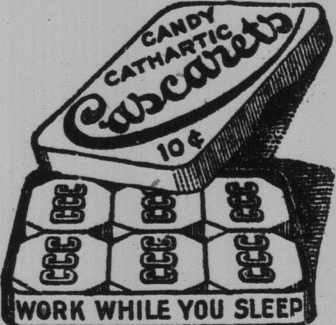


## BEST LIVER AND BOWEL LAXATIVE FOR FAMILY USE

"Cascarets" Regulate Women, Men and Children Without Injury

Take When Bilious, Headachy, for Colds, Bad Breath, Sour Stomach.



Instead of nasty, harsh pills, salts, castor oil or dangerous calomel, why don't you keep Cascarets handy in your home? Cascarets act on the liver and thirty feet of bowels so gently you don't realize you have taken a cathartic, but they act thoroughly and can be depended upon when a good liver and bowel cleansing is necessary—they move the bile and poison from the bowels without griping and soothe the stomach. You eat one or two at night like candy and you wake up feeling fine, the headache, biliousness, bad breath, coated tongue, sour stomach, constipation, or bad cold disappears. Mothers should give Cascarets, sick, feverish or bilious children a whole Cascaret any time—they are harmless and safe for the little folks.

**Mrs. Marion Pheasant.**  
Fredericton, Nov. 21.—Mrs. Marion Pheasant died last night at her home, Fredericton Junction, after a lingering illness. She was aged seventy-six years. Two sons and four daughters survive. The sons are Frederick and Charles, at home and the daughters are, Mrs. E. C. Morgan of Tracy, Mrs. Edward Mott of Russellburg, Mrs. F. E. Brewer, of Greenville (Me.), and Mrs. Bertie Gottschell, of Haverhill (Mass.). The funeral will take place Thursday afternoon. Rev. Mr. Belyea will conduct the service.

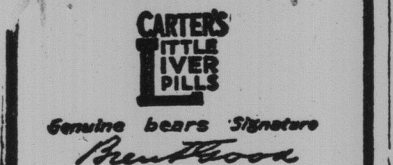
**Theodore Jones.**  
Fredericton, Nov. 21.—Theodore Jones passed away at his home at Burden last night at the age of fifty-nine years, death following an attack of acute indigestion. He is survived by a widow, also one daughter, Mrs. Fred Gerrity, of Devon and one son Harry, at home. The funeral will take place Thursday afternoon. Rev. A. A. Rutledge conducting the service.

## WHY Does Your Head Ache?

Headaches, sick or other kinds, don't happen to people whose livers are busy and whose bowels are as regular as a clock.

Thousands of folks who used to have headaches say this is the way they removed the cause:

One pill at bedtime, regularly. Largely due to a suspicion of biliousness or constipation.



Colorless faces often show the absence of iron in the blood. CARTER'S IRON PILLS will help this condition.

## Why Nine People Out of Ten Have Acid Stomach and Indigestion

Acids in Stomach That Sour and Ferment Your Food Should Be Neutralized With a Little Magnesia to End Indigestion

"While there are many forms of stomach trouble," says a physician who has made a special study of stomach disorders, "I believe that fully 90 per cent of these cases are traceable to the excessive secretion of hydro-chloric acid in the stomach, with consequent food fermentation, gas and delayed digestion."

The stomach needs a certain amount of acid for proper digestion but many people have an unnatural tendency to secrete more acid than their stomach requires. This excess acid makes all the trouble.

Their stomachs are almost constantly in a state of sourness and ferment, extremely irritating and inflaming to the stomach lining and most everything they eat disagrees and turns to gas. No wonder we have so much so-called indigestion and dyspepsia. An "acid stomach" should be neutralized or sweetened daily with

## THE ECONOMIC SITUATION IN GERMANY BAD

Story of American Who Has Just Got Away

Break By Next Spring

Indications That After War Will Come Confiscation of Property and Repudiation of Part of War Loans in Germany

