

THE EARTH NOT A TRUE GLOBE.

Our planet is not a true globe, because of its former plastic condition before the formation and cooling of the surface.

INTEGRITY OF CHARACTER.

Young men should be deeply impressed with the vast importance of cherishing those principles and of cultivating those habits which will secure them the confidence and the esteem of the wise and the good.

A young man may be unfortunate, he may be poor and penniless, but if he possesses unbending integrity and unwavering purpose to do what is honest and just, he will have friends and patrons, whatever may be the embarrassments and exigencies into which he is thrown.

We have known men who have suddenly been reduced from affluence to penury by some overwhelming misfortune which they could neither foresee nor prevent.

We cannot too strongly impress upon our young men the importance of abstaining from everything which shocks their moral sensibilities and wounds their conscience, and has a tendency to weaken that nice sense of honor and integrity so indispensable to a good character.

AMERICANISMS.—Among the best known Americanisms, unused and scarcely understood in England are: Locomotive for "engine," railroad for "railway," horse-cars for "tramsways," depot for "station," switch for "shunt," baggage for "luggage," store for "shop," bureau for "chest of drawers," clever for "good natured," boards for "deals," calico for "prints," corn for "maize," dry goods for "drapers articles," or haberdashery, Fall for "Autumn," dress for "gown," fix for "repair," gress for "think," hardware for "ironmongery," hold on for "stop," homely for "ugly," loafer for "lounger," mad for "angry," mail for "post," pantaloons for "trousers," vest for "jacket," quite for "very," rooster for "cock," sick for "ill," sleigh for "sledge," stoop for "porch," suspenders for "braces," venison for "deer-meat," and woods for "a wood"

DOMESTIC.

CHOOSING MEATS.

Perhaps a few words on the choosing of meats may be acceptable to some young housekeepers. The flesh of young ox beef should have a fine, smooth, open grain, be of a good, clear red, and feel tender to the touch.

Veal is usually chosen for its white color, but that is hardly a good plan. Whiteness may be merely the effect of frequent bleeding, or may be produced by giving the calf whiting to lick.

the lean—if young it will break. If the rind is tough the meat is sure to be old. The thinner the rind of pork the better the quality of the meat.

A young turkey will have a smooth leg, full bright eye, and supple fat; the same will hold good with nearly all poultry. Black legged ones are considered the most juicy.

HOW TO MAKE ESSENCE OF BEEF.

Beef tea, an infusion of beef, is much used in debilitating maladies, and in convalescence. It may be made as follows: Take two pounds and a half of lean beef; cut it, in small pieces, into three parts of water in an earthen pipkin; let this simmer, but never boil, until the liquor is consumed to a pint and a half, then strain carefully.

It is not half well enough understood that in the country, where air ought to be pure and water untainted, typhoid fevers, diphtheria, and a whole catalogue of malignant and dangerous disorders are caused by drainage of barn-yards and filthy out-buildings into the well, which is often placed so low as to take even the surface drainage, to say nothing of the liquid filth which soaks through the soil and poisons the currents that supply wells with water.

In this present age, when the life battle is so fiercely fought, and when upon even the strongest the tug and stress of it tells so heavily, how necessary it becomes for us to provide for the keeping up of our reserve stock of mental and physical stamina by the use of such a nervous tonic and vitalizing agent as Robinson's Phosphorized Emulsion of Cod Liver Oil with Lacto phosphate of Lime.

Its gently stimulating and nutritive tonic properties supply the materials, and assist nature in her effort to keep up with the exhaustive demands upon her reserves.

DIPHTHERIA has for a long time been very prevalent, and very fatal. Its fatality seems to be greatly owing to neglecting what is supposed to be an ordinary cold or sore throat until it has progressed to its last stages, and then when medical aid is procured it is too often found to be too late.

NINE NOVGOROD FAIR.—The great market of the eastern world has been held at this junction of the Volga and Olga Rivers in Russia, every summer for hundreds of years. Here the nations of Europe and Asia meet with their products for trade.

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Fellows' Syrup of Hypophosphites, by restoring strength to the nerves and muscles of the stomach, cures dyspepsia, which is but the result of loss of nervous



JOYFUL NEWS FOR THE AFFLICTED.

TONY RIVER, N. S., Nov. 15, 1877. C. Gates & Co.,—Gentlemen,—Some time last winter one of my children—a little boy about eighteen months—was badly frightened and his health became seriously affected.

With respect, yours truly, WILLIAM McMILLAN.

I will vouch from personal knowledge for the truthfulness of the above certificate.

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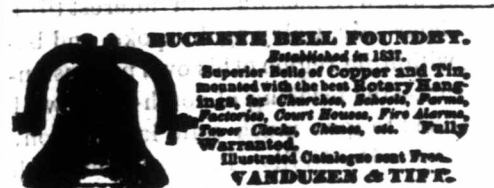
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