

to the publisher's Letter Tablet, price 25 cents. The editor's financial ability is thus spoken of in her own journal:

Mrs. Williams Post claims to have mastered poverty by using her power to think; that by concentration of thought on money she has drawn wealth to herself as if to a magnet; and certainly her large financial income and magnificent properties in Florida give indications of her success in raising herself from a condition of most abject poverty to one of unlimited opulence. In her famous book, "The Conquest of Poverty," she sets forth her *modus operandi*.

Has Helen attended the school she advertise—"The Washington Sanatorium and School of the Art of Attracting Opulence?"

Like all these descendants of Dr. P. P. Quimby, of Maine, plus Mother Mary Baker Patterson Glover Eddy, "Freedom" most of all things, hates medicine. Its pathology is as naive as would be expected of those who do not believe in matter or disease, and who have never studied any other kind of science than that in Chicago daily yellow papers. "Chronic disease is the gradual accumulation of dead matter, etc.," and "sickness is an effort to cast it off." "The effort in all cases of healing is that of the mentality, or spirit, endeavoring to free itself from the accumulated beliefs of the ages, etc."

It is thought alone—the right kind of thought—that has the ability to cast every element of decay out of our bodies by quickening the springs of action within them. Is the liver torpid? Thought can cast out every obstruction to its perfect action. Is the heart sluggish and the circulation slow? Thought can remedy this. And so of every organ; and with every organ renewed how can it be possible that the whole body should lag behind in sickness and distress, and how should it die? We know positively that thought can renew the various organs in the body.

Renewing organs by thought, is however, a small part of the claim to omnipotence. Helen says that she has an "entire conviction in the ultimate conquest of disease and every form of bodily weakness. This leaves us with the perfect right to assert the possibility of conquering old age and death; and I want it understood forever that I do assert it; that I believe in it with my whole mind, and that I work for it with every breath I draw."

Alopaths (it is always spelled so) and homeopaths, all drug-givers, and such despicable folk are "on the run," and, "Medicine is played out. Every new discovery of bacteria, shows us that we have been wrong, and that the millions of tons of stuff that we have been taking was all useless." "Any drug is a poison. Anything that cannot be digested and assimilated into the body is a poison. The drug has no power of action at all. It is utterly dead." What Helen and company understand by "doctors" may be gathered from this:

I have taken it upon myself to interview some of the persons whose pictures have appeared, with statements over their own signatures that they have been healed; and invariably I have found that the person was not healed at all. One man in this city, when I asked him why he gave his picture and statement which I saw in a daily paper, replied: