Hints for Busy Housekeepers.

does and Other Valuable Information corest to Women Folks

SELECTED RECIPES.

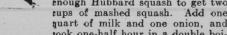
Fried Tamale.-Chop fine beef which has been boiled until very tender. Boil it again in the same water that was used before, stirring in corn-meal and seasoning with pepper and calt with pepper and salt. Press the mixture into a mold. When the meat is cold, cut it into slices and fry it.

Celery and Egg; a Belgian dish. -Scrape and cut into inch pieces three or four stalks of celery; cook them in boiling salted water about twenty minutes, drain, and mix with white sauce; put in individual stone china dish, break an egg over the celery and sauce, and bake in moderate oven about ten minutes.

Sparrow Cake .-- Cream one cup of butter with two cups and a half of sugar; add four eggs well beaten, one cup of milk in which one tea-spoonful of soda has been dissolved. and four cups of flour in which two teaspoonfuls of cream of tartar have been mixed. Add mace, cloves, cinnamon and allspice to taste, and bake in a moderate oven.

Date Pie.-Stone and wash well one pound of dates; just cover them water, and cook until they are with soft. Rub them through a sieve in the same way that squash is strained. Beat well three eggs; add a pinch of salt and three large cups milk-about one and one-half pints-and mix with the dates. The mixture should be about the consistency of the filling for squash or pumpkin pies. The whites of the eggs may be reserved for a meringue, or whipped cream may

pread on when the pie is cold. Squash Soup .- For a luncheon or dinner where the color is yellow this soup carries out the color scheme. and it also offers a new way of preparing a useful vegetable. Boil enough Hubbard squash to get two



quart of milk and one onion, and ook one-half hour in a double boi-Remove from the fire and Season with salt and pepstrain. per to taste. Just before sending of whipped cream. If the soup is served in bouillon cups place the cream in each cup.

India Rice Rings .- To two cups of tarragon vinegar, and finally one This is spoonful of butter into which been worked one spoonful of flour. Cook until all the ingredients are well blended, stirring constantly; then add diced or finely sliced duck sughly add the juice of one large prange, and take from the fire. Have in readiness small mounds of each and fill with the mixture. Spanish Spaghetti.—Rub through

tablespoonful of flour. strained tomatoes, four cloves, brown. Lay on crumpled paper three bay leaves, three teaspoon-absorb the grease. Serve hot. of sugar, one-half teaspoonful of salt, a generous shake each of pepper and paprika; add one tea-Worcestershire sauce. poonful of Allow to simmer slowly, covered, on back of stove for an hour. Remove. strain, pour over boiled spa rhetti which has been well drained : rrate cheese over top and brown in ven for ten minutes. Serve very lot.

meal made ob flint cawn, like yo' git in ole Kaintuck), one cupful ob white flowah, three heapin' tea-spoonfuls ob bakin' powdah. Beat yo' siggs up light, melt yo' buttah, an' throw it in along wid de salt. Beak is no' milk it must he fraish Poah in yo' milk—it must be fraish an' sweet, honey. Now, stir in de cawn meal good an' hahd, an', las' of all, de flowah wid de yeas' pow-dah mixed in. Poah it inter a shal

ler pan an' pop it inter de oven. Ef you-alls is lucky 'nuff to hab a gas stove dis yeah cawn bread will be done brown in no time, but in an ole wood stove it takes a powahful sight ob bakin'.

Jellied Apples.—Pare, quarter, and core six tart apples, take one pound sugar, one pint water, boil until like syrup. then drop apples in and cook until clear, taking care to keep their shape. When tender skim out, place on platter to cool, measure and strain syrup; there should be one-half pint. Take one package lemon jello, dissolve in two-thirds pint hot water, add to your hot syrup, pour over apples, serve cold with cream. You can

serve with these small cakes. Delicious Corn Bread .-- One pint sifted corn meal, one pint sifted wheat flour, one pint sour milk, two beaten eggs, one-half cup sugar, one-half cup butter, one teaspoonful soda dissolved in a little milk. Bake in greased pan twenty minutes.

Sweet Potato Buns.-Boil and mash two potatoes, rub in as much flour as will make it like bread, add a little nutmeg and sugar to vour taste with a tablespoonful of good yeast. When it has risen work in two tablespoonfuls of butter cut finely: then form it into small rolls and bake on tins a nice brown.

serve hot; split open and butter. Good either for tea or breakfast. CHEESE.

