

# RED ROSE

## COFFEE

For particular people—  
Pure! No chicory or any adulterant in this choice coffee

### Social Service Council of Canada.

By Dr. J. G. Shearer.  
What are its ideals? What is it accomplishing? It is not a council. It is a movement. It is a series of churches and sympathetic with Christ. Each body is run by ten delegates on the basis of their own choosing. Each body elects its strong. This gives a high average of ability, strength and sanity in the Council membership.

Its object is the study and solution of any or all of the moral, social and economic problems with which the community, the province or the Dominion is faced. Its considered judgments are respectfully listened to. Governments not only welcome but seek the advice of its representatives.

In its seventeen years of history and service it has seen many great evils overturned or greatly lessened. The white slave traffic, hat is the traffic in girls for immoral purposes, has practically ceased to be. Red light districts and tolerated houses of shame have closed their doors, except in Montreal and one or two small centres.

Gambling, except on race tracks, has been made much more difficult. The irreparable traffic in mental and moral poison in the form of bad books, salacious literature, and obscene pictures has been driven into a few dark corners and reduced to very small proportions as compared with the early days of the Council, and as it reappears on news stands, or elsewhere, it is banned by Customs and Post Office Departments, or its vendors and distributors made to pay the penalty of continuance in a crime among the lowest, most despicable and degrading that depraved minds have sought to live and profit by.

The deadly traffic in opium and other strong narcotic drugs, that is the illicit traffic, is being steadily reduced as the Council co-operates with federal, provincial and municipal authorities for its suppression.

But its positive and constructive work is more important and far-reaching than its destructive and restrictive efforts in suppressing the great evils that are continually preying upon the weak, the foolish, and those unable to defend themselves against the insidious and terrible influence of these evils.

The voice of its leaders was ever heard in advocacy of full orbled democracy in the enfranchisement of women that means so much on the side of moral issues and the welfare of children. It supported the establishment of the Federal Department of Health that is doing so much in protecting the public against venereal and all other disease, and against physically, mentally and morally defective immigrants from all lands and in the promotion of maternal and child welfare.

The Council also put the full weight of its influence behind the abolition of the partisan patronage system in federal and provincial politics that has corrupted the electorate and debased political life and waste the people's money.

But perhaps the greatest work it is doing is in behalf of underprivileged children in the various provinces. It has supported the effort to establish mothers' allowances for the support of dependent widows and their children, for the establishment of industrial

**Mother! Give Sick Child "California Fig Syrup"**

Harmless Laxative for a Bilious, Constipated Baby or Child.

Constipated, bilious, feverish, or sick, Colic Babies and Children love to take Gemina "California Fig Syrup." No other laxative regulates the tender little bowels so nicely. It sweetens the stomach and starts the liver and bowels acting without gripping. Contains no narcotics or soothing drugs. Say "California" to your druggist and avoid counterfeits! Insist upon genuine "California Fig Syrup" which contains directions.

**"Don't get tired—drink Bournil"**

training schools for neglected and delinquent children, and of training schools and special classes for the care and education of the mentally deficient whose need of protection is so great, and who, by no fault of their own, constitute so great a social menace. It has law compelling illegitimate fathers to support their children until 16 years of age, already in operation in four provinces. It is promoting also facilities for the education of the blind and the deaf, and the care and education of the crippled.

A great work has already been done. A yet greater remains to be done. It goes without saying that the thirty units, church and others, that constitute the Council are entitled to the credit for all it has accomplished and that in many of its undertakings it has had the support and co-operation of other bodies outside its units of membership.

**Where Whistling is Wicked.**  
The head master of a school in the occupied area of Germany was recently arrested by the French because a boy in his charge whistled a Teutonic melody while a French regiment was passing.

In Leicestershire coal-mines whistling is strictly avoided by the miners. They consider it to be a sign of impending disaster.

