of resistance for many days as there are now no means of provisioning in the rough country through which they are retreating. \$1 s believed that the Russians may at tempt to reach Kirin, 225 miles northeast of Mukden through the valleys but a special Japanese corps from the direction of the Yalu river (probably Gen. Kamamura's force) threatens to head them off. Gen. Kuroki is advancing northwest and is forcing the Russians against Gen. Nogi's army.

The casualities on both sides have been enormous. The Russian sixteenth army corps was practically annihliated BERLIN, March 10 .- Military writers ere, discussing General Kuropatkin's at Tatchekiao. Eight thousand Rusians fell at Leukuanpeo. situation, admit its extreme serious-

will follow. They argue that the Jap- MR. SIMMS FILES PETITION

Against Return of Solicitor General Jones-Mrs Lowell's Operation Successful.

FREDERICTON, N. B., March 10 .petition was filed this morning by Mr. Simms against the return of So-

he man who would alley of humiliation ome years ago said stion of separate invulnerable as the ex-finance minister by a cutting refermy lately issued by state, which was vealth of Italics and nd application to itterances of Canadiators, who have their efernal rest. to the echo as he

committee of supnates at'5 o'clock. petitions against ools in the new to the commons toof the Dominior East Assiniboia. in three petitions, dissibility therefor, as him at Ottawa in envelope, although om his own riding. ice arose and said im through which reached the mem-. his constituents

of one of the oldest liament will rise

nowing his Ottawa

house, Emmerson's nsidered and some On the item for acific railway. Em-Dr. Daniel, said urveys were being Brunswick, and ompleted the combe in a position to route would be re-

stimates tonight Dr.

Ion. Fisher with rens issued to quar-John and Vancewith regard to nut by sea and land contagious diseases doctor's questions neral terms by the ffect of the debate quarantine, while effective. Some work in dual pont departments, as Dr. March, quarrtridge Island, who as an officer of the Daniel had no but was surprised as acting minister chief part in the indonald. admitted larch was employed ment than that isher admitted the would enquire into

CHASE'S 25c. direct to the disease the Improved Blower he ulcers, clears the al stops droppings in the id permanantly curet and itay Fever. Blower irs. or Dr. A. W. Chase Toronto and Buffalo

the army a couple of years previous Novagarod, August 1st. to the new recruits. We were told to bonor and obey this new father with Dearest Anna:-You may congratuthe same reverence that is due to the late me, I have meen elevated to the gentune kind, and if silence means consent lituseems that our company readituted for the education of the rank ly assented. Next came the distribuand file.) However, if I am not mistion of rifles, which was well worth witnessing.ing When a rifle was handed to a Lithuonian he took hold of it by to take charge of my class, and so I colonel. the muzzle with butt resting on the ground in front of him in the fashion went up to the superintendent's office to ask for some text-books and a plaw; the Jews touched it first with their little, fingers to see if it writing material, but, when that would, not explede; the white Russians held it aloft butt forward, as if preparing to cleave wood; while the Poles held it close to their breasts as a mother does her baby. I will not weary you with a description of our drill exercises on that day, suffice it to say that there were only twenty-five casualties in our company that day, mostly eyes gouged out by the next man's ruskets. and ankles sprained by falling over one another; but the Dyadkies

LETTERS FROM A RUSSIAN

owitz.)

Novagarod, Tuesday, December 2nd.

Dearest Anna:-Yesterday evening

we arrived at Novagarod where our

ing and were told to make ourselves as

orders, but did not succeed very well,

cots fixed to the walls, and no bedding

Nevertheless we did

at all other than the clothes we have

not allow the blues to take hold of us

but on the contrary many of us were

in such good spirits that the building

soon echoed and re-echoed with strains

of hearty song. Our supper consisted of a reddish kind of rye bread, which

was dealt out to us in half loaves, and

a greyish mess of pulp which was nei-

ther porridge nor pudding. Maxim

Serchoff christened our supper at once

'red brick and mortar." Before bed-

time a red-nosed officer entered and re-

own lives, and Maxim whispered in

my ear that this is as it ought to be,

and spotted herd of animals they ap-

peared indeed. There were some Li-

huge red shawls on their necks; there

were Poles in tight fitting little jackets,

which made them look for all the world

ed our town last fall; there were some

Russians whose fingers seemed to be

ly the figures on the tablets dug from

Assyrian ruins; there were also some

Jews who kept on mumbling the psalms

of David between orders, and some di-

Maxim Serchoff laughed so much that he could hardly keep himself in line.