Berne, Oct. 20.—(Correspondence)—There has just arrived here from Germany a naturalized American who has lived in Germany throughout the war, worked in German seaport cities, passing for or being considered a German subject, mingling not only with the common people, but having occasional access to the councils of the high. In his opinion Germany is suffering acutely now and dissatisfaction and worse reign in certain strata of her army and navy. Recent mutinous uprisings have had to be sternly repressed and the mutineers shot. Thoughtful Germans, he thinks, comprising men of the Ballin type, is desperately anxious for peace and secretly anxious to get out of the war. This man left Germany early in October, because he had reason to fear that he was going to be impressed for military service. The German government had refused to recognize the validity of his American naturalization since he failed to comply with the law existing in 1918 and did not seek the consent of the German government to his step. To get out he had to induce the Spanish embassy to bring pressure to bear on the German government. On reaching Switzerland he first proved steps was to seek the Associated Press satisfactorily his American citizenship, then volunteered such information as he possessed about Germany as the duty of a patriotic American citizen. Strangely enough, at the very moment he was telling his story with details about mutinies in the German navy, the German minister of marine, Admiral von Capelle, was announcing the naval mutinies to the Reichstag. "The economic situation in Germany," he says, "is far worse than anyone on the outside realizes, is so critical that for one look for a break, a collapse, next spring or late in the winter. Nor are the good crops that one hears about so good as they seem. It is a desperate change the situation materially. Throughout the German people there is what amounts to a dread of America, and this hatred has been carefully concentrated on President Wilson because it is easier to hate a man than a people. It is a very real and a very real danger, especially a nation that is the home of pretty nearly everyone's relative. After the war.

"But the big men of Germany, the men who have to look ahead and guide the empire after the war, do not hate America. They feel too keenly that they need America, and they would like to stem the tide of hate before it becomes mutual and the United States are alienated, perhaps for all time. "They know that after the war there is only one country in the world where they can get the money they shall need, America, and they are planning, nowadays. They, and all Germany, want increasingly a peace that shall specify, among other things, a small package of cash raw as well as finished materials anywhere in the world on the same terms as they can be obtained elsewhere.

"Every indication points to probable confiscation of property and repudiation of perhaps half the war loan totals after the war. Even the percentage of property to be confiscated is being talked of, and it seems probable that the government will take twenty per cent of everything.

"On the other hand it seems probable from all I hear that an even half of all outstanding war loans will be nullified. The seventh will suffer exactly as the first and the first as the seventh. Fifty per cent will be repaid, and the other fifty per cent will either be cancelled or will merely continue to pay interest, will be a sort of perpetual investment, the capital for which cannot be realized. "So surely as anything can be predicted there will be in the Central Powers a series of laws forbidding emigration, and in anticipation of them countless Germans today are talking about ways and means of getting away after the war. South and North America, and peculiarly enough New Zealand and Australia, are the havens to which they speak of fleeing. The first German ship that lands in America after hostilities will leave fifty per cent of its crew behind.

"It is becoming clearer and clearer to Germans every day that all the rest of the world has gone the rounds about a 'Central Europe' after the model of Professor Neumann and others will be out of the question.

"Contrary to the belief that seems to be almost universal outside of Germany, I really believe that Pan-Germanism



## Corns in 1860

Were Attacked—As Many Corns Are Yet

The old-time way of ending corns was by harsh attack. And those methods still exist. The new way—the scientific way—is very gentle, yet absolutely sure. It was invented in this well-known laboratory, and is known as Blue-jay.

It ends the pain—and at once by relieving the pressure. It ends the corn by gently acting on the corn alone. It isn't messy. It wraps the corn with adhesive tape. One application is sufficient.

BAUER & BLACK, Limited, Makers of Surgical Dressings, etc., Toronto, Canada.

**How Blue-jay Acts**  
A is a thin, soft pad which stops the pain by relieving the pressure.

**To Look Young Quickly For Special Occasion**  
How often have you fussed and puttered with your face, the eye of some important social event when you wanted to look your best and try what you could do? You just couldn't get the desired result. Some one has been thinking of a little something that will quickly transform it. Just get an ounce of powdered exfoliate and rub it on your face. It will remove all the skin and underlying tissue, wrinkles, worry marks and flabbiness. It is a natural, healthy, and safe. Your face as so improved, you will be glad you had it at this simple and harmless method.

declared in favor of marching on Berlin rather than Petrograd. Naturally all news about these and similar clashes had been carefully suppressed and leaked out only when the soldiers returned or wrote home. In the same way that salient features of the war were spread in first reports by the mutinies aboard the ships.

