

HOUSEHOLD.

'Tiss Me Dood-night.'

'Pease, mamma, pease, tiss me dood-night.'
My blue-eyed love, with sunny curls,
Stood pleading 'tween her sobs and tears,
I said 'I can't kiss naughty girls.'

I led her to her snowy cot.
'Pease, mamma, pease,' she sobbed again,
'I won't be naughty any more.'
I left her, all her pleadings vain.

I had been reared in Spartan school
And deemed it duty to control
With rigid rule, nor never knew
That love with love should sway the soul.

I heard her sob, my mother heart
With yearning filled, to soothe and cheer,
Yet I refrained, and in her sleep
My baby still lay sobbing there.

'Twas midnight when I felt a touch—
A fever'd hand lay on my brow,
My white-robed baby pleaded still,
'Pease, mamma, pease; I can't s'leep now.'

All through that agonizing night
Delirious she moaned in pain,
The little broken heart still plead
For kisses that I gave in vain.

At dawn the angels hovered near;
She nestled close and smiled and said:
'I won't be naughty any more,'
And in my arms my babe lay—dead.

And I am old; the passing years
Have brought no comfort in their flight
My heart still hears that sobbing cry,
'Pease, mamma, pease, tiss me dood-night.'

Miss Farmer's Doughnuts.

Miss Farmer's receipt for doughnuts is unlike any I ever found in a cook book. It calls for cream of tartar, soda and sour milk, a seeming contradiction to the skilled cook, yet the result is a doughnut so crisp, so tender, so delicious and so wholly free from that dread quality, grease-soaking, that I fancy a cook who once tries it will always follow the rule when doughnuts are in demand.

Miss McPherson's little lecture on doughnuts and fat-fried foods was interesting. 'This is one of the very rare receipts,' she said, 'where you will find a combination of soda, cream of tartar and sour milk. The soda is generally considered all that is needed to take care of the sour milk, but doughnuts to be eatable must be light, very light indeed, hence the cream of tartar. Then you will notice there is very little butter, only half a tablespoonful, and one egg. The ordinary doughnut receipt calls for too many eggs. If you find second day doughnuts growing very dry you may depend on it they have too much flour in them or too much egg. Sour milk makes the best doughnuts as well as the best gingerbread and batter cakes. They are more tender and keep moist longer than if sweet milk and baking powder were used.'

'You hear a man talk of the doughnuts his mother used to make. You may be sure they were sour milk doughnuts, for her baking was done in the days before baking pow-

der came into use, and probably they were good, much better than some of the dry, grease-soaked doughnuts of to-day. You must be as sparing of butter as of egg in doughnuts, for grease will soak grease. Another thing you must remember about good old dainties is to fry them long enough, and not to have the lard so hot they will brown quickly. Croquettes, fish balls and foods of that sort made of material already cooked do not need so much time in the fat as doughnuts. They simply want to brown and get heated to the core; doughnuts need cooking.

'This receipt is almost too large for a lesson; it makes doughnuts enough for a household with half a dozen hungry boys, so we will divide it by two. It is not easy to divide the egg, so we will choose the smallest egg in the basket.'

The receipt divided reads thus: Two cupfuls of flour, three-fourths teaspoonful salt, three-fourths teaspoonful cream of tartar, one-fourth tablespoonful butter, one-half cupful sugar, one-half cupful sour milk, one egg, one-fourth teaspoonful nutmeg and cinnamon.

The sifted flour was put in a bowl with the salt, soda, cream of tartar and spices. The butter was rubbed in finely with the fingers. The sugar was added, then the well beaten egg and the sour milk. It was stirred into a soft dough and tossed out on a well floured kneading cloth, patted and rolled to one-fourth of an inch thickness. The doughnuts were then cut, fried in deep fat, turned as soon as they came to the top, lifted by a fork passed through the ring and drained on brown paper.—In 'Good Housekeeping.'

Things To Strive After in Dress.

The things a girl should take great pride in are a sufficient supply of good underclothing—not cheap lace-and-ribbon things, but well-made, neatly trimmed, entirely whole snow-white garments; good shoes, spotless collars, and a gown that fits and is unsoiled. To grieve or feel ashamed because a dress is not in the latest style; to be ready to stay at home because a skirt is too full or a sleeve too large; to wear a fine gown when the money could help to lighten home toil or educate a young brother or sister—these are things which show that a girl has lost her independence and is no longer able to live her own life according to the principles she knows are high and true.

There are many young women sick at heart over deprivations which they see their parents bearing; anxious both for their own improvement and for the instruction of their juniors—who literally dare not take their earnings to help either themselves or those they love because they dread the comments which may be made on a dress which is old-fashioned, or a jacket that looks as if it came out of the ark.' The very inner-

most heart may long for the book or magazine they pass every morning on a corner stand, but the 'must have' is a satin stock trimmed with gold braid!


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