Cheese Desserts .- For the cheese lover a simple and palatable dessert is made from any good cream cheese. Work and mold the cheese he soup to the table add a cupful into round, flat patties, putting a patty in the center of each dessert plate. Scoop out the middle, and in lieu of the bar le duc, which is

expensive and not always obtainof water add one tablespoonful of able, put in each patty a spoonful that was our instinctive feeling tothopped onion, one tablespoonful of of preserved red currants. Serve anchovy paste, salt, pepper, a dash with crisp salted wafers and coffee. Serve deliciously satisfying and ing that he relays back to us. has has most attractive. lour. Cheese Pie.-Mix to one large

cup of dry cottage cheese one tablespoon of flour, one egg, one half bad. cup sugar, and a little salt. Make and meat or chicken. Let this heat thor- thinner than paste, put small lumps of butter and sugar, and bake they feel toward you." twenty minutes.

Cheese Roulettes .- Season with boiled rice, make a depression in salt and cayenne a cupful of dry grated cheese-Parmesian is preferred. Whip the whites of three eggs strainer one pint of stewed toma- stiff and mix in the cheese. Flour bes. Brown in the frying-pan two tablespoonfuls of butter and one to balls the size of walnuts. Drop Add the into boiling fat and fry to a golden four cloves, brown. Lay on crumpled paper to

KITCHEN HELPS. THE SUNDAY SCHOOL STUDY When it is necessary to make several cakes at once, save yourself the tiresome beating of the batter putting the required ingredients their usual order into a small ice cream freezer. A few minutes of turning the crank results in a fine, smooth batter necessary for a successful cake. This is a great improvement over beating with a spoon after the old fashion.

To prevent the bottom of kettles from becoming smoked soap them well before putting on the fire.

To preserve brooms dip them for three minutes in a pail of boiling soap suds once a week. This makes them tough and pliable, and makes them wear much longer.

When boiling rice or beans, two things which will boil over, put in a lump of butter, size of a walnut and this will stop the trouble at once

In separating the whites from the yolks of eggs one will sometimes break the yolk into the white, in which case the whites do not beat light. Dip a clean cloth into warm water, wring dry, touch the yolk which has been dropped into the white with the cloth, and it kill cling to the cloth.

UNCLE HIRAM TO HIS NEPHEW

Important for Him to Realize in His Relations With Men.

"Stevy, my boy," said Uncle Hi-ram to his hopeful young nephew, "you may not be old enough yet to fully understand or at least fully to realize what I am about to say to you, but I'd better say it now for I might forget to say it later, and some day, and perhaps to your advantage, you will recall it, the thing I would now say to you being this

"Other people think of us what we think of them.

"Do you get that through your noddle? Other people think of us what we think of them.

"This is highly important, because it applies to our inmost un-uttered thoughts. If we think ill of a man he will think ill of us. So you want to think well of men.

"Our thoughts of "other people appear to form a sort of circuit returning from them to us. They go out from us to the fellow we are thinking of, who seems to relay them back to us. Whatever our feelings toward him may be, good or bad, he takes them in, reenforces them with strength from his own batteries and sends them back to us, with a feeling of friendliness if ward him, while if our feeling was one of antagonism that is the feel-

"Don't think ill of men, Stephen think well of them, as you may well do: there is more good in men than Cultivate friendly relations and friendly feelings, and be sure that as you feel toward men so will

TRAIN WRECKS IN ITALY. Attributed to Poorly Paid Em-

ployees-A Strike Threatened.

Quite recently there have been no train wrecking in various parts of dan. Italy, particularly in the southern provinces, by means of false sig-

INTERNATIONAL LESSON. MARCH 5.

the work of a prophet.

the plow, and during all that time

intimacy with this most picturesque

character in the Old Testament. It

closing days to tear himself away

these places. Bethel was insepar-

ably connected with the patriarchal

as the abode of ancient sanctuaries

(see lesson for January 8). Went down to Beth-el-Bethel it-

between them lay a deep valley in-

to which it was necessary to descend

in making the journey from Gilgal.

Lesson X .-- Elijah goes up by whirlwind into heaven, 2 Kings 2. 1-18. Golden Text, Con 5 %

as their undisputed leader. Verse 1. Jehovah would take up Elijah-Elijah bursts upon the scene