But the climax was yet to come when

the drilling part was begun. Every

all thumbs, and who resembled close-

like those German acrobats that visit-

Novagarod, December 15th.

on ourselves.

most. . . .

mortar."

said that we did remarkably well (I suppose that we came back alive). Novagarod, January 5th. Dearest Anna:-Today we donned our new uniforms for the first time and we

felt in them more like a polar expediparty than soldiers of the tear. In pictures and illustrations I was always used to admire the military outfits of the Russian infantry as superfor to those of any other nation, by the place. full, ankle-length of the great-coats, high-peaked tam-o'-shanters, and large sized arms, but when I was harnessed in one of these myself I felt like little David when Saul put upon him his own er he shall give the same answer as the sympathize with me. Well, that let-Russian historians make a boast that Russian soldiers have never turned this school-teaching mummery. their backs on the enemy, well, with

this monster uniform on I am inclined to believe that there is a great deal of truth in their assertion. I found it hard myself to stir, not to speak of turning my back and running. We were told by the Dyadky that the greatcoats must be worn summer and winstarting out peeling an apple from the core."

Novagarod, June 13th. Dearest Anna:-Yesterday I was appointed one of the "Kashovars" (the porridge cooking squad) with the re- diers, according to rank, as valets or time and leisure enough to reflect upon sult that my appetite for "kasha" (a personal attendants:. These are called their unblemished past and the inkind of thick porridge which consti-tutes the chief menu in Russian military campe) has vanished, I am afraid, ter and officer, the position of a "den- over the question how to prevent such for all time. I tell you the sight was enough to turn the stomach of an most dependent type. Each of these he will find it; for if he gives his subelephant. First of all, a monster coppar cauldron was suspended from an den of two heavily loaded baskets which they will steal it, and if he gives them ron bar, which was supported by two proved to be well stocked with temptheavy posts driven into the open ground of the court-yard adjoining our barracks. Next several hogsheads of the provincial people of Russia, rye-

water and as many sacks of coarse bread forming the staple food because meal, which had a striking resemblance of its comparative cheapness), a numbread forming the staple food because bowl is in front of her." to common bran, were turned into the ber of bottles of vodka and dezens of to common bran, were turned into the bar of barbard a Russian national dish). cauldron. When these preliminaries raw-herring (a Russian national dish). were completed, about two dozen bare "John!" said Maxim pulling my sleeve, arms set to work mixing the flour and "there is a storm ahead, or our colonel water together. This was not all yet. would not be taking all this trouble to explosion which occurred yesterday in Before the decootion was ready a heat send his bread upon the water." Well, the Cambrian colliery at Clydachvale vy rain began to fall and in order to Maxim was right this time. After the in the Phondda valley.

ity, and my heart beat violently. But my hope soon gave place to despair, as the entire regiment called out like one mat, "It is true, your highness!" Well the upshot of all this is that I am dignity of instructor for one of the branded as a liar in the eyes of the classes in our military school (insti- general, and my headquarters for the present is the military guard-house. If this letter will reach you, it will be taken my usefulness in this capacity thanks to the good offices of my guard, will be short lived. Today I was about who has his own opinions about our

Novagarod, October 1st. Dearest Anna:-You complain that personage listened to my errand, he you did not hear from me for a long burst out in an uncontrollable fit of time. Well, I wrote you a long letter laughter. "Text-books indeed!" he said, about a fortnight ago, but fortunately after he recovered his self-possession, you have not received it. I say "for-"Do you intend to start out teaching tunately" because if you had received the Lithuanian farmers how to spell 'cat?' Ha, ha, ha. Well, John, you ought to know better than that. All the time I wrote that letter. I am sure ed vigorously. we want them to learn is to be able to this will be a puzzle to you, because recite the list of the royal family, and you are not acquainted with the conto address the officers of the various tents of that missing letter, but I am grades by their proper titles." "I beg too busy just now to make a repetition your pardon, your honor," said I, with of it. Suffice it to say here that I some vehemence, "If this is all the edu- brought some charges before the gencation you wish to give them you will eral of division regarding the coarsepermit me to resign my office of in- ness of the food which is dealt out to structor before I commence to dis- us by our colonel in the barracks. My charge its duties." "Resign your of- charges were denied to my face by the billistic meeting? There are no 'offices' and no 'resignations' here! There superior officer. When I found myself is only duty and obedience in this in prison for no other orime than tell-You have been appointed to ing the truth, my heart was full to

teach class F. and teach you shall un- overflowing, and I tried to find relief til you are relieved." I said nothing in unburdening my trouble to you. I more to him, but I sent in my resigna- wrote you a long letter, and sent tion in writing to our colonel. Wheth- through the guard whom I knew to superintendent or not, I am fully de- ter has never reached you, but fell intermined to have nothing to do with to the hands of the general of the division instead. I found out afterward that it was the work of the faithful Novagarod, September 12. guard, who guessed at the contents of Dearest Anna:-For the first time that letter, and conjectured rightly during my military service I am in real that it would open his eyes to see the trouble, and I want your sympathy. truth of the affair, and thus would be Not on account of the teaching busi- a means of saving me. Thanks to this ness which I referred to in my last let- shrewd move of his, I am today a free ter, but that on very hot days we are privileged to omit the under pit ter: this has ended in a complete vic-tory for myself, i. e., I have been re-eral sent a. special aide-de-camp to privileged to omit the under-shirt from lieved from my undesirable office with- make a strict investigation of the afout much ado. But there is another fair, and the truth was easily brought Im Serchoff laugh? "Why," said he trouble much more serious than this. to light. It was found that our colonel Last week our regiment was reviewed together with a number of minor ofby the general of division. A couple of ficers were in league with the commis days before his coming our colonel sary of the regiment for the purpose of paid us a visit at the barracks in the fattening their bank-books by concompany of two "denchiks" (Every of- stant peculations from our daily alficer from the highest to the lowest lowances. Well, the entire gang of has a right to employ one or more sol- them are now behind the bars, having "Denchiks." Owing to the double su- gratitude of the world. At the same periority of the employer as both mas- time the general is racking his brain chik" is really that of a slave of the abuses in the future. And a hard task denchiks was bending under the bur- ordinates cash for the comm ready-bought provision they will sell ing rolls of white bread. (White bread it. I think Maxim Serchoff put it well is considered quite a delicacy among when he said that "It is hard to keep a cat chasing her tail when the cream-

26 KILLED BY EXPLOSION.

CARDIFF. Wales. March 11 .- Twen ty-six lives were lost as a result of the

"In the direction of Singching for Lifuyantun six miles west of the Muksome days our force has been attack- den railroad station to Tatcheklao ing the enemy, who is making an ob- thence turning northeast along the valley of the Pu River to the village stinate resistance in strong positions. of Tauditung nine miles north north-Finally, in the neighborhood of Tieta, our force at three o'clock Thursday east of Mukden and six miles west of the railorad and thence continuing morning completely dislodged the engenerally northward toward the Tie emy, whom they are now pursuing. "Our force in the vicinity of Machun- Pass. In places the Japanese bent tan continues in hot pursuit of the en- their lines sharply inward as at the emy toward Fushun.

imperial tombs which their shells are "In the direction of the Shakhe and reaching and where their turns east-One small body of Japanese ward. east and south of Mukden, we entirely crossed the railroad to the east of the pressed the enemy to the basin of the Hun River. line

the storm

"We stopped on the left bank, at-Behind this screen colums of Japantacking the enemy's strong fortifica-tions west and north of Mukden. ese with artillery were moving north have been ordered to return to the one after another and the evacuation English channel, pending further inone after another and the evacuation "Our attack against the enemy, who of Mukden became imperative. All structions. is obstinately resisting, is being push- day long military trains were departing northward and the line was closed to

"A heavy dust storm obscured the civilian and passenger traffic. Both sun Thursday and as a consequence the railroad and the telegraph lines corps. The Japanese, who destroyed ried with great difficulty.