**STORMY WEATHER HARD ON BABY**  
The stormy, blustery weather which we have during February and March is extremely hard on children. Conditions make it necessary for the mother to keep them in the house. They are often confined to overheated, badly ventilated rooms and catch colds which rack their whole system. To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep its stomach and bowels working regularly. This will not fail to bring up colds and keep the health of the baby in good condition till the brighter days come along. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

**Where Do Elephants Die?**  
One of the great mysteries of the natural history world is where elephants go when they die. Curiously enough the body of an elephant that has died from natural causes has never been discovered either in India or Africa. Among native races there is a widespread belief that, when the great beasts feel the end approaching, they make their way to some secret hiding-place in which to die. The whole question is just as big a mystery as ever, in spite of the fact that many attempts have been made to solve the problem. The districts where elephants occur in a wild state have been scoured in all directions in the hope of discovering the last resting place of the huge animals, but another determined attempt has been made to penetrate the mystery, but, up to the present, nothing of any value has been discovered. As a matter of fact the problem has more than a scientific interest to it. Any individual who is so fortunate as to find the elephant's graveyard will certainly have made a fortune. On this spot there must be a huge accumulation of ivory, a commodity which is continually increasing in value.—Scientific American.

**Buy your out-of-town supplies with Dominion Express Money Orders.**  
Some folks in Looks take so much pride they don't think much on what's inside. Well, as for me, I know my face can never be made a thing of grace, and so I rather think I'll see how I can fix the inside of me so folks'll say, "He looks like silk, but ain't he beautiful within!"—John Kendrick Bange.

**Keep Minard's Liment in the house.**  
The world is so constituted that whatever we do comes back to us in kind just as a boomerang will circle back to the point from which it is thrown. Bad habits, foolish indulgences, fault-finding, fretting, and ill temper reappear in disappointed, discontented, soured mind; in cynicism, pessimism, melancholia, and infirmed health.

London's busiest spot for traffic is Hyde Park Corner, where, on an average day, 56,000 vehicles pass between the hours of 8 a.m. and 8 p.m.

A French motorcycle is equipped with a water-cooled engine, the radiator and circulation system taking up but little room.

Let us talk to each other more and about each other less.—Anonymous.

**A Bread Superstition.**  
At times bread is put to curious uses. It was reported recently that some bread had been thrown on the water in the hope of locating a drowned man, which it is commonly supposed to do.

The most extraordinary of all superstitions in regard to bread was expressed in the old-time custom of sin-eating.

It was usual to have poor people at a funeral "to take on them the sins of the deceased." When the body was brought out of the house and laid on the bier, a loaf of bread was given to the sin-eater over the corpse. Also he was handed a bowl of maple full of beer, and a silver spoon, in consideration whereof the sin-eater took upon himself all the sins of the deceased, and freed him or her from walking after they were dead.

**ST. VITUS DANCE**  
Shows Through a Twitching of the Muscles of Face and Limbs.

Chorea, or as it is more generally known, St. Vitus dance, is a trouble that usually attacks young children, though older people may be afflicted with it. Its most common symptoms are twitching of the muscles of the face and limbs. As the disease progresses the twitching takes the form of spasms in which the jerking motion may be confined to the head, or all the limbs may be affected. Frequently the patient is unable to hold anything in the hands or to walk steadily. In severe cases the speech is often affected. The disease is due to a deficiency of the nerves and relief comes through an enriched blood supply, which feeds and strengthens the nerves. Dr. Williams' Pink Pills have been most successful in reaching this trouble through their specific action on the blood, which it enriches and purifies. The following instance will show what Dr. Williams' Pink Pills can do in this trouble. Mrs. S. E. Makins, Parry Harbor, Ont., says:

"As a young girl I was badly stricken with St. Vitus dance. My parents tried several medicines but without avail. I was steadily growing worse and could scarcely walk without falling. I had to quit school and had no control of my nerves or actions. Finally a neighbor advised the use of Dr. Williams' Pink Pills, and the use of these for a couple of months restored me, and I have had no attack of the trouble since. I have, however, taken the pills at different times since, when I felt out of sorts, and find them all you claim for them to be a fair trial."

You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ontario.