WONDERFUL SILVER PLATE. at the start with none of the an nouncements as to birth which we find in the lives of most heroes, and In the Collection are Five Wine his departure is as full of mystery

of Elijah, and suggest a search by fifty strong men. There is a cer-

Coolers as Big as Footbaths. as his origin. Of no other, except The Spencer family has inherit-Jesus, is it recorded that he was ed the greater portion of the once translated in this way, although Enoch, of course, shares the disworld famous Spencer Churchill plate housed at Blenheim Palace during the lifetime of the great tinction of not having seen death Gilgal-Not to be confused with Duke of Marlborough, for whom hy the Gilgal on the eastern border of a grateful Queen and nation this country palace was originally built. Jericho. It stood on a lofty hill, about eight miles northwest of This plate came to Althorp through the intermarriage of an heiress of the Spencer Churchills Bethel, and is now called Jiljilia. It seems to have been the seat of a school of young men in training for and comprises one of five marvellous wine coolers or "foot baths" 2. Tarry here—The purpose of Elijah was probably to spare his successor the anguish of witnessing (one was actually used as such by its great original owner, the Duke of Marlborough. . n his campaign in the stormy scenes of his departure. Fully a dozen years had elapsed since the call had come to Elisha at

the Netherlands). This wonderful pieces of solid sil-ver plate, with the Churchill and ducal Marlborough arm= impaled, he had no doubt enjoyed the closest is one of the magnificent pieces al-ways on view in the State dining room on the occasion of any great

may be, also, that, with his love festivity in the house. " "I have often gazed with wonder for solitude, Elijah wished in these and admiration at this 'wine coolfrom all human companionship. Byth-el-His object in halting here and at Jericho was, in all proer' (capable of hoiding I can't remember how many dozens of champagne bottles) on the occasion of a bability. to reassure the young pro-phets who were being schooled in dance in St. Patrack's Hall," says a writer in the Lady's Pictorial. This famous piece always formed the centre of the wonderful collechistory, and had become renowned tion, which, closely set together on raised baize covered panels, reached practically from floor to ceiling of this huge hall in Dublin Castle. self was higher up than Gilgal. But Spencer's plate includes "Lord solid gold Russian cups, Old World silver water bottles of Charles II.'s time, more resembling great cans in size, with the corks, Jacobean fashion, secured with silver links and chains; then there are two gold pails, reckoned the largest of the kind in any private collection in the world. and among the comparatively modern pieces is the beauti ful silver gilt jug, one of the four subscribed for by the English na tion, and presented (each receiv-ing one) to the Lords Althorp. Russell, Grey and Brougham, in recog-

* BAD SPELLING.

Schools and Colleges are Blamed For It.

To spell badly is no longer considered particularly illiterate-that is to say, it does not betoken a want of education. An eminent lawyer, who is considered one of the most "brainy" men of his time, said recently that until he was mar ried he had always spelled husband with an "i" after the "u," and a

noted physician when taking his ex-

prophets that Elisha was not lack-ing in the gifts of a great prophet, and they humbly make acknowledg-ment of their allegiance. Still, as

verse 16 shows, they remain some-what skeptical as to the departure **MESOPOTAMIA TO AGAIN BE A** FERTILE REGION.

tain humor in the persistency with which they urge this upon Elisha until he shamefacedly gives in and bids them send and look. Their Three Million Acres to be Irrigated Under the Proposed

Scheme.

failure to find a trace of the old seer, after-three days, left Elisha After the Nile the Euphrates. Both are to be dammed, and both by Englishmen.

Sir John Jackson, the engineer and contractor, has just signed a contract with the Turkish Governor-General of Bagdad for the construction of a great dam at the Hindia section of the Euphrates, with the expected result that Mes opotamia will again become one of the most fertile regions of the world.

This new Turkish irrigation plan is based upon the recommendation of Sir William Willcocks. This involved the irrigation of over 3,000,-000 acres, at an estimated

COST OF \$37,000,000

Since the submission of that scheme in 1908 a large staff of engineers has been at work survey. ing the ground and studying the conditions with the result that new plans of a more limited scope were prepared and approved by the prepared Turkish Government.

The damming of the head of the Hindia Canal forms part of the new scheme. The canal is an ancient cutting which the Euphrates in recent years has followed, in preference to its own bed, with disastrous consequences.

The original Euphrates, passing through Babylon, is now quite dry in Summer, all the water flowing down the canal except in flood time Cultivation on the Euphrates banks has, therefore, been almost abandoned, the population having migrated across country to the Hindia Canal. The canal, however, never having been meant to contain the whole of the Euphrates, has become badly water-logged, and much good land has become swamp.

The Turks have been trying for years to construct a barrage which would force part of the water back into the bed of the Euphrates and permit regulation of the flow in the canal,

BUT WITHOUT SUCCESS.

