PAGE TWO

### Guide-Advocate

WATFORD, ONTARIO Member of Canadian Weekly Newspapers Association. W. C. Aylesworth, Publisher.

Average Circulation for year ending December 31, 1923..... 1,565 (Covering East Lambton) 1,565 ADVERTISING RATES

Display ads., set, transfent, z8c inch Display ay early contract, set, 18c in. Display Ada, all plate.....18c incn Special Position..5c per inch extra. Theatrical Advt'g with reader or cut Business Locals, Front page 10c per line; Inside pages 5c per line. Classified Ads., One Cent per word each insertion. Minimum 25c.

FRIDAY, JANUARY 2, 1925.

## "Squibographs"

## Motor trips across the Sahara Desert, beginning January 1, are announced. The camels are going.

t t t t By consulting a split-second watch you will observe that the days are growing longer. †

Lawyers do not worry about Christmas presents. They have the gift of the grab. + + + + Lawyers do

Cross-word puzzles may come under the provisions of the Volstead Act. University of Michigan professors characterize them as a stimulating fad.

t t t t Several resignations from the teaching staff indicate that a cosy home of their own has more at-tractions for the fair archers who teach the young idea how to shoot than the four bare walls of a school-

t t t t A large wireless station is to be istalled on the island of Yap in the Pacific Ocean by the Japanese Gov-Messages can be transmitted by simply opening its yap.

A process is said to have been discovered for converting discarded in-ner tubes into rugs. They may be used as radiator blankets or "prayer" rugs when the driver is making repairs.

t t t t A Detroit paper says that Canada provides the United States with cold vaves and the material for canned heat. In exchange we get bandits and bootleggers.

t t t t Among his other accompaniments Vice-President-elect Dawes can play the violin and flute. Playing "second fiddle" is one of the principal duties

# THE WATFORD GUIDE-ADVOCATE

# Hot School Lunches

[A Department wherein our readers may present their personal views on any public question; whether The Guide-Advocate maintains an inde-pendent neutrality on that question or not.]

OUR LETTER BOX

TO ABOLISH STATUTE LABOR

Editor, Guide-Advocate :---

Just a few lines regarding the proposed by-law to abolish statute labor in the township of Warwick. In the first place there is no popular demand for such a move. The main question before all the people to-day is tax reduction, and this move would stand to increase taxes about twelve dollars per hundred acres. But they say, the farmers would get this back by working on the roads; but this work generally falls into the hands of a few professional team-sters, and in some of the eastern counties where, the statute labor has been abolished the work is done by a few five thousand dollar motor trucks. This will be what will happen

in other places. Then it is pointed out, that a great big grant will be forth coming from the Provincial Government. Now this grant has been considerably exag-gerated by newspapers, and in view of the fact that the Provincial Government's last year's deficit was over ated at eight million, the Ontario Government through its Minister of Highways, the Hon. George H. Hen-ry, told the Agricultural Com-mittee investigating farm conditions, that they were going to economize in every way possible. It may be that in a very short time the Government grant would be reduced and finally

to do but pay. It surely is not good policy to tax the people more, to secure a doubtful grant, that the people can do without anyway. Then again the salary of road superintendent would eat up a very large amount of the grant, for doing

nothing that cannot be done by the township councils. If things keep on there will be mothing left for town-ship councils to do. (Oh yes, "levy the taxes.")

The statement has been made that farmers do not perform their full amount of road work, but shirk the job. Well anyone who observes at all, can see that the people who do

the road work give general value better than is obtained by other means, and there is no comparison between them and the road superintendent or Government official, who rides around in his car with expenses paid. This is a class becoming far too numerous.

If this tax is added to the farms, in addition to the county road rate, school rates, (also too high) and the auto license which very many pay, it makes an amount far beyond the valmakes an amount far beyond the var ue of what the average farmer re-ceives in benefit or can afford to pay. down but chew it well and so put no overwork on the stomach in trying

Growing children need plenty of good nourishing food. To have this food assimilated properly, the child should be taught regular hours for eating, and its stomach given a rest between meals. Continuous eating of candies, nuts, fruit, etc., interferes with the digestive process in the young, and yet the average child if not trained, will eat almost anything he can get hold of in the way of sweet meats.