**Regarding the naval and military situation, he told of mutinies aboard battleships as hinted at by Von Capelle. The men had, he said, dismounted their guns and put down the most of them were shot, others in exceptional cases had been put into service on their own initiative.**

This spirit, he continued, extended to the army also, fanned to a flame occasionally by sectional jealousy and peace of desperation in the west. The mutinous forces, however, had not been large or strong enough to accomplish much, and had been put down. Most of them were shot, others in exceptional cases had been put into service on their own initiative.

"The Italian Society," says a report on the Rome experiment, "has erected a block of working-class flats containing 800 dwellings, designed for all types and sizes of families. The flats are built on four sides of a square, with a garden in the centre, in which the children's house stands by itself.

"You enter the quadrangle by a great gateway. To the left is a room for storing baby-carriages and bicycles. To the right is the porter's office, the post office and telephones for general use. Inside, nearest the gate, are flower beds and a small garden. Beyond are the children's gardens, the little low building called the Children's house, a charming place, white, with great windows that stand open to the air, and covered with rambling roses. Here is the nursery school for children under seven; another room in the children's house is the 'after school,' where the children over seven do their home lessons on returning from school, under supervision and in conversation that they could not possibly find in their own homes.

"The 'after school,' the nursery school, and the cloak-rooms occupy the whole of the front of the children's house. On the other side there is a group of rooms whose use is common to the whole establishment. There is a large common room for the women, fitted with electric sewing machines and electric iron, which are used on payment of a small sum. Here also are great cutting tables and sewing tables, such as women know to be invaluable in sewing work, but which are impossible in small homes. A common wash house and laundry is in the basement of the building.

"This central building also contains a 'surgery,' where a doctor is in attendance at stated times and any tenant may have free advice. If tenants need attention in their own apartments, there is a fee of twenty cents. Twice a week the doctor examines all the school children. The buildings are equipped with numerous bath-rooms, but hot water is obtainable at all stated times.

"The flats are of various sizes. Overcrowding is forbidden, and families must move into larger flats as their numbers increase. The largest flats are designed to accommodate the parents and five children. Tenants who rise above a certain standard in the care of their dwellings receive a percentage of their rent back in an annual bonus."

## CANADA'S PART IN FUTURE OF WEST INDIES

British Writer Sees Trend Favoring Union

Federation is Alternative

Attention is Called to the Importance of the Race Problem and the Necessity for Handling It Intelligently

(By T. H. Macdormot in United Empire, the Royal Colonial Institute Journal)  
Attention is being drawn at this time of moulding and remoulding plans to the suggested union of the British West Indian islands to the Dominion of Canada. It is tolerably clear that the future of these islands must lie in this direction, or in the direction of federating them, with a central administration and under a governor-general, and so constituting a new commonwealth.

One of other of these plans is a vital and urgent necessity for the development of these valuable islands, for the chief defect in their present condition is that each of the British West Indies stands so apart from and unconnected with its sister colonies. There is a lack of inter-communication, of inter-trade, and as a result, a lack of mutual understanding and a sympathy that can only be said to exist potentially. Each colony pursues its own trade and taxation purposes without idea of mutual adjustment, and in each colony the machinery and paraphernalia of administration are erected as a separate entity, of course at separate expense. To my mind, internal federation would most advantageously serve for the British West Indies, the most satisfactory expression of the distinctive individuality which should properly appear in colonies which, as in this group, are marked out by social, racial and psychological conditions differing in a pronounced manner from those elsewhere. It may fairly be argued, however, that the economic and industrial future of the islands could be better looked after if they are attached to Canada. Those, therefore, who think as I do will be prepared to support this latter solution of the problem if they are fully satisfied that certain important and indeed vital facts and principles are embodied in the system of incorporation adopted.

**A Color Problem.**  
Of these the master fact is that the population in these islands is, in an immense proportion, black or colored, and only in a very minor proportion white. In Barbados, for instance, the figures are roughly 15,000 white, 150,000 colored, and nearly 800,000 black. It is of still more importance to realize that the black man in the British West Indies is now sending forth his sons and daughters with developed intelligence and a keen sense of the value of education, and on a level with grades where in former days, as a matter of course, the only representatives were white men.