Sir William Willcocks' engineers succeeded in filling up the space between the two arms of the barrage, only to find the structure breached at another point when the water came down in flood. Completion of this scheme will have the important years of struggle over the great result of restoring prosperity to the banks of the Euphrates proper, and of greatly improving the con-ditions along the length of the can-

> 'Ine principal crops in order of importance that would be planted are wheat, barley, rice, sesame and cotton. It is estimated that about 800,000 acres of land will be placed under wheat, and on the basis of a ton from every acre the Mesopotamian wheat would amount to about 30,000,000 bushels

MURDER ALMOST DAILY.

Eminent Frenchman Exposes Shameless Practices. Dr. Doyen, the celebrated Paris surgeon, is quoted in a cable des-patch to the New York Times to the effect that civilization plagued by hordes of physicians who are worse than the charlatans of the middle ages. He says: 'Operations by incompetent surgeons are being performed continually and actual murder is committed in this way almost daily. ploit a patient, passing him from one to the other, saying 'to to Dr. for the ears, and to Dr. Smith for the stomach,' etc. "One of the commonest of witti cisms of doctors is 'a millionapre always has a little pie e of cartilage in his nose which can i.e removed for a large sum of money.' On ly last week I overheard one surgeon ask another, Why did you operate on so-and-so for cataract before it was ripe 'If 1 had done otherwise my patient would have gone to another doctor,' was the

3. Sons of the prophets — These were some of the fruits of Elijah's strenuous loyalty to the true religion. These young men had caught his spirit and were being trained the older prophees at Bethel and Jericho and Gilgal, and it may be other centers, to continue the war against the heathen supersititions which threatened to destroy the na-

tion. Knowest thou ?-- We have no ink ling as to how the knowledge of Elijah's impending departure had reached these schools. But, how-ever the news had come, Elisha was in no mood to discuss it, and warns the talkative youth that it is not a

matter for idle gossip. 4. Jericho-A city in the valley of the Jordan, over against Nebo, made famous by the siege of Joshua, it being the first to oppose the pro gress of the Israelites after their crossing the Jordan.

7. Fifty . . . sons of the prophets ... stood ... afar off-They must have climbed the hills above Jerithe two as they cho and watched wer than eighteen attempts at descended the valley toward Jor

> 9. A double portion of thy spirith zeal an inspir

pass on to others.

BREAKFAST DISHES.

Bread Sponge Cake.-Griddle sakes made from bread sponge and enriched with one egg and well beaand can be eaten by a dyspeptic.

Pancakes Without make nice pancakes without eggs, ries. Stir cornstarch, sugar, and with sour milk and soda or sweet beaten yolks of eggs together, and milk and baking powder, also use add one cup of sweet milk and pour up scraps of the day bread, soak bread in the milk or cold water to meringue and brown in oven. This soften. Beat bread and milk to- recipe is enough for two pies. gether, add little salt. If you use sour milk, dissolve the soda in a little hot water, enough to sweeten the milk, and add to the bread and milk. Seive in flour to make a litle thicker than if eggs are used. powder in flour and seive into the sheet over them. bread and milk. Use bread enough

lor three minutes. These are nice, for scale, mealy bug and spider. light and tender.

ba'v fet i wick as, but fine white their keep.



The Pie of Five .- One large, juicy lemon, one cupful of sugar, one egg one good sized potato, one cupful of water. Grate rind of lemon and add juice and egg. Beat well. Grate potato; if possible, through a food chopper. Stir well with other ingredients and then add water. Put in double boiler or saucepan and let thicken and bake

same in two crust. Splendid Cranberry Pie.-Two cups of cranberries split or chopped, one cup and a half of sugar, len never lie heavily on the stomach two tablespoons cornstarch, three Eggs.-To eggs. Line pie plate with rich paste and pour in chopped cranberover pies and bake. Cover with

CARE OF HOUSE PLANTS.

A moist soil docs not mean a wet

Cover the plants with newspapers If sweet milk is used, put baking when sweeping or throw a dust

Examine all hardwooded tub of to thicken milk considerably. Beat pot plants in your window garden Do not let them get a start.

Coffee Cake .- Take two quarts of Make a blanket of newspapers to bread sponge, add one well beaten wrap around your plant stand on egg, half cup of good lard, one cup cold nights. Drop papers between

egg, half cup of geset land, one cap bold higher they provide good of sugar, a little salt and cinnaraen; plants and sash. Theet, cover with melted butter, sinnamon, and sprinkle with sugar avoid much heat and water judiciand when light press with a spoon ously. deep holes and fill with thick sweet Don't depend upon the moon

act so good celd. Aunt Dinah's Corn Bread. Two Tae date palm develops slowly

Aunt ibital's Corn Bread, two the date pain develops slowly signs, bettch big as 2 persimmons, from seed; but it is easy to care for lock a Fink self, three expluies of and some of them turn out fine. The date palm develops slowly

nals and by placing explosives on the tracks. These are the first results of a campaign of obstruction and sabotage which has begun on the State railroads because of the Government's delay in satisfying the demands of the railroad men Elijah for higher wages.

