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Rest.

By Isabelle E. Mackay.

IGHT at the eventide,
Peace at the close of day,
Wond'rous twilight falling soft
Over the rugged way.

Fair are the morning hours,
And fair the noon-day bright;
But we whose hands are tired
Welcome the tender night.

Twilight calm and still,—
Perfumed, quiet, and gray,—
Resting time of the weary world
After the busy day.

Holiest peace and rest,
Silence dewy and dim,
Mystic glory filling the soul,
Lifting it up to Him.

Rest for the burdened brain,
Solace for those who weep;
Sweetest of gifts to His own beloved—
Twilight and night and sleep.

Woodstock, Ont.

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WITHOUT wise plans much labor is lost.

SELF-CONTROL is good, but Christ-control is best.

NEXT to faith in God we need to cultivate faith in effort.

PRAY to be kept from harm, but also keep out of harm's way.

THE needs of life are many, but all these needs are met in Jesus Christ.

THERE are some people who mistake indolence for waiting on the Lord.

Those who would transform the world must be themselves transformed.

If you would have a blessed day, set the morning watch with care; begin well if you would end well.

A good life does not consist in doing as professing Christians do, but in obedience to what Christ requires.

THOSE who live in closest communion with Christ will be emulous to do the most and talk the least about it.

IF you would contend successfully with evil, get on the solid ground of faith; there is no fighting on a quagmire.

FISHING for souls, like the other fishing, requires much skill and labor, and often brings us into the storms of life's Galilee.

THERE are two persons mentioned in the pledge
—"Christ" and "I"; and if faith unites the two
the individual can say, "I can do all things
through Christ which strengtheneth me."

Union Conventions.

feeling among Christian workers that there would be a saving of time and money if religious organizations of similar aims could unite in their annual conventions. The multiplication of meetings has become a serious tax upon many active workers who are connected with several societies, each of which has a regular annual gathering. In a number of counties the Sundayschools and Christian Endeavor societies have united in an annual rally with very satisfactory results.

There is a movement now on foot to secure a federation of conventions for all young people's societies and unions. The Junior Union of Hamilton has memorialized all the young people's societies in the district, and also the various Unions within the province, to appoint representatives to meet for the consideration of this important question. The idea, in its present form, is to have separate sessions for the various organizations represented, in which all matters pertaining to their distinctive work would be discussed; but to unite in larger meetings for fellowship and the quickening of interest in young people's work in general. Such a federation seems practicable, and it is possible that if those interested got together a satisfactory basis for such meetings could be arranged.