ROJESTVENSKY QUITTING.

able to proceed to the Far East.

RUSSIANS MAY ESCAPE.

ness, but do not believe a new Sedan

Un-

anese army is not strong enough in

numbers to compel a surrender.

licitor General Jones. Mr. Connell is acting for the petitioner. The ground LONDON, March 10.-According to of protest is that the returning officer the St. Petersburg correspondent of the exceeded his authority in refusing to Daily Telegraph a telegram from Viceaccept Mr. Simms' nomination papers. Admiral Rojestvensky, not yet pub-lished, states that four of his warships A despatch today from Boston announces that Mrs. Lowell, who is visare incapacitated for firing, because iting there, had undergone a successthey are too heavily armed and that the ful operation for appendicitis. problem of coaling has become so dif-

A party of eight recruits arrived this morning from Nova Scotia for the R. ficult that he feared he would be un-The full strength of the com-C. R. No further news has reached Lonpany is now 131, the largest in its hisdon concerning Rojestvensky's squadtory.

ron, but reports are current at Dover that all the ships of the Baltic fleet HOPEWELL HILL, March 10-The upper portion of the Harvey and Sal-isbury railway, between Hillsboro and English channel, pending further in-Salisbury, was cleared today and the TOKIO, Mar. 10 .- (Noon)-It is un- train will get through tomorrow. The

officially reported that the Russian like of this season has never been strength west of Mukden consits of two known, and the mails have been car-

Paralysis Foretold By Bodily Weakness

Not Weakness of the Arms and Legs Merely, But Also Weakness of Such Vital Organs as the Heart, Lungs, Stomach, Liver, Kidneys and Bowels.

Every movement of every muscle in the body is accomplished by the expenditure of nerve force.

The breathing of air into the lungs, the throb of the heart as it pumps the blood through the body, the churning motion of the stomach, and, in short, the whole working of the human system, is the result of muscular contraction, which is only possible by the influence of nerve force.

Once the nerve force runs low and is con- Irritability sumed by overwork, worry or disease more Noises in the Ears rapidly than it is being created, there comes weakness and ultimately paralysis of some Sudden Starting from Sleep part or of the whole body.

Paralysis can usually be cured, and it can always be prevented, by the use of Dr. Chase's Nerve Food, which restores health and strength by actually forming new, rich Numbness of Any Part blood and creating new nerve force.

In women weakness of the nerves frequen'y takes the form of derangements of the populiarly feminine organs. In men nervous exhaustion is often manifested by headache, brain fag and indigestion.

Symptoms: Brain Fag or Headache

Irregular Sleep Unnecessary Anxiety Twitching of the Nerves or

Muscles Sparks Before the Eyes

Pains described as Rheum-

atic, Sciatic, Neuralgic Restlessness of Movement

Loss of Memory Inability to Concentrate

the Mind Weakness of Bodily Organs

Dr. Chase's Nerve Food is composed of the most powerful nerve and blood restoratives that are to be found in nature, and, acting as it does according to nature's laws, cannot fail to be of benefit to you.

The time to begin the use of Dr. Chase's

Nerve Food is when the symptoms mentioned here are first noticed. Then only can you be

sure of preventing paralysis.

By this treatment the depleted and shrivelled nerve cells are filled with the vital nerve force which runs the machinery of the body, and strength and vigor take the place of weakness and disease.

Through the medium of the blood and nerves Dr. Chase's Nerve Food reaches every nook and corner of the human body, and strengtheas and invigorates every organ of the human system.

You can feel yourself getting strong and healthy when the new nerve force is sent tingling along the delicate nerve fibres by this great food cure, and by noting your increase in weight you can prove that new fiesh and tissue are being added.

Dr. Chase's Nerve Food

Bemanson, Bates & Co., Toronto. Dr. Chase's Syrup of Linseed and Turpentine prever 50 cents a bez, 6 boxes for \$2.50, at all de