Apart from that class-prejudice and friction which no community escapes, a right-minded recognition of merit and ability on one side and a general feeling of loyalty and confidence on the other, are the colored man's chief distinctions, color prejudice in the British West Indies is now surely, if slowly, being forced out of being. It is vital that any organic change in administration should be such as will help forward the right attitude of mind, and in the direction of the color outlook in the United States.

**Need of Educational Facilities.**  
A kindred need is to have within the British Empire and within reach of the British West Indian, colored, black and white, sufficiently comprehensive and well-equipped educational and industrial facilities to provide training and education—general, professional and technical. For this the British West Indian, entirely gone, colored and black, are now almost exclusively to the United States, to such centres as Tuskegee, Hampton and Howard University, etc. In any real and comprehensive development of the sugar industry here, as Mr. Vincent has pointed out, the most convincing and convincing must be training centres that are British, to provide the technical staff required to run the factories and plantations on an up-to-date scale. The need is as real and insistent in directions other than that of a sugar industry. As things stand, the young West Indian goes to the United States, and while receiving his intellectual training, imbues, in too many cases, a spirit alien to British ideals, especially as regards the attitude on the color question in his own land, as stated above.

If, then, the British West Indies did become an annex of Canada, it would be incumbent on those who provide for the union to secure such centres either in Canada or in the West Indies themselves.

**GAVE HER DELICATE CHILD**  
VINOL  
It Built Him Up and Made Him Strong

Newaygo, Mich.—"My little boy was in a delicate, weak, emaciated condition, and I was anxious to keep him out of school for a year. Nothing seemed to help him until I saw an advertisement for Vinol. I changed it made in him was remarkable. It has built him up and made him strong so his cough is almost entirely gone. We can now recommend Vinol too highly."—Mrs. E. N. Hanlon.

Mothers of weak, delicate, ailing children are asked to try this famous cod liver and iron tonic on their own. Children love to take it.

"The Ross Drug Co., Limited, Wassons Drug Store, St. John. Vinol is sold in Parville by T. H. Wilson and in Hampton by Donald's Drug Store. Also at the best druggists in all New Brunswick towns.

As a Refreshing Beverage at any time take—

## ENO'S FRUIT SALT

It contains the cleansing and stimulating elements of ripe fruit juices. In fevers, biliousness and sick headache, the soothing, purifying and cooling action of Eno's has a particularly refreshing and invigorating effect.

A favorable reputation for nearly 40 years has gained for Eno's a world-wide recognition among druggists and physicians.

Prepared by  
J. C. ENO, Limited, "Fruit Salt Works,"  
LONDON, ENGLAND.  
Sole Agents for North America:  
HAROLD F. RITCHIE & CO., Limited  
10 McCarl St., Toronto.

**Easiest Way to Remove Ugly Hairy Growths**  
(Beauty Culture)  
Here is a method for removing hair or furs that is unfailing and is quite inexpensive. Mix a thick paste with some powdered talcum and water and spread on hairy surface. After 2 or 3 minutes rub it off, wash the skin and every trace of hair has vanished. No harm or inconvenience results from this treatment, but be careful to get genuine talcum.

**STOP CATARRH! OPEN NOSTRILS! HEAD**  
Says Cream Applied in Nostrils Relieves Head-Colds at Once.  
If your nostrils are clogged and your head is stuffed and you can't breathe freely because of a cold or catarrh, just get a small bottle of Ely's Cream Nalm for your drug store. Apply a little of this fragrant, antiseptic cream into your nostrils and let it penetrate through your air passage of your head, soothing and healing the inflamed, swollen mucous membrane and you get instant relief. Ah! how good it feels. Your nostrils are open, your head is clear, no more yawning, snuffling, blowing; no more headache, dizziness or struggling for breath. Ely's Cream Nalm is just what sufferers from head colds and catarrh need. It's a delight.

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**Progressive Ireland.**  
An Irishman and a Scot were arguing as to the merits of their respective countries. "Ah, well," said Sandy, "they tore down an old castle in Scotland and builded many wires under it, which was a fine thing to do. There was no wires found under it, which shows that they knew all about it without telegraphing in Ireland hundreds of years ago."

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