**Denied Food to Starving Explorer.**  
Ada Blackjack, Eskimo woman, and the survivor of the ill-fated Arctic expedition under Allan Crawford, the Canadian explorer, probably saved herself and refused to aid Lorne E. Knight, a member of the party, according to an interview with Harold Noice published in the New York World.

Noice led the rescue party that reached Wrangell Island only to find Knight dead and Allan Crawford, Milton Galle and Frederick Maurer missing. Ada Blackjack was rescued.

Early stories paid tribute to the heroism of the woman. These stories, Noice said, were based on her own statements and on parts of a crude diary she kept. Some entries in this diary, thought to have been unreadable, have been deciphered by Noice and his wife. These, the explorer said, revealed that Ada refused to aid Knight as he lay dying on the island, and probably saved herself on food that would have saved Knight from starvation.

Ada was taken along with the Crawford expedition as a seamstress and cook. The diary kept by Knight reveals that she had other plans, Noice said, and proposed marriage to Crawford, and when he repulsed her, declared she had left Nome determined to marry one of the four white men in the party. Noice could see Mrs. Blackjack as a mate, however, and eventually the diary spoke less and less of her. When Crawford, Galle and Maurer left on a dash for Siberia, and Knight side aid Ada was left to look after Knight, who was sick with scurvy. The three men were never heard of again. Knight's diary tells of the woman refusing to look after the traps, which were set near the tent, and of her washing her hair and making beads for herself when Knight was dying.

When the Noice expedition reached Wrangell Island late last summer they found Knight's emaciated body, weighing only 90 pounds. Mrs. Blackjack was well and fat. The party's original supply of food had not run out. There were 12 pounds of hard-tack, tea and blubber, Noice said.

Mr. Noice said he intended to bring the facts before the Explorers' Club and start some kind of an inquiry which would establish the facts officially.

**Musical Story-Telling.**  
Many people object to the idea that music should be made to represent a picture or a story, and think that it should be merely a succession of pleasant sounds. The greatest musicians, however, including Haydn, Beethoven, Schumann and Liszt, as well as many only one degree down in the scale of composers, like Mendelssohn and Sterndale Bennett, have written their most inspired works for the piano or for the orchestra with the definite intention of telling or illustrating a story. Beethoven, the greatest of them all, in fact, said that he never composed without having a picture in his mind. But he did not always tell us what that picture was.

Jade is employed by the Chinese for making certain kinds of music gongs used in the temples. The tone of these gongs, which are not bell shaped, is said to be very beautiful. We all know of the tremendous cost of jade, and we can imagine the value of a jade gong shaped like a carpenter's square, with one end of two and a quarter feet and another one and a half feet. Such a piece of fine green jade would hold its own with a Stradivarius violin in cost.

**A Human Cow.**  
There are a lot of complaining people in the world who strongly remind me of an old cow my father once owned.

She was never content with her situation. If you put her with the rest of the cattle she desired to be alone. If you turned her out by herself she would stand by the fence and bawl herself hoarse.

When she didn't have either of these causes for complaint, she would stand and bawl and bawl, apparently from no other cause than force of habit.

I have seen her standing knee deep in nice, sweet clover, take a bite and stop to bawl before swallowing and let the whole bunch drop out of her mouth, thus losing what she already had by bawling for something she knew she couldn't get.

I have repeatedly thought of her peculiarity and find she was almost human in this one particular trait.

Lots of people are continually complaining that others have things just a little more plentiful and a little better than they have, and in their discontent they make not only themselves, but others about them, irritable and unhappy.—A. E. Stewart.

It does not matter what feelings of revenge and jealousy a person may have toward us, if we hold the love thought, the charitable thought toward him, his javelins of hate will glance from us, fly back and wound only himself.

To be conscious that you are ignorant is a great step to knowledge.—Disraeli.

**INDIGESTION, GAS, STOMACH TROUBLE**  
"Pape's Diapesin" is the quickest, surest relief for indigestion, gas, flatulence, heartburn, sourness, or stomach distress caused by acidity. A few tablets give almost immediate stomach relief. Correct your stomach digestion now for a few cents. Druggists sell millions of packages of Pape's Diapesin.

