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Evil, and the other in doing nothing, or in doing what we should not do. We don't seem to know the Value of Time, nor how precious a Day is; nor do we consider that every Moment brings us nearer our End. Reflect upon this, I entreat you, and keep a strict Account of Time. Procrastination is the most dangerous Thing in Life. Nothing is properly ours but the instant we breathe in, and all the Rest is nothing; it is the only good we possess; but then it is fleeting, and the first Comer robs us of it. Men are so weak, that they think they oblige by giving of Trifles, and yet reckon that Time as nothing, for which the most grateful Person in the World can never make Amends. Let us therefore consider Time as the most valuable of all Things; and every Moment spent without some Improvement in Virtue, or some Advancement in Goodness, as the greatest sublunary Loss.