thousand of the lower Ninety grade employees out of a total of 146,000 railroad men are getting from 37 to 62 cents a day. Most of these are married men who have large families, and many of them worked on the State lines have from fifteen to thirty years. Prime Minister Luzzatti declares nied.' that the Government refuses to be coerced, and is resolved to punish severely the authors of such out-The railroad men's federarages. tion threatens that unless the questions in dispute are immediately debated in Parliament and settled the picturesque description of a to the satisfaction of the staff. a storm, or whether it is a literal acgeneral strike will be declared on all the Italian railroads on the eve of the great international exposition in Rome and Turin.

SENTENCE SERMONS.

Slander soon dies if you take it have felt in his heart, that he had out of circulation.

best way to lift men is to than a father, and who had been 'the meet them on a level.

Heavy words in meeting will not and horsemen; that is, her mili-

Heresy hunting is merely an ob- grief by tearing in twain his own clothes (12). session of omniscience,

to get the best of anyone.

to them.

him.

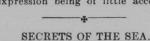
what you say.

aminations at the medical college ation as was possessed by his guide, tripped up on "medicine." but the portion of an elder son, by Another funny case was that of the Hebrew law, received twice as

a young man who, having graduatmuch as the younger. In spiritual endowment, Elisha wished to be ed with the highest honors from his university, sent out cards, which foremost among the disciples of he had written personally, saying that he had formed a "buisiness" 10. Thou hast asked a hard thing

partnership with Mr. So-and-so. The fact of the matter is that -Spiritual gifts are always hard to bass on to others. "Nevertheless, spelling is so neglected in the curhe assures his follower that if he riculum of schools and colleges now proved his fitness for prophetic gifts a-days that it is a hit-or-miss kind Other physicians form a ring to exby remaining with his master to the of accomplishment. Those who have accuracy and "ear" rememend, and looking without fear upon the messengers of the invisible ber the various combinations, and Jones for the eyes, to Dr. Brown world, his request will not be neothers fail utterly to retain the im-

pression made while reading 11. A chariot of fire and horses of studying, the provision made in modern boys' schools and colleges fire-The whirlwind is spoken of twice (see verse 1) as the agent of to train the sense of sound and its expression being of little account. Elijah's removal, and there is nothing to indicate with certainty whether the rest of the language is



count of what Elisha saw. There is, at any rate, a mystery here, as Everybody has read of the disoveries made by dredging the seathere was in the death of Moses, bottom along the shore of the anwhich it is useless for us to try to tarctic continent but few have any reply. penetrate. Elisha's cry was a fit-

idea how the work is done when ting expression of what he must with ice five feet or more in thicklost one who had been more to him ness. The method employed is in-

terestingly illustrated in the recent reports of the British Antarctic to Israel more than her chariots hear the name of a man who is ab Holes are out to undergo an operation search Heavy words in meeting will not that a defenses. So it was natural made in the ice a considerable dis-that he should find a vent for his tance apart, and a cable, to which Expedition of 1907-9. made in the ice a considerable disfor the name of the surgeon in the case and sometimes they come three a dredge is attached, descends and four at a time demanding comone hole and emerges through

missions, pretending that they are the family physicians of the pa-is tient."

With all our doing things for peo-ple they need most our being men him was a symbol of his possession Ahead of the dredge a weight is at-him was a symbol of his possession Ahead of the dredge a weight is at-"Do you believe that a doctor should charge in proportion to the wealth of the patient? was asked. "Yes," was the reply. "because of the spiritual authority of his tached which serves to keep the physicians make no charge to the poor. Also I believe that a family, A man may go up when you kick hero who had been feared by kings. ward hole as fast as it is paid out physician should have a communities A man may go up when you klick here who had been feared by kings, ward note as last as it is paid out, physician should have a communication of a contract of the parts to proof at once this newly by another stationed at the rear when he is forced to advise a pa-bestowed power, by smiting the hole. Thus, living creatures, as the term interval of the speciality. Here, instead of the speciality is often an excuse for not thinking over dry shed (14). This was sufficient to convince the sons of the neath the eternal ice-sheet the patient should pay each oper ly."

"I also know of several cases of when the surgeon merely cut the

the surface of the ocean is covered alleged operations in laparotomy skin and renewed it. 'Other charlatans when they