**ASPIRIN**  
Beware of Imitations!  
Demand

Unless you see the name "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for:  
Cold, Headache, Toothache, Lumbago, Neuritis, Rheumatism, Neuralgia, Pain, Pain. Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

**Rheumatic Pains**  
Are relieved in a few days by taking 30 drops of Mother Selig's Syrup after meals and on retiring. It dissolves the lime and acid accumulation in the muscles and joints, so these deposits can be expelled, thus relieving pain and soreness. Selig's Syrup, also known as "Extract of Roots," contains no dope nor other strong drugs to kill or mask the pain of rheumatism or lumbago; it removes the cause. Ask your Druggist.

**Joint's Ache?**  
Minard's will ease the pain and stiffness. The old reliable remedy.  
**MINARD'S "KING OF PAIN" LIMENT**

**Thin Folks**  
If you are weak, thin and nervous let your druggist supply you with Bitro-Phosphate. It is guaranteed to increase weight and strength and restore energy, vigor and nerve force. Price \$1 per page. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

**OLD CHUM**  
SMOKING TOBACCO  
IS FOUR TIMES SEALED

to bring you the full richness and mellow sweetness of this—  
**"Tobacco of Quality"**  
Manufactured by  
IMPERIAL TOBACCO CO. OF CANADA LIMITED

It adds nothing to my satisfaction that another man shall be disappointed.—Lincoln.  
Patience is a necessary ingredient of genius.—Disraeli.  
**Classified Advertisements**  
FOR SALE  
**WOOLGROWERS, YOUR OWN** wool manufactured or exchanged for yarn or blankets. Woollen Mills, Georgetown, Ontario.  
**LADIES WANTED TO DO PLAIN** and light sewing at home, whole or spare time; good pay, work sent any distance, charges paid. Send stamp for particulars. National Manufacturing Co., Montreal.

**MURINE**  
NIGHT & MORNING  
**KEEP YOUR EYES CLEAR AND HEALTHY**  
CARE FOR PALE, RED, ITCHING OR IRRITATED EYES.

**ACNE ON FACE CUTICURA HEALS**  
Hard, Large and Red Pimples. Itching Was Terrible.  
"Had been troubled all my life with acne on my face. My forehead was a mass of pimples. They were hard, large and red, and the itching was most terrible. My face was disfigured. I sent for a free sample of Cuticura Soap and Ointment and after using them got instant relief. I bought more, and after using two boxes of Cuticura Soap and three boxes of Cuticura Ointment I was healed." (Signed) Mrs. G. S. Miller, Box 14, Marshall, Wash., Jan. 6, 1922.  
Use Cuticura for every-day toilet purposes. Bathe with Soap, soothe with Ointment, dust with Talcum.  
Sample each free by Mail. Address: "Cuticura, Limited, 448 St. Paul St., Montreal." Sold every-where. Soap 5c. Ointment 15c. Talcum 5c. Cuticura Soap shares without cost.

**EXCRUCIATING PAINS, GRAMPS**  
Entirely Remedied by Lydia E. Pinkham's Vegetable Compound  
Eberts, Ont.—"I started with cramps and bearing-down pains at the age of eleven years, and I would get so nervous I could hardly stay in bed, and I had such pains that I would scream, and my mother would call the doctor to give me something to take. At eighteen I married, and I have four healthy children, but I still have pains in my right side. I am a farmer's wife with more work than I am able to do. I have taken three bottles of Lydia E. Pinkham's Vegetable Compound and I feel that it is helping me every day. My sister-in-law, who has been taking your medicine for some time and uses your Sanative Wash, told me about it and I recommend it now, as I have received great relief from it."—Mrs. NELSON YOTT, R. R. 1, Eberts, Ont.  
Lydia E. Pinkham's Vegetable Compound is a medicine for ailments common to women. It has been used for such troubles for nearly fifty years, and thousands of women have found relief as did Mrs. Yott, by taking this splendid medicine.

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