When the child is at school there is less likelihood of it getting too nuch to eat. In fact through the chool day the tendency is in the other direction. Some times break-"ast is rather hastily eaten in the nornings, especially if the child lives in the country and has some listance to go to school. There is not enough time at the noon recess to let the child go home for dinner, so ts lunch is sent with it, and eaten at he schoolbuilding. This is not a good plan, for several reasons. In the first place there is seldom a suitable place provided in Country Schools for the children to eat their lunches, and the urroundings are often not what they should be. It is not entirely however because there is a lack of proper facilities for eating, that the mid-day cold lunch is not so commendable as it might be. A warm meal freshly cooked is much more nourishing and sustaining to a little schoolboy or girl than a cold lunch could be. Children need a hot meal at mid-day, because they assimilate food quicker than grown-ups. and must be fed oftener. It is too long a time between break-fast and the afternnon meal when the school children get home.

In some schools in the Province hot mid-day meals are prepared for the children, but to make the scheme a decided success the teachers who undertake the cooking should have a certificate showing that they have taken a course in dietetics, assistance could be given by some of the senior pupils. This arrangement is excellent for it not only provides additional help in attending to the securing of the food, but also teaches the bigger girls how to cook and prepare many kinds of dishes. Thus they are fortified with actual first-hand experience in one of the most important features of housekeeping, before they leave school at all.

In many rural sections, however, there are no such mid-day meals pro vided by the school staff for the chil dren, and it is to encourage the school trustees and people in every rural district to urge the necessity for this much needed feature in school kife, that this article is written.

Not only does a hot meal at school improve the health and physical condition of the children, but a chance is thereby given to teach them to eat properly, not to bolt their food

than

FRIDAY, JANUARY 2, 1925. CHILDREN CRY FOR MOTHER :- Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages. To avoid imitations, always look for the signature of Chast Hetcher Proven directions on each package. Physicians everywhere recommend it. DRY CLEANED AND PRESSED Ladies' Suits \$1.75 Men's Suits \$1.50 We Iron All the Sheets, Towels, Pillowslips, Tablecovers, Spreads and Flat Pieces and return the Wearing Apparel starched ready for Ironing. TEN CENTS PER POUND You Will Find This a Very Cheap Way of Having Your AYLMER STEAM LAUNDRY, Cleaners, Dyers J. W. McCONKEY, Watford agent, South End Goods Left Tuesday are Returned on Thursday. -



FRIDAY, JANUARY 2,

# PLYMPTON COUL

Council met at Townhall 15th. Members present: Smith ley, Gammon and Helps.

Minutes of the last meetin read and adopted. The following orders wer 

assessment on McLaren Con. Andrew Gray, ditto ..... Andrew Gray, gravel sup. tp Sam Ross, statute labou performed 1924 ..... Brion Maw, gravel sup. Tp Con 6

Con. 6. Harry Canton, ditto W. J. Travis & Son lumbe rep. gate Ply. & Enn. T.I D. Greenlees & Thos. Burnley

be paid each ...... Commission on Greenlees Dr & charged to drain acc Jas. Dennis, work on Stead man agreement ditcn Ply

& Enn. T. L..... David Watson, com. Bea Creek bridge ..... David Watson, com. as coun

cillor That the following be paid t

W. J. Reader..... Steel for Errol bridge..... steel for Maw Culvert Ply & Enn. T. L......

Steel for Steadman, ditto.... steel Bear Creek bridge con 2 Steel for King cul. S. L. 6-Steel for bridge T. L. Ply Steel Park bridge S. L. 9 & 1

Con. 3 ..... Steel McLean bridge S. L.

& 10. Union Natural Gas. Co. fo pipe supplied Two..... Nictor Winter gravel supplie Ply. & Enn. T. L...... Victor Winter gravel supplie

Side Line 18, 21-24 con.1. R. S. Jardine gravelling Egen

mont Road ..... T. McPhedran cutting weed Side Line, 12-13,.....

Geo. Symington, be paid for lowing accounts: ..... Services as Health Inspecto lowing accounts: School attendance officer ... Services weed Inspector ... Wm. Watson, gravelling con

6. ..... Roy Jardine gravel supplie Twp. Con. 6..... Henry Capes refund roadwor

1924. R. H. Dunn overcharged i

taxes Duncan Gordon filling bridg Ply. & Enn. Townline.... Duncan Gordon pipe on... Archie McFarlane drawin scraper from Marthaville. Harry Mitchell, gravelling co

10. ..... statute labor

John Lloyd, ditto..... Stanley Hubbard, gravellin

Con. 14, ..... Philip Leonard, ditto Con. 1

J. C. Shepherd, ditto, con.

Jno. Buchanan ditto con. 10

David Brownlee statute la our unpreformed con. 2.

John Jackson gravel con. 8

F. F. Schram, gravel sup. tw W. H. Coulbeck, ditto ....

H. Ramsay ditto, con. 2,... Dan McKinley cutting wee

Side Line 24, ..... Hamilton Taylor, ditto con.

John Gillatly, ditto con. 6,

Alex Wilkinson, ditto con.

McKinley ditto ...

..........

Front Con.

ity is the ascension of the mercury in the thermometer.

t t t t Cross-word puzzles and radio ar given as the reason for a marked decline in the circulation of books in the Ottawa Carnegie Library. Dic tionaries are the books most in de mand.

† † † † An ingenious Chicago man is re me that can be played with Ohrist-me cards. Santa Claus, who is noted the "joker" of the

> usband' a San cold as the for a with furnac man charges hi out of the on a fr tarted a minister 1 marriage volunteered

city have free of tmas season. ustice of the reduced ir fees four

aptanick, who died in e other day, aged 111, is long life to the habit head with vinegar prid be interesting to ed a sweet dis-

t t hio paper stat Greek at 80, Drat: Cato at 83, Chauney Deiot quit word puzzles at 9 took had a baby at 100. A'nt uper suggests that Ma 'credited with the baby.

ys was lucky." "Why ""He underwent an He underwent an he swallowed a enough to cover ition-and the

to prepare the food for indigestion. the auto license for average car ought to be reduced from fourteen will also be an opportunity There for the teacher to demonstrate t dollars to about six or seven, the the pupils the advantage of cleanli average farmer has not time to run ness in the cooking, preparing and the car enough to get his money's serving of food, and general hygienic worth without neglecting his farm. surroundings. Food should be shown The deficiency in revenue might be protected from flies, and why made up by taxing American cars, who come over here at a rate of should be so protected; children should also be told the most import ten to one Canadian going over there; their extra speed and weight ant food products and why one kind of food is more valuable doing far more damage to roads than other from a standpoint of nourish the Canadian traffic. ment. Little facts can be brough The trouble is mainly caused by home to children much more easily and readily than to adults—for the young brain is receptive, and has not yet developed any of those the class of people who go on de-putations to the Government. The The

rank and file of the people or their interests are not represented: they prejudices that often are unreason farmers, only sons, and those who have unfortunately been born rich. ably formed late in life. At the mid-day school a word or two could be told the children about vitamines, those These go on deputations and after a banquet by the Motor League are essential but very small elements in natural foods but keep people of all

to swallow almost anything ready hat is advanced. The result is that ages well. These vitamines are con-tained in fresh foods such as fresh, he taxes of the people are far too milk, fruits, etc. It is easy to see what good re-sults could be expected from such a

the taxes of the people are far too high; much the same as in war time, while farm revenue has dropped off almost a half. Now the remedy lies in the hands of the people; if each person, no matter to which political party they belong, would agitate and bring pressure to bear from the inside on their political leaders to reduce taxes mid-day meal and little talks to the children at the finish. This feature should be as much a necessity in rural schools as the blackboard and chalk, their political leaders in every way possible. TAX PAYER their political leaders to reduce taxes back in the country should be with

Warwick, Dec. 22nd.

After paying \$300 for railroad fare, \$200 for non-resident hunting licenses, \$75 for camp supplies and \$400 for transportation to their Michigan hunting lodge, five Indian-apolis, Ind., deer hunters were arsted, They paid fines and costs of

120 and lost two guns, valued at kill, when arrested on charges of ession and having in unlawful post-tions of two fawn deer, poss-YOR AD. HERE Where other so called remedies have utierly failed.

WOUL PAY !

out it.

been

the home circle.

Study the Want Ads. on Page 4.

and no school however far

Too often the question of what to

A Real Asthma Relief. Dr. J. D. Kellogg's Asthma Remedy has never

statements. Its claims are conserva-

tive indeed, when judged by the ben-efits which it performs. Expect re-

lief and permanent benefits when you

buy this remedy and you will not have cause for disappointment. It

and how to eat is neglected in

advertised by extravagant

### Insist on BAYER TABLETS OF ASPIRIN

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer product proved safe by millions and prescribed by physicians 24 years for

Colds Headache Toothache Pain

Neuralgia Lumbago Neuritis Rheumatism

Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100-Druggists.

Canada) of Bayer Manufacture of Monoacetic-c Acid, "A. S. A."). While it is well known assist the public against imitations, the Tablets their general trade mark, the "Bayer Cross." egistered in tyl Salicylic ufacture, to amped with

# Smiles' N' Chuckles!

Wife-Richard, I wish you'd take care of the baby for an hour or so, Hub—Aw, look here, Madge you mind the kid and I'll go and have a couple of teeth pulled. "I go and have a couple of teeth pulled. "I go and have a couple of teeth pulled. "I go and have a couple of teeth pulled. "I go and have a couple of teeth pulled. "I go and have a couple of teeth pulled.

Lady (wishing to get rid of undesirable travelling companion be-fore train starts) "I hope you don't mind, but my little girl is just get-ting our excelt form?"

don't matter to me, mum, I'm agoin'

#### Helping Baby.

Alarmed by an unusual noise in the nursery the mother hurried in breathlessly. The children in a close group by the window, the baby being in the middle, looked up calmly as "What on earth are you doing?"

asked the mother.

"We found grandma's false teeth" explained the oldest boy, "and we're filing them down and fitting them on the baby." "We found grandma's false teeth" the baby.'

Wrong Order

Miss Curlycue," murmured the office manager to the typist, "I don't want to be harsh. Nothing like that

"What's gone wrong now?" asked

"I just want to ask you not to write to your young man during business hours. Letters are apt to get mixed. Herb & Blurb report we have sent 'em a shipment of love and kisses instead of the axle grease they ordered."

#### A Clergyman's Dilemma

A clergyman, introducing some new hymn books, gave the clerk a notice after the sermon. The clerk had one of his own to give with reference to baptism of infants. He announced: "All those who have children they wish baptized, please send in their names at once." clergyman, who was deaf, assuming that the clerk was giving his notice, arose and said: "And I want to say for the benefit of those who haven't any, that they may be obtained from

J. Vanderburg ditto S. L. 2 David Brownlee ditto con. 2 Dan Watson, refund statu labour preformed. Treas. Bosanquet bal. of P & Bosanquet T. L. acct. 1 13, Treas. Warwick gravel su from War. pit Con. 2,... Plymoton's share Treas. Plympton's share Minielly Drain ..... Geo. Fraser, cutting wee

Con. 8, ..... Allan McLeod, refund for d wrongly charged ..... J. Petttypiece be paid follo ing accounts ..

Printing McLaren Dr. by-l Printing Ellwood, ditto.... Perche Creek By-law... Voters lists & tax notices A. G. Minielly clerk's f

E. Helps, serving by-laws Perche Drain .....
E. Helps, ditto Pulse Drain

Same be charged to that a Wm. Douglas for gravell Con. 12.

Con. 12. Margaret McLachlan, refu for taxes 1924. A. G. Minielly clerk's f

McLaren drain ..... A. J. Gammon serving by-le McLaren Drain .....

It Didn't Matter.

ting over scarlet fever." Facetious Fred (solemnly). "It to commit suicide as soon as we get past the suburbs."-Punch.